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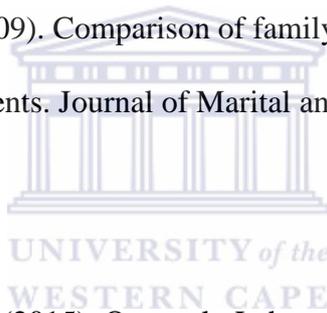
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Appendix A



UNIVERSITY OF THE WESTERN CAPE

Private Bag X 17, Bellville 7535, South Africa

Tel: +27 21-959, Fax: 27 21-959

Email: jezebel.damotaribeiro@gmail.com

INFORMATION SHEET

Project Title: Young adults' experiences of providing social support to a parent with alcohol abuse problems

What is this study about?

This is a research project being conducted by Jezebel da Mota Ribeiro at the University of the Western Cape. We are inviting you to participate in this research project because you have a parent with current or past alcohol abuse problems. The purpose of this research project is to gain an understanding of young adults' experiences of providing social support to a parent with alcohol abuse problems.

What will I be asked to do if I agree to participate?

You will be asked to attend a 1-hour individual interview with the researcher of the study. The interview will be conducted at KTC. You will be asked to answer questions on the topic and talk about your own experiences. The interview will be audio-recorded.

Would my participation in this study be kept confidential?

We will do our best to keep your personal information confidential. To help protect your confidentiality, the information recorded in the interview will be stored securely. The data will only be accessible to the researcher and supervisor of this study, and you, if you request to view these. Data forms will not state your true identity information, but will include identification codes only. All files stored on computers will be password protected. If we write a report or article about this research project, your identity will be protected to the maximum extent possible.

In accordance with legal requirements and/or professional standards, we will disclose to the appropriate individuals and/or authorities information that comes to our attention concerning child abuse or neglect or potential harm to you or others.

What are the risks of this research?

There may be some risks from participating in this research study. You may experience emotional distress, discomfort, embarrassment, or fatigue.

What are the benefits of this research?

The benefits to you may include a deeper understanding of your role as a support provider for your parent, and a better understanding of social support in general.

This research is designed to help the investigator learn more about social support in families with alcohol abuse. The sharing of experiences can potentially be cathartic for you.

Do I have to be in this research and may I stop participating at any time?

Your participation in this research is completely voluntary. You may choose not to take part at all. If you decide to participate in this research, you may stop participating at any time. If you decide not to participate in this study or if you stop participating at any time, you will not be penalized or lose any benefits to which you otherwise qualify.

Is any assistance available if I am negatively affected by participating in this study?

In the case of you experiencing emotional distress during or shortly after participation, you will be referred to a counsellor for counselling, if you wish so.

What if I have questions?

This research is being conducted by Jezebel da Mota Ribeiro of the Psychology Department at the University of the Western Cape. If you have any questions about the research study itself, please contact Jezebel da Mota Ribeiro at: 0723764776 or jezebel.damotaribeiro@gmail.com Should you have any questions regarding this study and your rights as a research participant or if you wish to report any problems you have experienced related to the study, please contact:

Dr Michelle Andipatin
Head of Department
Department of Psychology
Faculty of Community and Health Sciences
University of the Western Cape
Email: mandipatin@uwc.ac.za

UNIVERSITY of the
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Prof Jose Franz
Dean of the Faculty of Community and Health Sciences
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This research has been approved by the University of the Western Cape's Senate Research Committee and Ethics Committee.

Appendix A



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What will I be asked to do if I agree to participate?

You will be asked to attend a 1-hour individual interview with the researcher of the study. The interview will be conducted at UWC in the Social Sciences building. You will be asked to answer questions on the topic and talk about your own experiences. The interview will be audio-recorded.

Would my participation in this study be kept confidential?

We will do our best to keep your personal information confidential. To help protect your confidentiality, the information recorded in the interview will be stored securely. The data will only be accessible to the researcher and supervisor of this study, and you, if you request to view these. Data forms will not state your true identity information, but will include identification codes only. All files stored on computers will be password protected. If we write a report or article about this research project, your identity will be protected to the maximum extent possible.

In accordance with legal requirements and/or professional standards, we will disclose to the appropriate individuals and/or authorities information that comes to our attention concerning child abuse or neglect or potential harm to you or others.

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What are the benefits of this research?

The benefits to you may include a deeper understanding of your role as a support provider for your parent, and a better understanding of social support in general.

This research is designed to help the investigator learn more about social support in families with alcohol abuse. We hope that, in the future, other people might benefit from this study through improved understanding of young adults' experiences of providing social support to a parent with alcohol abuse problems.

Do I have to be in this research and may I stop participating at any time?

Your participation in this research is completely voluntary. You may choose not to take part at all. If you decide to participate in this research, you may stop participating at any time. If you decide not to participate in this study or if you stop participating at any time, you will not be penalized or lose any benefits to which you otherwise qualify.

Is any assistance available if I am negatively affected by participating in this study?

In the case of you experiencing emotional distress during or shortly after participation, you will be referred to a counsellor for counselling, if you wish so.

What if I have questions?

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Head of Department:
Dr. Michelle Andipatin
0219592453
mandipatin@uwc.ac.za

University of the Western Cape
Private Bag X17
Bellville 7535

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Appendix B



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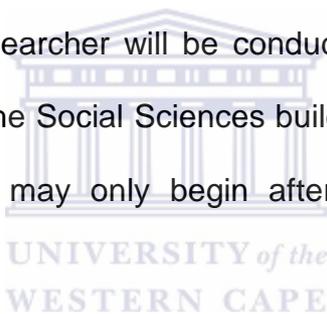
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Tel: +27 21-959, Fax: 27 21-959

INSTITUTION CONSENT FORM

Title of Research Project:

Young adults' experiences of providing social support to a parent with alcohol abuse problems

I hereby give permission to Jezebel da Mota Ribeiro from the Psychology Department at the University of the Western Cape to conduct research at the University of the Western Cape (UWC). I acknowledge that the researcher will be conducting individual interviews on UWC's premises, and that a venue within the Social Sciences building will be provided for this purpose on the relevant dates. Interviews may only begin after consent has been obtained from participants.



UWC Representative's name.....

UWC representative's signature.....

Witness.....

Date.....

Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

Study Coordinator's Name: Anita Padmanabhanunni

University of the Western Cape

Telephone: (021)9592842

Private Bag X17, Belville 7535

Email: apadmana@uwc.ac.za

Appendix B



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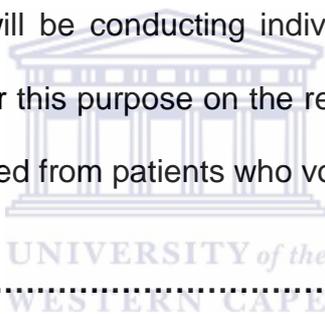
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INSTITUTION CONSENT FORM

Title of Research Project:

Young adults' experiences of providing social support to a parent with alcohol abuse problems

I hereby give permission to Jezebel da Mota Ribeiro from the Psychology Department at the University of the Western Cape to conduct research at Kensington Treatment Centre. I acknowledge that the researcher will be conducting individual interviews on KTC's premises, and that a venue will be provided for this purpose on the relevant date. The interviews may only begin after consent has been obtained from patients who voluntarily participate in the study.



KTC Representative's name.....

KTC representative's signature.....

Witness.....

Date.....

Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

Study Coordinator's Name: Anita Padmanabhanunni

University of the Western Cape

Email: apadmana@uwc.ac.za

Private Bag X17, Belville 7535

Telephone: (021)9592842



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PARTICIPANT CONSENT FORM

Young adults' experiences of providing social support to a parent with alcohol abuse problems

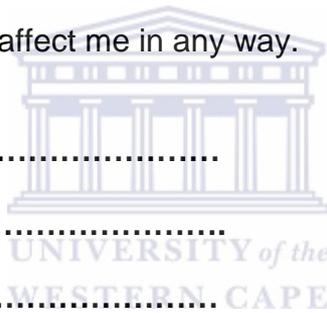
The study has been described to me in language that I understand and I freely and voluntarily agree to participate. My questions about the study have been answered. I understand that my identity will not be disclosed and that I may withdraw from the study without giving a reason at any time and this will not negatively affect me in any way.

Participant's name.....

Participant's signature.....

Witness.....

Date.....



Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

Study Coordinator's Name: Anita Padmanabhanunni

University of the Western Cape

Private Bag X17, Belville 7535

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Email: apadmana@uwc.ac.za

Appendix D

Interview Questions

- What is it like providing support to your parent?
- How does providing support to your parent affect you?
- What emotional impact does providing support have on you?
- How is the experience of providing support to your parent rewarding?
- How is the experience of providing support to your parent challenging?
- How would you describe your role in the relationship between you and your parent?
- How do you cope with your parent's alcohol abuse problems?