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**Knowledge about HIV/AIDS:**

1. What is HIV?
2. What is AIDS?
3. What are the modes of transmission of HIV?
4. How can a mother transmit the HIV to her child?
5. How can the risks of transmission to the child be reduced/eliminated?
6. Have you heard of the term/name PMTCT? (And if so) What do you understand is meant by this term/name?

**Knowledge about and involvement in the local ANC & PMTCT services:**

7. Do you know if PMTCT services are offered at PHC West Itam?
8. Do you know your partner's next antenatal appointment? Your partner has been attending PMTCT services at West Itam. Do you always go with her to the antenatal? Or just sometimes? With the current pregnancy, how many times have you accompanied your partner to her antenatal/PMTCT appointment?
9. Do you support your partner's antenatal visits in other ways – for example, do you pay for transport to the PHC? And in any other ways?
10. Do you discuss your partner's antenatal treatment with her? What kinds of things do you discuss about it?
11. Can you give me some examples of what the nurses do at the antenatal care visits. What is the purpose of the antenatal visits?

**Opinions about male involvement in ANC & PMTCT services:**

12. What do you think of the following statements:
  - Attending the ANC to access PMTCT services should be by women alone.
  - A woman should obtain her male partner's permission before doing the HIV test.
  - A male partner of a HIV-positive woman does not need to be involved in PMTCT.
13. Do you think it is useful to involve men in PMTCT? Why do you think that? Can you explain a little why you believe that?
14. Should a woman tell her male partner the result of the HIV test?

15. Can you tell me some reasons or beliefs why you think men may not involve themselves in PMTCT?
16. Are men doing enough to assist their HIV-positive female partners in accessing PMTCT services? If yes – why do you think that? If no – why do you think that? what else do you think men should be doing?

**Experiences and/or perceptions of the barriers to male involvement in the PMTCT clinic:**

17. Are there barriers in the clinics or facilities that make it difficult for men to be involved in PMTCT programme? If yes: Can you give some examples of such barriers? If no: 'It is interesting you say that, because only about 4 % of women attending the PMTCT programme at the West Itam PHC are accompanied by their partner'. I am wondering why this 4% is so low...there must be something stopping men going there. What do you think is stopping them?

18. Do you think the nurses are accommodating or not towards the male partners of HIV-positive pregnant women? [Prompts: Are the nurses rude? Are they judgmental? Do the nurses pass discourteous remarks about men?]

19. All of the nurses and the counsellors at the PHC West Itam are female – do you think this is a problem for the male partners of the HIV-positive women that are attending the PMTCT programme? Why/why not?

**Recommendations:**

20. What advice or recommendations would you like to give to the staff and manager of the West Itam PHC as to how they could increase the number of males that come with their HIV-positive, pregnant partners for their PMTCT services?

**Appendix F: Informed consent for individual interviews**

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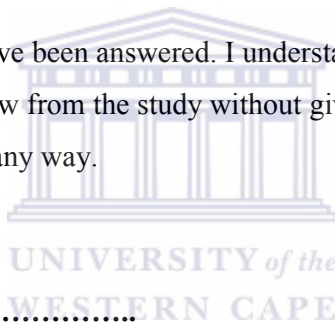
*(Note: the following will be placed on a Faculty of Community Health Sciences SOPH letterhead).*

**CONSENT FORM**

**Title of Research Project:** An exploration of male participation in a PMTCT programme in West Itam, Akwa Ibom State, Nigeria.

The study has been described to me in language that I understand and I freely and voluntarily agree to participate.

My questions about the study have been answered. I understand that my identity will not be disclosed and that I may withdraw from the study without giving a reason at any time and this will not negatively affect me in any way.



**Participant's name**.....

**Participant's signature**.....

**Witness**.....

**Date**.....

**Appendix G: Ethical Approval (University of the Western Cape)**



**OFFICE OF THE DEAN  
DEPARTMENT OF RESEARCH DEVELOPMENT**

UNIVERSITY of the  
WESTERN CAPE

10 April 2014

**To Whom It May Concern**

I hereby certify that the Senate Research Committee of the University of the Western Cape approved the methodology and ethics of the following research project by:  
Dr E Ijezie (School of Public Health)

Research Project: An exploration of male participation in a PMCT programme in West Iam, Akwa Ibom State, Nigeria

Registration no: 14/3/22

Any amendments, extension or other modifications to the protocol must be submitted to the Ethics Committee for approval.

The Committee must be informed of any serious adverse event and/or termination of the study.



*Patricia Josias*

*Ms Patricia Josias  
Research Ethics Committee Officer  
University of the Western Cape*

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A place of quality,  
a place to grow, from hope  
to action through knowledge.

## Appendix H: Ethical Approval (Akwa Ibom State Ministry of Health)

**GOVERNMENT OF AKWA IBOM STATE OF NIGERIA**

Telephone: 085-204091  
Telegram: HEALTH

Our Ref:  
Your Ref: MH/PRS/99/VOL.V1/163



OFFICE OF THE HON. COMMISSIONER  
MINISTRY OF HEALTH  
IDONGESIT NKANGA SECRETARIAT  
BLOCK 8, P.M.B. 1030  
UYO

15<sup>th</sup> April, 2014

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Dr. Echey Ijezie  
Center for Integrated Health Programs (CIHP)  
7, Mbuoty Close, Mutual Alliance Estate  
Aka Itiam Road  
Uyo  
Akwa Ibom State.

**RE: APPLICATION FOR ETHICAL CLEARANCE FOR MPH RESEARCH STUDY**

I am directed to convey the approval of the Honourable Commissioner for Health to you to carry out a research work on the topic:


**AN EXPLORATION OF MALE PARTICIPATION IN A PMTCT PROGRAMME OF HIV/AIDS IN WEST ITAM, AKWA IBOM STATE, NIGERIA**

This approval is conditional on you seeking and obtaining the informed consent of your participants, and ensuring their strict confidentiality.

While conducting your research, no invasive procedure is allowed on your participants.

Make a copy of your work available to the Office of the Honourable Commissioner for Health on completion!

Best wishes!



Dr. Boniface Ukpong, MBBCh (Cal), MPH (Leeds, England)  
For: Honourable Commissioner.