

Appendix 4: INTERVIEW GUIDES FOR KEY INFORMANTS

General questions on adherence

How do you see in your opinion the general level of adherence to medication among patients in Katima Mulilo Hospital? (*Probe to establish % adherence for majority of patients*)

What mechanism that is in place to promote adherence for patients on ART in this hospital?

Health Care factors

What in your opinion has been the health care factor that may influence patient's adherence positively or negatively? (*Probe for Staff: Available workforce, experience, attitude and motivation*). Infrastructure: Privacy, equipment, workload etc

Medicines availability

Availability of medicines has been reported to influence adherence, what is the situation in KMH?

Regime complexity

How the regimen complexity is contributing to adherence in KMH in your opinion?



Patient factors

Have you observed any patient –related factors that you think could influence the ability patients to adhere or not adhere to medication? (*Probe on demographic factors: Age, Gender, Education level, Marital status, Culture: probe for any common traditional beliefs and practices*).

Patient-Provider relationship

What is the perception of the patients about the staff and their medications?

Socio economic factors

The issue of food ration distribution to patients was in place in the past but it has stopped what is the MoHSS doing about patients without means of livelihood?

Conclusion

Finally, what recommendations do you suggest for improving medical adherence?