THE INFLUENCE ON MASTICATORY PERFORMANCE OF JAW MOVEMENTS, CHEWING SIDE PREFERENCE, OCCLUSAL CONTACT AREA, MUSCLE ACTIVITY AND JAW TREMOR



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Submitted in fulfilment of the requirements for the degree of Ph.D in the Faculty of Dentistry of the University of the Western Cape.

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DECLARATION

I declare that "the influence on masticatory performance of jaw movements, chewing side preference, occlusal contact area, muscle activity and jaw tremor" is my own work and that all the sources I have used or quoted have been indicated and acknowledged by means of complete references.

Signed Echlede WESTERN CARLS. Wilding

9 September 1996

Dedicated to

Professor J.F. (Frikkie) van Reenen

teacher, mentor and friend.

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Chapter 1

Introduction

The primary function of the jaws and teeth in mammals is chewing and swallowing. In man there are additional functions of speech, non-verbal communication and cosmetic appeal. Chewing is a complex operation requiring both adequate skeletal structures, and a well co-ordinated muscle system. There is considerable variation in both these components of chewing within which adequate function appears to be possible, at least for a modern refined diet. For example, the dental arches may not conform to the modal arrangement and teeth may be missing, yet adequate function remains (Slagter et al 1993). There are unfortunately no baseline requirements for an adequate dentition nor the minimal chewing performance necessary to avoid indigestion. A common rule of thumb when replacing missing posterior teeth is that the extent of the prosthesis can be reduced to the premolars without seriously affecting chewing (Kayser, 1984). This arbitrary estimation has not been defined by a minimum area for functioning posterior occlusal surfaces.

The same lack of quantifiable measurement is a feature of assessing orthodontic treatment goals and outcomes (Omar, McEwen and Ogston 1987). The clinical rules for correcting malocclusions, usually, have more to do with the restoration of modal tooth, arch and skeletal relationships, than with the restoration of function; if restoration of function is a concern of treatment, it is not measurable in the same way that tooth positions can be assessed on plaster casts or angles measured on a

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radiograph.

Muscle tenderness and limited movement are both features of temporomandibular dysfunction. The boundary between normal subjects, who may have some signs of dysfunction and patients, who may not have distinctly more severe signs cannot always be made (Widmar 1992). By some definitions based on the morphology of the joint structures, even symptomless individuals could be categorised as abnormal. One of the difficulties in assessing functional incapacity of a patient with muscle pain is the absence of the same baseline data needed to assess malocclusion, or the handicap due to reduced occlusal area. It is encouraging to find that a simple test, such as measuring maximum opening, is a useful indicator of treatment progress in temporomandibular dysfunction. This sign, although simple and of limited diagnostic use, reflects the poverty of useful tests for masticatory function.

Devices which monitor jaw movement have been available for many years. Most of the early devices produced a pen drawing of the jaw movement, while later devices use computers and can store co-ordinates of movement. The vigorous marketing of these devices has in some countries lead to their abuse as quasi-diagnostic aids. There are no published data that jaw-tracking devices can even discriminate between normal and dysfunctional subjects let alone improve on the diagnostic acumen of the clinician (Feine Hutchins and Lund 1988). Much the same can be said for devices which record surface electrical activity of masticatory muscles (Lund and Widmar 1989). Manufacturers claim that the resting levels of masticatory muscle recorded by their equipment can be used to improve diagnosis and treatment planning. They also suggest that their devices are good practice builders, a virtue shared by jaw tracking

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devices and other forms of impressive looking technology.

The Sirognathograph is a jaw tracking device with accepatable accuracy. (Hannam et al., 1980; Mongini and Tempia-Valenta, 1984). The earliest analyses of movements were based on visual assessments and the use of categories based on the shape of the chewing cycle. (Mongini and Tempia-Valenta, 1984; Proschel and Hofmann, 1988). Later work involved the measurements of various displacements and areas (Evans and Lewin 1986, 1987). One of the problems encountered was the finding of large standard deviations within subjects when average displacements were calculated. In 1985 a Siemens machine was purchased by the Faculty of Dentistry at the University of the Western Cape. I started evaluating its capacity for providing a more reliable analysis of jaw movement during function than was possible using displacements.

This work lead to the realisation that it was possible to simplify the measurement and understanding of masticatory movements. It was also clear that there was little reliable information about normal function, without which it would be premature to begin analyzing patients with malfunction, dysfunction or muscle pain. This work has evolved into an enquiry into optimum values of jaw movement and electromyographic activity, based on their association with chewing performance. The application of these values is dependent on providing a bench mark for the assessment of dysfunction in myogenic facial pain and of the degree of malfunction in orthodontic malocclusions. Present- day assessments of dysfunction are made by measuring jaw opening with a ruler and palpating tender muscles with a finger; malocclusion is registered by measuring plaster casts and radiographs. It was hoped that once baseline

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data on masticatory function was available, jaw tracking and electromyographic devices could play a valuable role in diagnosis and treatment progress of disorders which affect masticatory function.

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Chapter 1. Introduction

The computer analysis of jaw movements

SUMMARY - A method of analysing jaw movements was developed by converting jaw displacements into a matrix of frequency distributions. Low frequencies were first filtered out: then quartiles and modes were used to describe the proportions and density of a core of movement. These variables were repeatable at successive recording sessions, yet accurate enough to reveal differences in chewing patterns between right- and left-sided chewing. All eight variables of jaw displacement were required to discriminate between the chewing sides of 15 subjects. A statistical model was developed to express the principal components of jaw movement. The first component consisted of variables that expressed the shape of the chewing cycle; the second, its distribution about the midline; the third, the prevalence of a bimodal pathway in the sagittal plane. There was a wide variation in patterns of chewing movements, which appear to be consistent with normal masticatory function. A multivariate model appears to be required to describe chewing movements.

INTRODUCTION

Jaw movements have been described visually, in general terms or by classification of plots made by tracking devices (Neill and Howell, 1984; Proschel, 1987; Michler, Bakke and Moller, 1987). Jaw displacements have been measured by several investigators: Mongini and Tempia-Valenta (1984) calculated the means and standard deviations of the displacement at various levels of separation; Evans and Lewin (1986), 1987) used a weighted mean to analyse jaw displacements and the area and proportions of the chewing cycle; Chew et al. (1988) made similar measurements.

If the data from such studies are examined, it is apparent that the standard deviation of a series of jaw displacements is frequently as high as 40% of the mean. Even with this limited precision, these studies have made pioneering contributions. Mongini and Tempia-Valenta (1984) found that the differences between the mean lateral displacements on opening and on closing were greater in a group of normal subjects than in patients with signs of muscle dysfunction. Evans and Lewin reported that missing lower incisors were associated with differences in chewing area (1987) and that subjects with heavily worn dentitions had a wider chewing cycle (1986). Gibbs et al. (1981) had noticed much earlier, that the width of the chewing stroke increased when chewing hard foods. Others have confirmed that bolus consistency alters the dimensions of the chewing cycle (Neill and Howell, 1984; Jempt, 1986; Proschel and Hofmann, 1988; Chew et al., 1988).

In spite of the accumulated evidence from tracking devices, there is no set of established criteria that can be used to describe normal or optimum jaw displacements during chewing. Clinicians treating mandibular dysfunction may be persuaded by manufacturers' claims that tracking devices have diagnostic value. Yet at least one of these devices (the Mandibular Kinesiograph) is apparently incapable of distinguishing between symptomatic and asymptomatic subjects (Feine, Hutchins and Lund, 1988).

Limitations in the diagnostic use of tracking devices do not appear to be related to inaccuracies in the measuring device itself. While the linearity of the Mandibular Kinesiograph is questionable, the Sirognathograph is said to be accurate within 1% of actual jaw movement (Hannam et al., 1980; Mongini and Tempia-Valenta, 1984). However, the sample size and statistical management of the data have not always been appropriate. The results of those studies using measurable data indicate that values for displacements do not have a normal distribution, the occasional extreme value for a displacement having a disturbing effect on the mean and a gross effect on the range. The problem is evident when comparing sets of tracings from the same subject (Fig. 1). The outline and total area of each series of chewing cycles show little similarity, yet the dimensions and shape of a central core are quite similar. Some form of filter that can exclude the extreme displacements for a given subject, appears to be needed. However, if extreme displacements occur often, it would be incorrect to ignore them. It would therefore be more important to exclude unusual (low-frequency) displacements, than to filter out extreme displacements, which might be quite frequent.

The purpose of this study was to develop an analytical method that would reduce a series of jaw movements to a core. Measurements of the core would have to prove reliable when repeated at successive recordings, and as a minimum requirement, be accurate enough to discriminate between movements recorded from the same normal subject when chewing on different sides.



Figure 2.1 Tracings in a frontal plane of jaw movements made by the same subject (JT). Three separate trials were recorded while chewing on the right side. Although an outline produced by the maximum displacements is quite different for each tracing, there are similarities in the shape of the central core.

Chapter 2. Analysis of jaw movements

METHOD

The Sirognathograph (Siemens, Bensheim, Germany) is apparently able to reproduce jaw movements with a high degree of accuracy provided all head movement is constrained during recording (Michler et al., 1987). It was therefore chosen for this study, and set up following the recommendations made by Lewin (1985).

The computer analysis

It was of primary importance (see Introduction) to filter out unusual displacements of the jaw so as to reduce the variance of data from a series of chewing cycles and thus retain a core of data from the most frequently occurring displacements. A computer program was written (A.Lewin) to project the digital data from the Sironathograph on to a 2-dimensional matrix of frequency distributions (Fig.2). Separate matrices were used for frontal and sagittal projections. Each matrix was 40 columns wide, 20 each side of the midline, and 38 rows deep. Each bin or cell of the matrix was a square with sides such that 2.76 cells were equal to 1 mm. The value in each cell of the matrix represented the number of times the tracking point occupied the cell for 10ms. Each matrix contained the cumulated frequencies of 10 s continuous recording of jaw movement during chewing. The matrices for five trials were combined to produce the example given in Fig. 2.2. The starting point of the tracking device (at maximum intercuspation) has the co-ordinates, row zero, column zero.

Calculation of the displacement at each level of jaw separation.

The frequency distribution of level 15 from the right frontal matrix in Fig. 2.2 is

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reproduced in Fig. 2.3a. As the data are not normally distributed, mode and median values were used to describe the dimensions of the core.

The cumulative subtotals counting from the midline are given below each column number; the count in the last column (121) is the frequency total for that level. As the frequency values were counted into columns in a rank order from 1 to 20, the median column value was calculated by finding the midpoint of the frequencies for each level. Hence, for level 15, the median column value occurred where the frequency was 60.5. Counting from column zero, the median lies between the subtotal 56 (Sub1), which occurs at column 10, and the subtotal 65 (Sub2) which occurs at column 11 (Fig.3a). The exact position of the median column value can be described as the displacement of the median from the midline, and was calculated by the formula:

(Sub2 - median)

(Sub2 - Sub1)

median displacement = N -

where N is the larger of the two column values (11). Sub1 is the lesser of the frequency subtotals (56) and Sub2 is the greater of the frequency subtotals (65). Hence

(65 - 60.5)

median displacement = N - _____

(65 - 56)

= 10.5 column units.

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	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2		1 0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
0																																			•	•	•	•	•			
1	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	4	99	5	в	99	97	39	99	28	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	
2	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	0	0	0	2	35	5 9	1	99	99	84	99	70	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
3	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	0	0	0	0	16	4	9	99	99	99	99	99	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
4	0	0	0	0	0	0	0	0	0) (0 0	0	0	0	0	0	0	3		1 2	2	47	51	66	42	80	54	20	4	0		0	0	0	0	0	0	0	0	0		
5	0	0	0	0	0	0	0	0	0) (0 0	0	0	0	0	0	0			2	в	18	22	16	14	38	22	15	17	26	22	14	11	3	0	0	0	0	0	0	0	
6	0	0	0	0	0	0	0	0	1 0	0 0	0 0	0	0	0	0	0	2	7		2	9	43	34	31	17	58	40	5/	3/	30	22	14	12	0	5	2	1	0	0	0	0	
7	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	0	1	2	4	-	2	8	10	26	25	10	18	12	20	20	24	20	13	24	15	6	-	3	3	0	0	0	
8	0	0	0	0	0	0	0	0	0 0) (0 0	0	0	0	0	0	2	2		1	8	7	12	12	12	16	23	14	15	13	22	12	24	24	14	4	5	2	1	0	0	
9	0	0	0	0	0	0	0	0) () (0 0	0	0	0	1	0	4			0	5	0	2	20	13	10	2	10	10	13	23	0	6	14	7	5	10		3	1	2	
10	0	0	0	0	0	0	0	0) () (0 0	1 0	0	2	0	2	1			3	5	8	0		8	21		10	15	12	16	15	7	26	12	0	2	7	7	3	2	
11	0	0	0	0	0	0	0	0) (0 (0 0	0 0	0	0	1	1	0) 3	3	5	6	5	0	4	8	15	10	0	15	-	10	15	4	10	10	12	2	2	1	2	3	
12	0	0	0	0	0	0	0	1		0 1	0 0	0	1	0	0	2	1			2	6	7	9	0	2	18	12	10	0	2	12	0	0	10	10	14	2	7	2	-		5
13	5	0	0	0	0	0	0	1 0	0 (0 1	0 0	0. 0	0 0	0	0	1	C) (2	3	4	4	0	-	3	1	5	10		16	14	-	21	23		13	9	7		5	
14	1	0	0	0	0	0	0	1	0	0	0 2	2	1	2	1	0	-	4		7	5	11	11	- 1	4	15	8		10	14	10	14	2	21	10	7	5	5	2	-	-	
15	7	0	0	C	0	0	0	1 (0	0 0) () (0	2	2			9	3	2	8	5	6	2	2	0		0	0	10	9	2	12	10	0	4	2	5		-	
16	4	0	0	C	0	0) () (0	0 0) (0 0) (4	2	2	2 3	2	3	3	8	4	5	-	2	10	5	5	5	0	- 2	3	10	13	0	2	-		-		
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19	3	0	0	0	0 0	0) () (0	2	2	1	0 0	0 0	4	0) 4	4	2	4	1	11	-	2 1	4	2 10			0		2	0	2	22	3	a	7	3	4	7		
20	2	0	0	0	0 0	0 0) 2	2 (0	1	0	0 0	0 0) 3	3 0			2	0	4		5		4				4		2	2	0	2	5	2	4	5	0	1	2		5
21	1	0	0	1 0	0 0) 1	1 0		0	0	0	0	0					1	•	1	1	0									6	15	0	23	7	8	8	2	11			
22	2	0	1 1	0	0 0	0 0		5	0	3	1	1	1.	3				3	1 1	2	4	1								-	6	10	11	7	A	4	9	4	4	1		2
23	6	1	1		1 0	0 0	0 0	וכ	0	3	0	0	0	1 (2	3	3	4							7 5			10	7	10	10	10	3	3	A		1 2		1
24	5	1	0	1 (0 0		0.0		0	1	0	0	0 0	9				9	1	3	5								2 2		5	5	5	13	4	3	3	5	4		1	2
25	6	5 0) () (0 0		0 1	D	1	4	3	0	0	2 1		2		2	2	-	1					2 /	1 1	1 1/		-		6	4	15	3	4	1	0	2		1	2
26	5	5 0	0 0) (0 0) (2 1	0	0	1	1	0	0	-				1	5	-	-							5 10		1.2	7	- 7		6	5	1	2	5	4		1 1	2
27	0) :	3		0 0) (2 1	0	1	0	2	0	2	2 4			3 1	2	2	2	9												4	9	4	0	1	5	11	1 7	2	5
28	C) () (2	-	1	5	0	0	1	1	1	0		2	3	0	5 1	1	14					3 0		7 0				1		2	0	0		2		1	1 (0
29	¢) () (0 1	0 0	0 0	0	1	0	3	0	2	2	0	2	-		9	2 1	3	22			5	4			6 16		11	10			12	4	3	4	1		3 0	3 6	0
30	C) (0 (2	0	1 (0	8	1	0	1	3	2	5	3 :		3 1	- 1	3	-	23		2			0 10					1 1 3			. 7	2	2		, 2		5 0	5 1	0
31	C	0 0) ;	2	0 (0 0	0	3	2	2	2	2	6	2	2 '		6	5	9	3	15		2	5 1		2 1		2 .	2 6			1			6	-	1			0 0	3 1	0
32	0	0 0	2	1	0 0	0 1	0	5	1	5	2	0	4 1	0	0 4	1		3	2	1	5		3	0 1	2	0 1	7						1			1		0 0		0 0	0 /	0
33		5	3 (5	0 (0 1	0	7	1	0	0	1	4	5	в				D	3	0		3 1		2	2 1	<u></u>								4			1 0	1 (0 1	0	0
34	(0	1	C	0 0	0	0	1	2	2	1	1	3	3	1	2	1	4	3	9	2		3 1	-	0	3 1			2 4		2 10								1 (0 1	0	0
35	4	4 (0	0	0 1	0	3	0	0	1	3	3	6	1	2	1	1	-	2	4	12	1	4 1	1		1	4	1			1 5	1	, ,					0 0) (0 1	0	0
36	(0 (0	0	0	0	0	0	0	5	2	3	1	0	1	0	1	0	2	2	1	Ψ.	2	2	0	2	2	0			3 0		1 1		1 0	1 0		0 0) (0	0	0
37	1	0	1	0	0	0	1	0	0	1	0	0	0	-	0	2	5.	2	2	11	16		1	2	2	7	5	2	4		4					1 0	2 1	0 0		0	0	0
38	1	0	4	2	0	3	0	1	2	1	4	4	1	2	8	4	0 1	A	0	11	10	1		4	٢	1	-	6	7 6	1										217		1

Figure 2.2 The frequency distribution matrix in a frontal plane of the jaw movement recorded by JT (Fig. 2.1). The frequency values represent the number of 10 ms periods the tracking device was recorded in each cell of the matrix. The column numbers (1020 on each side) and rows (1-38) provide vertical and horizontal coordinates for each frequency value. Level 15 and 25 on the right side of the matrix are data used to illustrate the method used to find the mode and median displacements.

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Figure 2.3. The frequency values for level 15 and 25 from the matrix in Fig 2.2 are represented in histograms. A) the frequencies for level 15 with the mode (21) at column number 13. The frequency subtotals are shown below the numbers. The arrow at column 10.5 indicates the position of the median frequency (60.5). B). The frequencies for level 25 fall into two high frequency zones at column 2 and 13. The data on this level fulfilled criteria for a bimodal distribution.

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As the median displacement occurs halfway (50%) along the ranked frequency values, the 1st and 3rd quartile displacements occur at 25% and 76% of the frequency values. The position of the 1st and 3rd quartiles was found to be 6.3 and 13.2 column units from the midline, using the method for finding the median displacement. The distance between them was therefore 5.9 column units. Thus at level 15, 50% (25-75%) of the visitations to cells of the matrix occurred within a zone 5.9 column units wide. A second computer programme was written (R.Wilding) to read the frequency distribution data and to make the following calculations.

<u>Frontal areas</u> (horizontal and vertical). The position of the 1st and 3rd quartiles, and the distance between them, was calculated for each row (level of jaw separation of the frequency distribution marix). The sum of these values for each side of the matrix was used to describe the area within which 50% of the cell visits occurred on the chewing and non-chewing sides of the cycle. The area (in SI units) of the chewing side was calculated from the following formula:

sum of interquartile distance

area = UNIVERSITY of the

(the bin factor)²

243.3

area of Fig.2 = $----= 31,4 \text{ mm}^2$

 $(2.76)^2$

(Chewing side)

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The same calculations were made of the vertical displacements for each column of the matrix. The vertical area on the chewing side of the matrix in Fig. 2.2 was 27.5 mm². The quartiles for each level of the matrix were plotted to provide a visual representation of the shape and area of a core outline in which 50% of the cell visits occurred (Fig. 2.4). A similar plot was made to represent the quartiles for each vertical column (Fig. 2.5).



Figure 2.4 Horizontal bars represent the 1st and 3rd quartiles for each level on the chewing side and non-chewing side of the frontal frequency distributions of Fig 2.2. Medians within each bar are shown with a vertical tick mark. The absence of plots in parts of the non-chewing side is due to frequency filtering. The variable, area ratio, was calculated to express the ratio between the area formed by the plots on each side of the chewing cycle.

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Figure 2.5 Vertical bars represent the 1st and 3rd quartiles for each column on the chewing and nonchewing side of the frontal frequency distribution in Fig. 2.2.

Frequency filtering.

In some parts of the matrix, there were low-frequency values, which indicated that only one or two sporadic jaw excursions had occurred there. If, in a particular level, the tracking device was not recorded at least every second cycle, the displacements in that level were not considered significant and were excluded.

This procedure was applied to filter the data in Fig. 2.1. On the chewing side, the frequency per cycle exceeded 1 for every level and so no filtering occurred. However, on the non-chewing side, filtering caused the exclusion of the data from level 5 to 25 (Fig. 2.4).

Area ratios.

In the sample data given, the area calculated by summing the interquartile

distances for the non-chewing side, excluding those from levels 5-25, was 16.64 mm². A comparison between the areas on the chewing and non-chewing sides was made in order to estimate the extent to which chewing displacements were bilateral. Thus in Fig. 2.2;

area ratio	(horizontal)	=
------------	--------------	---

chewing side area for Fig.2.2 = 31.4area ratio for Fig. 2.2 = 31.431.4 + 16.6

A value for the vertical area ratio was also calculated, using the data derived from column interquartile distance.

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Zones of frequency distribution (sextants).

The frequency distribution matrix was divided into six equal zones or sextants (S1-S6) horizontally between levels 12 and 13 and between levels 25 and 26, and vertically into chewing and non-chewing sides (Fig. 6). Each sextant S1-S6 was then further subdivided into three equal vertical parts, V1, V2, V3, representing displacements of .1-7, 8-13 and 14-20, respectively. The average of the median

horizontal displacements within each sextant was calculated and located into the appropriate vertical subdivision. Hence, if the average median horizontal displacement of S2 on the chewing side was 10.8 it was placed in subdivision V2. The vertical medians within V2 were averaged to provide a vertical co-ordinate for S2 (16.7). A centre for each sextant with horizontal and vertical co-ordinates was thereby found. Sextant centres were excluded if the average frequency per double cycle was less than one. In Fig. 2.2, therefore, sextants S5 and S6 were excluded. *Bearing between sextant centres*.

The relative position of the sextant centres thus derived was calculated. The coordinates of the first sextant were used to calculate its bearing in degrees from intercuspation by routine trigonometrical methods. The co-ordinates of the next sextant were used to calculate its bearing from the path to the first sextant. The angles between lines connecting the sextant centres indicated the change in direction taken by the magnet in order to arrive at each sextant centre.

The total of the bearing changes on each chewing side described the core shape of the chewing cycle.

Angle at intercuspation. The line joining the first sextant centre on the chewing side at the point of intercuspation formed an angle with the horizontal which decreased as the lateral component of the chewing pathway increased.

Prevalence of a bimodal frequency. The mode of the frequency distribution in Fig. 2.3a is 21 at column 13. The next most frequently visited cells (10) are at columns 10 and 14. The most frequented positions on level 15 were thus reasonably close to each other. At level 25 the two most frequently visited cells are at columns 2 and 13,

respectively, indicating the presence of two separate but substantial high-frequency zones (Fig. 2.3b).



Figure 2.6 The frontal displacements were divided into sextants (S1-S6) and each chewing side into three vertical divisions (V1-V3). Horizontal and vertical medians for each sextant provided centres "*" with level sand column coordinates (given in bin values at each centre). The angle at intercuspation is the angle α between the centre of S1 and the horizontal. The bearing between centres is the total of angles β 1 and β 2 which measure the directional changes between centres on the chewing side.

To obtain a quantitative expression of the prevalence of such bimodal patterns, the data for each level of the entire frontal and sagittal frequency distribution (left and

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right sides) were analysed and the position of the mode determined. The presence of a second mode position was recorded if:

- (a) Frequency of visitation was at least 70% of the mode for that level (this condition excluded insignificant second modes); and
- (b) The second mode position occurred at least 5 columns from the mode (this condition excluded a high frequency of visitation adjacent to the mode from being categorised as a separate high-frequency zone).

If both these criteria were met, the inter-mode distance was calculated. From the data selected in Fig. 2.3a, the second mode was not recorded for level 15 as it occurred within 5 column units of the mode; it was also excluded on the grounds of being less than 70% of the first mode. But for level 25 the second mode was recorded and the distance between the modes calculated, as this second mode fulfilled both criteria, the inter-mode distance being 11 column units. This inter-mode distance was converted from the column units to millimetres (11/2.76 = 3.99 mm). The prevalence of acceptable, bimodal frequency distributions was calculated as a percentage of rows with bimodal distributions.

Mode percent. The mode frequency for each level was expressed as a percentage of the total frequency for that level. The mode percent was used to define the breadth of the chewing pathway, the high values indicating that movements were concentrated in a narrow track.

A visual representation of the distribution of high frequencies and bimodal
distributions was generated by transforming the matrix values into a graphic display using patter codes. Low frequencies were represented by a horizontal line; a zone of high frequencies around the mode was represented by filled boxes (Fig. 2.7).

Summary of variables measured.

1. Bearing between centres. The angles formed between imaginary lines joining the three sextant centres on the chewing side.

- 2. Angle at intercuspation. The angle at intercuspation, formed between the horizontal and the first sextant centre.
- Area ratio. The ratio of the areas on the chewing and non-chewing sides of the frontal frequency distribution.
- 4. *Mode percent.* The average of the mode expressed as a percentage of the total frequency for that level.
- 5. Frontal bimodal prevalence. The percentage of levels in the frontal frequency matrix in which a significant second mode was recorded.
- 6. Sagittal bimodal prevalence. The percentage of levels in the sagittal frequency matrix in which a significant second mode was recorded.
- 7. Frontal mode distance. The average distance between the first and second modes on the frontal frequency matrix.
- 8. Sagittal mode distance. The average distance between the first and second modes and the sagittal frequency matrix.



Figure 2.7 Graphic representations of the frontal and sagittal frequency matrix of JT chewing on (a) the right side and (b) on the left side. Horizontal lines indicate frequencies greater than zero. The central core (filled boxes) represents the zone around the mode in which 33% of the frequencies occurred and gives an indication of the width of the most common pathways during chewing. When chewing on the right side (a) the frontal core crosses the midline whereas is completely unilateral when chewing on the left (see area ratio for JT in Tables 2.1 and 2.3. The presence of a bimodal distribution of frequencies is revealed by the separation of the core into two parts (see also frontal bimodal prevalence for JT in Tables 2.1 and 2.3)

Evaluation of the computer analysis

The second part of this study was designed to evaluate the reliability of measurement and accuracy of each of the above variables when recorded from the same subject. Fifteen healthy young adults (6 females and 9 males) volunteered to take part in the study. Individuals were excluded if they reported a history of temporomandiblar dysfunction syndrome. None of the subjects had a deviation on opening or experienced any pain on wide opening or chewing. All subjects had an Angle Class 1 incisal relationships and a full complement of teeth with the exception of the third molar which was not present in all individuals. All subjects had some occlusal restoration, though no subjects had posterior bridges.

Each subject was seated in an upright chair and the head fixed using a modified cephalostat apparatus, which held the head at the bridge of the nose and at each external auditory meatus. The aerial of the sirognathograph was held in place using a head band removed from a welding helmet. The settings on the cephalostat and on the bars of the aerial were recorded for each subject. At subsequent recording sessions the same settings were used to insure similar head placement.

Each subject carried out 2 separate sets of 10 chewing trials, 5 on the right side and 5 on the left side. Each trial lasted 10 seconds. The test food was a tough variety of wine gum. A Wilcoxon paired-rank test was used to test for significant differences between sets of data for each subject and between data from left and right chewing sides. Discriminant analysis was used to investigate the possibility that a combination of measurements might be necessary to reveal differences between data from different sets or between different chewing sides. The data from each subject were pooled and a principal component analysis used to determine which combination of measurements best described displacements during chewing. Multivariate analysis was used to determine whether displacement measurements were related to the sequence of the chewing trials.

RESULTS

Comparisons between independent sets of recordings

For each variable, the values of the 5 right and 5 left trials were combined (Table 2.1). The 10 values for each variable from the first set of recordings were compared with the 10 values from the second set of recordings using a Wilcoxon paired-ranks test (Table 2.2). Of the 120 pairs of variables compared, 9 pairs showed significant differences between the first and second recording. These differences were not all found within the same subject or within the same variable.

Comparisons between left and right recordings

The data for left-sided chewing from the first and second sets were combined, as were those for right-sided chewing (Table 2.1). The 10 values for right-sided chewing were compared with those of the left using a Wilcoxon paired-ranks test (Table 2.3). For each subject there were significant differences between chewing sides in at least one of the eight variables. For each variable, significant differences between the data for right and left chewing occurred in at least 4 out of 15 subjects.

Table 2.1 Data for each variable for one subject (JT)

	١	ł												
	7]	1	5	e	•	5	-	2	3	4	S		Mcc	lian
	E		Chewi	ng left	side			Chev	ving rig	ght side		SE	Г	R
EAR	Set 1	44	62	37	43	49	78	76	40	76	70	54	40	74
	Sct 2	09	64	19	38	37	80	60	78	69	53	60		
NGLE	Set 1	46	27	44	44	40	35	41	48	40	38	40	44	39
	Set 2	40	29	98	49	53	26	41	29	38	51	40		
REAR	Set 1	83	16	8	66	86	73	68	81	56	80	11	95	63
	Sct 2	82	66	32	76	98	75	57	53	11	99	74		
OPER	Set 1	34	23	31	23	37	30	23	20	22	24	24	27	33
	Set 2	37	26	22	29	26	17	19	15	23	24	24		
BIMOD	Set 1	24	32	27	32	56	43	45	51	45	43	43	31	46
	Set 2	29	32	32	21	29	45	51	54	37	56	35		
BIMOD	Set 1	29	54	33	43	45	40	62	18	51	54	44	48	47
	Set 2	59	59	56	48	48	37	43	62	51	43	50		
NODIS	Set 1	4.9	4.5	2.9	4.4	9.1	5.8	5.6	4.1	6.9	5.5	5.2	4.7	5.2
	Set 2	7.4	5.8	6.2	3.4	4.4	4.7	6.4	4.9	4.5	4.4	4.8		
NODIS	Set 1	2.3	2.4	1.2	1.9	2.4	2.1	2.2	1.4	1.8	1.3	2.1	2.4	1.8
	Set 2	2.3	2.3	2.4	1.8	2.3	1.3	1.8	1.8	2.4	2.7	2.3		

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= bearing between centres; ANGLE = angle at intercuspation; AREAR = ratio chew:non-chew area (%); MOPER = ratio mode:frequency (%); FBIMOD = frontal bimodal prevalence (%); SBIMOD = sagittal bimodal prevalence (%); FMODIS = frontal inter-mode distance (mm).

Subject	BEAR	ANGLE	AREAR	MOPER	FBIMOD	SBIMOD	FMODIS	SMODIS
SA	-						4	
JE	-	-		-	-		-	÷
CH	-		-	*			÷	*
AK	-	-	-	-			-	÷
GL	100	*		-	**	-	*	÷
GM	- 1	1	10.10	11			11	
RM	- Ľ	*					4	
JO	- 1			11	-		11	-
NR		÷.	-	-	-		-	-
SS	· .	*	÷ .	•	•	-	+	*
DS	·	•	ł I	•	**	•	+	-
ET	1		<u>u</u>	<u>u</u>	<u></u>	uu	14. C	-
JT	-	•	•	•	-	-		-
RW	TT	NIT	VD.	DC	TTY	2.5	it.	•
JW	JU.	TN T	V.E.	17.3	11	1.05	the	÷

Table 2.2 Results of Wilcoxon paired-rank tests for differences between the data from the first and second set of recordings.

Key for variables as for Table 2.1. Key to p value codes; - p > 0.05; *p < 0.01; ***p < 0.001.

The variables in which significant differences occurred most often were: area ratio (10 subjects); bearing between centres (7 subjects); and the sagittal-mode-distance (6). Significance varied from p < 0.05 to p < 0.001.

Subject	BEAR	ANGLE	AREAR	MOPER	FBIMOD	SBIMOD	FMODIS	SMODIS
SA	***		**		7	•		-
JE	÷	+	**	***		÷	***	•
CH	**	20	•		÷	÷2	*	•
AK	÷		-	-	- 21	•	*	city.
GL	-	+	***	-	÷	÷		-
GM	**	-		-			**	*
RM	-	-	*	**		**		**
JO	-		***	-			-	*
NR	***		***	-		-		
SS		**				***	Ц.	_
DS	- 6	-	**		-	-		
JT	**	*	***	•	**			+
ET	***	÷.	***	***			÷	+
RW	-	÷.	-	-	-	**		+
JW	***	***			*	**	*	**

 Table 2.3. Results of Wilcoxon paired-rank tests for differences between data from right and left sided chewing

Key for variables as for Table 2.1. Key to p value codes as for Table 2.2.

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Discriminant analysis

Using the chewing set as the factor for discrimination, the eight variables were assessed for their ability to discriminate between the data from the first and second set. No significant differences were found for any subject (Table 2.4). The degree of difference between the two sets of data can be expressed as the distance between the two pools of data variables, also known as the centroid or Mahalanobis distance (Armitage and Berry, 1987). A distance of more than 4 indicates reliable differences between groups. The centroid distance between sets of data varied from 0.24 to 1.00 with a mean of 0.48 (Table 2.4).

Table 2.4 Discriminant analysis for each subject, using all variables, and using first *set* and then *side* as the factor. The significance and distance between centroids (C.D.) are given for each factor used.

		Set as f	actor		Side as factor
		p value	C.D.	p value	C.D.
Т		H			
L	SA	0.17	1.00	0.000	2.2
11	JE	0.86	0.33	0.002	1.4
111	CH	0.85	0.34	0.001	2.1
111	AK	0.90	0.30	0.03	1.2
Ш	GL	0.40	0.59	0.000	2.3
	GM	0.18	1.00	0.001	1.7
	RM	0.43	0.57	0.01	1.6
JI	JO	0.89	0.32	0.000	1.8
	NR	0.49	0.54	0.000	1.9
AT	SS	0.23	0.97	0.005	1.2 DT
	DS	0.95	0.24	0.02	1.4
	ET	0.94	0.27	0.000	1.8
	JT	0.45	0.56	0.000	3.3
	RW	0.88	0.45	0.02	1.3
	JT	0.85	0.3	0.000	1.8

When the chewing side was used as the factor for discrimination, there were significant differences between left and right sides for all subjects. If fewer than eight variables were used as variables, it was no longer possible to discriminate between left- and right-side chewing in all subjects. The levels of significance varied but were all greater than a 97% confidence level (p < 0.03). The centroid distances had a range from 1.2 to 3.3 with a mean of 1.8 (Table 2.4).

A discriminant analysis was used to determine whether it was possible to classify the data according to the sequence of the chewing trial. A data selection was made of the first and last trial and all the variables were used. No combination of variables was able to discriminate between the first and last trial.

Principal components analysis

When several variables are used to describe an individual it may be useful to combine them into a smaller number of components. The variables in each component are related by a formula consisting of coefficients or weights for each variable. The larger the value for a variable's weight, the greater its influence on the component.

A principal components analysis was applied to the variables in this study to determine which combination of the variables best described chewing displacements. This analysis was done after having pooled the data from each subject. Using all the variables it was found that 87% of the variance of the data could be accounted for by three components (Table 2.5). The weights of the first component indicated that bearing between centres, angle at centre, frontal bimodal distribution, and frontal

mode distance were the major variables. The second component had area ratio and mode percent as the dominant variables; the third component had sagittal bimodal distribution and sagittal mode distance as dominant variables (Fig 2.8).

Table 2.5 Weights for variables forming the first three principal components used in this study to describe normal chewing. The weights of dominant variable are underlined.

-	Princi	pal comp	oonents
	1	2	3
BEAR	<u>0.40</u>	-0.19	-0.01
ANGLE	<u>-0.43</u>	0.14	0.33
AREAR	0.11	<u>0.67</u>	-0.01
MOPER	-0.18	-0.63	0.08
FBIMOD	0.40	-0.09	0.10
SBIMOD	0.37	-0.01	0.54
FMODIS	0.40	-0.20	-0.1
SMODIS	0.36	-0.10	-0.61

Key to variables as for Table 2.1.



Figure 2.8 A plot of the coefficients of the first two principal components of jaw movement. The further each variable is from the centre of the two intersecting axes, the more powerful is its ability to account for the variance of the data. The further each variable is from adjacent variables the more independent is its contribution to each component.

SITY of the

DISCUSSION

The method used in this study relied on the transformation of spatial co-ordinates on to a 2-dimensional matrix for frontal and sagittal projections. The advantage of this transformation is that it allows filtering of low-frequency values. This may be a crucial procedure to avoid the leverage that the occasional outlying displacements can have on the rest of the displacement values. Michler et al (1987) also found it necessary to exclude extraneous jaw movements, which they achieved by constructing a template that covered most of the tracing area but excluded outlying tracings.

The plot of the number of visitations of the tracking device in each cell provided a useful means of studying the most commonly frequented parts of the chewing cycle (Fig. 2.7). The central core represented a zone in which 33% of the visitations occurred. The presence of a bimodal frequency was revealed by the separation of the core into two parts. Even without further statistical analysis this type of plot provides a more useful visual representation of the chewing cycles than the graphic representation in Fig 2.1. The differences between the left and right sides of the subject J.T. is evident in Fig. 2.7 if the width and position of the central cores from each chewing side are compared.

Difference between sets

The comparison between sets of data recorded on separate occasions showed that measurements made of jaw movement was reproducible within the limits of accuracy of the apparatus. There were, however, occasions when there were significant differences between sets of data. These differences did not appear to be located in one particular variable or within a particular subject. They may behave through failure to ensure that the head frame was properly positioned or from movement of the head during recording, although either of these types of error would presumably have affected other variables at the same time. It is also possible that these differences reflect a normal variation in chewing movements. The computer program that analysed displacements was designed to set certain conditions for accepting data. For example, if displacements did not occur above a certain minimum frequency, they were ignored. It is possible that by altering this minimum, and other conditions like it, the analysis could be even more selective, and hence less sensitive to normal

variation.

Differences between sides

The comparison between displacements when chewing on the left and right sides indicates that there were detectable differences in the sample studied. Differences between chewing sides were reported by Gibbs et a. (1981) and Michler et al. (1987). All variables appeared to contribute to this difference, though some were more active than others (Table 2.5). The variables bearing between centres and area ratio were most often found to be different.

There was no single variable that consistently could discriminate between left and right displacements during chewing. Discriminant analysis revealed that differences between right and left chewing were significant for all subjects only when all eight variables were used. The variation between centroids indicated that differences between left- and right-side chewing were more marked in some subjects than in others.

It is important to recognise a limitation of the analysis of jaw movement used in this study. The frequency distribution of the mid-incisor point gives no indication of the sequence of movements recorded. Hence this analysis does not readily distinguish between left and right sided chewing. However a sequential plot of movement in the frontal plane would clearly indicates the side from which the jaw approaches intercuspation.

Components of chewing movements

The number of variables used to describe chewing was reduced by principal component analysis to three main components. The weight (coefficient) for each

variable made it possible to identify the contribution it made to each component (Table 2.5). Chewing displacements could not adequately be described by less than three components, each one describing a different characteristic.

The four prominent variables in the first component described the shape of the frontal chewing cycle by a defining the angles and the presence of a bimobal pathway. The weights of three variables were positive (indicating a direct relationship) except for the variable angle at intercuspation which had a negative weight (indicating an inverse relationship). Hence the larger the angle at intercuspation (that is the more nearly vertical the pathway) the smaller would be the bearing between centres and the percentage of bimodal pathways. In summary, the first component describes the shape and dimensions of the core of movement. As the values of the variables increase they describe a progressively flatter, wider, bimodal chewing pathway. They are related to each other but are not dependent. There may be significant differences in one while not in the other.

In the second component, the two prominent variables, area ratio and mode percent, were inversely weighted. A high area ratio describes a unilateral chewing pattern, while a low mode percent indicates a broad pathway on the chewing side. The opposite values for the variables describes a bilateral chewing cycle with a narrow pathway on the chewing side.

The third component is dominated by the sagittal variables: the bimodal distribution and the width between the mode and a second mode. A prominent bimodal pathway in the sagittal plane might suggest that the jaw was not moving laterally, in which case it would be inversely related to the frontal bimodal

prevalence. As no interaction with any of the other six variables was noticeable, it would seem that a well-defined and wide bimodal sagittal pathway may not preclude a prominent bimodal pathway in the lateral plane. A chewing cycle whose plane was orientated between the sagittal and frontal planes would account for this observation.

The value of principal component analysis in this study is that it confirms the need for several variables in the measurement of jaw movements. The three components each helped to identify the contribution each variable made to the overall description.

The differences found between chewing movements on separate sides of the jaw could not be accounted for with one variable. This suggests a wide variation in chewing patterns within normal subjects which do not appear to fit any single model. Neill and Howell (1984) devised a classification system based on 16 different shapes of chewing strokes. Similarly, Proschel (1987) found it necessary to use 14 different patterns in his classification; he observed that although the traditional drop shape was one of them, it was seldom found. Proschel and Hofmann (1988) concluded that chewing cannot be characterized by a single pattern.

Gibbs et al. (1981) observed that the width of the chewing cycle was influenced by the consistency of the bolus, and Jempt et al. (1979) has added that as the bolus is altered the vertical height reduces. Our findings failed to confirm any relationship between the variables defined and the assumed reduction in bolus size with successive chewing trials.

CONCLUSIONS

- Jaw displacement variables can be measured with reliability when a multivariate analysis is used to compare two independent sets of recordings.
- 2. There are differences in the patterns of displacement between left- and right-sided chewing. In some subjects this difference is more pronounced than in others.
- It is necessary to use more than one variable of jaw movement to discriminate between chewing sides.
- 4. Further studies are required to determine optimum values for these variables and optimum interactions between them. The results of the displacement variables in preferred chewing movements and the relationship between occlusal contact area and variables may provide a basis for determining a profile of optimum values.

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Chapter 3

Jaw movements associated with preferred chewing

SUMMARY

Jaw movements during voluntary chewing were recorded from 15 normal subjects with a sirognathograph. A computer program was used to provide a graphic display of the closing strokes in the frontal plane. A record was made of the side from which the jaw approached a central occlusal position. An average of 90 closing strokes was recorded for each subject. In 10 of the subjects, statistical differences were found between the use of the right- and left-hand sides. In these subjects this preference was confirmed by analysis of results from a second set of observations. A model was derived, using multiple regression analysis, which identified a relationship between four jaw-movements variables and an index of preference. A broad chewing pathway, with a bilateral distribution, together with a wide sagittal pathway were characteristics associated with preference. An indication of optimal jaw-movement patterns may be derived from identifying movement variables associated with preferred chewing.

INTRODUCTION

The preference for using either the right or left hand is well documented. The percentage of left-handers varies; the biblical story of the 700 left-handed men in the 26,700 strong army of the children of Benjamin provides an estimate of 2.6% (Judges 20: 15-16). Preference for use of the left hand was found to be 12% by Porac and Coren (1981), who used an index of laterality (R-L)/(R+L) to express handedness, eyedness, footedness and earedness. Preference was found to be most consistent with handedness (77%) and least consistent with footedness (49%). The preference for a particular side tended to prevail, right-footed and 44% had the same side preference for all four activities.

Hoogmartens and Caubergh (1987) added another dimension, that of chewing preference. They observed the side to which the jaw moved to take the first bite of a bolus. From 10 tests an index of laterality was calculated: 45% of patients had a consistent preference for left- or right-side chewing. No association was found between chewing-side preference and handedness, footedness, eyedness or earedness. The investigators concluded that a peripheral mechanism might be responsible for chewing-side preference, unlike the proposed cortical system that may account for other items of preference.

In the previous chapter it was found that eight separate variables of movement were necessary to distinguish between left- and right-sided chewing in 15 normal subjects (Wilding and Lewin, 1991). No attempt was made to determine optimum values for each variable of movement, although it was suggested that a subject's preference might provide some insight into optimum movement variables.

The aims of this study were firstly, to determine what preferences these same subjects had for a chewing side, and secondly whether a model of optimum jawmovement variables could be derived, based on the subject's choice of a preferred chewing side. The hypothesis was that jaw-movement patterns associated with a preferred chewing side might have consistent characteristics that differed from patterns found on the less preferred side. The characteristics of preferred chewing movements might contribute towards developing a baseline for ideal or optimum chewing movements.

METHOD

Preferred chewing

A sirognathograph was used to capture jaw-movement data, according to the recommendations made by Lewin (1985). Head movement was restrained during all recordings. Fifteen young adults, without signs or symptoms of jaw dysfunction, volunteered for the study. Each was asked to chew a wine-gum, on whatever side of the mouth was most comfortable. Chewing was recorded during five periods, each of 10 s. At a subsequent visit another set of five trials was recorded.

A computer program was written (AL) to make separate plots of the opening and closing strokes of each chewing cycle (Fig. 3.1).



Figure 3.1 The opening (FO) and closing (FC) strokes for each 10s trial were plotted to determine the closing side preferred. The closing strokes viewed in the frontal plane (FC) show four strokes approaching intercuspation from the left and five from the right hand side.

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Closing strokes were classified into those approaching from the left- and those approaching from the right-hand side. The number of right- and left-sided closing strokes was counted for each trial. A total of right and left approaches was obtained for each set of recordings. A x_2 test was used to determine whether there were significant differences between the proportion of right- and left-sided closing strokes

recorded during the first and second set. A Mann-Whitney test was used to determine whether the right-sided strokes for both sets were significantly different from the left-sided closing strokes.

A preference index for each side was derived by expressing the number of closing strokes on that side as a proportion of the total. Thus,

left count	
Preference index (left) =	
total count	
	T.
right count	2
Preference index (right) =	
total count	
<u>, u u u u u u</u>	h.,

The values for the preference index (PI) were converted by a standard angular transformation recommended for proportional data by Armitage and Berry (1987) where;

Transformed $PI = sin_{-1} PI$

The transformed preference index for each subject was added as an additional variable to each record of the data containing the values for jaw-movement variables of the same subjects (Wilding and Lewin, 1991). A step-wise regression analysis was

first used to determine which of the eight variables of chewing on a particular side were associated with the preference index for that side. An attempt was made to derive a regression formula, using the preference index as the dependent variable. The independent variables were those variables of jaw movement selected by the step-wise regression analysis.

RESULTS

The distribution of closing strokes recorded for each 10-s period of observation is given for each subject in Table 3.1. During each set of five recordings an average of 45 closing strokes were recorded. The range was from 39 to 59 closing strokes. When the two separate sets of recordings for each subject were compared, no significant difference was found for 14 of the 15 subjects (Table 3.1). When left and right sides were compared, significant differences were found in 10 of the 15 subjects. Probability values varied from p < 0.05 to p > 0.001.

A regression formula was derived that expressed the preference index in terms of the following four variables used to describe chewing movements;

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- Mode percent (MOPER; the average of the mode expressed as a percentage of the total frequency for that level).
- Area ratio (AREAR; the ratio of the areas on the chewing and non-chewing sides of the frontal distribution.
- 3. Sagittal bimodal distribution (SBIMOD; the percentage of levels in the sagittal frequency matrix in which a significant second mode was calculated).

Table 3.1. The distribution of closing strokes on the left- and right-hand sides during free chewing

Number of chewing strokes

			Set 1					Set 2				p val		
Subject		1	2	3	4	5	1	2	3	4	5	Sets	Sides	Prefer-ence
SA	L	0	0	0	2	1	5	5	0	0	0			0.14
	R	9	10	9	8	7	5	2	10	10	9			
JE	L	1	6	8	4	5	6	4	8	2	9		•	0.65
	R	5	2	2	3	3	2	2	1	6	2			
CH	L	9	5	0	0	10	0	11	10	2	12	1.	4	0.53
	R	0	4	13	12	0	14	0	0	10	0	0.47		
AK	L	3	3	0	1	7	1	6	0	6	0			0.27
	R	4	3	9	8	1	7	6	8	2	9	0.73		
GL	L	8	8	8	8	3	8	8	8	10	7		***	0.96
	R	0	0	0	0	0	0	1	1	0	1	0.04		
GM	L	4	3	4	1	4	1	2	1	4	4	11		0.38
2012	R	4	4	4	4	5	5	5	10	7	6	0.62		
RM	L	7	8	0	0	9	4	9	0	8	0		-	0.56
	R	0	0	8	7	0	0	0	10	0	11	0.44		
JO	L	0	0	0	0	0	0	0	0	1	0			0.01
	R	8	8	10	9	10	8	8	8	8	10	0.99		
NR	L	10	9	10	7	6	9	11	5	8	6			0.98
	R	0	0	0	0	0	2	0	0	0	0	0.2		
SS	L	4	8	7	6	6	5	10	3	5	8	щ.		0.63
	R	3	3	3	5	5	5	0	6	5	1	0.37	1	
DS	L	8	0	7	10	1	2	1	11	6	8			0.58
	R	0	11	0	0	9	9	10	0	0	0	0.42		
ET	L	0	0	0	0	. 14	0	2	0	0	0	1.171		0.03
20	R	4	6	9	11	11	11	10	4	10	12	0.97		
JT	L	4	2	0	0	5	0	2	9	7	0			0.34
	R	3	7	5	10	5	7	8	1	3	8	0.66	22	
RW	L	3	2	3	1	1	0	0	0	9	10		S	0.29
	R	6	7	7	12	11	9	8	11	0	0	0.71		
JW	L	5	7	4	5	5	7	8	8	0	4			0.61
	R	3	4	4	4	2	2	0	0	9	6	0.39		

Two sets of data, each comprising five recordings of 10 s duration, were obtained for each subject. A_{1}^{2} test was used to test for differences between sets, and a Mann-Whitney test for differences between sides. The probability balues are given for each. The index of preference was expressed as a proportion of strokes counted on each chewing side.

Key to p value codes: -p > 0.05; p < 0.01; "p < 0.001.

 Mode distance (SMODIS; the average distance between the first and second modes on the sagittal frequency matrix).

The derived regression formula was;

 $PI = 319 - 0.04 (MOPER)_2 - 66 (LOG AREAR) + 506 (SMODIS/SBIMOD).$

The R_2 value (after adjustment) for this regression was 0.42. The residuals ranged from 0.15 to -0.25 with an SE of 0.07. A plot of the predicted and observed values was made to determine whether there were any outlying predictions (Fig 3.2).

DISCUSSION

A preferred chewing side was identified by Christensen and Raude (1985) if a subject was observed using the same side at two successive spot-checks during voluntary chewing. By this definition, 72% of their sample of 25 subjects had a chewing preference. Hoogmartens and Caubergh (1987) observed the first chewing stroke on 10 occasions and if they all occurred on the same side they considered the subject to have a consistent chewing-side preference. They found that 45% of their sample of 128 subjects had a preferred chewing side. In this study, two criteria were used: firstly, that a statistical difference should be found between the number of times the left- and right-hand sides of the dentition were used; and secondly, that any statistical preference should be repeated at a subsequent recording. These criteria were not designed to identify the prevalence of a chewing preference but to quantify preference for each subject. It was assumed that preference is not an all-or-none





phenomenon but occurs to a varying extent in most subjects. It would not seem possible to even categorize a subject as having a chewing preference without recording at least an adequate number of closing strokes. Hoogmartens and Caubergh (1987) concluded that there was no association between chewing preference and handedness, although the observed frequencies of their x_2 table showed higher values than expected. It is possible that these trends would have been more substantial if more stringent methods had been used.

In this study the number of chewing strokes recorded for left- and right-hand sides was not identical for each set of recordings, but in only one of the subjects (RW) were they significantly different. In this subject there was not a significant difference between the use of left- and right-hand sides. In all 10 subjects who showed a significant preference for a side, the preference was consistent for both sets of recordings. This suggests that a significant chewing preference was, for these subjects, also a consistent preference.

In a previous study (Wilding and Lewin, 1991), all subjects had been found to be capable of chewing on either side without pain or discomfort, yet in the present study, of the same subjects 10 showed a significant preference for a particular side. Several factors could be responsible for this preference, such as some central cortical factor, similar to handedness, or possibly local occlusal factors. Whatever the reasons it is likely that the choice conferred some benefit to the individual, such as greater efficiency with reduced expenditure of energy and avoidance of fatigue.

The possibility that preferred chewing might be associated with certain types of jaw movements was explored using a multiple regression analysis. The regression formula derived was reasonably accurate in predicting the preference of a subject on the basis of four jaw-movement variables. The SE (0,07) indicated that if preference were predicted on the basis of jaw movement, it would be accurate within a margin of \pm 7 chewing strokes for every 100. Each variable provided its own particular contribution to the formula. Excluding any of them reduced the accuracy of the prediction. The variable mode percent (MOPER) is an expression of the density of the jaw-movement pathways; a high value indicated a narrow "one track" pathway, which made a negative contribution to preferred chewing. The association between MOPER and preference can be illustrated by the example given in Fig 3. The variable area ratio (AREAR) is an expression of the relationship between the area on the chewing and non-chewing side; a high value indicates a strongly unilateral chewing cycle and this also made a negative contribution to the formula (Fig 3.3).

The variables sagittal mode distance (SMODIS) and sagittal bimodal distribution (SBIMOD) both refer to the sagittal pathway and express the prevalence of a bimodal frequency distribution and the distance between the two modes. A wide bimodal pathway in the sagittal plane (SMODIS) made a positive contribution to preferred chewing, while a high prevalence of bimodal pathways (SBIMOD) the opposite effect. This appears to be a contradictory influence, as one would expect that the more a sagittal pathway was bimodal, the wider it would be; this expectation was confirmed using a test for correlation between these two variables (coeff = 0.84). This apparent anomaly will require further investigation.

None of these variables on its own could be used to derive a regression formula that had any predictive value; this is consistent with the earlier finding that chewing could not be described without using multiple variables and multiple components (Wilding and Lewin, 1991). It would appear to be invalid to draw any conclusions about jaw movement from a single variable. Hence it could not be argued from this study that bilateral jaw movement was preferred, or the converse, that unilateral movement was avoided.



Figure 3.3 The right (A) and left (B) side chewing movements are graphically represented for one of the subjects (JO). The filled boxes represent the position of the mode (highest) frequencies for each level; the empty boxes frequencies greater than 50% of the mode, and the points, all other frequencies greater than zero. The right frontal chewing cycles show a broad pattern of high frequency zones, which represent a pathway with several options (a low mode percent value); the high frequency zones are distributed on both sides of the cycle (a low area ratio value). The right sagittal chewing cycle indicates a bimodal pattern of high frequency zones (high SBIMOD value). The values of these variables are consistent with the model for preferred chewing given by the regression formula. The calculated value for right preference being 84% while the observed preference for this subject was 99%.

The need for a multifactorial analysis in predicting preference may explain the difficulty in distinguishing between jaw-movement variables in health and dysfunction. Feine, Hutchins and Lund (1988) reported that none of the variables of jaw movement, which they recorded with a kinesiograph, was able to distinguish healthy from symptomatic patients. They concluded that the variables tested had no diagnostic value. A similar conclusion was reached in this study when variables were individually tested for association with chewing preference; it was not until multivariate analysis was used that the collective value of variables emerged. If the diagnostic value of jaw-tracking devices is to be fairly evaluated, it appears that multivariate analysis may be necessary.

A preference for chewing on one side was found to be associated with certain ranges in value of four jaw-movement variables. The values of these variables may provide part of the foundation for a baseline of normal or optimal values for chewing movements. This conclusion is based on the assumption that there is some biological advantage in preferred movements. Future studies are planned to investigate the possibility that the same nature of occlusal contacts influences the selection of a preferred chewing side.

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Functional occlusal contact and chewing side preference

SUMMARY Preference for a particular chewing side may be influenced by several factors, one of which could be the functional contact area on each side of the dentition. In this study, inter occlusal wax records were made for each of the 30 subjects. A digital image of the trans-illuminated wax record was analysed to group grey values into categories of wax thickness. The total area for tight and intermediate tooth contacts was calculated for both the left and right sides of each subject. The chewing side preference was recorded using the method of Wilding and Lewin (1991). No correlation was found between the area of occlusal contact on one side and the preference for chewing on that side. Occlusal contact area does not appear to be a determinant of chewing side preference.

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INTRODUCTION

Right or left handedness is usually accompanied by a preference for using the eye, ear and foot of the same side, but the preferred chewing side appears to be independent of handedness and the other preferences (Hoogmartens and Cauebergh 1987). These authors suggest that while handedness, eyedness and earedness appear to be centrally determined, preference for chewing on a particular side may be influenced by some peripheral factor. This suggestion is supported by Wilding and Lewin (1991) who found that certain characteristics of jaw movements are associated with a preference for chewing on one side. If chewing side preference is under peripheral influence, the choice of a particular side may be made because it has some selective advantage over the other, such as improved comfort and chewing efficiency. The quality of occlusal contacts has been shown to influence chewing efficiency (Helkimo, Carlsson and Helkimo, 1977; Omar et al 1989); it is likely that the choice of a favoured chewing side would also be influenced by the quality and quantity of occlusal contacts on that side.

There are a variety of clinical techniques for assessing the position and number of contact points which occur in maximum intercuspation. While this type of examination is suitable for checking the accuracy of restorative procedures it may not be a useful way of assessing the masticatory ability of a dentition. Foods which have to be reduced before swallowing require crushing, shredding or grinding processes (Osborn and Lumsden 1978). The presence of broad opposing surfaces which could be brought into close proximity during chewing could therefor have an equal if not greater contribution in breaking down tough food than discrete contact points. It is also apparent that actual contacts between teeth only occur during the later stages of bolus reduction after much of the food break down has been completed (Woda 1979). A broader interpretation has been used in evaluating occlusal contact area by Gutman et al (1985) who measured the degree of penetration of teeth into stress sensitive material. A qualitative analysis of occlusal contact areas has been achieved by obtaining an image of an interocclusal record produced by transmitted light (Millstein 1984).

In assessing the chewing potential of a dentition it would be necessary to measure not only the areas of actual tooth contact, but in addition, to include the surrounding areas where the opposing teeth are in close proximity. The term functional contact area (FCA) will be used in this study to include both tight contacts and areas of intermediate contact between opposing teeth. The purpose of this study was, firstly, to use digital imaging techniques to develop a reliable method for measuring zones of FCA on each side of the dentition of normal subjects. (A similar technique has simultaneously been developed and described by Tosa et al (1990) The second part of the study was to investigate whether there was any predictable relationship between FCA on each side of the jaw and the preference for chewing on that side. Such a relationship would indicate that the subject could perceive differences in FCA and chose to chew on the better equipped side. Evidence that there was a selective advantage in optimal amounts of FCA could confirm the importance of restoring occlusal contact areas in dental patients.

METHOD

Image Analysis

A series of wax test strips of known thickness was made by compressing warmed wax (Mizzy, Kerr) in a bench press. Steel spacers were inserted between the plates of the press to control the thickness of the wax strips. The strips were trimmed and placed next to one another on a glass slide. A micrometer screw gauge was used to record the thicknesses of each strip (.45m, .30mm .20mm and .10mm). A video image of the wax strips was obtained using transmitted light and the image focused on a monitor screen. The light source was adjusted to give the maximum definition between the different thicknesses of wax. The analogue image was converted to a digital image consisting of 512 x 512 pixels representing 257 shades of grey (Matrox 512 analogue to digital card).

The average of the grey values for each strip of known thickness was calculated. The grey values and wax thickness were used to generate a formula to describe the curve representing their relationship. A logarithmic relationship was found with the formula;

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Y (Thickness) = 2 + .35 LogX (Grey Value)

It was found that an inter-occlusal record (IOR), made using the same wax, produced a clear image of varying shades of grey depending on the degree of

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penetration of the opposing teeth (Fig 4.1). A window containing the image of the posterior teeth on one side of the dental arch was captured in the same way as the test image and stored in a byte file. A computer program was written (Wilding) to read each pixel value of the image. Each grey value was placed into one of four categories of wax thickness according to the analysis of the test strips (<.45m, <.30mm <.20mm and < .10mm). A pattern code was allocated to each thickness category and the appropriate pattern used to plot each pixel point of the image (Fig 4.2)

As the program proceeded through the image file a cumulative total was kept of the number of datum points in each thickness category. Each total was converted into an area value using the magnification of the image. In order to reduce inaccuracy due to variations in magnification, two small perforations in the wax of the test strip had been made and the distance between them measured with a vernier scaled pair of callipers. The distance in pixels points between the corresponding two bright spots of the image provided a means of estimating the magnification. Each time the test strip was used, the magnification of the image was calculated. In order to avoid errors due to variation in the illumination, an image of the test strip was made each time the imaging equipment was set up. A look-up table was then made using the logarithmic relationship and used to calibrate all the subsequent image data.



Figure 4.1. The wax interocclusal record of the posterior teeth on the left side of one subject.



Figure 4.2 A reconstruction of the digital image from the same inter-occlusal record. The different patterns correspond to the four categories of thickness of the test strips.

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Clinical Procedures

The sample for the study consisted of 30 young adults with complete dentitions who were free of signs or symptoms of craniomandibular dysfunction. For each subject two sets of IORs were made by closing firmly into a wax sheet which had been warmed uniformly in a water bath to a temperature of 40° C.

The area for each category of wax thickness was determined for each side of the interocclusal record. For each category, the percentage of the FCA contributed by the left side of the dentition was calculated using the formula;

Percentage FCA-Left (%FCA-L) = <u>Left Area</u> x 100

Left Area + Right Area

The data from the first and second IOR of each subject was compared, and the percent error was calculated using the following formula;

Percent error = $(IOR_1 - IOR_2) \times 100$

A rank correlation test was used to discover whether any relationship existed between the various thickness categories of the %FCA-L within the same subject.

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A jaw tracking device (Sirognathograph, Siemens, Bensheim Germany) was used to determine the chewing side preference for each subject using the method described in Chapter 3 (Wilding and Lewin (1991). Preference was express as the percentage of closing strokes approaching intercuspation from the left side.

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RESULTS

Occlusal contact area

The thickness category < 0.1mm was not found in all IORs and so the < 0.2mm category was selected to represent tight contacts. The thickest category, <.45mm was chosen to represent the intermediate contact areas. The difference between the two IORs was expressed as the percent error for each subject. The mean of the percent error for the FCA (<.45m) was 18% (sd 13%), for the %FCA-L (<.45mm) it was 6.8% (sd 6%) and for the %FCA-L (<.2mm) it was 18% (sd12%).

The average for the total FCA (<0.45mm) of the left side was 39mm², with a range from 5.3mm² to 94mm² (Table 4.1). The FCA was not the same on left and right sides of the dentition in any subject, for either the tight or intermediate categories of tooth contact (Fig 4.3). The mean value for the %FCA-L (<.2mm) was .54% (sd 22%) and for the %FCA-L (<.45mm) was 51%(sd 13%). In 25 of the 30 subjects the difference between the left and right sides was more than 5%. The average for the %FCA-L was 51% indicating an absence of bias in the sample.

		Total	%	FCA-L	Chewing
	Subject	(mm2)	<0.2mm	<0.45mm	% left
	AK	52.56	73	55	27
	AN	18.71	62	59	73
	BB	34.85	48	50	23
	CH	45.68	79	43	53
	CJ	7.13	26	40	34
_	CN	26.99	60	66	28
	DS	97.45	69	53	59
200	EH	40.79	41	58	38
	ET	20.56	79	84	3
1	GF	10.22	21	23	12
100	GL	59.19	70	51	96
111	GM	74.40	46	53	38
	HG	90.64	42	40	88
	JE	47.07	5	41	65
	JO	75.32	45	54	10
	JT	45.58	57	56	34
	JW	37.92	95	57	61
<u></u>	KD	6.44	65	40	23
	MK	6.47	50	59	58
	NG	29.37	56	55	43
TT7	NR	24.09	67	68	98
U.I	OL	18.63	30	35	30
	RC	7.81	31	29	94
	RM	80.55	49	56	56
6A7 1	RN	24.32	55	41	56
ττ.,	RW	47.98	41	67	29
	SA	28.29	26	39	14
	SN	25.78	56	49	28
	SS	81.42	82	59	63
	TR	8.47	99	76	1
	TV	21.76	50	39	43
	Mean	38.59	54.07	51.35	44.45
	Std dev	26.98	21.57	13.45	27.19

Table 4.1 Intermediate contact areas (left) and %FCA-L with preference for chewing on the left side.

Occlusal Area

The %FCA-L for tight contacts was not the same as the %FCA-L for the intermediate contacts in most subjects though there was a significant correlation

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between the two categories (P < .01) (Fig 4.4).

Chewing side preference

The preference for the left side varied from .01% to 98%.(Table 4.1) The average number of strokes observed for each subject was 85 during the 100 second observation. The average cycle time was thus of chewing was .85 cycles / sec. No correlation was found between the preference for chewing on the left side and the %FCA-L in either category of tooth contact. (Fig 4.5).

DISCUSSION

The functional contact area (FCA) does not take into account any contacts which may occur between the teeth during lateral jaw movements. It is possible that FCA and lateral contact areas are unrelated and if this were the case FCA would not represent the tooth surface areas used during chewing. However the importance of the intercuspal position during chewing has been established by Parmeijer (1969) who found that most tooth contacts occurred in intercuspation. Studies of the bite forces generated during chewing have established that the highest forces occur towards the end of the chewing cycle when the teeth are in a central area (Ahlgren and Owall 1970). These finding indicate that tooth contacts in intercuspation are involved in some critical stages of food break down. While there is the little doubt that the FCA measured in this study is relevant to chewing function, the method would be improved if, in addition, eccentric tooth relationships could be determined.



Figure 4.3 A histogram of the areas of each category of thickness for the left and right side of the arch of one subject.



Figure 4.4 The percentage functional contact areas on the left side (%FCA-L) for the tight (<0.2mm) and intermediate (<.45mm) categories. The data for the tight contacts has been ranked.

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Figure 4.5 Plot of the preference for the use of a particular chewing side and the %FCA-L for each subject.

The pattern of tooth contact areas depends on the force used in closure. Light tapping produces fewer contacts but is preferred by clinicians investigating occlusal interferences (Okeson, 1985). In this study wax was chosen for the IOR in order to present a substantial resistance to closure, such as would occur during active chewing.

The differences between the two IORs made for each subject varied according to the method of comparison. Differences were least noticeable in the %FCA-L category of intermediate contacts (6%). They were more noticeable in the total FCA measured (18%) and in the tight contact category (18%) of %FCA-L. As the consistency of the wax was controlled it is likely that the differences between records were due to variations in the force used during closure. The most accurate

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combination appears to be the use of use proportional measurements of intermediate occlusal contacts. If absolute FCA values were required it would be necessary to obtain several IORs to provide a reliable mean value for each subject.

The percentage of the FCA on the left (%FCA-L) was not the same for each category but they were directly related. Thus if the %FCA-L for a subject in the category of tight contact (<.2mm) was greater the 50%, the %FCA-L for the intermediate contact (<.45mm) was invariably also in excess of 50%. The standard deviation for the tight contacts(22%) was greater than that of the intermediate contacts(13%). However the percent error between the two IORs for tight contacts(18%) was greater than intermediate contacts (3%). Therefor, while tight contacts may be the more sensitive measure they are subject to greater inaccuracy than the measurement of intermediate contacts. There is no indication from this study as to whether tight or intermediate contacts are a more useful representation of the functional capacity of a dentition, but it would be of considerable clinical importance to determine this.

No correlation was found with the %FCA-L for either of these categories and the preference for chewing on the left side. It is possible that most subjects had more than adequate FCA on both sides of the dentition for efficient and comfortable use. This might apply to those who did not reveal a strong bias in FCA on any side; they could be defined as those whose % FCA-L fell between say 25% and 75%. There were 11 subjects whose %FCA-L for tight contacts fell outside this arbitrary range but only 4 of the 11 whose %FCA-L for intermediate contacts was also strongly biased. This sub group of subjects with more pronounced inequalities in FCA is rather small, but there was still no sign of a relationship between %FCA-L and preference for using the left side.

CONCLUSIONS

- Digital image analysis appears to be a useful means of analysing an interocclusal record. It provides an opportunity to quantify areas of both tight and intermediate tooth contacts and is accurate enought to detect differences between left and right sides of complete dentitions.
- 2. The area of tight and intermediate tooth contact does not appear to influence the choice of a favoured chewing side in fully dentate individuals. If peripheral factors are at work in determining chewing preference there must be other more active determinants. At least one possibility is that preference is determined by the side on which chewing is most efficient; this is the subject of a current study.
- 3. Further investigations will pursue the possibility that young adults with malocclusions do chose the side with a better FCA and in such a study it may be possible to determine what constitutes an optimum FCA. The search for factors which determine optimal chewing function should assist in establishing a baseline of normal data which is necessary in order to

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provide goals for orthodontic and prosthodontic treatment and to understand the origins of oral dysfunction.

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Occlusal contact area and chewing performance

SUMMARY

Chewing is influenced by a number of factors, which include jaw and tongue movements, the activity of circum-oral muscles, bite force, and hard oral surfaces, but it is not clear which of these factors is most crucial to efficiency. The mere presence of surfaces such as the hard palate, or teeth, does not insure that chewing will be efficient. The purpose of this study was to explore the relationship between occlusal contact area, and chewing efficiency and to observe the influence of chewing side preference on efficiency. These variables were recorded for both left and right sides, in a sample of 25 normal young adults. Chewing efficiency was estimated by the size of food particles collected after predetermined number of chewing strokes. The particles were measured using image analysis and the median size calculated using the method described by Olthoff et al (1984). Comparisons were made, firstly within subjects, between the left and right side, and secondly between subjects. Correlations were found between chewing efficiency and occlusal contact area which were more pronounced within, than between subjects. It was concluded that while occlusal contact area influenced chewing efficiency within the same individual, it could not account for the differences in chewing efficiency found between individuals. Differences in the movement of the jaw and in the bite force may have a greater influence on chewing efficiency than occlusal contact area.

INTRODUCTION

Dogs digest meat more rapidly if it is swallowed un-chewed, whereas rats who are deprived of their molars, pass undigested particles of grain (Jenkins 1978). It is not clear to what extent human digestion is dependant on adequate chewing. The study by Farrell (1956), in which human volunteers swallowed small cotton bags containing food, concluded that mastication was of limited importance in digestion. However, the test foods used did not include raw vegetables, fruit, seeds or nuts. In contrast to Farrell's conclusions, Levine and Silvis (1980) found that unless peanuts were well chewed, the available fat was not fully absorbed. It is possible that the contrasting observations made by these studies are both true. Like the rat, and other herbivores, efficient chewing is important for the digestion of raw vegetables, while, like the dog, meat can be digested without chewing. There are options in our modern diet for preprocessed, refined foods which are readily digested without chewing, but it is widely advised that a healthy diet should include fresh fruit and vegetables which do require chewing.

Efficient chewing may be defined as the break down of food with the minimum effort, and maximum rate of particle size reduction. The number of chews before voluntary swallowing (swallowing time) may be a reflection of the efficiency of the chewing process. According to some studies, the swallowing time is greater in individuals whose chewing efficiency is poor or who have few posterior tooth contacts (Luke and Lucas, 1985; Helkimo, Carlsson and Helkimo, 1978). The opposite conclusion was reached by Yurkstas (1965) who concluded that people who cannot chew well do not compensate by chewing their food longer than those with

good chewing ability.

A more direct method of measuring chewing efficiency is to collect the chewed food particles and pass them through sieves of various mesh sizes. Deriving an expression for the amount of food trapped by each sieve is not straight forward. The distribution of particle sizes after comminution is not linear, as the large number of very small particles dominates the data, obscuring the relatively few middle and larger sized particles. Edlund and Lamm (1980) used the proportion, by weight, of food trapped by coarse, medium and fine mesh sizes, to derive an index of chewing efficiency for individuals, but were not able to derive a data value relating weight to size. This difficulty was solved by Luke and Lucas (1983a) who determined the theoretical sieve median size (S50) which would retain 50% by weight of the particles. Olthoff et al, (1984) used a particle size distribution function for calculating the value for S_{50} and also calculated the broadness of the distribution, indicating the extent to which the particles were of similar size. The median size is of course reduced the more chewing strokes are used, but again this is not a linear relationship but a power function, which was calculated by Olthoff et al (1984). It has been suggested that chewing efficiency is best determined using this power function to describe the number of chewing strokes needed to halve the initial value of S_{50} (van der Bilt et al, 1987). Changes in particle size during chewing have been calculated using matrix algebra (van der Bilt et al, 1987) and verified experimentally (van der Glas et al, 1985).

There is general agreement that chewing efficiency is related to the state of the dentition. Some authors have evaluated the dentition by counting posterior teeth in

contact (Helkimo et al, 1978; Omar, McEwen and Ogston, 1987). The area of functional contact has been measured (Yurkstas and Manly 1949; Lambrecht, 1965), and the area of the occlusal table measured (Luke and Lucas, 1985). The degree of malocclusion has been estimated and found to correlate with the number of teeth in occlusion (Omar et al, 1987). In a study by Yurkstas (1965) it was found that the number of tooth contacts was not related to chewing efficiency, but the area of contact was. All the other studies mentioned have found statistical associations between the state of the dentition and chewing efficiency.

The use of image analysis has allowed for a more precise method for measuring occlusal contact areas than counting teeth or measuring the occlusal table (Wilding Adams and Lewin, 1992). Differences in the occlusal contact area on the left and right sides of normal subjects was found but no association between these difference and the preference for chewing on a particular side. I decided to investigate the chewing efficiency within normal subjects, to determine whether it was improved on the side where there was the larger occlusal contact area, and also whether it might be improved on the preferred chewing side. It would also be possible to pool the left and right side data to determine how influential a variable occlusal contact area would be between subjects.

For this purpose it was decided to develop a technique for measurements of food particle size using image analysis instead of the usual sieving method, and to apply the same analysis successfully developed by previous authors, to describe the distribution of particle sizes (Olthoff et al, 1984).

METHOD

The same subjects were used for the study as participated previously in this work. There were 14 females and 11 males with an average age of 27.3 years. None of the subjects had signs or symptoms of cranio-mandibular disorders.

Clinical Procedures

Each subject was asked to chew an almond on the right side only and to stop chewing after ten closing strokes. The contents of the mouth were rinsed into a beaker containing a small quantity of buffered formalin. The subject then repeated the procedure, but chewed the nut for 20 closing strokes. The same process was followed for chewing on the left side. The swallowing time for each chewing side, was assessed by asking each subject to chew an almond on one side only (starting with the right side) until ready to swallow. The time was recorded from start of chewing until a given sign that the subject was swallowing.

Image Analysis of Food Particles

The particles from each container were transferred into a petri dish and placed on a black background. Incident light was provided by two flexible fibre optic light sources. A digital image of the particles was obtained using an image analysis system (Kontron Elektronik, Munich, Germany). The image was segmented and the minimum dimension D, and area A, of each particle was measured. Data for the particles were stored in separate computer file for each subject.

A program was written to read each subject's file and to sort the data by minimum dimension, D, into 8 size categories between 0.4mm and 2.0 mm. (Table 5.1). The approximate volume for each particle was calculated, assuming a spherical

shape. For each size category X, the sum of the particle volumes, Yv, was calculated using the formula,

$$Yv_x = \sum_x 4/3 \pi (A^{-2}/2)^3$$

The value Yv was used in all further calculations as though it represented the total volume of particles retained by each sieve size. The following steps in calculating the median particle size were followed according to Partridge (1977). For each size category the percent of the total, Yv%, which was contributed by Yv, was calculated using the formula,

$$Yv\%_{r} = Yv / \Sigma Yv \quad * 100$$

The cumulative percentage Yc%, of the volume "passing through" each size category was calculated using the formula,

$$Yc\%_{x} = 100 - \Sigma_{x}^{1} Yv\%$$

The cumulative percent of the volume "retained" by each size category was calculated using the formula,

$$Yr\%_x = 100 - Yc_x\%$$

The Rosin-Rammler function, expressed by Allen (1968) in the form,

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$$Log X = a + b Log (Log (100 / Yr\%))$$
 (1)

was used to express the relationship between size category and cumulative percent of the volume retained.

The method of least squares was used to determine the characteristics of the best fit straight line that could be drawn through the Log X and Log Y data points (Fig 5.1). By this method the intercept a on the y axis and slope b of the function was determined. The correlation coefficient R was also calculated. The size category S_{50}

which would theoretically retain 50 percent of the total volume of particles was calculated by substituting in (1) the values for a and b, and 50% for Yv%. The particle size S_{50} , for 10 and 20 chewing strokes was used to determine the rate of size reduction per chewing stroke using the formula derived by Olthoff et al (1984),

$$S_{50} = c \, x \, N^{-d} \tag{2}$$

where c is the fictive particle size at commencement of chewing, d is the rate of size reduction and N is the number of chewing strokes. The values for median particle size after 10 and 20 chewing strokes were used to calculate c and d for each subject. The theoretical value for S_{50} when N was 15 was then calculated from this function, to provide a single representative value of the median particle size for each subject. Chewing efficiency was defined in terms of the reciprocal of the particle size after 15 chewing strokes ($S_{50}15$).

Occlusal contact area and chewing side preference

The functional occlusal contact area and preferred chewing side had been determined for each of the subjects and reported in a chapter 3 and 4. The thickness of wax inter-occlusal records had been measured using and image analysis of light penetration. The preference for the use of each side was expressed as a percentage of the total number of closing strokes. The total number of chewing strokes during the period of observation was used to calculate the duration of the chewing cycle for each subject.

x	Log X	Yv	Yv%	Yc%	Yr	Y	Log Y
	2 0.693	1256.24	73.7	26.3	73.7	-0.305	-1.189
1.	8 0.588	49.51	2.9	23.3	76.7	-0.265	-1.325
1.	6 0.47	80.98	4.8	18.6	81.4	-0.206	-1.581
1.	4 0.336	49.09	2.9	15.7	84.3	-0.171	-1.767
1.	2 0.182	70.91	4.2	11.5	88.5	-0.122	-2.098
	1 0	58.18	3.4	8.1	91.9	-0.084	-2.47
0.	8 -0.22	61.99	3.6	4.5	95.5	-0.046	-3.08
0.	6 -0.51	36.24	2.1	2.4	97.6	-0.024	-3.73
0.	4 0	40.28	2.4	0	100	0	0

Table 5.1. The treatment of data from one food sample (AKL). The plot of Log X against Log Y is given in Fig 5.1.

X = "Mesh" size; Yv = Volume retained; Yv% = Volume % retained ; Yc% = cumulative volume % passing (100 - Yc) Yr = Cumulative volume % retained (Log 100/Yr); Y = 100/Yr.



Figure 5.1. A plot of Log X against Log Y of the data given in Table 5.1. Using a least squares method the value for the slope b was found to be 2.13. Substituting Yc% = 50%, the value for the median size, S_{30} was 2.80. The R² value for the regression was 0.996.

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Number of chewing strokes to swallow

For the left and right side of each subject, the number of chewing strokes required before swallowing was calculated as a function of the rate of the chewing time (s) and the swallowing time (s). The number of chewing strokes before swallowing was substituted for N in equation [2] to calculate an estimation of the median particle size at the time of first swallowing.

Data Analysis

A set of data was prepared in which the variables for left and right sides of the same subject were paired, so that within-subject associations could be examined (for paired data, n = 25). The paired values were calculated using the general formula;

Percentage Left = Left x 100

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(Left + Right)
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A second data set including both left and right side values was used to investigate associations between variables (for un-paired data, n=50). Non-parametric tests were used to investigate differences, and correlation between variables. A stepwise selection of variables was used to examine the combined effects of occlusal contact area, chewing side preference and swallowing time on the median particle size.

RESULTS

The sample mean for the median particle size after 10 chewing strokes, was 2.58mm (sd 0.61); after 20 chewing strokes it was 1.82 mm (0.45). The mean slope b of the Rosin Rammler function was 2.43(0.44) for 10 chewing strokes and 2.92

(0.51) for 20 chewing strokes. The difference in the slope between 10 and 20 chewing strokes was significant (P < .001). The mean of the correlation coefficients R, of the least squares method for line fitting to the Rosin-Rammler function was 0.994.

From equation (2), the mean value for the rate of particle size reduction, d was - 0.52 (0.22), and for the fictive original particle size c, was 10.08mm (6.62). The mean value for the particle size calculated after 15 chewing strokes ($S_{50}15$) was 2.08mm (0.48).

The mean time to swallow was 11.4 seconds with a range from 4 to 25 seconds. The mean cycle time was 0.86 (0.11)s. The mean value for the median particle size at swallowing was 2.74 mm (1.05). The average area of tight occlusal contact was 4.5 mm^2 and for intermediate contacts was 25.7 mm² (Table 5.2).

Table 5.2. Summary statistics of unpaired data derived from left and right sides of each subject.

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OCCLUSAL AREA		F	PARTICLE	SIZES	-	SWALLOWING		CHEWING	
Variable:	tight	inter	size10	size20	size15	sizesw	time	cycsw	pref
Sample	52	52	52	52	52	52	52	52	52
Average	5.32	27.74	2.60	1.80	2.10	2.74	11.57	9.98	50
Std dev	6.25	20.75	0.61	0.43	0.48	1.04	4.00	3.69	28
Minimum	0	2.68	1.3	1.06	1.16	1.35	4	3.48	1
Maximum	31.33	91.39	4.21	3	3.45	7.26	25	20.5	99
Range	31.33	88.71	2.91	1.94	2.29	5.91	21	17.02	98

Paired Data - within subject: left right ratios

The mean values for the left right ratios of each variable were all close to 50% (Table 5.3). The standard deviations varied from 4.71% for $S_{50}15$, to 25.45% for tight occlusal contacts.

Negative correlations (P<.001) were found between intermediate occlusal contact areas and the median particle size, after 15 chewing strokes (coeff -0.59) and at swallowing (coeff -0.58) (Table 5.4, Fig. 5.2). A weaker correlation was found between occlusal contact area and the rate d of particle size reduction (coeff - .31, P = .06). A positive correlation was found between swallowing time and the median particle size calculated for 15 chewing strokes (coeff .43, P <.05).

Table 5.3. Summary statistics of paired data derived from the values for each subject, expressed as a percentage of the ratio of the left to the right chewing side.

	OCCLUSAI	LAREA		PARTICLE	S SIZES	1 0	SWALLO	OWING	CHEWIN G
Variable:	tight	inter	size10	size20	size15	sizesw	time	cycsw	pref
Sample size	26	26	26	26	26	26	26	26	20
Average	55.18	51.20	49.09	49.09	49.13	48.74	52.16	52.54	50
Std dev	22.63	14.40	5.43	4.93	4.62	7.75	7.67	7.81	2
Minimum	4.85	23.82	39.57	36.67	37.85	32.69	37.5	37.5	1.1
Maximum	100	83.66	61.02	58.69	59.26	72.35	66.67	66.67	95
Range	95.15	59.84	21.45	22.02	21.41	39.66	29.17	29.17	98

_	tight	inter	size15	pref	time	sizesw
tight						
inter	0.40	•	•	•		•
size15	-0.32	-0.59		•		
pref	-0.01	-0.00	-0.29		- œ	÷
time	-0.10	-0.14	0.42	-0.22		
sizesw	-0.14	-0.57	0.54	-0.26	-0.15	
cycsw	-0.17	-0.16	0.43	-0.28	0.96	-0.14
tight inter size15	= tight oc = interme = median	clusal conta diate occlus particle siz	act areas sal contact e after 15	areas		
pref	= preferen	nce for chev	wing on the	e left side		
time	= number	of seconds	of chewin	ng required	before sw	allowing

Table 5.4. Spearman rank correlations for paired data, N = 25.

Unpaired data- between subject

A similar pattern of associations were found between the variables in the unpaired data set but the coefficients and levels of significance were all reduced (Table 5.5, Fig. 5.3). No significant correlations was found between occlusal contact areas, nor the chewing side preference and any other variable expressing chewing efficiency (Table 5.5). Correlations between variables such as the median size at swallowing and the number of chewing cycles at swallowing were expected as they were interpolated from the common variable, swallowing time.

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Figure 5.2. A plot of the paired data for functional occlusal contact area and the particle size, both expressed as percentages of the left to right ratio. The correlation coefficient was - .59 (P < .001).



Figure 5.3. A plot of the functional occlusal contact area and particle size after 15 chewing strokes for the unpaired data set. The correlation coefficient was -.35 (P <.01). One of the outlier plots was of the subject NR.

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In view of the apparent association between more than two independent variables, a stepwise selection was used to develop a model which would express the relationship between particle size, chewing time, occlusal area and chewing side preference. The independent variable chosen first was the median size, calculated for 15 chewing strokes ($S_{50}15$). The regression model with best predictive value had the following function;

$$S_{50}15 = 60 + 0.13$$
(time) - 0.22(inter) - .17 Log(pref)

where *time* was the swallowing time, *inter*, the intermediate occlusal contact area and *pref*, the chewing side preference. The \mathbb{R}^2 (adjusted) value for this regression was 0.54 for the paired data and 0.21 for the unpaired data (Fig. 5.4).

Table 5.5. Spearman rank correlations for unpaired data , N = 50

	tight	inter	size15	pref	time	sizesw
	WI	EST	TEI	RN	C.	AP
tight				•		•
inter	0.41		•			
size15	0.04	-0.20	•			
pref	0.00	-0.04	-0.07		•	
time	-0.10	0.01	0.27	-0.17	•	
sizesw	0.12	-0.26	0.65	-0.04	-0.39	
cycsw	-0.05	0.10	0.14	-0.15	0.90	-0.49
cycsw	-0.05	0.10	0.14	-0.15	0.90	-



Figure 5.4. The predicted and observed values from a regression model for the paired data. Particle size was the dependent variable and occlusal area, swallowing time and chewing side preference were independent variables. The adjusted R^2 value for the regression was 0.54.

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DISCUSSION

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Method

The texture of natural foods such as carrots, peanuts and almonds cannot be standardised. Edlund and Lamm (1980) proposed using pellets made from a silicon impression material, and this material was successfully used in several subsequent studies by other authors. During the last ten years the tear strength of silicon impression materials has improved to the extent that current impression materials are too tough to be used as a test food unless their properties are altered by the addition of certain additives (Slagter et al, 1993). Almonds were therefore chosen for this study, by default, and preferred to other foods for the clear outline of the fractured particles.

The assumption made in the calculation of the particle volume, that particles were all spherical, is clearly unfounded but for practical purposes it appeared to satisfy the basic premise of the Rosin-Rammler function. The plot (Fig 5.1) showing the relationship between "sieve" size and particles "volume" is a straight line with a good fit, and was typical of the sample. It therefore seems that it may not be necessary to weigh food particles in the determination of particle size, if two dimensional measurements can be made using image analysis. A recently published study by van der Bilt et al (1993a) establishes the reliability of the imaging technique in comparison to sieving methods.

Accuracy in measuring chewing efficiency is best assured by making several observations from each individual with a range of chewing strokes. In this study only two observations for each individual were made, after 10 and 20 chewing strokes. It appears however that this procedure was accurate enough to reveal differences in particle size between the left and right chewing sides of the same individual; when these differences were expressed as a ratio, a strong negative correlation was found with the ratio of intermediate occlusal contact area (Table 5.4).

The calculated value for the median particle size after 15 chewing strokes appeared to be more representative than the two variables from which it was derived. This confirms the validity of the observation of Olthoff et al (1984) that particle size reduction during chewing can be expressed as a power function of the number of chewing strokes [2]. The gradient of this function, that is, the rate of particle size reduction, did not in this study, emerge as a reliable measure of chewing efficiency, judging from the lack of association with other variables. This finding was also the experience of Lucas and Luke (1985) and van der Bilt et al (1993b).

The mean rate of particle size reduction calculated from equation [2] was 0.52, which is comparable to other studies using a silicon test food. The mean value in the study by Olthoff et al (1984) was 0.56, and 0.63 was the value calculated by van der Bilt et al (1987). The disadvantage of using natural food in this study was evident in the large standard deviations, both for median size and rate of reduction (Table 5.3). Olthoff et al (1984) found that the standard deviation of the particle size reduction rate for nuts was higher than the artificial test food and therefore confirmed the limitations of natural test foods. However, in the two studies previously mentioned in which an artificial test food was used, the sample size was in both cases less than 10 subjects. It may be that there is in fact a wide variation in chewing efficiency between individuals who have complete dentitions.

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Swallowing time

Swallowing time was associated with particle size in both the paired and in the unpaired data set. A possible interpretation is that subjects whose chewing efficiency is poor, chew for longer before swallowing. This process does not appear to compensate entirely for their reduced efficiency as the estimated particle size at swallowing did not approach a common value for the sample, the standard deviation being 1.0mm. This finding resolves some apparent contradictions between previous studies. One conclusion has been that individuals with reduced dentitions compensate by chewing for longer (Luke and Lucas 1985, and Helkimo et al 1978). Another conclusion is that such individuals do not compensate, but swallow larger particles (Yurkstas 1965). The results of this study indicate that both findings are true. Subjects with reduced occlusal area, do chew for longer before swallowing, but not long enough to completely compensate for their reduced efficiency. The swallowing time presumably depends on factors other than particle size, such as the consistency and water content of the food, saliva flow and lubricative quality, habit and level of hunger.

Occlusal Contact Area

The paired data compared one side with the other in each subject. Correlation between occlusal contact area and particle size indicated that chewing was more efficient on the side where there was a greater occlusal area. This is consistent with general statements relating the state of the dentition to chewing efficiency which were made by Yurkstas and Manly (1949) and subsequently confirmed in many other more recent studies.

A significant correlation with particle size was found with the intermediate occlusal contact area (between 0.2mm and .45mm inter-occlusal distance) and not with the tight occlusal contact areas (less than 0.2mm inter-occlusal distance). There is evidence that the masticatory apparatus of mammals, only fulfils its functional requirements after the enamel cusps have worn off (Osborn and Lumsden 1978). Such

occlusal wear tends to increase the broad areas of tooth contact. The present study tends to support the superior value of broad intermediate tooth contact areas over smaller areas of tight intercuspation, and thus indirectly confirms the advantages of tooth wear. This information contributes to the weight of evidence, which is beginning to challenge the traditional assumptions that "ideal" cusp morphology should reflect the features of an unworn dentition (Owen, 1985).

The subjects in this study were without signs or symptoms of dysfunction and had not lost any teeth. However the data for one subject (NR) showed that on the right side there appeared to be some difficulty in chewing (Fig. 5.3). The right side was usually avoided (preference was 2%), the chewing time before swallowing was 25 seconds and the median particle size, was 4.21mm after 10 chewing strokes; these latter variables being maxima for the entire sample. The occlusal contact area on the right side was 10.3 mm², lower than the mean but still within a standard deviation of the sample mean. Many other subjects had smaller occlusal contact areas but better chewing efficiency. In such a comparison occlusal contact area does not seem to be a decisive factor. However NR clearly performed better on the left side, when compared to the right, perhaps with the assistance of approximately double the occlusal contact area.

This subject illustrates that when the left and right sides in the same subject are compared, occlusal contact area is strongly associated with chewing efficiency. Yet when subjects are compared, occlusal contact area is not a good predictor of chewing efficiency. There may be other, even more decisive factors which are perhaps constant within an individual but emerge as decisive differences between the chewing efficiency of individuals.

There is evidence which points to the identity of these other factors which were controlled for in paired data sets but uncontrolled in the unpaired data set. Luke and Lucas (1983a) identified two different processes in chewing, selection and breakage. Selection involves the movement of a food particle onto the occlusal table and its exposure to opposing tooth surfaces. The chances of any food particle being selected decrease as the particle becomes smaller, but the probability remains constant within an individual; there is however considerable variation between individuals, and this has been attributed to at least two factors, the movement of particles, and occlusal area (van der Glas et al 1985, van der Bilt et al 1987). The skill in moving food particles would be reasonably constant within an individual, and not influenced by chewing side. But the availability of accessible areas of tooth surface does vary from one side of a subject to the other. Within individuals then, differences in occlusal contact area produce noticeable differences in the chewing efficiency. Lambrecht (1965) showed that the chewing efficiency of a patient's denture could be improved by increasing the occlusal contact area. But if chewing efficiency between denture wearers is compared, it varies even though each patient has the same occlusal contact area, and is noticeably reduced in comparison with dentate individuals (Yurkstas 1965). When the chewing efficiency of individuals is compared, differences in food manipulation may be more powerful determinants of selection than occlusal area.

Breakage involves the fracture of food particles and is thought to depend on tooth morphology, chewing force and mandibular movement (van der Bilt et al, 1987). These factors may be reasonably similar when comparing left and right sides of the

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same individual. However it is clear that between individuals there is considerable variation in bite force and jaw movement. Denture wearers cannot exert the same bite force as dentate subjects and this may then diminish their ability to break up food particles and account for their comparative inefficiency when compared to dentate subjects (Haraldson, Karlsson and Carlsson, 1979).

It may be possible to measure breakage directly by recording the rate of particle fragmentation in a subject (van der Bilt et al 1987). The rate of fragmentation may be independent of particle size, in which case mathematical simulations of chewing may be valid (Lucas and Luke, 1983b; van der Bilt et al, 1987). If it is not the variable becomes a complex one which must be made for several sizes of particles (van der Glas et al, 1985;1987).

The significance of occlusal area in chewing efficiency will only be determined when a model for chewing efficiency can be constructed which incorporates factors which determine both selection and breakage of the food. It appears that these factors would include tooth morphology, jaw movement and bite force. This study may not have been able to place occlusal contact area in its proper perspective, because although the subjects had a wide range of occlusal contact areas, they may have all been adequate for efficient chewing. The importance of occlusal contact area may emerge in its true perspective when the sample contains patients with malocclusions or reduced dentitions (Omar et al, 1987; van der Bilt et al, 1993c).

There is little evidence available about the chewing efficiency of subjects who are completely edentate, although in a deprived society there are many people, who are edentulous but unable to afford dentures (Wilding and Osman, 1990). My

impression, of such patients has been that they have claimed to manage most prepared foods quite well but had difficulty with nuts and raw vegetables. In such circumstances it seems likely that the hard palate and tongue are recruited into a more active role in mastication.

Chewing side preference

The lack of association between occlusal contact area and the preferred chewing side was reported in a chapter 4. The correlation between particle size and chewing side preference was not significant although preference was selected as a component of the model for predicting particle size. The negative coefficient indicated that particle size tended to be smaller on the preferred side. While the influence of preference on chewing efficiency is therefore inconclusive, it may be a reflection of some more decisive variable in chewing. Chewing side preference is associated with certain characteristic types of jaw movements (Wilding and Lewin, 1991). It is therefore possible that there is some association between chewing efficiency and jaw movements. According to the predictions of both van der Glas et al (1987) and van der Bilt et al (1987) particle breakage may well be a function of bite force and mandibular movement. These possibilities are pursued in the next chapter.

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CONCLUSIONS

- 1. Image analysis appears to be a suitable means of measuring particle size.
- Subjects with reduced chewing efficiency spend longer chewing, but still swallow larger particles.
- Broad areas of intermediate occlusal contact appear to contribute to chewing efficiency more than few tight contact points.
- Occlusal contact area is a good predictor of chewing efficiency in an individual but cannot account for differences in chewing efficiency between individuals.

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Optimal jaw movements based on chewing performance.

SUMMARY - Chewing performance is an expression of the functional capacity of the jaws and teeth. In the previous chapter, the variation in chewing performance could not be explained by differences in occlusal contact area. I therefore decided to investigate the possibility that chewing performance might be associated with certain patterns of jaw movement. Data from the two previous studies using the same subjects, were analyzed using a stepwise regression to select variables of jaw movement which could predict chewing performance. A multivariate model with an R^2 value of 0.79 (p < 0.000) was generated with particle size and as the dependent variable. Eight components of jaw movement made up the independent variables. Some of the more dominant variables in the model were those which describe a wide, bilateral chewing cycle with a predominantly lateral path of closure. Another powerful predictor of efficient chewing was a smooth flowing movement with minimal changes in velocity. The inclusion of occlusal contact area into the model did not enhance its predictive capability. It was concluded that selected jaw movement variables were significant determinants of chewing performance, and therefore could contribute to developing a baseline for normal masticatory function.

INTRODUCTION

The masticatory system has been assessed by measuring jaw movement, muscle activity, occlusal contact and chewing performance (Ahlgren, 1966, and 1976; Gibbs et al., 1981; Lewin, 1985; De Boever and Adriaens, 1983; Woda, 1979; Yurkstas, 1965). However, when the masticatory system fails to function without pain, it is difficult to identify the extent to which structural or functional deficiencies may be active in the etiology. This may be because existing diagnostic systems lack specificity; they tend to include many false positives in the diagnosis which can lead to unnecessary treatment of the patient (Feine, Hutchins and Lund, 1988; Lund and Widmar, 1989). Poor specificity in diagnosis may occur because the accepted norms are not broad enough to allow for normal variation. A wide range of values for jaw movement, representations of occlusal contact and chewing performance was found in subjects without a complaint, but it has not been possible to determine a range for each of the variables which is compatible with either minimal or optimal function (Wilding and Lewin, 1991a; Wilding Adams and Lewin, 1992; Wilding, 1993). As the jaws and teeth are intimately involved in the function of chewing, it seemed worthwhile to determine a range of values for jaw movement and occlusion, within which effective chewing was possible. The values which contribute to the greatest performance should be the most optimal for the system. I therefore decided to use chewing performance as a determinant of optimal values for jaw movement so as to develop baseline data necessary for the diagnosis of masticatory dysfunction.

MATERIALS AND METHOD

The same subjects were used for the study as participated previously. The sample comprised 15 females and 11 males with an average age of 27.3 years. None of the subjects had signs or symptoms of cranio-mandibular disorders.

Jaw Movement, side preference, occlusal contact and chewing performance,

The method for determining jaw movements, chewing side preference, occlusal contact area and particle size and has been described in chapters 2 through chapter 5. A graphical representation of the frequency distribution was used in addition to the computer analysis of jaw movement variables to examine the jaw movement data (Fig 6.1). Statistical analysis of the frequency distribution was used to describe the characteristics of the most frequented pathways during chewing (Fig. 6.2). The following variables were selected from the original 8 used to describe jaw movement in chapter 2.

Angle was the angle between the most frequented approach to the region of maximal intercuspation and the horizontal; the higher the angle near intercuspation, the flatter the chewing cycle would appear to be in the frontal plane.

Bimode was the percentage of rows in which a bimodal pattern in the frequency distribution was found; the higher the percentage the more separated would be the opening and closing pathways.

Mode percent was derived as a percentage of the total frequencies which was contributed by the highest frequency (the mode) for each level of the matrix; ; the higher the mode percent the narrower the movement pathway.

Area was the total area between the locations of the first and third quartiles for each row of the frequency matrix. It thus described the area, centred around the position of the median frequency, in which fifty percent of total the frequencies were found; the higher the area the more spread out the chewing pathway is.

Opening was the mean value for each cycle of the maximum degree of opening from initial intercuspation.

Sagittal area was the core area (inner 50 percentile) of the sagittal pathways; the higher the sagittal area the more protrusive is the chewing cycle.

Acceleration was the mean, of changes of velocity between successive grid positions of the matrix and was calculated using a program written by A. Lewin (Lewin *et al.*, 1991). The greater the standard deviation of acceleration, the more erratic or wandering the movement.

Cycle time was the mean duration in seconds of a subjects chewing cycles.

Data Analysis

A Spearman's rank correlation test was used to investigate association between the variables. A stepwise selection of variables was used to examine the combined effects of jaw movement variables on the dependent variable, particle size. By further trial and error a multiple regression model was developed to describe the relationship between chewing performance and jaw movement (SG Plus, Statistical Graphics Corporation, USA).



Figure 6.1 Chewing cycles viewed in the frontal plane. Time frequencies in each cell of the 40×40 matrix are represented by this histogram. The data were derived from 50 seconds of chewing on the right side. The highest peaks are in and around maximum intercuspation where the tracking device was recorded most frequently. The ridges represent well frequented movement pathways. The chewing performance of this subject (CH) was one of the most efficient in the sample (Table 6.4).



Figure 6.2. Diagrammatic representation of four variables which describe patterns of jaw movement. The a) series shows features which reflect the jaw movements of Fig. 6.1. and are associated with high chewing performance. The b) series of diagrams illustrates opposite values for the four jaw movement variables and reflect the jaw movements in Fig. 6.6.

Chapter 6. Optimal jaw movements

RESULTS

The mean particle size after 15 chewing strokes (*size*) was 2.10 mm (sd=0.47). A significant difference was found between the mean particle size of male subjects (1.88 mm, sd 0.39) and female subjects (2.24 mm, sd 0.47; p < 0.01). A correlation was found between particle size and time before swallowing (coeff 0.28 p < 0.05; Table 6.1). Hence subjects with poor performance (larger particles) tended to chew longer before swallowing than those with better performance.

There was a significant difference in jaw opening between males (11.4 mm) and females (9.4 mm, p < .001), and in cycle time (male, 0.92s, female 0.82s; p < .01). A weak association was found between size and int-contact (0.23, p = .06), but not with tight contact areas. Stronger associations were found between size and jaw movement variables, such as angle, (0.29, p < .01) and between time and opening (-.35, <.01) (Table 6.1). Many of the jaw movement variables were related to each other, notably those which describe the shape of the chewing cycle. Significant associations were found between *int-contact* and the sagittal area, (0.47, p < .001) and between acceleration and both angle and bimode (0.45; -0.41, p < .001).

A stepwise multivariate analysis helped to construct a model to describe the interactions between jaw movement variables and chewing performance (Table 6.2). The model comprised 9 independent variables, including an indicator variable, and had an adjusted R^2 value of 0.79 (p < 0.000). The predicted values for chewing performance were plotted against the observed values (Fig. 6.3). An analysis of variance test for the regression showed that some variables had a greater influence than others (Table 6.3).

	Size	Time	Accel	Cycle	Angle	Bimode	Area	Mode%	Open	S-area
Time	0.28"	i de la	-	-	-	π.	-	-	. ÷	-
Accel	0.23	0.18	-	-	-	-	-	-	-	-
Cycles	-0.26	-0.02	0.23	- ÷	-	-	-	-	-	÷
Angle	0.29	0.34	0.45***	0.07	-	-	=	-	-	-
Bimode	-0.35	-0.20	-0.41***	0.08	-0.34	-	-	-	-	-
Area	0.00	-0.18	-0.26	-0.01	-0.29"	0.50***	÷.,	-	-	-
Mode%	0.00	0.04	0.01	-0.00	0.29	-0.25	-0.55***	-	-	-
Open	-0.09	-0.35**	0.01	0.07	0.09	0.27	0.39**	-0.29*	-	-
S-area	-0.02	-0.15	-0.17	-0.01	-0.24	0.53***	0.65***	-0.48***	0.46***	-
Int- contact	0.23	0.02	-0.28*	0.13	-0.17	0.22	0.24	-0.08	0.23	0.47***

Table 6.1. Correlation coefficients between variables used to describe chewing performance and jaw movement.

Size, median particle size after 15 chewing strokes; Time, time taken in chewing before swallowing; Accel, mean change in velocity; Cycle, mean duration of the chewing cycle; Angle, angle between the pathway to centric and the horizontal; Bimode, double pathway of the chewing cycle; Area, area of the chewing pathway; Mode%, the breadth of the movement pathway; Open, the mean value for maximum opening; S-Area, the core area of the sagittal pathway; Int-contact, total area between 0.2mm and 0.45mm inter contact distance.

* = p < .05; ** = p < .01; *** = p < .001

Independent variables	Coeff.	Std. error
CONSTANT	0.205	0.317
OPENING	-0.626	0.245
ANGLE/OPENING	0.040	0.025
MODE PERCENT	-0.008	0.002
BIMODAL PATHWAY/PATHWAY AREA	-0.054	0.024
CYCLE * OPENING	0.782	0.292
ACCELERATION / CYCLE	0003	0.013
PREFERENCE	-0.001	0.00
Independent Dummy		
SUBJECT		

Table 6.2. Structure of the model relating chewing performance to jaw movements.



Figure 6.3. Plot of the predicted and observed values for chewing performance for each subject. The R^2 value for the regression was 0.79.

Table 6.3. Summary of the effect of increase in regression model variables on chewing performance. The level of influence was estimated from the F ratio of an ANOVA for the regression.

JAW MOVEMENT	AFFECT ON CHEWING PERFORMANCE	LEVEL OF INFLUENCE
Angle	decrease	
Bimodal pathway	increase	+ + +
Area pathway	decrease	
Mode percent	increase	+
Opening	increase	+ + +
Acceleration	decrease	
Cycle time	decrease	
Preference	increase	+ +

The difference between the predicted values and the observed values for chewing performance were calculated and these residuals plotted in order to study the performance of the model for each subject and to identify some of the outlying predictors (Fig. 6.4, Table 6.4).



Figure 6.4. Plot of the residuals and the predicted values for chewing performance. Large residuals such as KD indicate failure of the model to predict chewing performance with the same accuracy for all subjects (Table 6.4).

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	n = 52).	
side, for subjects who represented	median is for the entire data set (r	
on the right :	deviation an	
chewing	standard	2
vement data,	c. The mean,	
n of jaw mor	performance	
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ble 6.4.	ange of	
2	-	

IWVN	RESID.	SIMIT	SIZIE	NELIO	ANGLE	BIMODE	AREA	MODE	S.AREA	CYC/S	PRISF	ACCII.
IE	10:-	8	1.23	11.7	35.6	75.6	26.1	23.6	13.7	1.10	47	5.8
F	05	10	2.24	12.6	33.1	21.6	49.6	13.2	26.1	0.82	99	4.8
9	.13	10	2.83	10.4	44.8	75.6	34.3	22.7	12.0	0.52	11	3.1
II	.03	18	2.07	5.1	24.7	8.1	16.9	33.3	5.7	0.79	62	3.7
Ð	.07	19	2.37	9.9	73.0	1.0	15.0	20.8	11.4	16:0	12	1.9
ß	00	11.5	2.1	10.3	57.0	34.2	66.2	24.7	11.7	0.87	50.0	5.
pt	À	4.1	47	1.8	15.6	18.9	21.9	8.8	6.4	0.12	28.8	-
fod		10.1	1.9	10.1	57.6	28.5	67.4	23.5	2.6	0.87	44	4.

A significant contribution to the accuracy of the model was made by the indicator variable, *subject*, without which the R^2 value for the regression fell to 0.40. This variable was derived by allocating the same numerical code to the data from both left and right sides of each subject. Indicator variables help to show the main effects of a grouping of data in a regression model (Armitage and Berry, 1987). Differences between subjects therefore accounted for some of the variation in chewing performance. No improvement in the predictive accuracy of the model occurred by using the sex of the subject as an indicator variable.

The predictive accuracy of the model was not improved by including occlusal contact area as an independent variable, in spite of its weak correlation with particle size (Table 6.1).

DISCUSSION

The test food used to study jaw movement was a rather tough variety of wine gum. A tough food was chosen so as to make the chewing task challenging enough to bring out characteristics of movement which might not emerge if a test food were used which required little effort, such as chewing gum. The test food chosen to measure chewing performance was almonds. This choice was made because nuts fracture cleanly into particles whose size can be measured. Unfortunately neither test food is ideal for both purposes; it is likely that some variables of jaw movements observed during chewing nuts are not the same as those used for chewing tougher foods (Chew *et al.*, 1988). However, in a previous study significant differences in jaw

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movements were not found as bolus consistency changed during progressive chewing on the same food, which is an indication that certain characteristics of jaw movement are quite consistent for an individual (Wilding and Lewin, 1991).

The dependent variable

The association between particle size and swallowing time was observed by Yurkstas (1965) and confirmed by Wilding (1993) who reported that subjects with reduced performance compensate partly by chewing for longer but still swallow larger particles than those whose chewing is more efficient. The uncertain relationship between swallowing time and particle size makes it an unreliable indicator of chewing performance. Its correlation with several variables of jaw movement may be explained by the influence of fast moving well coordinated movement on the duration of the chewing cycle, and therefore indirectly, on the swallowing time. Swallowing time might provide a rapid and uncomplicated way of assessing chewing ability in a clinical situation where the necessary technology for determining particle size is either not available or not cost effective.

It has been suggested that the rate of particle size reduction is the most accurate single expression of chewing performance (van der Bilt et al., 1987; van der Glas *et al.*, 1987). However this calculation is a power function of both particle size and number of chewing strokes, expressed as a gradient, and is therefore particularly sensitive to less than three plotting points (Wilding, 1993). My calculation of this variable was made from only two observations, so is not as accurate as the calculation made by van der Bilt *et al.* (1987). This inaccuracy may explain the absence of any significant correlation between rate of particle size reduction and

variables of jaw movement.

The independent variables

Several variables of jaw movement were associated with chewing performance. Almost all these associations have been described in the literature on mastication, at least in qualitative terms. Ahlgren (1975) observed that the angle of contact glide is smaller in individuals with a normal occlusion. In this study the good predictors of chewing performance which describe the shape of the chewing cycle were the variables angle, bimode, opening and area. Angle describes the approach pathway to and from the intercuspal area, or angle of contact glide; when angle is low there is a lateral approach to intercuspation. This variable was not on its own, a reliable predictor of chewing performance. For example, both CH and JT had equally low values for angle but CH had a far better chewing performance (Table 6.4). There was a significant inverse correlation between angle and the variable bimode which reflects the frequency of two separate pathways of opening and closing. When the angle of contact glide was low there was a tendency for there to be two separate pathways to the cycle (Table 6.1). This was not always the case as is illustrated by the subjects CH and JT. Both of these subjects had low values for angle, but CH had a particularly high value for bimode while JT did not (Table 6.4). This difference was associated with the improved chewing performance of CH.

There was a significant correlation between *bimode* and *area* and between *area* and *mode%*. JT had a high value for *area* and a low value for *mode%*. This represents a large area of the chewing cycle and a lack of any well frequented

pathway. The values for each of these four variables reflect the actual appearance of the chewing cycle of both these subjects. The plot of the frequency distribution of CH reveals a circular pathway which follows a similar path on each cycle (Fig. 6.1). The plot for JT (Fig. 6.5) reveals a large area in which there are a variety of pathways.



Figure 6.5. Chewing cycles (right side) of a subject, JT with average chewing performance in spite of a low mode% value (13.2%) and a low bimode value (21.6%). The low value for these two variables is a reflection of the wide chewing pathway with litle evidence of a bimodal frequency distribution (Table 6.4).

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The appearance of both these subject's cycles fits the tear drop description often used to characterise the normal chewing cycle. Ahlgren (1966) classified this as Class I, while Pröschel and Hofmann (1988) classify this shape as type A, B and C, and Lewin (1985) as quadriphasic, having four main directional changes. Pröschel and Hofmann (1988) found this shape to be the dominant pattern in 193 patients. It is important to note however that the chewing performance of these two subjects was quite different, and that this difference was predictable on the basis of measurable features in the chewing cycle which are not easily detected by qualitative description and categorisation.

Subject BH (Fig. 6.6) had a low value for *angle* (Table 6.4), but was less than average in performance. The low performance of BH was accurately predicted, which indicates that other variables characteristic of poor performance such as the limited amount of *opening*, and the low *bimode* value were able to influence the final prediction towards a true reflection of chewing performance.

Several authors have suggested that a smooth, fast chewing movement may be desirable (Lewin, 1985; Evans and Lewin, 1986; Mongini and Tempia-Valenta 1984; Pröschel, 1987). In a sample of San, who are hunter gatherers in the Kalahari desert, Evans and Lewin (1986) found their mean cycle time was less than 0.5s per cycles, less than half that of the subjects in this study. In a recent analysis of their jaw movements using the model described here, it was predicted that the San's chewing performance would have been at least double that of this sample (Wilding R.J.C. Evans W. and Lewin A., unpublished).

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Figure 6.6. Chewing movement of subject BH, with poor performance but some of the qualities which would indicate better performance such as a very low angle (Table 6.4). A factor which may have been responsible for the accurate prediction (residual 0.04) is the reduced opening. This subject illustrates the need for a multi-variable model to express optimal jaw movement.

In this study, the smaller the *acceleration*, and the longer the durtation of the chewing *cycle*, the more efficient was the chewing. The subject HG had a particularly high value for *acceleration* and poor chewing performance which was accurately predicted (residual 0.07) (Table 6.4). The plot of the frequency distribution for HG (Fig. 6.7) shows an area in the chewing cycle where the incisors appeared to hesitate before continuing. This pause in mid-cycle may have contributed to the high value for acceleration in this subject whose rate of chewing was average.

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Figure 6.7. Chewing cycles of a subject, with a poor chewing performance on the right side (HG). The acceleration in this subject was particularly high, indicating erratic and jerky movement. The small peak to one side, indicate a particular position during movement where there appeared to be repeated hesitation, and may represent some mechanical derangement of the joint movement which was subclinical.

The association of a large sagittal area of movement with broad tooth contact area was predicted by Mills (1955). He described a mesiolingual movement on opening which he termed the lingual phase of occlusion, the effect of which was to extend the phase of tooth contact thereby increasing the triturating effect of the chewing cycle. A strong correlation was found between *sagittal area* and *int-contact* (coeff. 0.48, p < .001), which may reflect the need for a broad area of tooth contact in order to extend the phase of grinding in a mesiolingual direction. Interestingly,

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neither of these variables had a predictive influence on chewing performance. A significant relationship between occlusal contact area and chewing performance has been found by several authors (Yurkstas, 1965; Helkimo, Carlsson and Helkimo, 1977; Luke and Lucas, 1985; Omar, McEwen and Ogston, 1987; van der Bilt et al. 1993) The absence of occlusal contact area in the model derived in this study may be because every subject had at least some useable opposing occlusal surfaces. However there was a considerable variation in contact area, both within and between subjects (mean 38.6 mm², sd 26.9 mm²) and a weak correlation was found with particle size, so its failure to emerge as a contributor to the model is perhaps unusual (Table 4). The occlusal contacts measured in this study were derived from an interocclusal record of an afunctional jaw posture. Since there is no way of knowing whether the sets of contacts registered are indeed those used during the comminution of the test food it can only be assumed that they may represent areas of potential contact of opposing occlusal surfaces. Hence these occlusal contact areas are more correctly described as "potential occlusal contacts." These representations may be so far from the actual tooth approximations during chewing that they are ineffectual and irrelevant to the chewing process. The role of occlusal contact area is clearly of vital importance when it is significantly diminished, but it does not seem of any benefit to have the maximum possible occlusal contact area in the posture where maximum intercuspation occurs.

Variations in skeletal or occlusal morphology were not recorded in this study, both of which might have influenced masticatory ability. However, Ahlgren (1966) wrote ".. although a case with "normal" occlusion usually has a more regular chewing pattern than a case with malocclusion of the teeth, there is no direct relationship between movement pattern of the mandible in mastication and occlusion of the teeth. Many other factors such as personality, temperament, social environment and food selection are probably more decisive in the formation of the individual chewing pattern than the occlusion of the teeth." Further studies are necessary to determine the degree of malocclusion, at which, chewing performance becomes dependent on occlusal contact area. It will also be necessary to devise means of evaluating the extent to which individuals exploit potential tooth contacts as they are required, when these contacts are not represented by an analysis of maximum intercuspation.

The model was able to predict 79 % of the variance between subjects but for some subjects it was clearly less accurate. The difference between the observed and predicted chewing performance for KD was one of the highest in the sample (Table 6.4). Most of the values for KD's jaw movements were within a standard deviation of the mean, and hence an average chewing performance was predicted, but in fact, KD's chewing performance was one of the worst in the sample. KD's values for *cycle*, were unusually low, indicating a fast rate of chewing. The coefficient given to cycles in the model had insufficient weight to predict a poor chewing performance for KD. It is possible that if the sample size was larger there would have been more individuals like KD and the coefficient for *cycles* would have been larger. It is also possible that an important variable in determining chewing performance is missing from the model, which then would not improve however large the sample. There were several areas in the chewing cycle where pauses were common. These pauses are noticeable in the plot of the frequency distribution for KD (Fig. 6.8). They are similar

to the pause seen in the subject HG (Fig. 6.7) although high values for acceleration were not a feature of KD's chewing (Table 6.4).

The indicator variable

The improved chewIng performance of males, in comparison to female subjects may have resulted from at least two factors. Firstly it has been shown that for similar levels of EMG activity, males generate a higher bite force than females (Visser and Ruke, 1974). An increased bite force may contribute to an increased rate of breakage of food particles. However, there is evidence that the forces generated during muscle contraction are well in excess of those required to break up the food (Slagter *et al*, 1993); these authors note that peak forces generated during mastication are poorly related to the reduction in particle size during chewing, and suggest that muscle force not used in food breakage may be available for maintaining an un-interrupted chewing rhythm. Males were found to have a wider jaw *opening* and shorter cycle time than females, which would require the application of increased muscle power throughout the entire cycle and not necessarily involve the use of greater maximum force. Gender differences in the sample to did not contribute to the regression model and this could have been because they were already expressed in the variables *opening* and *cycles*.

A second possibility which might explain sex differences in chewing performance is that females chew more slowly with more limited opening than males because of social conditioning. Some Eastern cultures encourage females to adopt a quite spoken voice, restrained laughter and a composed facial expression. Wide

vigourous chewing, such as males may be comfortable with, is not commonly observed in females of such cultural background.



Figure 6.8. Chewing cycles (right side) of a subject KD with an average value for most variables except cycle, but a poor chewing performance which the model did not predict with the same accuracy as other subjects (Table 6.4). An unusual feature is several zones of high frequency far from the intercuspal position indicating a repeated hesitation during each chewing cycle at similar jaw positions.

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The role of the indicator variable subject, provides some clue as to the influence of the individual in the model. In a previous study of chewing performance and occlusal contact area, a set of data was prepared which expressed all variables as a proportion of left and right sides of each subject (Wilding, 1993). Only when this was done was an association found between the ratios of left to right chewing performance and left to right occlusal contact area. It was concluded that there was some factor, common to both chewing sides, which was controlled when the data was paired. The role of the indicator variable in this study seems to confirm the existence of an unidentified variable, common to both chewing sides of an individual. It has been shown in previous chapters that jaw movements, chewing performance, occlusal contact area and chewing side preference are not side similar. Each of these variables therefore has a separate interaction with others in a set of data in which left and right sides are pooled. It is therefore possible that a variable which is common to both left and right sides of the individual is the missing factor in the model of this study, expressed by the indicator variable subject. There is great variation in the muscle power (integrated EMG) used by individuals during chewing, although little difference between left and right chewing sides or between males and females for submaximal levels of effort (Ahlgren, 1966; Visser and Ruke, 1974). During clenching, the muscle power and bite force are asymmetrical, although clenching involves greater power than chewing and thus may reveal side differences which are not found during chewing (Pruim 1979; Naeije, McCarrol and Weijs, 1989). Muscle power may be found to explain the weight of the indicator variable subject, and to replace it in a model of chewing performance which will bring outlying predictions

like those of KD closer into the model. Ahlgren (1966) reported that greater muscle activity is developed in "grinders" than in "choppers". In view of the strong association in this study between "grinders" and performance, the next chapter will investigate the possibility of determining optimal values for muscle activity based on chewing performance.

Optimal jaw movements

Efficiency in a system may be described in engineering terms as an inverse function of the useful output and the input, so efficiency improves as the useful output increases or as the input decrease (French, 1988). Efficiency is thus a ratio and not an absolute quantity of work done. The commonly used term "chewing efficiency" is therefore inappropriate because it makes no reference to the input of the system but refers only to the useful output, more accurately described as chewing performance. Chewing performance is dependent on two processes, food selection and breakage (Lucas and Luke, 1983). If it were possible to measure the glucose utilisation of the masticatory muscles during chewing, and thus the chemical energy expended in the chewing process, the ratio between input and useful output could be calculated. Energy wasted in non-useful output would occur in the form of heat generated during muscle activity (French, 1988). Energy would also be lost in nonuseful work done overcoming the inertia of the jaws, and the resistance of soft tissues to movement, and in bracing the jaw against the temporomandibular joint surfaces while biting. This non-useful mechanical work of chewing could be reduced by well coordinated movement, and skill in selection and breakage of food.

In contrast to this concept of efficiency, chewing performance is a measure of useful work done. This is clearly dependent on both the amount of energy available and the efficiency with which it is converted into useful work. Well coordinated jaw movement would enhance performance because there is an efficient use of muscle energy. The importance of efficiency in achieving high performance is clearly illustrated by the distance achieved in the tee shot of top class female golfers. It is likely therefore that chewing performance is determined by several factors, the level of biting force available, some critical amount of occlusal contact area, and the efficiency of the processes of selection and breakage of the food.

I believe that the characteristic of jaw movement which improve chewing performance must be the most efficient and therefore optimal. By this definition, optimal masticatory movements are characterised by a smooth-flowing, fast chewing cycle which moves in an open loop following the same pathway on each cycle, with a lateral approach to and from positions of tooth contact (Fig 6.2a). It must be stressed that there is a wide range of values for jaw movement variables compatible with health; no single jaw movement variable on its own is a determinant of optimal function.

CONCLUSIONS

- Chewing performance may be predicted by a model consisting of several jaw movement variables.
- 2. Jaw movements which contribute to a high chewing performance may be more efficient than those which do not. On this basis, certain characteristics of jaw

movement may be defined as optimal.

 The minimal requirements for occlusal contact area and muscle power still have to be determined.

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Chapter 7

EMG activity and chewing performance

SUMMARY

In this study, the relationship between chewing performance (test food particle size), derived from the same subjects in a previous study, and EMG activity was investigated with a view to developing optimal values of EMG variables, based on their ability to predict chewing performance. Electrognathograph (EGN) and EMG recordings from surface electrodes over the masseter muscles, digastric and anterior temporalis muscles, were made from 24 subjects while they chewed a hard fruit gum.

A negative correlation was found between the food particle size and masseter RMS (-0.48 p<0.01). Positive correlations were found between particle size and the asynchrony of ipsilateral and contralateral anterior temporalis muscles (0.36 p<0.05). A multiple regression model of EMG and EGN variables was able to predict chewing performance with an R² value of 0.66. If chewing performance is used as an output measure of masticatory function, it is possible to determine optimal ranges for EMG variables and jaw movements.

INTRODUCTION

Chewing requires two main processes, selection and breakage (Lucas and Luke, 1983). Selection involves the manipulation of unreduced food particles onto occluding tooth surfaces by movements of the tongue, jaws, lips and cheeks. In monkeys, movement of the tongue and lips not only help select food but also influence the shape of the chewing cycle (Hiiemae, Hayenga and Reese 1994). Some aspects of jaw movement in humans, are fair predictors of chewing performance (Wilding and Lewin, 1994). Jaw movement is not produced by any single muscle, but is effected by a variety of synergistic combinations of functioning units within several jaw muscles (Thexton and McGarrick, 1994). For any particular bite force and direction there are certain combinations of muscles which generate the force most efficiently (Osborn and Baragar, 1985). The relation between muscle activity and jaw movement is therefore complicated by the large number of distinct units in each masticatory muscle, which can function independently of one another (Schumann et al 1994). While the bite force vector generated at a particular tooth by even the smallest physiological unit can be theoretically determined, the number of possible interactions with other units makes it difficult to predict jaw movement on the basis of EMG activity recorded with a few surface electrodes. In spite of this complexity, associations have been found, for example between lateral grinding movements and contralateral jaw muscle activity (Hannam and Wood, 1981; Wood, Takada and Hannam, 1986; Hylander, Johnson and Crompton 1987).

Claims have been made for the value of EMG recordings in the diagnosis of

dysfunctional movements and activity in TMD (Cooper and Rabuzzi, 1984; Ash, 1986; Naeje and Hansson, 1986). In a review of this literature, Lund and Widmar (1989) concluded that as yet there was not adequate normal data to support the use of EMG recording in the diagnosis of dysfunction. Diagnostic tests require a substantial baseline of both normal data, and a reliable gold standard of disease, to allow predictions to be made with acceptable levels of accuracy, precision, sensitivity and specificity (Douglas 1993). The purpose of this study was to determine whether chewing performance could be used to identify an optimal range of muscle activity. This data might define a useful baseline against which putative muscle dysfunction could be compared. In addition it was hoped to find evidence of an association between optimal muscle activity and optimal jaw movements derived from a previous study (Wilding and Lewin 1994).

METHOD

Sample

The same subjects were used for the study as participated in previous studies of jaw movement, and chewing performance (Chapters 5 & 6). The sample comprised 12 females and 12 males with an average age of 27.3 years. None of the subjects had signs or symptoms of cranio-mandibular disorders.

Data Capture

EMG recordings were made using surface electrodes over the posterior and anterior aspects of the ramus of the mandible, the region of the anterior temporal muscle and under the chin over the region of the anterior belly of the digastric muscles on each

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side of the jaws. Although these regions of sampling may not represent the activity of muscle defined in anatomical terms, the electrical activity sampled from these regions will be referred to for convenience as EMG of anterior and posterior masseter, anterior temporalis and digastric muscles. The subjects chewed on a hard fruit gum for 15 seconds on first the left and then the right sides. Incisal movements were simultaneously recorded in three planes using a Sirognathograph (Siemens, Benheim, Germany). The signals were digitised at 300 Hz and converted to ASCII files using Bio-Pak equipment (Bio-Research, Milwaukee, USA).

The data for vertical displacement were used to separate the EMG data into a series of chewing cycles. The mean duration for each chewing cycle was calculated and will be referred to as the cycle time.

Electromyography

A moving average of 20 data points was used to rectify and smooth each value using a root mean square calculation (RMS). For each contraction phase the RMS and peak value was calculated, and the mean values for all cycles found. The period during active contraction (burst time) was calculated for each closing cycle for the masseter and temporalis muscles. For each of the adductors, the integrated EMG (iEMG) was calculated for each closing cycle, and the mean found for the total period of recording. The iEMG was also calculated for the digastric data during jaw opening.

The difference between the iEMG for ipsilateral and contralateral adductors, was calculated for each closing phases and the mean calculated (Fig. 7.1a). This variable will be referred to as iEMGipco. A point along the time axis during each muscle

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burst was found, which equally divided the area under the smoothed and rectified curve. This point was used to define the midpoint of the burst. The difference between the midpoints of ipsilateral and contra lateral adductors was used to express the phase lag between contractions of the chewing and non-chewing sides, and will be referred to as LAGipco. From the manner in which the phase lag was calculated it follows that a negative value indicated that the ipsilateral mid-burst point, occurred earlier (lower time value) than the contralateral mid-burst point.



Figure 7.1 a). Rectified and smoothed EMG signals for one chewing cycle. The areas under the curve for the contra-lateral masseter (light shading) are superimposed over the ipsilateral masseter EMG. The variable iEMGipco represents the difference between these two areas. The time difference between the centre of each area is represented by the variable LAGipco.

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The difference between the integral of each adductor and the abductor (digastric) of the same side, during the adductor burst period was calculated. The result represented the nett adductor iEMG available for that muscle during closing (Fig. 7.1b). This variable will be referred to as iEMGnett.



Figure 7.1b) The area between the adductor (masseter and temporalis) and abductors (digastric) curves, during the closing phase reflects the nett adductor EMG and is represented by the variable iEMGnett.

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In view of the potential for voltage reversals to describe some of the characteristics of an EMG wave form, the number of turns and the mean turn interval was calculated after the method described by Junge and Clark (1993).

Statistical Analysis

Non-parametric tests were used in investigate differences between ipsilateral and contralateral chewing sides, gender differences and correlations between variables. A stepwise multiple regression was used to develop a model to predict particle size, using firstly variables derived from EMG data. A second model was derived using EGN in addition to EMG derived variables. All data were analyzed using Statgraphics Plus (USA) software.

RESULTS

The sample mean for the masseter EMG (RMS) during its active burst was 145.4 μ V (sd 60.8), and for the temporalis anterior it was 133.6 μ V (sd 55.7). The average value for the digastric RMS during the opening phase of movement was 53.8 μ V (sd 21.3). No significant difference was found between the anterior and posterior masseter RMS and these values were combined for future analysis.

The integrated EMG (iEMG) for ipsilateral and contralateral chewing sides were compared and a significant difference was found between their sample means for the masseter muscles (p<.001) but not for the temporalis or digastric muscles (Table 7.1).

The sample mean for the phase lag between ipsilateral and contralateral masseters mid-burst was 20.38 ms (sd 37.65) which indicates that the masseter burst on the

contralateral side usually occurred before the ipsilateral side. The sample mean for the phase lag for the temporalis muscle (-32.5ms sd 42.6) indicated that for temporalis, the ipsilateral mid-burst usually occurred before the contralateral side. A pattern similar to that of temporalis muscles was found for the digastrics muscles with a lag between the ipsilateral and contralateral sides of -15.6ms (sd 26.3).

The sample mean for iEMGnett (the nett adductor integrated EMG) for the masseter muscle was 27.0 μ V.sec (sd 24.2) and for the temporalis was 21.4 μ V.sec (sd 20.5). The mean duration of the burst period for the masseters was 149.2 ms (sd 100.9) and for the temporalis was 133.1 ms (sd 77.5). The sample mean for the average turn interval was 160.9 μ V (sd 45.1) for the masseter muscles and 155.9 μ V (sd 45.4) for the temporalis muscles.

Table 7.1. The mean integrated EMG (μ V) and standard deviation (SD) for ipsilateral and contralateral adductors during closing and the mean difference in integrated EMG (iEMGipco) and phase lag (LAGipco) for masseter and temporalis muscles. A negative value for LAGipco reflects an early contraction of the ipsilateral adductor.

	Masset	er (µV.sec)	Tempo	ralis (µV.s)	Digast	ric (µV.s)	LAGi	pco (ms)	4
	Ipsi	Contra	Ipsi	Contra	Ipsi	Contra	Mass	Temp	Dig
Mean	48.5	34.1**	42.9	36.0	21.5	19.8	20.3	-32.5	-15.6
S.D.	29.8	24.8	25.0	24.7	8.87	8.48	37.6	42.6	26.2

* = p < 0.05, ** = p < 0.01, *** = p < 0.001 for data in column to left.

Gender differences

The mean iEMG for temporalis was higher in females (51.1 μ V.s, sd 22.2) than males (34.8 μ V.s ;sd 25.4) (p< 0.02). The mean for iEMGnett (temporalis) for females (98.0 μ V sd 30.7) was higher than for males (72.9 μ V sd 37.2&, p<0.02) (Table 7.2).

Table 7.2. Sample means and standard deviations() for iEMG in males and females during chewing.

Mean iEMG 34.8μV.s (25.4)	51.1µV	
	(22.2)	
Mean iEMGnett 72.9µV (temporalis) (37.2)	98.0 μV (30.7)	•
sterisks indicate significant differences as for Table 7.1.		

Correlations between variables

Several EMG variables were found to correlate negatively with particle size. These included the RMS values for the masseter, temporalis and digastric muscles, and the masseter turns frequency. The highest correlation was found for masseter RMS (coeff -0.48, p<0.01). The variable iEMGipco for masseters also had a negative correlation with particle size (Table 7.3). A positive correlation with particle size was found with the LAGipco for temporalis muscles (coeff 0.36, p<0.05). The sample mean value for this phase lag was negative, indicating that the ipsilateral temporalis burst usually occurred before the contralateral burst.

	Particle size	Mass RMS	Mass iEMG	Mass iEMGnett	Mass iEMGipco	l emp LAGipco	Dig iEMG	Bimode	Angle	time
Particle size		***	V	*	*	*	*	*	*	•
Mass RMS	-0.48	[]	****	***	***	•	:		•	:
Mass iEMG	-0.33	0.94	F	****	***	*	:		:	•
Mass iEMGnett	-0.30	0.92	0.91		* *	*	:	•	•	•
Mass iEMGipco	-0.31	0.53	0.54	0.49	1		:			
Temp LAGipco	0.36	-0.38	-0.44	-0.42	-0.36	T	•		****	
Dig iEMG	-0.32	0.62	0.71	0.42	0.45	-0.33			•	•
Bimode	-0.41	0.27	-0.22	-0.32	0.04	-0.26	0.03		•	
Angle	0.46	-0.42	-0.44	-0.43	-0.17	0.53	-0.33	-0.4	~	
Cycle time	-0.34	0.39	0.37	0.33	0.24	00.0	0.32	0.11	0.04	

Table 7.3 Correlation coefficients for particle size, EGN and EMG variables.

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A negative correlation with particle size was found with the cycle time (-0.34 p<0.01). A positive correlation was found with ANGLE and particle size (0.46, p<0.001). Correlations were found between ANGLE and several EMG variables; the most significant being with LAGipco for temporalis (0.53 p<0.002; Table 7.3). No correlations were found between the RMS peak values for adductors and particle size. A strong correlation of 0.91 (p<0.001) was found between the turns interval for masseter and masseter RMS.

Multivariate models

A stepwise multiple regression was used to generate a number of models using EMG data as the dependent variables. It was possible to predict 44% of the variance of the vertical dimension of jaw opening from EMG variables (Table 7.4). The masseter iEMG and iEMGnett had powerful influences in the model . A model constructed to predict chewing cycle time had an adjusted R² value of 0.48 and was dominated by masseter iEMG and the duration of the temporalis burst.

The relationship between EMG variables and jaw movement patterns was revealed in a model in which ANGLE was the dependent variable. The components of the model for ANGLE were dominated by variables representing temporalis muscle activity.

The logarithm of the particle size was predicted with an adjusted R^2 value of 0.51 using EMG variables. The Masseter RMS, and iEMG and temporalis LAGipco were the dominant adductor variables. The model also included the digastric iEMG. (Fig. 7.5).

Table 7.4 The components of multivariate models with EMG data as independent variables. For each model the influence of each component is indicated by either + or - signs. The number of signs reflects the F-factor for adding or removing the variable from the model (one sign = 4 F-factor units).



Figure 7.2. A plot of the predicted values for particle size calculated from the EMG model (Table 7.4) and the observed values for particle size. Both scales are logarithmic. The R^2 value of the multivariate model was 0.51.

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A model containing both EGN data and EMG variables provided a more accurate prediction of particle size than either group on its own. This combined model had an adjusted R^2 value of 0.66 (Table 7.5, Fig. 7.3) The EMG components of the model included most of those selected for EMG alone and listed in Table 7.4. The EGN variables all had high coefficients in the model. A model consisting of just the three EGN variables, ANGLE, BIMODE and chewing time had adjusted R^2 value of 0.53

The addition of gender as an indicator variable raised the predictive accuracy of the combined EGN/EMG model to an adjusted R² value of 0.75. Indicator variables help to show the main effects of a grouping of data in a regression model (Armitage and Berry 1987).

Table 7.5 The components of a multivariate model with both EMG and EGN data as dependent variables with the logarithm of particle size as the dependent variable. The influence of each variable is denoted by plus and minus signs as for Table 7.4.

Independent variables	Influence
ANGLE	++
BIMODE	CAPE
Cycle Time	
Mass RMS	
Mass iEMG (log)	+ +
Mass iEMGnett	+
Temp LAGipco	+ +

INDICATOR gender

 R^2 adjusted = 0.66

 R^2 adjusted = 0.75 including INDICATOR variable





Figure 7.3. A plot of the observed values for particle size and those calculated from the EMG and EGN model excluding the indicator variable, gender (Table 7.5). The R^2 value of this model was 0.66.

DISCUSSION IVERSITY of the

A tough test food was chosen so as to make the chewing task challenging enough to bring out characteristics of muscle activity which might not emerge if a test food were used which required little effort, such as chewing gum. The test food which was used to measure chewing performance in a previous study of the same subjects was almonds. This choice was made because nuts fracture cleanly into particles whose size can be measured. Unfortunately neither fruit gums nor nuts are ideal for both purposes. Some variables of jaw movements, particularly vertical dimension, are

reduced when chewing nuts in comparison to tougher food (Chew *et al*, 1988). However chewing patterns and muscle activity were found to be similar when chewing either hard or soft gum provided the chewing rate remained constant (Bishop Plesh and McCall 1990). In a previous study significant differences in jaw movements were not found as bolus consistency changed during progressive chewing on the same food, which may be an indication that certain characteristics of jaw movement are quite consistent for an individual (Throckmorton and Dean 1994).

The masticatory muscles have different functional and electrophysical regions (Wood, Takada and Hannam 1986). The placement of just one pair of surface electrodes does not therefore represent more than the surface activity of a region. It therefore cannot be assumed that the electrodes used in this study were representative of the muscle name used to describe their position. Therefore the individual data from each electrode placed, represents only part of that muscle's activity, which could vary according to several factors. These include the size of the muscle, the site of electrode, the position, direction and magnitude of the bite, and the activity of other muscles (Moller 1970).

Two pairs of electrodes were placed over the area of the masseter muscle. No significant difference was found in the RMS, or integrated EMG between the two electrodes.

Asymmetry between ipsilateral and contralateral sides

Differences in the EMG activity between chewing and non-chewing sides have been reported by a number of authors (Ahlgren and Owall, 1970; Moller, 1970;

Stohler, 1986; Hannam and Wood 1981; Hylander, Johnson and Crompton, 1987). A positive correlation was found between the variable iEMGipco for masseters and particle size (Table 7.3). Thus small differences in integrated EMG of ipsilateral and contralateral muscles were associated with small particle size. These differences were expressed as a working/balancing ratio by Hylander, Johnson and Crompton (1987) who found that as the ratio approached 1.0 the amount of overall masticatory force during chewing increased.

Asynchrony between ipsilateral and contralateral sides

Differences in the mid-burst time of the ipsilateral and contralateral adductors have been reported (Moller, 1970; Hannam and Wood, 1981; Hylander, Johnson and Crompton, 1992). Our results confirm that the contralateral masseter reaches its mid burst point usually before the ipsilateral muscle (LAGipco is negative)(Table 7.1). On the other hand the mid burst point of the ipsilateral temporalis muscle usually occurred before the contralateral side (LAGipco positive), an asynchrony also observed by Moller (1970) and reported in posterior temporalis by Takada, Miyawaki and Tatsuta (1994). A negative correlation was found between the asymmetry of masseter muscles (iEMGipco) and the asynchrony of temporalis muscles (LAGipco) (Table 7.3). It is necessary to recall that LAGipco values were mostly negative; the lowest values therefore represent a long lag period between the ipsilateral and contralateral bursts. The subject CH, who had the highest chewing performance in the sample, illustrates symmetry of masseter and asynchrony of temporalis muscle contractions (Fig. 4a). These variables contributed to making an accurate prediction of particle size, with a residual of 0.09mm (Table 7.4).



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Figure 7.4a: The rectified and smoothed EMG signals for the ipsilateral (dark shade) and contralateral (light shade) adductor muscles during three chewing strokes on the left side. The displacements in the frontal plane of the mid-incisor point are traced above. a) The subject CH. The difference between ipsilateral and contralateral masseter curves (iEMGipco = 112μ V.s), and the phase lag between ipsilateral and contralateral temporalis muscles (LAGipco = -17.2ms) contributed to accurately predicting the superior chewing performance of this subject (Table 7.6).



Figure 7.4b: The subject KD. This figure is not drawn to the same scale as Fig 7.4a). The low mean RMS (65.0μ V), the co-activation of digastric (low iEMGnett), and the reverse synchrony of temporalis muscles (LAGipco = 9.8 ms), contributed to accurately predicting the inferior chewing performance of this subject (Table 7.6). The reversed sequence of the first two chewing cycles which approach intercuspation from the non-chewing side were reflected by a more vertical approach to intercuspation (ANGLE =75 degrees).

Early activity of the contralateral pterygoid muscles and the deep fibres of masseter during chewing have been related in monkeys and humans to a relative increase in laterally directed movement during the intercuspal phase of chewing (Wood Takada and Hannam, 1986; Hylander Johnson and Crompton 1987).

In most subjects the contralateral masseter burst preceded the ipsilateral burst (Table 7.1), but no correlation was detected between laterally directed movement (ANGLE) and LAGipco for masseter. However a relationship was found between ANGLE and the LAGipco of temporalis (Table 7.3). This positive correlation (0.53) indicated that lower angles of approach to intercuspation (ANGLE) were associated with an early ipsilateral contraction of the temporalis muscle. An additional predictor of ANGLE was the ipsilateral temporalis burst time (Table 7.4). In a previous study by Wilding and Lewin, ANGLE was found to be a strong predictor of chewing performance (Wilding and Lewin, 1994), it remained an influence in the statistical model containing both EMG and EGN variables (Table 7.5). These results suggest that asynchronous contraction of the anterior temporalis muscle contributes to a longer intercuspal period with improved chewing performance (Fig. 7.4).

The relative significance of temporalis activity as a determinant of chewing performance is suggested by Thexton and McGarrick (1994) who found that the temporalis muscles in the cat, were particularly active late in jaw closure after tooth contact with the bolus. Takada, Miyawaki and Tatsuta (1994) found that a longer duration of the posterior temporalis was a feature of chewing harder food. These observations, together with our findings confirm the suggestion made by Moller (1970) that a primary role of asynchronous temporalis contraction is to move the jaws through the intercuspal zone without necessarily exerting a high bite force. When high bite forces are required the masseter muscles become more active than temporalis muscles (Naeje, McCarrol and Weijs, 1989). In this role they may be contributing to food particle selection and placement, while adductors with greater mechanical advantage such as masseter and medial pterygoid provide the necessary breaking forces. The roles of adductor muscles are however clearly not circumscribed and are able to take over a secondary role when necessary. If one muscle is "knocked out" others are recruited to do the work (Miles and Madigan 1983).

Digastric co-activation

The adductor muscle activities were characterised by well defined bursts of activity during the closing phases of chewing cycles and relaxation during opening. While the activity of the digastric muscles peaked during opening there was considerable sustained activity throughout the cycle (Fig. 7.4). Miles and Madigan (1983) found that co-activation of the digastric muscle always occurred during isometric biting, but was modified by the level of force being generated by the adductors or by the expectation that the resistance to jaw closing may suddenly yield. It has been suggested that the co-activation of digastric during closing is the result of a separate pool of motor neuron activity concerned with control, rather than primary opening⁵. The digastric iEMG was found to be negatively correlated with particle size, indicating that digastric activity during opening, had a primary effect on particle size. Digastric iEMG also appeared in the various multivariate models, in particular in the prediction of maximum opening (Table 7.4).

Table 7.6 Averages and standard deviations for the sample data and values for two subjects selected from the top and bottom of the range of chewing performance. The residual is the difference between the observed particle size and the size predicted by the multivariate model. CHL has a large negative value for LAGipco indicating an early contraction of the ipsilateral temporalis muscle during closing.

Avg 2.10 0.00 0.81 54.8 28.6 145.5 53.9 88.4 2 SD 0.53 0.00 0.12 15.8 21.2 60.9 21.3 39.0 6 CHL 1.18 +0.09 1.10 53.9 67.6 262.1 82.1 164.1 9	Avg		(mm)	Cycle time (s)	Angle (deg)	Bimode (%)	Mass RMS µV	Dig RMS µV	Mass iEMGnett µV	Mass iEMGipco µV	Temp RMS µV	Temp LAGipco ms
xD 0.53 0.00 0.12 15.8 21.2 60.9 21.3 39.0 6 XHL 1.18 +0.09 1.10 53.9 67.6 262.1 82.1 164.1 9		2.10	00.0	0.81	54.8	28.6	145.5	53.9	88.4	2.7	133.6	-5.4
3HL 1.18 +0.09 1.10 53.9 67.6 262.1 82.1 164.1 9	D	0.53	0.00	0.12	15.8	21.2	6.09	21.3	39.0	6.8	55.8	7.4
	THE	1.18	+0.09	1.10	53.9	67.6	262.1	82.1	164.1	9.4	274.1	-17.2
CDL 2.98 +0.53 0.52 75.1 51.4 65.7 39.4 56.4 4	DL	2.98	+0.53	0.52	75.1	51.4	65.7	39.4	56.4	4.2	157.6	9.8

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The variable iEMGnett would have been influenced by the degree of relaxation of the digastric and the activity of the adductors. This variable correlated with particle size and appears as a components in the statistical model developed to predict particle size (Tables 7.4 & 7.5). Co-activation of digastric muscle provides some stiffness to the jaw movement which is protective (Miles and Madigan 1983). Our results suggest that if this protection is more than optimal, it is inhibitory to chewing performance. The subject KD who had a high mean particle size (poor chewing performance), and a low value for iEMGnett may reflect the influence of excessive co-activation (Table 7.6, Fig. 7.4b). Multivariate models for maximum opening and cycle time are both influenced by the nett adductor EMG of temporalis muscle (Table 7.5).

Gender Differences

No gender differences in the variables of masseter muscle were found, but the iEMG value for temporalis was significantly higher in females; this may have accounted for the increase value for temporalis iEMGnett in females (Table 7.2). This increase in activity is consistent with the observations made that females use more muscle power in order to achieve the same bite force as males (Visser and De Ruke 1974; Throckmorton and Dean, 1994). Gender differences in chewing performance were reported in a previous study (Wilding and Lewin, 1994; the mean particle size after 15 chewing strokes being significantly larger in females than in males. This appears to be in spite of significant increases in the temporalis muscle activity of the same females who volunteered for this study. However maximum bite forces are well in excess of those required to chew even hard test foods and so it is likely that the bite forces available to females are more than adequate to achieve food breakage (Slagter

et al, 1993). These authors suggested that a smooth uninterrupted chewing cycle may make greater demands on muscle power than food breakage. There is some evidence in this and other studies to suggest that the temporalis muscle plays a greater role in directing lateral jaw movement than the masseter (see Angle, Table 7.4) Hannam and Wood, 1981; Hylander, Johnson and Crompton, 1992; Huang, Zhang and Herring, 1993; Miles and Madigan, 1983). The gender differences found in temporalis, rather than masseter muscle suggest that it may be movement rather than bite force for which females use greater muscle activity. These data still do not account for the observed gender differences in chewing performance.

It has been suggested that gender differences in chewing performance may be influenced by specific cultural patterns which inhibit oral activity in females ⁴. The results of this study do not contribute any further understanding of gender differences in chewing, though the presence of some factor associated with gender is clearly evident from the effect gender had as an indicator variable added to the EGN/EMG model (Table 7.4).

Multivariate models

The model selected to predict chewing performance from multiple EMG variables was moderately accurate ($R^2 = 0.51$, Table 7.4, Fig. 7.2). When both EMG and EGN variables were used to predict chewing performance, the accuracy of the model was better than with either factor alone. Wilding and Lewin (1994) described a model to predict chewing performance based only on jaw movement. In that model an indicator variable was found to increase the accuracy of prediction from a R^2 value of 0.40 to 0.79. It was suggested that this missing variable, which was subject dependent, might be related to muscle activity. This prediction appears to have been partly correct as the accuracy of our model, without any indicator variable, now accounts for 66% of the variance in the observed level of chewing performance. In this study the inclusion of an indicator variable gender, further improved the predictive accuracy of the model. There appears to be some gender related characteristic which influences chewing performance which requires further investigation.

Optimal values

It is likely that those characteristics of muscle activity and jaw movement which are associated with improved chewing performance are more effective and perhaps more efficient than patterns of muscle activity associated with poor chewing performance. Such effective patterns of movement and muscle activity may therefore be described as optimal, or most likely to produce the desired effect. By this definition, optimal masticatory movements are characterised by a prolonged chewing cycle time which moves in an open loop, with a lateral approach to and from positions of tooth contact. Optimal muscle activity would be characterised by adequate masseter activity, minimal co-activation between opening and closing muscles and asynchrony of the anterior temporalis muscles. Non of these observations is new to the literature on mastication; their collective presence in this study merely serves to validate their role. They are naturally quite restricted observations, confined by the limited movement and EMG data recorded in this study, and therefore do not exclude a host of other aspects of chewing which promote optimal performance. It must be stressed that all these data are derived from clinically normal subjects and so there appears to be a wide range of values for jaw movement and EMG which is

compatible with health. Further studies may determine whether there is a wide overlap between these suggested optimum patterns and subjects with diagnosed mandibular dysfunction.

The combination of muscle activity and incisal displacement suggest that an investigation into the acceleration of the mid-incisal area might reflect both movement and muscle activity. Acceleration data not only reflects forces acting on the mandible but reveals the rhythmic oscillations of physiological tremor. In view of the association between tremor and efficient skilled tasks such as handwriting, the role of jaw tremor as a predictor of chewing performance will be investigated (Van Galen *et al* 1993).



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Chapter 8

Jaw movement tremor

Summary Forces applied to a bolus during chewing may be inferred from EMG activity of jaw muscles, but their magnitude and direction would be a complex estimation as many separate muscle units contribute to generating bite forces. The resultant bite force is also affected by the resistance of the bolus and the reaction at both joints. Accelerometers have been used to determine transient loads during dynamic limb movement and to calculate movement tremor. Tremor is a feature of limb movement and has its origins in neuromotor output and feedback. The purpose of this study was to investigate physiological tremor in jaw movement as a factor which might influence chewing performance more directly than either muscle activity or jaw displacements. Data on chewing particle size and EMG activity was available for 24 normal young adults from a previous study. Jaw movements during chewing were recorded using electrognathography (EGN) and the velocity and acceleration in three planes determined. The power spectrum for acceleration was calculated during opening and closing phases of the chewing cycle. A multivariate model was able to predict chewing performance with an adjusted R^2 value of 0.78. The coefficients of variables in this model indicate that acceleration had a more direct influence on chewing performance than muscle activity or patterns of jaw displacement.

INTRODUCTION

The chewing process requires selection and placement of appropriate sized food particles and breakage of the particles between opposing teeth (Luke and Lucas 1983). The forces necessary to break some test foods have been estimated by Slagter *et al* (1993).

These authors concluded that maximum bite forces are not required for breakage, even when the available maximum force is much reduced, as it is in denture wearers. The reduced chewing performance of denture wearers has been attributed to inability to sustain a chewing rhythm rather than an absolute reduction in available bite force (Slagter *et al*, 1993). This view is supported by data which indicates that chewing performance is associated with co-ordination and timing of muscle contraction rather than the peak levels reached during muscle bursts (Wilding and Shaikh, 1995). However the reduced chewing performance of females, in comparison to men could not be explained by gender differences in muscle activity (Wilding and Shaikh, 1995)

Forces developed during biting are the resultants of reaction at the joint and a combination of tensile forces generated in masticatory muscles (Osborn and Baragar (1985). These authors predicted that in order to produce a bite force at the teeth of a particular direction and magnitude, a combination of muscle groups would be recruited which collectively produced the resultant bite force most efficiently. Recent studies using multiple electrodes have revealed that within each muscle group there are sub units which can function independently (Schumann *et al*, (1994). These authors confirm the predictions made by Osborn and Baragar's computer model that units are recruited selectively in patterns which are related to the magnitude and

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direction of bite forces.

While it is clearly desirable to record the activity of independent functioning units, estimation of the resultant force at the teeth becomes challenging. In view of the association between jaw movement patterns and chewing performance (Wilding and Lewin 1994) and the duel role of food selection and breakage in chewing (van der Glas, *et al* 1987) it would be useful to estimate the forces on the mandible during all phases of the cycle. Changes in acceleration of the mandible during chewing may provide information about the collective result of complex patterns of muscle contractions.

Acceleration data may also be used to estimate the degree of physiological tremor during movement. If a limb, such as the arm is held outstretched against gravity, an invisible tremor occurs (Stiles 1976). The frequency of this tremor can be calculated by recording the acceleration of the limb, at least 50 times a second, using a sufficiently sensitive device attached to the hand. The wave form of the recorded acceleration is then analyzed, using a Fourier transform, to determine the main frequency components of the wave. Peaks have been found between 8 and 12 Hz which have an amplitude several orders of magnitude higher than other frequencies. This band width constitute the frequency range of normal physiological tremor. The frequency range decreases, as the hand is held outstretched for over 15 minutes or if weights are added to the hand (Stiles 1976, Burne, Lippold and Prior 1983). The frequency of normal tremor is also altered by the nature of resistance to isometric contractions (Viitasalo, Gajewski and Wit 1994).

The purpose of this study was threefold; firstly to measure the acceleration of the

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jaw during the chewing cycle in order to compare acceleration and tremor at opening and closing phases of the chewing cycle; and secondly to determine whether there were characteristic tremor frequencies associated with the output of the masticatory activity as reflected by chewing performance; and lastly to pursue an investigation of gender differences with a view to have a better understanding of the determinants of chewing performance.

METHOD

Velocity and acceleration

The data for velocity and acceleration analysis comprised two sets derived by joining all opening sets together into a single set of opening data, and all closing sets together into a single set of closing data.

The velocity, v and acceleration, a were calculated in three dimensional space using the data for vertical, lateral and protrusive displacements of the mid incisors. Calculations for both these vectors were made at each consecutive data point x, using a distance x+40 equal to a time interval of 0.1s. This interval of was found suitable to be a suitable time scale for observing the acceleration due to the grosser movements of the jaws and for eliminating signal noise.

 $vx_{n} = (x_{n} - x_{n+40}) / s$ $vxyz_{n} = sqr[(x_{n} - x_{n+40})^{2} + (y_{n} - y_{n+40})^{2} + (z_{n} - z_{n+40})^{2}] / s$ $ax_{n} = (vx_{n} - vx_{n+40}) / s^{2}$ $axyz_{n} = sqr[(ax_{n}^{2} + ay_{n}^{2} + az_{n}^{2})$

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The mean velocity during the opening and closing phases of chewing were separately calculated. The mean acceleration during opening and closing was calculated after rectifying the data to positive values.

For the purpose of examining the frequency distribution of the unrectified acceleration data, trains of 2048 consecutive data points were made by joining all opening data into one set and all closing data into another. A Fast Fourier analysis (Morrison, 1994) was used to investigate the frequency distribution of the acceleration for each opening and closing set. The median power frequency and the power frequency of the two highest amplitude peaks within a band width from 1 to 30 hz was found (Fig 8.1).

The raw, unrectified data of the masseter EMG during opening was joined into trains of 2048 data items. A Fast Fourier analysis was performed and the spectrum analysed in a band width between 1 and 150 Hz. The median power frequency was found.

Statistical Analysis

A two-tailed student t test was used to investigate differences in velocity, acceleration, tremor frequency and amplitude between opening and closing phases of the chewing cycle, and between male and female subjects. A linear regression was used to establish correlations between these variables and the logarithm of the chewing particle size of the same subjects.

A stepwise multiple regression was used to develop a model to predict particle size, using variables derived from the velocity and acceleration data. A second model was derived using additional variables derived from EMG and EGN data.



Figure 8.1. The velocity and acceleration of the jaw tracking point during three chewing cycles. The opening phase of each cycle is represented by lighter shading than the closing phase. Variations in acceleration and velocity during both opening and closing phases did not permit simple sub division into a fast and a slow phases. a) The subject KDL had a faster mean opening velocity than closing velocity, a tendency found in the rest of the sample. The actual mean closing velocity was low as was the amplitude for acceleration (Table 8.5). b) The subject CHL shows high peaks of closing velocity, which are greater than opening velocity (Note Fig 8.1a and 8.1b are not to scale). CHL had the highest chewing performance of the sample.

The effect of gender, as an indicator variable was added to both models. Indicator variables help to show the main effects of a grouping of data in a regression model (Armitage and Berry, 1987). All data were analyzed using Statgraphics Plus (USA).

RESULTS

Acceleration and Velocity

The mean velocity for the sample during opening (22.19mm.s⁻¹, sd 9.68) was significantly greater than during closing (17.97 mm.s⁻¹ sd 8.08; p<0.01) though in several subjects the reverse was found (Table 8.1, Fig 8.1). No significant difference was found between the mean acceleration during opening and closing. Correlations were found between closing velocity and both opening and closing acceleration (coeff, 0.63 and 0.68, p<0.001).

The power spectrum analysis of acceleration showed a series of peaks between 2 and 15 Hz. The amplitude and frequency of the two highest peaks for each data set was recorded (Fig 8.2). The mean for the sample of the peak amplitude (Peak 1) during opening was 15.30mm.s⁻² x 10^{-5} (sd 6.85) and during closing was 13.82mm.s⁻² x 10^{-5} (sd 8.13).

The mean value for the amplitude of the second highest peak (Peak 2) was 6.49mm.s⁻² x 10⁻⁵ (sd 3.04) during opening and 7.08mm.s⁻² x 10⁻⁵ (sd 3.85) during closing. The mean amplitude of Peak1 was 67% of the combined amplitudes of Peak1 and Peak 2 during opening and 67% during closing. This indicates that during both opening and closing there was a well defined peak amplitude tremor (Fig 8.2).

The sample mean of the tremor frequency for Peak1 was higher during opening (8.04Hz, sd 2.83) than closing (6.29Hz, sd 2.33 ;p<0.01) (Table 8.1, Fig 8.3).

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Significant differences (p<0.001) were found between the Peak1 frequency and Peak2

frequency for both opening and closing tremor.

Table 8.1. Sample means and standards deviations () for velocity, acceleration and the amplitudes of the highest two peaks of the power spectrum, with their relative frequencies, for opening and closing jaw movements during chewing.

	Opening	Closing	-
Velocity	22.19 (9.68) ¶	17.97 (8.08) ¶	*
Acceleration	33.13 (14.13) #	30.87 (15.50)#	
Tremor amplitude			
Peak 1	15.30 (6.85) #	13.82 (8.13) #	
Peak 2	6.49 (3.04) #	7.08 (3.87) #	
Tremor frequency	The second second		
Peak 1	8.04 (2.83) §	6.29 (2.33) §	**
Peak2	10.17 (4.62) §	9.56 (3.56) §	
Median	11.26 (2.72) §	10.74 (1.87) §	
EMG masseter freque	ncy		
Peak1		6.08 (2.57) §	
Peak2	FDSITV	8.17 (3.96) §	

¶ units are mm.s⁻¹; # units are mm.s⁻² x10⁻⁵ ; § units are Hz. * = p < 0.05; ** = p < 0.01

This indicates that there were two distinct tremor frequencies, each with its own band width, for both opening and closing movements. The median frequency was calculated by finding the frequency at 50% of the total power spectrum. No differences were found between the median frequency of opening and closing power spectra.

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Figure 8.2 The power spectrum between 1 and 30 Hz for the acceleration measured at the mid-incisal point during opening and closing. The three highest amplitude peaks were identified and their respective frequencies recorded. a) The low frequency of all three peaks during opening contributed to the predicted poor chewing performance for this subject KDL (Table 8.5).



Figure 8.2 b) The subject CHL illustrates the difference found in most subjects, between tremor amplitudes and frequencies during opening and closing. The high peak frequency during opening, contributed to accurately predicting a high chewing performance for this subject. (Table 8.4 & Table 8.5).

A correlation was found between the amplitude of Peak1 and its frequency for both opening and closing sets of data (coeff. closing 0.55, opening 0.41; p<0.001) (Fig 8.4). This indicates that higher energy tremors were associated with higher frequencies.



Figure 8.3 The mean frequencies of the highest two amplitudes of the power spectrum are illustrated. The mean tremor frequencies are represented as peaks, and their standard deviations projected to the base line. Statistical differences between the frequencies of the first and second peak amplitudes were found for both the tremor frequencies and oscillations in the EMG signal (Table 1).

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Electromyography data

A correlation was found between temporalis RMS and both closing velocity (0.38)

and acceleration (0.33 p<0.05).

The mean frequency of the Peak1 amplitude for masseter EMG power spectrum

was 6.08Hz (sd 2.57) and the mean frequency for Peak2 was 8.17Hz (sd 3.96) (Table

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8.1). The difference between these two frequencies was significant (p<0.01). Equivalent data for temporalis muscle was 6.13Hz (sd 2.49) for the Peak1 frequency and 10.09Hz (sd 7.04) for the peak2 mean frequency (p<0.01). These data suggest that there were at least two discrete sets of oscillation in the EMG signal, which appear to correspond with the two highest amplitude tremor frequencies in acceleration at the mid-incisor point. Significant correlations were found between the Peak1 tremor frequency during closing and the Peak1 frequency of both masseter (coeff 0.85) and temporalis (coeff 0.88) muscles (Fig 8.4b). This suggests an association between oscillations in the electrical activity of the closing muscles, and the tremor frequencies detected in jaw movement.

No differences were found between the frequencies of the first and second highest amplitude peaks of the power spectrum for the digastric muscle during opening. A correlation was found between the peak amplitude of the digastric power spectrum and the tremor frequency of Peak1 amplitude during opening ((0.62, p< .001). *Gender differences*

The mean acceleration during opening was also higher in males (37.64mm.s⁻² x10⁻⁵, sd 12.38) than for females (28.80mm.s⁻² x10⁻⁵, sd 10.41; p<0.05). The Peak1 amplitude during opening was higher in males (17.40mm.s⁻² x10⁻⁵, sd 7.74) than females (13.30mm.s⁻² x10⁻⁵, sd 5.30; p<0.05) (Table 8.2). The Peak2 amplitude during closing was also higher in males (8.30mm.s⁻² x10⁻⁵, sd 4.55) than females (5.91mm.s⁻² x10⁻⁵, sd 2.69 p<0.05).

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Figure 8.4 Plots of the regression between the frequency of Peak1 closing with a) the amplitude of of Peak1 (Coeff 0.55, P < 0.001). b) the frequency of the peak amplitude between 1-30Hz of the power spectrum of masseter EMG (R = 0.85, p< 0.0001).

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	Males (12)	Females (12)	Sign. level
Acceleration Opening	37.64 (11.32) #	28.80 (10.41) #	*
Tremor amplitude Peak1 Opening	17.40 (7.74) #	13.30 (5.30) #	*
Tremor amplitude Peak2 Closing	8.30 (4.55) #	5.91 (2.69) #	*

Table 8.2. Sample means for velocity, acceleration and tremor amplitude and frequency for males and females during chewing.

units as for Table 8.1

Asterisks indicate significant differences as in Table 8.1.

Correlations between particle size, velocity and acceleration

A negative correlation was found between the logarithm of particle size and the closing velocity of each subject (-0.46 p<0.01) (Table 8.3). No correlation was found with the opening velocity, but there was a correlation between mean opening acceleration and particle size (-0.38, p< 0.05). Negative correlations with the logarithm of particle size were found with the Peak1 frequency during opening (-.51, p<0.01), the median tremor frequency during opening (-0.64, p< 0.001) and with the amplitude of Peak2 during closing (-0.63, p< 0.001). This indicates that higher frequency tremors during opening and higher amplitude tremor during closing were associated with small particle size, or improved chewing performance.

The acceleration during closing was associated with the asynchrony of ipsilateral and contralateral temporalis contraction LAGipco (0.36 p<0.05), and the jaw movement variable, BIMODE (0.37 p<0.01).

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Table 8.3. Correlation coefficients for particle size, jaw movement and EMG variables.

Cycle time Bimode .17 ** Temp. LAGip co -.04 .10 Temp. RMS 39 .01 31 * .45 -37 00.-37 Mass. RMS ** .18 40 .13 32 22 Ampl. Peak2 Close. Trem. .26 -07 .30 .26 .22 .62 Trem. Ampl. Peak2 **** Open. median -.28 42 .42 .24 44 .30 Trem. Freq. **** *** .41 ** Accel. Close. **** **** 19. .39 39 .12 .19 80 .10 33 * Accel. Op. **** .76 -.05 36 37 03 82 49 11. .08 ** Ź Velocity .50 .16 .68 48 .76 .63 21 .01 .41 CI. Particle size -.26 -.48 -.35 -.40 -.46 -.38 -.41 -.64 -.63 .42 -.41 Tremor freq. median open Tremor ampl. Peak2 open Tremor ampl. Peak2 close Acceleration Opening Acceleration Closing Temporalis LAGipco Bimodal pathway Temporalis RMS Log Particle size Velocity closing Masseter RMS Cycle time

* = p<0.05; ** = p<0.01; *** = p<0.001; **** = p<0.0001; **** = p<0.0001

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Multivariate models

A model was derived from acceleration data that was able to predict particle size with an adjusted R^2 value of 0.63 (Table 8.4, Fig 8.5). No improvement in this model was achieved by including the indicator variable, gender. The three major components of this model were the median tremor frequency during opening and the tremor amplitudes of Peak2 during both opening and closing. With the addition of EMG and EGN variables the accuracy of the model increased to an adjusted R^2 value of 0.78. The EMG variables were masseter RMS and iEMGnett and temporalis LAGipco. The EGN variables were cycle time, bimodal pathway and angle of approach to the intercuspal zone. The adjusted R^2 value of the model was increased to 0.82 by adding the indicator variable, gender.

Table 8.4. The components of a multivariate model with velocity and acceleration variables developed a model to predict chewing performance with an adjusted R^2 value of 0.63. With the addition of EMG and EGN data the R^2 value increased to 0.78. The influence of each component of the model is indicated by either + or - signs. The number of signs reflects the F-factor for adding or removing the variable from the model. Factor units (one sign = 4 F-factors).

	Independent variables	Influence	Adjusted R ²
TREMOR	Median Tremor Frequency (Opening)	APE	
	Tremor, amplitude Peak 2 opening	+	
	Tremor, amplitude Peak 2 closing		
EMG	Masseter RMS		
	Masseter iEMGnett	+ +	
	Temporalis LAGipco	++	
EGN	Cycle time	1.1.1	
	Bimodal Pathway	-	
	Angle of approach to I.C.	+	

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for the median frequency of jaw tremor during opening, and high amplitudes for Peak2 during both opening and closing. These three variables were found Table 8.5. Averages and standard deviations for the sample data and values for two subjects selected from the top and bottom of the range of chewing performance. The residual is the difference between the observed particle size and the size predicted by the multivariate model. CHL has a high value to be good predictors of chewing performance.

	Particle	Residual	Velocity	Tremor	Tremor	Tremor	Mass	Mass	Temp	Cycle	Angle	Bimode
	Size (mm)	(mm)	Closing	Mcdian Freq.OP (Hz)	ampl Pk2 Opening (#)	ampl Pk2 Closing (#)	RMS (µV)	nctt (µV.s)	(s)	(s)	(dcg)	(%)
Avg	2.10	0.00	17.9	11.2	6.5	7.1	39.7	27.0	-32.5	0.82	54.1	28.6
CHL	1.18	+0.01	41.5	22.9	13.0	17.7	78.5	65.8	-111.4	1.13	53.8	67.6
KDL	2.98	+0.45	16.9	11.4	5.9	4.9	17.0	6.7	64.5	0.52	75.6	51.4
¶ units a	re mm.s ⁻¹		N	IT								
# units ¿	ure mm.s² x1	0.2	CAPE	Vofil								



Figure 8.5 The observed particle size plotted against the particle size predicted using the multivariate model comprising variables derived from velocity, acceleration, EMG and jaw displacement during chewing. The adjusted R^2 value for this model was 0.78 without the indicator variable of gender.

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DISCUSSION

Velocity

Jaw movements were divided into just two phases, opening and closing. Hiiemae (1976) proposed the use of four phases, beginning with fast closing (FC) followed by slow closing (SC) as the bolus was engaged; slow opening (SO) then preceded fast opening (FO) to complete the cycle. More recently Hiiemae Hayenga and Reese

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(1994) confirmed the value of these phases in correlating tongue movement with jaw movement. The transition from SO to FO and FC to SC was determined as the intersection of two best fit lines drawn on a plot. The authors acknowledge that this process is subjective and sometimes it is not possible to detect a distinct phase change. The plots in Fig 8.1 a) and b) illustrate that at least one and sometimes more changes in velocity and reversals in acceleration during both the opening and closing movements. The irregular nature of these changes made subdivisions of the opening and closing phases difficult. This problem may have occurred because the velocity of the mid incisor point was analyzed in all three dimensions. A single velocity change in the sagittal plane, which might have been detected as a phase change, was masked in these data by the combined effects of velocity changes taking place in the horizontal and frontal plane.

The mean values of the velocity during opening were higher than closing, which merely, which confirms previously published work on humans and mammals (Ahlgren, 1966; Hiiemae, 1976; Jempt, Karlsson and Hedegard, 1979; and Schwartz et al, 1989.) A number of the subjects in this study however showed a reversal of this pattern, with faster closing than opening (Fig 8.1b). A correlation was found between closing velocity and RMS for the temporalis muscle but not with the masseter RMS (Table 8.4). This finding may be related to the difference in the mechanical advantage of the two muscles. Throckmorton and Dean (1993) calculate that the mechanical advantage of the anterior temporalis was less than that of the masseter muscle. Thus the temporalis has the greater velocity ratio of the two muscles and its activity therefore affects closing velocity more directly than the masseter muscles. A correlation was also found between closing velocity and the prevalence of a bimodal pathway of movement, a pattern of jaw movement found to be associated with improved chewing performance by Wilding and Lewin (1994) (Table 8.3). Closing velocity was inversely related to particle size (Table 8.3).

Acceleration

The relationship between a static vertical bite force at the first molar and agonist muscle activity has been shown (Ahlgren and Owall, 1970; Kawazoe Y., Kotani H. and Hamada T., 1979). Forces generated during the remainder of the cycle are difficult to estimate from EMG activity. This may be because the data derived from a few surface electrodes do not represent the complex synergies of all the agonist and antagonist muscle groups involved in dynamic jaw movement. Force may however be represented by acceleration provided other factors such as tissue viscosity and jaw mass are constant. Accelerometers have been used to estimate the forces occurring at the joints of a compound pendulum (Ladin and Wu, 1991) and at the lumbar spine during lifting and lowering weights (Gagnon and Smyth, 1992). It has not been possible in this study to estimate forces being applied to the joint or the teeth, as the morphometric data necessary for making such estimations was not available. Furthermore, the acceleration data was not comprehensive. The version of the Sirognathograph used is accurate in representation of translations in all three planes and rotations in the sagittal and horizontal planes but does not reflect rotations in the frontal plane (Lewin et al 1991).

The mean acceleration was calculated after rectifying all acceleration data to

positive values. It thus reflects the resultants of forces applied to the mandible from both bolus resistance, muscle tension and joint reaction. Acceleration during closing had a negative correlation with particle size and positive correlation, with closing velocity, and temporalis muscle RMS, but not with masseter muscle RMS (Table 8.3). The absence of a correlation with masseter muscle suggests that the magnitude of the jaw's acceleration is more dependent on changes in velocity and direction, perhaps a function primarily of the temporalis muscle, than the development of high bite forces, which appears to be a feature of masseter activity (Throckmorton and Dean 1993).

Tremor

While it was difficult to divide the chewing cycle into rhythms of slow and faster movement, a spectral analysis of acceleration revealed a periodicity of movement which was time related rather than related to the chewing cycle. The power spectrum for acceleration was used by Salzer (1975) to measure tremor in the lower arm, hand and finger. He reported several reproducible peaks, indicating more than one main tremor frequency. Dominant peaks were found within a range of 2 to 15Hz. This range is wider than the bandwidth of 8-12 Hz which has been considered characteristic of normal physiological tremor (Burne, Lippold and Pryor, 1984) However Sakamoto *et al* (1992) found two distinct frequency peaks at 10Hz and 25 Hz in their evaluation of finger tremor in typists, and Viitasalo, Gajewski and Wit (1994) reported that 90% of the power spectrum for acceleration was to be found within a bandwidth between 7 and 20 Hz. The variety of ballistic influences and feedback pathways circumstances under which these tremors were recorded includes a variety of ballistic and feedback influences, which are mostly different and may explain the wide range of what has been termed physiological tremor.

Burne *et al* (1984) investigated the probable origins of hand tremor. They concluded that it was not of central origin, or of a ballistic nature, but due to resonance in the firing of motor neurones. This resonance is due to oscillations set up in the feedback loop of muscle stretch receptors. A strong correlation was found between the frequency of the peak amplitude tremor and the frequency of the peak amplitude of the EMG power spectrum for both masseter and temporalis muscles (Fig 8.4). These data are consistent with the role muscle activity appears to play in generating tremor. Sakamoto *et al* (1992) suggested that separate feedback loops would generate two different frequencies of oscillation, and might explain the frequency peaks they observed. The component of the lower frequency was thought to originate from the central nervous system as a long loop, and that of the higher frequency originated from the muscle-spine loop system as a short loop.

A significant difference was found between the frequencies of the highest two tremor amplitudes, which suggests that there were two distinct tremor frequencies in the subjects of this study. The Peak1 tremor frequency was lower during closing than opening, but there was no significant change in the amplitudes. The frequency of the second amplitude peak however was similar for both opening and closing tremor. There may be similar origins for these two second amplitude peaks, while the frequencies of Peak1 have different origins related to the different feedback pathways during opening and closing. Gresty and Buckwell (1990) point out that two apparently separate frequency peaks may not represent independent oscillators but be due to amplitude and frequency fluctuation of one essential oscillating pathway.

Changes in the tremor frequency during various tasks have been reported by a number of authors (Burne et al, 1984; Bain *et al* 1993; Viitasalo et al, 1994). In all these studies tremor frequency decreased during tasks which required skilled movement and coordinated muscle activity. The absolute values for limb tremor are not however comparable with jaw movement tremor in view of the differences in mass of forearms fingers and jaws. Changes have also been observed in jaw tremor frequency as feedback was altered (Broekhuijsen and van Willigen, 1994). The tremor frequency of jaw movement was found to increase after blocking periodontal feedback (Jacobs and van Steenberge (1993). These authors considered this increase in frequency due to the shorter feedback loop of jaw muscle spindles, unmodified by periodontal feedback. This conclusion was based on the assertion that input from muscle spindles is calibrated by periodontal afferents (Taylor and Elias (1984).

In view of the suggested reasons for a decrease in tremor frequency during fine movement, it might have been expected that low closing frequencies would have been associated with chewing performance, but no such association was found. There was however a strong correlation between particle size and the amplitude of the second peak tremor during closing with a R value of 0.63 (Table 8.3). The amplitude of Peak2 was also strongly associated with both opening (0.71) and closing (0.80) acceleration and closing velocity(0.76), each of which variables, on its own, had significant correlations with particle size. The amplitude of Peak2 appears, on its own, to contain more information relevant to chewing than the other three variables. In contrast to the Peak2 amplitude, the peak1 amplitude and its frequency showed little direct association with chewing performance in this study. The difference between the associated amplitudes of these two peaks does however suggest that the two frequencies may be due to separate oscillations and separate feedback pathways, one of which has greater influence on chewing activity than the other.

While no association was found between the closing tremor frequency and particle size, correlations between the opening tremor frequencies and particle size were found. The Peak1 tremor frequency during opening correlated with the peak amplitude of the digastric power spectrum. The opening frequencies are thus related to digastric muscle activity. Digastric iEMG was found to correlate weakly with chewing performance in a previous study.

Gender differences

Gender differences in acceleration and some aspects of tremor were found (Table 8.2). In a previous study it was reported that the vertical and lateral dimensions of the chewing cycle were larger in males than females (Wilding and Lewin, 1994). Gender differences in the EMG have also been reported (Wilding and Shaikh 1996, Visser and De Ruke 1974, Throckmorton and Dean, 1993). Some authors conclude that in order to achieve the same bite force as males, females have to compensate for their reduced muscle mass, by greater muscle activity. The difference in tremor amplitude found in this study may be a reflection of its association with opening and closing acceleration, which in turn are related to muscle activity.

In a previous study males were found to have a superior chewing performance to females (Wilding and Lewin (1994), but no satisfactory explanation for this difference was given. In a previous model used to predict particle size, the use of an indicator variable gender, improved the predictive accuracy of the model. In the first model used in this study, the indicator variable did not improve the prediction of the model. This may have been because one of the two variables, Peak2 amplitude already reflects gender differences. There was little effect on the final model which included EMG and EGN data by including an indicator variable, gender.

Gender has been a useful way of separating this data into two groups of different chewing performers. The final model developed in this study is only slightly affected by the gender indicator, so there are still some aspects of gender differences which the model does not account for.

Multivariate model

The model used to predict chewing performance in this study is less complex and more powerful than those that have been developed in previous studies (Wilding and Lewin, 1991b, Wilding and Lewin 1994, Wilding and Shaikh, 1995). Three variables, the opening median frequency, and the Peak2 amplitudes during both opening and closing, collectively account for 63% of the variance in the particle size data. While they are weakly related to each other, the two amplitude variables are strongly related to the variables of velocity and acceleration. None of them correlate with masseter RMS and they have weak correlations with jaw movement variables. The model which includes EMG and EGN variables is certainly more accurate but the dominant weight of the tremor variables in this model is still apparent (Table 8.4).

The variable *cycle time* remained a contributor to this model with a negative coefficient indicating that longer cycle time is associated with smaller particle size. It is possible that the time being spent in slow high performance cycles is during the

intercuspal phase of chewing. Cycle time was recorded during chewing the test food (nuts) while all other jaw movement variables were recorded and analyzed during EGN recording while chewing a hard wine gum. Of all jaw movement variables, cycle time was therefore the most closely related to the particular dynamics required by the test food. It was suggested in chapter 6, that cycle time might be a useful indicator of chewing performance in circumstances where there was no sophisticated jaw tracking equipment available.

It was not possible to identify during closing, the exact point at which contact with the bolus is made, and therefore the chewing process could not be separated into the separate stages of food selection and breakage. This study confirms others which suggests that movement tremor is somehow associated with a skilled task but further study is required to understand the role of tremor as a predictor of chewing performance. There are no data from this study to explain the association of Peak2 tremor during closing with chewing performance, or to explain the absence of association of Peak1 tremor with chewing. The roles of both Peak1 and Peak2 tremors requires an understanding of the different origins of these two tremor frequencies which also requires further study. The association of movement tremor during opening suggests that food selection may be a skilled process requiring feedback and hence generating tremor, but it has not been possible to explain the absence of two distinct tremor frequencies during opening movement, in contrast to the two frequencies found during closing.

Further studies are required to determine the influence of altered feedback on tremor frequencies. Differences in tremor frequency may be found in edentulous

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patients and those with muscle pain and dysfunction. Longer term goals are to contribute to the development of research diagnostic criteria in patients with temporomandibular disorder in order to enable discrimination between diagnostic sub-populations as advocated by Widmar (1992).

CONCLUSIONS

- 1. Two distinct jaw tremor frequencies during closing movements were detected.
- The tremor frequency of the Peak1 amplitude during closing correlates strongly with the frequency of the peak oscillation in the EMG signal from both masseter and temporalis muscles.
- Differences in velocity, acceleration and movement tremor were detectable between males and females.
- Tremor frequencies and amplitudes are strong predictors of chewing performance.
- The association between feedback, jaw tremor and skilled function deserves further study.

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Chapter 9

Summary

General

The aim of this work was to study the function of the jaws during chewing. While there is a substantial body of information already available on the subject there were some identifiable gaps, particularly in the interpretation of data derived from two measuring devices commonly used to study jaw function, the electrognathograph (EGN) and the electromyograph (EMG). There was little support for either of these devices as diagnostic tools. One of the reasons for this may have been that the lack of normal data and the limitations of existing data, which had in general, been derived from observations of parts of a whole, made in isolation. The normal associations and interactions between jaw movement, occlusal contact area, muscle activity, acceleration and chewing performance had therefore been difficult to make. In this work it has been possible to study all these factors in the same subjects. In one respect however there was an important inconsistency, namely between the test food used to measure chewing performance and the test food used to record jaw movement and muscle activity. It is a challenge to future work of this sort to find a test food, equally suitable for both purposes. The work has nevertheless allowed some associations between chewing performance and jaw activity to be made. The use of EGN and EMG data has not been validated for diagnostic purposes in this work but methods of analysis have been developed which have been shown to be good

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descriptors of function and good predictors of performance. Further work lies ahead in using these methods to study patients with dysfunction caused by malocclusion or muscle pain.

Jaw movement

The purpose of the study described in chapter two, was to develop a method of representing jaw movement which would take into account the most frequented pathways of movement. Analysis of the distribution frequency allowed occasional eccentric displacements to be ignored. A central core of the most usual pathways was then built up. Eight variables were derived from this core and in order to distinguish between chewing sides, all 8 had to be taken into account in a multi-variate analysis. Some of these variables have been dropped from subsequent statistical models, including all those derived from the sagittal frequency matrix. This is not because they do not all provide useful information about movement, but because some appear to have less influence on chewing performance. There are at least three which have retained their descriptive power in the presence of variables of a different kind, such as EMG activity and acceleration. Firstly, AREAR was derived from calculating the core area of the functional envelope of the chewing pathways. AREAR in fact was the ratio of the core areas on the chewing side to the non chewing side. It thus described the degree to which the pathways of chewing were bilateral. It emerged as a principle component in accounting for the variance in jaw movement (Table 2.5) and as a predictor of chewing performance (Table 6.3). High values for AREAR, indicating a unilateral movement pattern, were associated with decreased chewing

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performance. Secondly, ANGLE represented the degree to which lateral grinding movements prevailed during chewing. This variable would clearly be related to the consistency of the food bolus and therefore may have been seen more frequently in my sample because I used a tough variety of wine gum as a test food. In spite of the difference in consistency of the wine gum and the food which was used to determine chewing performance, the variable ANGLE emerged as a good predictor of chewing performance. The third movement variable was BIMODE, derived to represent the prevalence of a bimodal frequency distribution. It expresses the presence of two separate pathways in the chewing cycles. In the model of principle components it occupied a distinct and separate position from both AREAR and ANGLE (Fig.2.8), although it was found to correlate with both ANGLE (coeff -0.34) and AREAR (coeff 0.50).

The general shape of a chewing cycle with a low ANGLE, low AREAR and high BIMODE conforms in a general way to the 'normal' chewing cycle described by Ahlgren (1966), Lewin (1985) and Proeschel and Hofmann (1988). It is important to limit the description of this pattern to the term 'usual' rather than 'normal', as it does not reflect the variation displayed by healthy subjects. If jaw movement analysis is to play a useful role in diagnosis it will be important to set very liberal and broad definitions of normal in order to avoid over treatment. The need arose at this point in the study to identify some variable which would reflect the functional level of an individual's masticatory apparatus. With such a measure of output it would be possible to calibrate movement values and derive some optimal ranges based on function.

Chewing side preference

The first prospect of identifying of optimal jaw movement was to discover the characteristics of jaw movements which were preferred. It seemed reasonable to presume that if a particular chewing side was used because certain patterns of movement were possible on that side, some value could be attributed to those patterns of movement, and perhaps less value to those which were avoided. As this part of the study progressed it was evident that preference would have to be expressed as a degree of commitment to chewing on a preferred side, and that some subjects would show little preference. A multi variate model based on four variables was found to predict only 42% of the variance found in the sample (Fig. 3.2). While this result was not discouraging it seemed that preference was not determined by jaw movement but might be influenced by it. Consideration was then given to the possibility that tooth contact area might have a greater impact on the choice of chewing sides and might also be a determinant of jaw movement patterns.

Tooth contact area

It was necessary to develop a measuring method which would be accurate enough to discriminate between tooth contact areas on the left and right sides of the same subject. Such accuracy was called for, in view of the differences found in each subject, in jaw movements between left and right sided chewing. The analysis of images projected through inter-occlusal wax records provided suitable accuracy. Occlusal contact area was not associated with chewing side preference. This may have been because all subjects had a full complement of teeth and would not have

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been influenced by occlusal contact area unless one chewing side offered a distinct advantage over the other.

Chewing performance

Chewing performance is reduced in denture wearers and in patients who have lost posterior teeth (Slagter et al, 1993). It therefore could be said to reflect the functional capacity of the jaws and teeth. In subjects whose chewing performance is high it would follow that the determinants of chewing performance are optimal or ideal. For this reason chewing performance was used to calibrate the values already determined for jaw movement and occlusal contact area for the sample of normal subjects in this study. It seemed appropriate to use image analysis to measure the areas of comminuted food particles in order to avoid some of the difficulties in using the traditional sieving techniques for calculating particle size. There was no association found between occlusal contact area and chewing performance when data from different chewing sides was pooled. However a significant association was found within subjects, between chewing sides. It was concluded that within subjects, factors which may determine chewing performance were common. Chewing performance was thus seen to be affected by differences in occlusal contact area on the left and right chewing sides. This finding serves to confirm occlusion as an influential factor in chewing performance. This study failed to identify occlusion as influencing chewing performance between subjects.

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Factors affecting chewing performance

The investigation then was extended to examine the influence of jaw movement on chewing performance and if possible to calibrate values for jaw movement variables based on their ability to predict chewing performance. Four jaw movement variables were found to be related to chewing performance. They were ANGLE, AREAR-r, BIMODE and OPENING. This last variable expressed the maximum vertical dimension of the chewing cycle. OPENING was found to be less in females than males. Chewing performance was also reduced in females and it was suggested that there may be some cultural determinant influencing maximum opening and therefore chewing performance. A model able to predict chewing performance was derived using these variables and the mean cycle time. Chewing cycles of longer duration were associated with improved chewing performance (Table 6.3). It was assumed that jaw movements which were associated with enhanced chewing performance were the most efficient and therefore the most optimal. This study provoked a further investigation into factors common to each subject and possibly not directly related to jaw movement.

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The RMS and integrated EMG of the masseter muscles were associated with chewing performance. The RMS and integrated EMG of temporalis muscles had less affect whereas the timing of the chewing side and non-chewing side burst was a factor in chewing performance. The separate actions of these two major muscle adductors confirms the dual processes of selection and breakage which must occur for effective chewing. The multivariate model derived in this study was still

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dominated by movement factors with some contributions coming from muscle activity variables particularly of the temporalis muscle (Table 7.5 and 7.6). Differences in some muscle variable were found between males and females. In the final model the R^2 value of 0.69 was increased to 0.76 just by adding the indicator variable gender. This pointed to a powerful influence of gender in chewing performance but not one which had as yet been identified as a determinant of chewing performance. It was suggested that chewing performance is influenced more by skill, co-ordination and grace, than by force. In view of the difficulty in measuring grace, it was decide to analyze movement acceleration and tremor during chewing.

Movement tremor has been found to be associated with the performance of skilled tasks such as writing (van Galen et al 1993). Muscle tremor appears to be generated by oscillations in the discharge of motor neurons resulting from peripheral feedback, rather than synchrony which has central origins (Burne, Lippold and Pryor, 1984). In this part of the work, the outcomes of muscle activity, in terms of both movement patterns and the dynamics of movement, including tremor and acceleration were investigated. Gender differences in acceleration and tremor were found and these differences appeared to account for the gender differences in chewing performance. The final regression model predicted chewing performance with an R² value of 0.78 (Table 8.4) which was not materially improved by the addition of the indicator variable gender. This model was less complex and more powerful than those which were developed early in the progress of this work. It was dominated by variables associated with jaw movement tremor. The association of chewing performance with jaw movement tremor during opening, suggests that food selection may be a skilled

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process requiring feedback and hence generating tremor.

Further studies are required to determine the influence of altered feedback on tremor frequencies. Differences in tremor frequency may be found in edentulous patients and those with muscle pain and dysfunction.

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Chapter 10

Discussion

Grinding seeds and pounding corn

The process of breaking down food particles during chewing has much in common with the food-preparing processes of early man. As the climate of Africa became progressively less tropical, food was less plentiful, and hunter gatherers had to make do with what was available. Wild grains were hard and dry; roots and tubers woody and fibrous. In the semi-desert areas of Namibia and the Kalahari, flat grinding stones are still used by some isolated communities to break down small wild grain and roots so as to make them edible (Evans and Lewin 1986). The process of grinding requires the worker (usually a women) to kneel over the grinding rock and to work a smaller flattened stone, backwards and forwards over the seed. This process must have been wearying work according to anthropologist Theya Molleson (1995). She studied remains of the inhabitants of Abu Hureya a site in Syria occupied by neolithic people about 10,000 years ago. Careful examination of the skeletal remains revealed osteoarthritic degeneration of the big toe bone and buttressing of the humerus. These changes, she believes reflect firstly, the forces on the flexed big toe, as the woman thrust her body forwards with arms extended over the grinding stone. Secondly, the added mass of the humerus is evidence of the force used to keep the hand held stone pressing down on the grinding stone.

The effort and method used to crush hard wild seed and roots is contrasted

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by the comparative ease with which domestic cereals, particularly maize can be crushed. The traditional method of crushing maize in Africa is a pestle and mortar, made from a hollowed out trunk and a stout pole. The process of raising the pole and pounding down onto grain held in the bowl (also a female chore) is done with some lightness and accompanying song.

These examples of food preparation without machinery serve to highlight the two processes occurring during food breakdown, which have been referred to in this work, namely selection and breakage. Clearly some foods like hard nuts and seeds may require considerable force to shatter the outer husk; here breakage is a priority. Other foods like softer pulses and large grained maize require less force and better control to contain the mass of partially pounded food. Both processes depend on the deft separation of the ground food from the remaining large particles. This process requires rapping the mortar on the ground a few times, which tends to bring the larger particles of grain to the surface, where they can receive the best of the next few poundings. The final selection however, has to be done by turning the contents of the mortar out onto a mat. The women of Abu Hureyra may also have used woven mats to toss the partially ground seeds, an operation which can, in skilled hands, produce separate piles of flour, un-ground wheat and small stones and grit, the unwelcome by-product of the process. This type of selection appears to demand good sensory discrimination and fine muscle co-ordination. The same requirements which it has been suggested are required during the selection process of chewing.

While it would be indefensible to suggest that women were made to grind corn, it is nevertheless a demanding task, an indicator of the condition of the many physiological systems that contribute to the performance. In short, a women who can grind corn must be reasonably healthy. It is more defensible to claim that the function of the jaws and teeth is to chew food. Hence I have assumed that chewing performance is some indicator of a healthy functioning chewing apparatus.

It is possible that some women are more efficient corn grinders than others. At least this would be the case if the same output was achieved with less effort. I have identified the good chewers in my sample. They have particular patterns of movement and muscle activity which appear to be predictors of high output. I have not been able to measure the work done in the process, and it is for this reason that I have not used the term chewing efficiency. Yet it is tempting to speculate that if a subject chewed with grace and good "style", less effort would be required.

Chewing performance is not an isolated process but in fact has close analogues, like that of grinding corn. The same can be said for machines which crush ore before the mineral can be extracted. In fact it is in mining engineering, that a reliable method for sizing particles was first developed. The most crucial discovery was that the distribution of particle sizes after ore crushing is not a normal one. There are disproportionately few particles of a larger size and those which are larger, contribute a disproportionate percentage of the total weight. It is for this reason that the *average* particle size of a sample of crushed ore is a meaningless quantity.

Chewing as a power function

The expression used to calculate the median particle size, required a plot to be made of the "sieve size" against the mass of particles, using logarithms for both scales. The relationship between particle size can otherwise be expressed in a simplified form as;

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$$Log(Y) = n \times Log(X)$$

where Y is the mass of particles, in a category of size X, and n is a distribution function (Partridge 1966). The function means that when n > 1, large particles make up a disproportionate part of the total weight of chewed particles. The rate of reduction of food particles is also a power function of the number of chewing strokes, though in this case it is an inverse function (Olthoff et al 1984) given as;

$$X_{50} = kN^{-d},$$
or
$$Log(X_{50}) = K - d \times Log(N)$$
[2]

where X_{50} is the median particle size, N is the number of chews and d is the rate of particle size reduction. This function means that as the number of chewing strokes increases, the particle size gets smaller but at a diminishing rate when d is less than one. For example in this study the value for d was 0.52 which is close to 1/2 or the square root of N.

In nature, power laws are common (Schroeder 1995). Their general formula is;

$$f(X) = X^{\alpha}$$
^[3]

For example Newton's laws of gravitation are expressed as a power function with α = -2, indicating that gravitational force decreases as the square of the distance. Many biological phenomena are related by power laws, for example the frequency distribution of large animals, or even the distribution of long words in a language

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[1]

(Schroeder 1995).

In these studies correlations were found between particle size and the various features of jaw function measured. However the correlations and multivariate models were always more accurate if the logarithm of the particle size was used. Hence;

$$Log(X_{50}) = K x Jaw activity$$
 [4]

From [2], the rate of particle size reduction d, is also a linear function of X_{50} . Thus jaw activities are linearly related to the rate of particle size reduction. This process of reasoning brings the relationship between jaw activity and output into a more direct relationship. It appears to support the use of chewing performance, or the rate of particle size reduction as measure of output of the masticatory system. Chewing efficiency could now perhaps be defined as a ratio, between the rate of particle size reduction and level of jaw activity required in the process.

This work in a South African context

In South Africa 8.5% of the GDP is spent on health, which is more than in most developing countries. Yet the health status of the population is relatively poor. Most of the expenditure occurs within the private sector of health care, for example 93% of dentists work in private practice. However only 23% of the population have access to private practice; the remainder are dependent on health care provided by the state (DoH, 1966).

It is therefore not surprising that most children in South Africa have little or no access to orthodontic treatment (Owen, 1996). This is due to the high cost of

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treatment, and a shortage of orthodontists willing to work for state hospitals. With limited resources it becomes necessary to be able to identify those who are most disabled, and who would therefore receive priority care. In orthodontic assessment, the degree of malocclusion is estimated by divergence from anatomical norms or by assessing treatment needs (Omar *et al*, 1989). It may be appropriate to add to these methods of assessment, a measure of the degree of functional disability of the child in order to give the process of assessment as broad a base as possible.

There are also limited resources for funding prosthodontic rehabilitation in South Africa. It may therefore be equally useful to assess how functionally disabled a prosthodontic patient is. There are some rough guides suggested by Kayser (1985) who maintains that a shortened arch (without molars), provides adequate function. In a WHO report (1982), mention is made of 20 strategic teeth being adequate, although there are no data to support either of these guidelines.

The cost of providing orthodontic and prosthodontic treatment also needs to be reduced. At the present time the cost of specialised treatment is escalating faster than the rate of inflation. Hospital based services are therefore going to face restrictions on the number of specialised services and pressure to reduce the cost per unit service (DoH, 1966). Reducing the cost of a service may involve making some compromises in the level of outcomes expected. If compromises are to be made in restoring masticatory function in the orthodontic and prosthodontics patient, treatment goals will need to be revised. In order to avoid down-grading into second rate treatment, these new goals will have to be both socially and biologically acceptable, and most important, be measurable.

The methods of functional analysis described in this work could be used

firstly, to increase the biological basis for assessment, and thus allow fairer and more rational case selection. Secondly it could be used to monitor outcomes, in accordance with revised treatment goals, for both orthodontic and prosthodontic services in South Africa.

Other applications of this work

The need for normal data in order to assess the diagnostic capabilities of EMG and EGN equipment has been emphasised (Lund and Widmar, 1989). This work provides some normal data which may assist in determining the extent of the dysfunction in TMD patients. Further studies are planned to investigate TMD patients, with a view to establishing the sensitivity and specificity of the methods as diagnostic tools.

The logical extension of this work is to determine maximum particle sizes for different foods which can still be adequately digested. With such data it would be possible to set criteria for minimal levels of oral function which are compatible with digestion.

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Appendix

Programme codes written in TRU-BASIC for determining the following;

1. PRANAL; Jaw movement analysis from a frequency distribution	198
2. BITPLOT; Estimation of tight and intermediate tooth contact area	203
3. PARTAN; Calculating the size of chewing particles using image analysis	207
4. MYOGAN; Analysis of EMG signals from surface electrodes during chewing	212

5. ACCELAN; Calculating the velocity, acceleration and movement tremor. 228

PRANAL

1030 ! 1. ARTLEW has provided for a disc file (*W#.PRN) which contains the frequency 1040 ! distributions from BRANAL. Most are too large for TRUBASIC (over 6100 1050 ! bytes), but can be halved at the separation between frontal and sagital 1060 ! frequencies. This is done BY INSERTING A LINE FEED between the 1070 ! frontal and sagital data using petools. 1080 1090 ! 2. Data is read in TWO strings from the "NAME/wn/SIDE/W/NUMBER".pm file 1100 ! into an array. 1110 1120 ! 3. The carriage returns are located and stripped. 1130 the 1140 ! 4. The POS function is used to locate the position of blanks 1150 ! between the numberS. The numberS values between blanks are 1160 ! then written as separate sub-strings into the first array. 1170 1180 ! 5. The array has two dimensions, S for rows and I for columns. 1190 ! Every 20 columns a new row begins. This stores left over 1200 ! right. i.e. left data is uneven rows. The frontal and sagital 1210 ! frequencies are in separate arrays. 1220 1230 ! 6. The 1st three modes for each row (level) are calculated. 1240 1250 ! 7. The total frequency for the level is divided into quartiles 1260 ! and their distances from the left edge of the matrix is found 1270 ! by looping along the row adding frequencies until past a 1280 ! quartile. The exact position of the quartile is calculated. 1290 1300 ! 8. The results for each level can be printed or read into a 1310 ! file. The program ignores values from a level ifther was 1320 ! not at least one occurance every other cycle. Hence cycles/2. 1000 ! C:PRAN94 1010 CLEAR 1020 1030

Appendix

```
1040 SOUND 1000,0.1
1050 !INPUT PROMPT "TYPE THE FIRST 3 LETTERS OF THE FILENAME ": FS
1060 print
1070 !INPUT PROMPT "HOW MANY CYCLES FOR EACH TRIAL ? " :Cy
1080 print
1090 !INPUT PROMPT "HOW MANY TRIALS EACH SIDE ? " :T
1100 print
1110 !INPUT PROMPT "WHAT IS THE NUMBER OF THE FIRST TRIAL ? " :TN
      print
1120
1130 !INPUT PROMPT "WHICH SIDE DO YOU WANT ANALYSED (1 both, 2 left) " :SD
1140 let cy = 10
1150 let 1 = 5
1160 let tn = 5
1170 let sd = 1
                ! 1 left 2 rigth
1180 LET CYC = 50
1190
1200 DO I NOT NECESSARY TO REPEAT THE ABOVE WITH DATA FILENAMES
1210 PRINT "
1220 READ F$
1230
1240 DIM FI$(6),FO$(6)
1250
      FOR A = SD TO 2
1260
1270
        IF A = 1 THEN
1280
        LET SD$ = "lefw"
        ELSE
1290
        LET SD$ = "rigw"
1300
1310
      END IF
1320
                !! FOR B = TN TO T
1330
       LET FI$(1)= "b:" & FS & SD$ & "5.PRN"
1340
       LET FO$(1)= "A:" & F$ & SD$ & STR$(B) & ".OUT"
1350
1360
1370
       LET CYCLES = Cy * (T - TN + 1)
1380
1390
                       ! number of cycles per trial
1400 print fiS(1),
1410 CLEAR
1420 PRINT # 0: " STARTED PROCESSING "; FIS(1)
1430 OPEN #1:NAME FIS(1)
                                    !name FOS(1),create new
1440 OPEN #3:PRINTER
1450 DIM FREL$(5000)
1460 DIM FRES$(5000)
1470 DIM SFRE(40,40)
                         ! To store the SAGITAL plane of data
1480 DIM LFRE(40,40)
                         ! To store the FRONTAL plane of data, left over right
1490
1500 DO WHILE MORE #1
1510 LINE INPUT #1:LS,SS
                          ! Loads two strings of text separated by line feed
1520 LET FREL$(1) = L$
1530 LET FRESS(1) = SS
1540 LOOP
                         !DIG is the pos of the first digt on .pm files
1550 LET DIG = 15
1560 CALL INPUT(FREL$(),DIG,LFRE(,))
1570 LET DIG = 1
                       ! sgittal string not preceded by the 14 name chrs
1580 CALL INPUT(FRES$(),DIG,SFRE(,))
1590
1600 CLEAR
1610 let c = 1
1620
1640 FOR IPCO = 1 TO 2
      IF SD$ = "rigw" THEN !
1650
        IF IPCO = 1 THEN ! FOR THE IPSILATERAL SIDE, RIGHT
1660
          LET Of = 20
1670
```

Appendix

```
1680
          LET Ce = 0
1690 CALL FREQUENCY(LFRE(,),Of,Ce,IPFRE,IPAREA,IPMOPER,IPANGLE)
1700
         else IF IPCO = 2 THEN ! FOR THE COLATERAL
1710
          LET Of = 0
          LET Ce = 20
1720
1730 CALL FREQUENCY(LFRE(,),Of,Ce,COFRE,COAREA,COMOPER,COANGLE)
1740
         END IF !IPCO
1750
1760
        END IF ! SDS
1770
        IF SD$ = "lefw" THEN
1780
        IF IPCO = 1 THEN ! FOR THE IPSILATERAL SIDE, LEFT
1790
         LET Of = 0
1800
         LET Ce = 20
1810 CALL FREQUENCY(LFRE(,),Of,Ce,IPFRE,IPAREA,IPMOPER,IPANGLE)
1820
         else IF IPCO = 2 THEN ! FOR THE COLATERAL
1830
          LET Of = 20
1840
          LET Ce = 0
1850 CALL FREQUENCY(LFRE(,),Of,Ce,COFRE,COAREA,COMOPER,COANGLE)
1860
        END IF
1870
       END IF !
                 SDS
1880
1890 NEXT IPCO
1900
       LET FREQR = ROUND(IPFRE/(ipfre +COFRE) *100.2)
1910
        LET AREAR = ROUND(IPAREA/(IPAREA + COAREA) *100,2)
1920 SET # 3: ZONEWIDTH 10
                       "FREQR", "AREAR", "IPMOP", "COMOP", "IPANG",
1930 PRINT #3: "NAME",
                                                                        "COANG"
1940 PRINT #3: FS&SDS,FREQR,AREAR,IPMOPER,COMOPER,IPANGLE,COANGLE
1950 PRINT FS&SDS, FREQR, AREAR, IPMOPER, COMOPER, IPANGLE, COANGLE
1960
1970
1980 !!!!!!!!!!!! SAGITTAL MATRIX
1990
      LET Of = 1
2000
      let Ce = 0
2010 CALL FREQUENCY(SFRE(,),Off,Cen,SFREQ,SAREA,SMOPER,SANGLE)
2020
2030
2040
2050 CLOSE #1
2060 CLOSE #3
2070 NEXT A ! FOR THE FOR A IS 1 TO 2
2080
2090 PRINT # 0: " FINISHED""!"" PROCESS ANOTHER FILE OR CTRL-BREAK"
2100 SOUND 500,.3
2110
2120 LOOP
                      STERN CAPE
2130
2140 DATA CH1.CH2
2150
2160 END !PROGRAM
2170
2180
     2190 SUB INPUT(DAT$(),FDIG,FRE(,))
                       ! This sets the Array to zero
2200
       LET S = 0
2210
        LET N = 0
2220
2230
                position of the first digit of each sub string
2240
                ! starts at 15 because the file has 14 chrs heading
2250
                ! the .prn files are to big to load so TWO strings
2260
                ! made with PCT4
2270 DO WHILE S < 37 ! this is the number of LEFT AND RIGHT vertical levels
2280
       LET S = S + 1
2290
        LET sp = POS(DAT$(1)[1:MAXNUM]," ",FDIG)
         LET DATS(1)[sp:sp] = "" !remvs dbl space left by stripped car.ret
2300
2310
        ! PRINT "sp at "; sp
```

Appendix
```
2320
         LET CR = POS(DATS(1)[1:MAXNUM],chrS(013),FDIG)
         LET DATS(1)[CR:CR] = " !CAR RETremv line feed left by WP halving .pm
2330
2340
         !PRINT DATS(1)[1:lf];
2350
       FOR I = 1 TO 40
                           !Reads 40 numberS for each level
          LET nextblank = POS(DATS(1)[1:MAXNUM]," ",FDIG)
2360
          LET NUMS = DATS(1)[FDIG:(nextblank - 1)]
2370
2380
          LET FDIG = nextblank +1
2390
                !PRINT NUMS :
2400
                 !PRINT ;
          LET FRE(S,I) = VAL (NUMS) !reads numbers to the lateral array
2410
2420
       NEXT I
2430
2440 LOOP
2450
2460
2470 CLOSE #1
2480 END SUB !INPUT
2490
2510 SUB FREQUENCY(LFRE(,),Off,Cen,FREQT,AREAT,MOPER,ANGLE)
2520 LET FREQT, AREAT, MOPER, angle = 0
2530 DIM AREA(40)
2540
      DIM DMED(40)
2550 DIM FREQ(40)
2560 DIM MODE(40)
2570 FOR S = 1 TO 37
2580 LET TOTFRE, MODPER, MODE1 = 0
2590 FOR I = 1 TO 20
                     ! off, determine the matrix side
       LET TOTFRE = TOTFRE + LFRE(S,I+off)
2600
       IF LFRE(S,I+off) > MODE1 THEN
2610
2620
        LET MODE1 = LFRE(S,I+off)
2630
       END IF
2640 NEXT I
2650
2660 IF TOTFRE > 25 THEN
2670 LET MODPER = ROUND(MODE1 / TOTFRE * 100,1)
2680 LET MED = TOTFRE / 2
2690 LET FSTQRT = TOTFRE / 4
2700 LET TRDQRT = TOTFRE / 4 * 3
2710
2720
                                     RSITY of the
2730
        LET I = 0
        LET SUBTOT = 0
2740
2750
        LET NSUBTOT = 0
2760 DO WHILE NSUBTOT < FSTQRT
        LET I = I + 1
2770
2780
        LET SUBTOT = NSUBTOT
        LET NSUBTOT = SUBTOT + LFRE(S,I+off) ! provides a running total for each loop
2790
        LET DISFST = cen - (I - (NSUBTOT-FSTQRT) / (NSUBTOT-SUBTOT+.1))
2800
2810
            Let DISFSTR = ABS(round(DISFST,1))
2820
           Let disfst$ = strS(disfstR)
2830 LOOP
2840
2850
        LET I = 0
                        ! Returns to the first item in the array
2860
        LET SUBTOT = 0
                           ! re-sets the subtot to zero
       LET nSUBTOT = 0
2870
                            ! re-sets the subtot to zero
2880 DO WHILE NSUBTOT < MED
2890
         LETI = I + 1
2900
         LET SUBTOT = NSUBTOT
2910
          LET nSUBTOT = SUBTOT + LFRE(S,I+off)
          LET DISMED = cen - (1 - (nSUBTOT-MED) / (nSUBTOT - SUBTOT+.1))
2920
2930
           Let DISMEDR = ABS(round(DISMED,1))
2940
            Let dismed$ = str$(dismedR)
2950 LOOP
```

```
2960
2970
       LET I = 0
       LET SUBTOT = 0
2980
      LET NSUBTOT = 0
2000
3000 DO WHILE NSUBTOT < TRDQRT
3010
       LET I = I + 1
      LET SUBTOT = NSUBTOT
3020
3030
       LET NSUBTOT = SUBTOT + LFRE(S,I+off)
       LET DISTRD = cen - (1 - (NSUBTOT-TRDQRT) / (NSUBTOT- SUBTOT+.1) )
3040
3050
          Let distrdr= ABS(round(distrd,1))
3060
3070
          Let distrdS = strS(distrdr)
3080 LOOP
3090 LET AR = ABS(DISTRDR - DISFSTR)
3100
          Let AR = round(AR,1)
3110
3120 END IF
                     !THE CONDITION WAS THAT TOTFRE >12
3130
3140 LET AREA(S) = AR
3150 LET DMED(S) = DISMEDR
     LET FREQ(S) = TOTFRE
3160
3170 LET MODE(S) = MODPER
3180
3190 NEXT S
3200
      FOR S = 12 TO 24 ! THE MID THIRD
3210
      LET FREQT = FREQT + FREQ(S)
3220
3230
      LET AREAT = AREAT + AREA(S)
3240 NEXT S
3250
      LET N = 1
      FOR S = 12 TO 24
                       ! THE MID THIRD
3260
        IF MODE(S) > 0 THEN
3270
         LET N = N + 1
3280
3290
       LET MOPER = MOPER + MODE(S)
        END IF
3300
3310
      NEXT S
3320
3330
         LET T,S1,S2,S3,S4,S5,M,C,R,D = 0
                                         ! will do least squares for best fit
3340
        FOR p = 1 \text{ TO } 6
3350
3360
         LET T = T + 1
                                              TY of the
         LET S1 = S1 + LOG(p) * LOG(DMED(p))
3370
3380
         LET S2 = S2 + LOG(p)
3390
         LET S3 = S3 + LOG(DMED(p))
          LET S4 = S4 + Log(p)^2
3400
                                                 CAPE
3410
         LET S5 = S5 + Log(DMED(p))^2
3420
        NEXT p
3430
3440
         LET M = (S1 - S2 * S3 / T) / (S4 - S2^2 / T) !slope
3450 LET MOPER = ROUND( MOPER / N, 2)
3470 OPTION ANGLE DEGREES
3480 LET ANGLE = ROUND(90 - ATN(M),1)
3490
3500 END SUB !FREQUENCY
3520
3540 LET MODE1=0
3550 LET DISMODE1 = 0
3560 LET MODE2=0
3570 LET DISMODE2 = 0
3580 LET MODE3=0
3590 LET DISMODE3 = 0
3600 LET TOTFRE = 0
```

 3610
 LET DISMED = 0

 3620
 LET SUBTOT = 0

 3630
 LET NSUBTOT = 0

 3640
 let DISFST = 0

 3650
 LET DISMED = 0

 3660
 LET DISTRD = 0

 3670
 let modPER = 0

 3680
 LET FMODIST =0

 3690
 LET SMODIST =0

 3700
 LET AR = 0

 3720
 END SUB

BITPLOT

Estimating occlusal contact area

1120 clear 1130 PRINT TAB(15,30) 1140 !INPUT PROMPT "NAME OF SUBJECT ?":N\$ 1150 INPUT PROMPT "how many records each subject ?":BNTOT 1155 INPUT PROMPT "where to begin?":TN 1200 input prompt "LOOKUP value for .4 mm? (30,80)":W 1210 input prompt "LOOKUP value for .1 mm? (180,)":U 1211 DO WHILE MORE DATA 1212 READ NS 1220 LET T1 = 230 1230 LET T2 = 180 1240 LET T3 = 140 1250 LET T44 = 80 1260 DIM AIS(6) 1270 DIM AO\$(2) 1280 DIM TOTAL(2) 1290 CLEAR 1300 SET MODE "ega" 1310 LET N = 1 1320 LET K = ... 1330 LET AA = 1 ! CC ! COUNTERS FOR ROWS Y of the AND COLUMNS υ 1350 1360 set window -2,300,-1,186 1370 set back 0 1380 set color 15 !WHITE 1390 box area -.50,.50,-.5 ,.5 CAPE н 1400 box keep -.50,.50,-.5 ,.5 in box1\$ 1410 set color 1 1420 box AREA -.5,.5,-.5,.5 1430 box keep -.5,.5,-.5,.5 in box2\$ 1440 set color 14 1450 BOX AREA -.5,.5,-.5,.5 1460 box keep -.5,.5,-.5,.5 in box3\$ 1470 set color 4 1480 box area -.5,.5,-.5,.5 1490 box keep -.5,.5,-.5,.5 in box4\$ 1500 1510 FOR BN = TN TO BNTOT 1515 LET BNS = STRS(BN) 1520 FOR FI = 1 TO 2 !step -1 1530 IF FI = 1 THEN 1540 LET SDS = "L" 1550 LET AIS(FI) ="A:"& N\$ & BN\$ & SD\$ & ".IMg" ! uses file 1

Appendix

```
1560 LET AOS(FI) = "c:" & "bitdata"& ".OUT"
1570 LET X = 20
                      ! will be used to scale J
1580 ELSE IF FI = 2 THEN
                           luses file 2
1590 LET SD$ = "R"
1600 LET AI$(FI) ="A:" & N$ & BN$ & SD$ & ".IMg"
1610 LET AO$(FI) = "c:" & "bitdata "& ".OUT"
                      ! used to scale J for second file
1620 LET X = 100
1630 END IF
1640
1650 OPEN #1: NAME AI$(FT), ORGANIZATION BYTE, CREATE OLD, RECSIZE 1
1660 OPEN #3: NAME AOS(FT), ORGANIZATION RECORD, RECSIZE 100, CREATE NEWOLD
1670 SET #1: POINTER BEGIN
                                      ! Sets pointer at start
1680 DIM lookup(256)
                      ! Correction tables for each value
1690
1700 LET A,B,C,D = 0
1710 LET TOT = 0
1720
1730
               ! calculate the correction needed for every value
1740
        FOR V = 1 TO 256
1750
1760 LET LOOKUP(V) = (230-80) / (U - W) * V + ((80 * U) - (230 * W)) / (U - W)
1770
        NEXT V
1780
                  ! GO TO 2380
1790
        LET N = 1
1800 FOR I = 1 TO 300 STEP AA
      FOR J = X TO (X+60)
                          ! x will position the two files
1810
        SET #1: RECORD N
1820
1830
        READ #1:AI$(FI)
1840
        LET VAL = LOOKUP( ORD( AIS(FI) ) +1)
1850
      IF VAL > T1 THEN
1860
                              ! <.1mm
1870
        LET A = A + 1
                              !COUNTER FOR HISTOGRAM
1880
        BOX SHOW BOX1S AT I,J
                                   ! REMOVE ! FOR COLOR
1890
1900 ELSE IF VAL > T2 AND VAL < (T1 +1) THEN
                                              !<.2mm
1910
        LET B = B + 1
                              !COUNTER FOR HISTOGRAM
         BOX SHOW BOX2S AT I.J
1920
1930
1940
1950 ELSE IF VAL > T3 AND VAL < (T2 + 1) THEN !<.3mm
1960
        LET C = C + 1 !COUNTER FOR HISTOGRAM
1970
        BOX SHOW BOX3$ AT I,J
1980
1990 ELSE IF VAL > T44 AND VAL < (T3+1) THEN
                                               !<.45mm
2000
        LET D = D + 1
                              !COUNTER FOR HISTOGRAM
        BOX SHOW BOX4S AT I,J
2010
2020
                    1.2
2030
2040 ELSE IF VAL < (T44 +1) THEN
                                    1
                                          > .45
2050 SET COLOR 4
2060
        PLOT IJ
2070 END IF
2080
       LET N = N + 1
2090 NEXT J
2100 NEXT I
2110
2120 LET TOT = A + B + C + D
2130 LET TOTAL(FI) = TOT
2140 LET AR = ROUND( A / TOT * 100)
2150 LET BR = ROUND( B / TOT * 100)
2160 LET CR = ROUND( C / TOT * 100)
2170 LET DR = ROUND( D / TOT * 100)
###### #########", N$ & SD$ &BN$,
                                                     #####
                                                           #####
A,B,C,D,TOT)
```

```
SET COLOR 15
2190
2200 PLOT TEXT, AT 50,-2:"< .1 MM"
2210
      SET COLOR 1
2220 PLOT TEXT, AT 100,-2:"< .2 MM"
2230
      SET COLOR 14
2240 PLOT TEXT, AT 150,-2:"< .3 MM"
       SET COLOR 4
2250
2260 PLOT TEXT, AT 200,-2:"< .45 MM"
2270 SET #3: POINTER END
2280 WRITE #3:NS & SDS & BNS,TOT, A,B,C,D,U,W
2290 ! CLOSE #1
2300 ! CLOSE #3
2310 ! NEXT FI !Will select the next file
2320 LET RATIO = TOTAL(2) /( TOTAL(1) + TOTAL(2) )
2330 SET COLOR 15
2340 PLOT TEXT, AT 100,(X+75):USING$("LEFT PROPORTION = .##",RATIO)
2370 SET COLOR 1
2380 !pRINT "RETURN TO PLOT"
2390 !get key zz
2400
2410 ! OPEN #1: NAME AIS(FI), ORGANIZATION BYTE, CREATE OLD, RECSIZE 1
2420 ! SET #1: POINTER BEGIN
                                         ! Sets pointer at start
2430 ! OPEN #2:PRINTER
2440 ! LET DI = ROUND( D / TOT * 100)
2450
2460
2470 ! PLOTTING BEGINS
2480
2490
        !FOR FI = 1 TO 2
       IF FI = 1 THEN
2500
      ! LET X = 1
2510
2520 ! ELSE IF FI = 2 THEN
2530 ! LET X = 100
2540
        !END IF
2550
2560 ! LET N = 1200
2570 ! FOR I = 20 TO 260
2580 ! FOR J = X TO (X+59)
2590 ! SET #1: RECORD N
2600 ! READ #1:AI$(FI)
2610 ! LET VAL = LOOKUP(ORD(AIS(FI))+1) !the light val scaled
2620 ! IF VAL > T1 THEN
                                 PEN NO 1
2630 ! PRINT#2:"J1"
      ! PRINT#2:"M";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
2640
      ! PRINT#2:"D";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
2650
        ! PRINT#2: "T2,8,8,4,2"
2660
2670 ! END IF
2680 ! LET N = N + 1
2690 ! NEXT J
2700 ! NEXT I
2710
2720 !LET N = 1200
2730 !FOR I = 20 TO 260
2740 ! FOR J= X TO (X + 60)
2750 ! SET #1: RECORD N
2760 ! READ #1:AIS(FI)
2770 ! LET VAL = LOOKUP(ORD(AIS(FI))+1) !the light val scaled
2780 ! IF VAL > T2 AND VAL < (T1+1) THEN
2790 ! PRINT#2: "J1"
                                   ! PEN NO 1
2800 ! PRINT#2: "M";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
         PRINT#2: "d";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
2810 !
2820
      ! PRINT#2: "T2,8,8,4,2"
2830 ! END IF
2840 ! LET N = N + 1
```

```
2850 ! NEXT J
2860 ! NEXT I
2870
2880
2890! LET N = 1200
2900 !FOR 1 = 20 TO 260
2910 ! FOR J = X TO (X+60)
2920 ! SET #1: RECORD N
2930 ! READ #1:AIS(FI)
2940 ! LET VAL = LOOKUP(ORD(AIS(FI))+1) !the light val scaled
2950 ! IF VAL > T3 AND VAL < (T2 +1) THEN
2960 ! PRINT#2: "J1"
                                     ! PEN NO 1
2970 ! PRINT#2: "M";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
2980 ! ! PRINT#2: "d";(I *8);","; (J * 12) !NOTE FORMAT FORVARIABLES PG 4-11 DXY
2990 ! PRINT#2: "T2,8,8,4,2"
3000 ! END IF
3010 ! LET N = N + 1
3020 ! NEXT J
3030 ! NEXT I
3040
3050
3060
                         1 BORDER
3070 !LET N = 1200
3080 !FOR I = 20 TO 260
3090 ! FOR J = X TO (X+ 60)
3100 ! SET #1: RECORD N
3110 ! READ #1:AI$(FI)
3120 ! LET VAL = LOOKUP(ORD(AI$(FI))+1) !the light val scaled
3130 ! IF VAL > T44 AND VAL < (T3 + 1) THEN

        3140
        !
        PRINT#2: "J2"

        3150
        !
        PRINT#2: "M";(I *8);","; (J * 12)

        3160
        ! ! PRINT#2: "d";(1 *8);","; (J * 12)

        3170
        ! PRINT#2: "T2,8,8,4,2"
        ! NO HATCHING

3180 ! END IF
3190 ! LET N = N + 1
3200 ! NEXT J
3210 ! NEXT I
3220
          ! KEY TO PATTERNS
3230
3240 !
           PRINT#2: "J1"
         PRINT#2: "M";300;",";1
3250 !
                                                               Y of the
3260 ! PRINT#2: "T2,30,30,4,2" ! NO HATCHING
3270 ! PRINT#2: "M";350;",";1
3280
       ! PRINT#2: "P < .1mm"
        ! for p = 1 to 30 step 10
3290
                                          RN CAPE
                                      1
3300
       ! for q = 1 to 30 step 10
3310
3320
        ! PRINT#2: "J1"
3330
        ! PRINT#2: "M";p+ 700;",";q
         ! PRINT#2: "d";p +700;",";q
3340
       ! next q
3350
          ! next p
3360
3370
3380
         ! PRINT#2: "M";750;",";1
         ! PRINT#2: "P < .2mm"
3390
3400
3410
         ! PRINT#2: "J1"
         ! PRINT#2: "M";1100;",";1
3420
         ! PRINT#2: "T3,30,30,4,1"
                                     ! HATCHING
3430
3440
         ! PRINT#2: "M";1150;",";1
         ! PRINT#2: "P < .3mm"
3450
3460
3470
         ! PRINT#2: "J2"
3480
         ! PRINT#2: "M";1500;",";1
```

```
Appendix
```

3490 ! PRINT#2: "T3,30,30,4,1" ! NO HATCHING 3500 ! PRINT#2: "M";1550;",";1 3510 ! PRINT#2: "P < .44mm" 3520 CLOSE #1 3530 CLOSE #3 3540 NEXT FI 3541 clear 3541 clear 3555 sound 1000, .25 3557 sound 800, 1 3560 loop 3561 DATA tr 3570 END

PARTAN

Analysis of chewing particle size

1000	latest files needs scalin	g only for the dmin data
1010	sor area for particle d	am and area8 mdiam have best discrim fo it and ch
1020 1	CHEW 4 SERIES WIT	TH & SIEVES READ AND FOUR PLOTTED
1030	this program will read	from data listed at the end or from
1040	senarate files loaded th	rough input
1050	ophilite mee louded in	noePn mbar
1060		
1070 (TEAR	And the second
1080 1	NPUT PROMPT "SCA	ALE FACTOR 113 OR 1 (NORM) 2"-SCALE
1090 1	NPUT PROMPT "HO	W MANY COLUMNS OF DATA? (2 or 4)":CN
1100 1	NPUT PROMPT "NA	ME OF THE RECORD FILE YOU WANT TO USE ?":R\$
1110		
1120	CLEAR	
1130	DO WHILE MORE DA	ATA
1140	READ NS	
1150		
1160	DIM NAS(3)	
1170	DIM NAOS(3)	
1180	Dia mico(c)	
1190	LET NAS(1) = "a:" & NS & ".TXT"	
1200	$I \in T \setminus OS(1) = "a:" \& RS \& ".OUT"$	
1210	LUI MAOQ(I) - a.	VEDSITV of the
1220	OPEN #1. NAME N	A\$(1)
1230	OPEN #3: NAME NAOS(1), ORGANIZATION RECORD. RECSIZE 100. CREATE NEWOLD	
1240	SET #1: POINTER BEGIN ! Sets pointer at start	
1250	OPEN #2:PRINTER	CTEDAL CADE
1260	or bit and the test	SIEKN CAPE
1270	DIM AREA(2500)	! size each particle, sorted descending order
1280	DIM VOL(2500)	! size each particle, sorted descending order
1290	DIM X(2500)	! size each particle, sorted descending order
1300	DIM YW(10)	! total of particle "weight" (size^3) for each sieve size
1310	DIM YwP(10)	! percent "weight" each siev size
1320	DIM Yc(10)	! cummulative percent passing each siev size
1330	DIM LLR(10)	! Log.Log. 100 / Yc - 100 (all logs are natural)
1340	DIM LX(10)	! Log siev sizes
1350	DIM S(10)	! siev sizes
1360	DIM COUNT(10)	! number on each sieve
1370		
1380	LET $N = 0$	Inumber of particles
1390	LET YW(1), YW(2).	YW(3), YW(4), YW(5), YW(6), YW(7), YW(8), YW(9), YW(10) = 0
1400	IF $CN = 2$ THEN	! COLUMN NUMBER
1410	LET $FC = 1$	
1420	ELSE IF CN = 4 TH	IEN
1430	LET FC = 22	! first comma in data record

Appendix

```
1440 END IF
1450
1460
1470 LET N = 0
1480 DO WHILE MORE #1
1490
        LET N = N + 1
1500
        LINE INPUT #1: DATAS
1510
        LET AWIDTHS = DATAS[1:5] !reads THE FIRST 5 figures
1520
        LET CPOS = POS(DATAS,",",FC) ! pos first comma (FC) AFTER which to read data
1530
        LET DWIDTHS = DATAS[(CPOS+1):(CPOS+5)] !reads 5 numbers after the comma
1540
1550
        LET AREA(N) = VAL(AWIDTH$)
                                               !* SCALE *SCALE
        LET X(N) = VAL(DWIDTH$)*SCALE
1560
1570
1580 LOOP
1590 PRINT "SIEVING " :NS
1600
1610 LET S(1) = 2
1620 LET S(2) = 1.8
1630 LET S(3) = 1.6
1640 LET S(4) = 1.4
1650 LET S(5) = 1.2
1660 LET S(6) = 1
1670 LET S(7) = .8
1680 LET S(8) = .6
1690 LET S(9) = .4
1700 LET S(10) = .2
1710
1720 !FOr Volume, I Tried, vol recta (diam * area); and volume of sphere
1730 ! ( 4/3 * pi * r ^3); using diam/2 for r and sq rt of area/2
1740 ! settled for latter / 2 i.e half a sphere., so 4/6 used
1750 FOR A = 1 TO N
1760 IF X(A) > 2 THEN
1770 LET YW(1) = YW(1) + (4/3 * PI * (SQR(AREA (A))/2)^3) !USING
1780
1790 ELSE IF X(A) > 1.8 THEN
1800 IET YW(2) = YW(2) + (4/3 * PI *( SQR(AREA(A))/2) *3 ) !USING
1810
1820 ELSE IF X(A) > 1.6 THEN
1830 LET YW(3) = YW(3) + (4/3 * PI * (SQR(AREA(A))/2) *3) !USING
1840
                                                                            10
1850 ELSE IF X(A) > 1.4 THEN
1860 LET YW(4) = YW(4) + (4/3 * PI * (SQR(AREA(A))/2) *3 ) !USING
1870
1880 ELSE IF X(A) > 1.2 THEN
1890 LET YW(5) = YW(5) + (4/3 * PI *(SQR(AREA(A))/2) ^3) !USING
1900
1910 ELSE IF X(A) > 1.0 THEN
1920 LET YW(6) = YW(6) + (4/3 * PI *(SQR(AREA(A))/2) ^3 ) !USING
1930
1940 ELSE IF X(A) > .8 THEN
1950 LET YW(7) = YW(7) + (4/3 * PI *( SQR(AREA(A))/2) ^3 ) !USING
1960
1970 ELSE IF X(A) > .6 THEN
1980 LET YW(8) = YW(8) + (4/3 * PI * (SQR(AREA(A))/2) *3 ) !USING
1990
2000 ELSE IF X(A) > .4 THEN
2010 LET YW(9) = YW(9) + (4/3 * PI * (SQR(AREA(A))/2) ^3 ) !USING
2020
2030 ELSE IF X(A) > .2 THEN
2040 LET YW(10)= YW(10)+ ( 4/3 * PI *( SQR(AREA(A))/2) *3 ) !USING
2050
2060 END IF
2070 NEXT A
```

```
2080
2090
             !YwTOT is the total mass
2100
2110 LET YWTOT = 0
                             ! used to calc total weight but if most of the nut
2120 FOR A = 1 TO 9 ! had been chewed up there was a very small ywtot
2130
       LET YWTOT = Yw(A) + YWTOT !so the size was unrealistically large
2140
       NEXT A
2150
2160
       FOR A = 1 TO 9
                                 !YwP is the % mass each sieve size
2170
          LET YwP(A) = (Yw(A) / YwTOT) * 100
2180
       NEXT A
2190
       LET Yc(1) = 100- YwP(1) ! starts doing cummulative percents
2200
2210 LET Yc(2) = 100- (YwP(1) + YwP(2))
2220 LET Y_{c}(3) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3))
2230 LET Y_{c}(4) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4))
2240 LET Y_{c}(5) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5))
2250 LET Y_{c}(6) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5) + Y_{w}P(6))
2260 LET Y_{c}(7) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5) + Y_{w}P(6) + Y_{w}P(7))
2270 LET Y_{c}(8) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5) + Y_{w}P(6) + Y_{w}P(7) + Y_{w}P(8))
2280 LET Y_{c}(9) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5) + Y_{w}P(6) + Y_{w}P(7) + Y_{w}P(8) + Y_{w}P(9))
2290 !LET Y_{c}(10) = 100 - (y_{w}p(1) + Y_{w}P(2) + Y_{w}P(3) + Y_{w}P(4) + Y_{w}P(5) + Y_{w}P(6) + Y_{w}P(7) + Y_{w}P(8) + Y_{w}P(9)
+YwP(10))
2300
2310
       FOR A = 1 TO 8
2320
          LET LLR(A) = LOG( LOG( 100 / (100 - Yc(A)) )
2330
2340
       NEXT A
2350
       FOR A = 1 TO 8
2360
         LET LX(A) = LOG(S(A))
2370
2380 NEXT A
2390
2400 LET T,S1,S2,S3,S4,S5 = 0
                                   ! will do least squares for best fit
2410
2420
      FOR A = 1 TO 8
2430
         LET T = T + 1
2440
          LET S1 = S1 + LX(A) * LLR(A)
2450
          LET S2 = S2 + LX(A)
2460
          LET S3 = S3 + LLR(A)
2470
         LET S4 = S4 + LX(A)^{2}
                                            RSITY of the
2480
          LET S5 = S5 + LLR(A)^2
2490 NEXT A
2500 LET B = ( S1 - S2*S3 / T) / (S4 - S2^2/T) !slope
2510
       LET I = (S3 - B * S2)/T
                                            !intercept
2520 LET R = (T * S1 - S2 * S3) / SQR(T * S4-S2 ^ 2) /SQR(T*S5-S3^2)
2530
2540
2550 ! When Yc is 50% then 100/ 100 - Yc = 2. LOGe.LOGe (2) = -.3665
2560
       !substituting in LLR = I + B* LX
2570
       11
              OR LX = (LLR - I) / B
2580
2590 LET X50, X25 = 0
2600
2610 LET X50 = EXP( ( -.3665 - I) / B)
2620
       LET X25 = EXP((-1.246 - I)/B)
2630 LET CX50 = X50 * (1000/YwTOT)
2640
2650 ! SOUND 500,.1
2660 set zonewidth 8
2670 set #3:zonewidth 8
2680 PRINT #0:N$
2690 PRINT #0: "SIZE ",
2700 PRINT #0: "Log SIZE",
```

2710 PRINT #0: "WEIGHT", 2720 PRINT #0:"%WGT", 2730 PRINT #0:"CUM %WGT", 2740 PRINT #0:"Log.LogR" 2750 PRINT #0: 2760 FOR A = 1 TO 9 2770 2780 PRINT # 0, USING "##.# #####.## ##.###":S(A),LX(A),Yw(A),YwP(A),Yc(a),LLR(A) 2790 print #0 2800 NEXT A 2810 2820 PRINT # 0, USING"#######, VOL: ####, R:##.##, B:##.###, X50:#.###, A: ##":N\$,YWTOT,R,B,X50,A-1 2830 2840 SET #3: POINTER END 2850 WRITE #3:N\$, YWTOT, ROUND(R, 3), ROUND(B, 3), ROUND(X50, 3), ROUND(CX50, 3) 2860 CLOSE #1 2870 CLOSE #2 2880 CLOSE #3 2890 2900 2910 LOOP 2920 ! These files have four columns- need to change POS to comma AFTER 22 2930 IDATA BBL, bbr, CNL, CNR, BHL, BHR, CJL2, CJR1, HGR, HGI 2940 !DATA JEL, JEL100, JER, MKL, MKR, NRL, NRR, ETL, ETR 2950 !DATA OLL, OLR, RCL, RCR, RML, RMR, GFL, GFR Irwl1 is rubbish 2960 !DATA SNL, SNR, TVL, TVR 2970 !DATA KDR,KDL 2980 1 DATA ROBL6, ROBL8, ROBL12 IFROM ROBCHEW A:REDO 2990 !DATA ROBL2, ROBL11, ROBL9, ROBL10, ROBL1, ROBR4, ROBR7, ROBR5 !FROM ROBCHEW 3000 3010 ! ALL THE FOLLOWING IS TWO COLUMN DATA 3020 ! THE FOLLOWING DATA NEEDS TO BE RE-SCALED 3030 !DATA CHL2, CHR2 IDATA RJWL12, RJWL2, RLWL6 3040 **!FROM SIEVED** 3050 ! the following data was chewd 20 times 3060 ! This data also has to be re scaled by 0.113 3070 !DATA ISSL, ISSR, TRMR, TRML, TAKR, TAKL 3080 !DATA TTRL, TTRR 3090 !This data does not have to be scaled, recorded 31/7/92 3100 TY of the l 3110 !DATA TJTR1,TJTL1,TGFR1,TGFL1 3120 IDATA TKDR1, TKDL1, TJEL1, TJER1 3130 IDATA TRWR3, TRWL3 3140 ! REcorded on 4/8/92 with 3 dishes APE 3150 !DATA TRCR1, TRCL1, TJWL1, TJWR1 3160 IDATA TANRI, TANLI, TOLLI 3170 !DATA TOLR1 3180 ! Recorded on FRi 11/9/92 with 3 dishes 3190 !DATA TCHR1,TCHL1,TETL1,TETR1,TMKL1,TMKR1,TCJL1,TCJR1,TTVL1,TTVR1,TBBL1,TBBR1 3200 IDATA TSNL1, TSNR1, TCNL1, TCNR1 3210 !data gary10l,gary10r,gary20l,gary20r,manz10l,manz10r,manz20l,manz20r 3215 !data mp10l,mp10r,mp20l,mp20r 3220 ! these files have two column data - need to use POS ist comma to 14 data 3230 !DATA AKLAKR, JTL, JTR, TRL, TRR, ANL, ANR, SSL, SSR, JER 3240 !data robl8.robr4 3250 !recorded on fri 10th oct using new vidas, scale the dmin data only 3260 !data SAL1, SAR1, TSAL1, TSAR1, TGLR1, TGLL1, TBHL1, TBHR1 3265 data rob101,rob10r,rob201,rob20r 3270 PAUSE 3.0 3280 SOUND 500,.3 3290 SOUND 370,.2 3300 SOUND 350..1 3310 SOUND 370,.1

```
3320 SOUND 390,.3
3330 SOUND 370..2
3340
3350
3360 PRINT "IF YOU WANT TO READ THE RECORDS TO A .TXT FILE PRESS RETURN"
3370 PRINT " IF THERE IS MORE DATA TO PROCESS PRESS CTRL/BREAK"
3380 GET KEY ZZ
3390
3400 CLEAR
                           ! Records Out
3410 DIM ROS(3)
3420
3430 LET ROS(1) = "C:\TRU\" & RS & ".TXT"
3440
3450 OPEN #1: NAME NAOS(1), ORGANIZATION RECORD, RECSIZE 100, CREATE NEWOLD
3460 OPEN #3: NAME ROS(1), ORGANIZATION TEXT, CREATE NEW
3470 OPEN #2:PRINTER
3480
3490 DO
3500 INPUT PROMPT "OUTPUT TO PRINTER (P) OR FILE (F)??":ANSS
3510 LET ANSS = UCASES( ANSS)
3520 IF ANSS = "F" THEN
      LET CH = 3
3530
3540 ELSE IF ANSS = "P" THEN
      LET CH = 2
3550
3560 ELSE
      PRINT "ANSWER THE QUESTION CORRECTLY!"
3570
3580 END IF
3590 LOOP UNTIL ANS$ = "S" OR ANS$ = "P" OR ANS$ = "F"
3600
3610
3620 SET ZONEWIDTH 8
3630 SET # CH: ZONEWIDTH 8
3640
3650 PRINT "NAME"
3660 PRINT "NUTVOL",
3670 PRINT "INTERCEPT",
3680 PRINT "SLOPE",
3690 PRINT "RVAlue",
3700 PRINT "SIZE"
3710 PRINT "CORRECTED",
3720
                          ERSITY of the
3730
3740 PRINT # CH: "NAME",
3750 PRINT # CH: "NUTVOL",
3760 PRINT # CH:"INTERCEPT",
                                    RN CAPE
3770 PRINT # CH:"SLOPE",
3780 PRINT # CH:"RVALUE",
3790 PRINT # CH:"SIZE"
3800 PRINT # CH: "CORRECTED",
3810
3820
3830 DO WHILE MORE #1
3840 READ #1:NAMES
3850 PRINT #CH: NAMES,
3860 PRINT NAMES,
3870
3880 FOR RECORD = 1 TO 5
3890
      READ #1:D
        PRINT #CH: D,
3900
3910
        PRINT D,
3920 NEXT RECORD
3930 PRINT #CH:
3940 PRINT
3950 LOOP
```

```
3960
3970 CLOSE #1
3980 CLOSE #2
3990 CLOSE #3
4000
4010 PRINT "DONE"
4020 PAUSE .9
4030 !SOUND 470,.2
4040 PAUSE .3
4050 !SOUND 500,.3
4060
4070
4080
4090 END
```

MYOGAN Calculation of emg variables



```
1600
       open#2:printer
1610 set #2: zonewidth 7
                        0 ! P
                                             R
                                                       I
                                                                 N
                                                                           T #
1
        6
                2
                                                                                        2
"File", "cyc", "opav", "wdav", muS&"rst", MUS&"rms", muS&"int", MUS&"mx", MuS&"pint", MUS&"pmx", muS&"actv", "drms",
m u S & " - d g " , m u S & " p _ d g " ,
muS&"-mc","dg_"&muS,"dg_p"&muS,muS&"ipco",muS&"mdfr",muS&"turn","SWAC","SWANG","CLAC","CLSTD","CLA
NG", "FRAC"
1630 PRINT #2: "File", "opav", "dev", "SWAC", "SWANG", "SWSTD", "CLAC", "CLANG"
1640 close #2
1650 end if
1660 END IF
1670
                     ! for 22 sec =227 hz so x 4.4
1680 IF EXTS = ".std" THEN
1690 let smo = 20 ! for the length of the smooth window
1700 let zo = 70 ! for the zone around reversal points
1710 let hzf = 3 ! 5000 in 15 sec = 300 hz so X 3 for milli secs
1720 ELSE IF EXTS = ".TRB" THEN
1730 let smo = 40
1740 let zo = 300
1750 let hzf = 1.2 ! 5000 in 6 sec = 830 hz so x 1.2
1760 END IF
1770 CALL NAMESIN
              ! LOOPS AFTER THE LAST NAME(nm)
1780
1790 FOR F = 1 TO NM-1 ! ( THE LAST ONE IS Z!)
1800 LET N$ = NAMES(F)
1810
1820 open #8:screen 0, 1, .49, 1
                                !text
1830 open #9:screen 0, 1, 0, .48
                               !graph
1840 FOR Sd = 2 TO 3 ! NORMALLY 2 TO 3 DOES LEFT AND RIGHT ONLY
1850 if sd = 1 then
1860 LET SIDE$ = "W"
1870 else if sd = 2 then
1880 LET SIDES = "L"
1890 else if sd = 3 then
1900 LET SIDES = "R"
1910 END IF
1920 set mode "ega"
1930 FOR AGONIST = 1 TO 1 ! CHANGE TO 2
1940 IF AGONIST = 1 THEN
      LET MUS = "M"
1950
1960 MAT REDIM AGNrw(0:4000)
                                 ERSITY of the
1970 MAT REDIM AGNco(0:4000)
1980 MAT REDIM VERT(0:4000)
1990 MAT REDIM LAT(0:4000)
2000 MAT REDIM DIG(0:4000)
                                  ERN CAPE
2010 MAT REDIM DIGco(0:4000)
2020 CALL INMAS
2030 CALL CYCLES
2040 CALL BIMODE
2050 ! CALL DIGSMOOTH
2060 ! CALL WAVEANAL ! 7900
2070 ! ELSE IF AGONIST = 2 THEN
2080 ! LET MU$ = "T"
2090 ! MAT REDIM AGNrw(0:4000)
         MAT REDIM AGNco(0:4000)
2100 !
2110 ! CALL INTEM
2120 ! CALL WAVEANAL !@7100
2130 END IF
2140 CALL OUTPUT(NAOS()) ! AT 9810
2150 NEXT AGONIST
2160 NEXT Sd
               !SIDE
2170 close #8
2180 close #9
2190
```

2200 NEXT F !FILE 2210 LOOP 2220 2230 2240 2260 SUB DEFAULTS 2270 2280 LET DRIVES = "C:\EMG\std\" 2290 LET EXTS = ".std" 2300 LET OUTS = "FILE" 2310 let chtS = "N" 2320 ! smo 20,40 and zo (60,250) are defined at 1800 2330 ! Act > 100 2340 end sub 2360 SUB BANNER 2370 2380 OPEN #7:SCREEN 0,.91,.45,.95 ! Text 2390 WINDOW #7 2400 set window 0,10,0,10 2410 set zonewidth 7 2420 SET BACK 1 2430 set color 7 2440 plot 2.5,7.5; 2.5,2; 7.5,2; 7.5,7.5; 2.5,7.5 2450 SET COLOR 6 2460 print tab (1,34); 2470 PRINT"EMG ANALYSIS" 2480 print tab (2,25); 2490 print"Wilding/Morrison; May 1994" 2500 print tab (4,35); 2510 PRINT "Defaults"; 2520 print tab (5,20); 2530 print "1. Drive for data = "; DRIVE\$ 2540 print tab (6,20); 2550 PRINT "2. Data will be sent to ";OUTS 2560 print tab (7,20); 2570 PRINT "3. Will chartfile be made ? " ;chtS 2580 print tab (8,20); 2590 PRINT "4. The EMG sample rate was ";EXT\$ 2600 print tab (11,25); ~ TY of the 2610 Input prompt "Press C to continue, R to reset ":def\$ 2620 let def\$ = ucase\$(def\$) 2630 END SUB ! BANNER 2640 RN CAPE 2660 SUB SETUP 2670 SET BACK 1 2680 SET COLOR 6 2690 DO 2700 DO 2710 CLEAR 2720 LET X1 = 2 ! left 2730 LET X2 = 9.5 ! left 2740 LET Y1 = 3 ! bottom 2750 LET Y2 = 8 ! top 2760 PLOT X1, Y1 ; X2, Y1 ; X2, Y2 ; X1, Y2 ; X1, Y1 2770 print tab (1,34); 2780 PRINT " New defaults ", 2790 print tab (3,20); 2800 print "1. Drive for input file " 2810 print tab (4,20); 2830 print tab (5,20);

Appendix

```
2840 print "3. Data to printer (P) or file(F) ?.... "
2850 print tab (6,20);
2860 print "4. Chartfile ? (Y/N) ...... "
2870 print tab (7,20);
2880 !print "5. EMG data ""STD"" or ""TRB"" ? .... "
2890 ! print tab (9,20);
2900
2910 print tab (3,60);
2920 input prompt "":drive$
2930 print tab (4,60);
2940 input prompt "":extS
2950 print tab (5,60);
2960 input prompt "":ansS
2970 print tab (6,60);
2980 input prompt "":chtS
2990 ! print tab (7,60);
3000 ! input prompt "":EXTS
3010 LET ANSS = UCASES( ANSS)
3020 IF ANSS = "F" THEN
3030 LET OUTS = "FILE"
3040 ELSE IF ANS$ = "P" THEN
3050 LET OUTS = "PRINTER"
3060 ELSE
3070 PRINT, "TRY AGAIN!"
3080 PAUSE 2
3090 END IF
3100 LOOP UNTIL ANSS = "P" OR ANSS = "F"
3110
3120 LET cht$ = UCASES(cht$)
3130 LET MUS = UCASES(MUS)
3140 SET COLOR 14
3150 print tab (10,20);
3160 Input prompt "Press C to continue, R to reset ":erS
3170 let er$ = ucaseS(er$)
3180 LOOP UNTIL ERS = "C"
3190
3200 END SUB !SETUP
                                  3210
3240 SUB NAMESIN
                                     RSITY of the
3250
3260 CLEAR
3270 SET COLOR 6
3280 PRINT TAB(3,20),
3290 INPUT PROMPT "Data input via the keyboared (Y/N)? ":DATAS
3300 LET DATAS = UCASES(DATAS)
3310 IF DATAS = "Y" THEN
3320 CLEAR
3330 DO
3340 LET NM = 0
3350
        PRINT" Type file names (example ""AB1""), without .ext or side and press RETURN"
3360
       PRINT TAB(7,10),
3370
        PRINT "To end press Z, then press C to continue or R to correct"
3380
       DO
3390
        LET NM = NM + 1
3400
        !PRINT TAB ( INT( (12 + NM)/10 ) ,(NM*5));
3410
        PRINT TAB (2,1)
3420
       OPEN #10: SCREEN .92,1,.96,1
3430
        INPUT PROMPT"" :nam$
       CLOSE #10
3440
3450
        print tab (5,10),
3460
        let nam$ = ucase$(nam$)
3470
        LET NAMES(NM) = NAMS
```

```
3480
        set zonewidth 7
3490
       MAT PRINT NAMES
3500 LOOP UNTIL NAMS = "Z" ! space
3510 INPUT PROMPT "Continue ? ":ANS
3520 LET ANS = UCASES(ANS)
3530 LOOP UNTIL ANS = "C"
3540
3550 ELSE IF DATAS = "N" THEN
3560
3570 LET nm = 0
3580 DO WHILE MORE DATA
3590 LET NM = NM + 1
3600 READ NAMS
3610 LET NAMES(NM) = NAMS
3620 LOOP
3630 print tab(5,10)
3640 MAT PRINT NAMES
3650 print tab(9,20),
3660 PRINT " If this is okay, press any key to continue ... "
3670 print tab(10,20),
3680 PRINT " otherwise CTRL BREAK to input names"
111111111111111
3700 ! data BB,CH
                   !TR,TV,BH,CN are mssing either lat or vert
3710 ! DATA cj,et,gdt,gf,je
3730 ! Data jt,jw,kd,mk, ms1,msh,
3732 DATA nr,rc,rw,rm,SN,SS,tr
3740 ! data AO11, AO12, AO13, AO21
3750 ! DATA FA11, FA12, FA13, FA21, FA23, GM11
3760 ! data HC11, HC12, HC13, HC21, HC22, HC23, JH11, JH12, JH13, JM11
3770 ! data LM11, RT11, RT12, RT13
3780 ! data PP11, PP12, PP13, RU11
3790 ! data RU13, MS11, MS12, MS13, FA31
3810
3820 DATA Z
3830 END IF !DATAS = ?
3840 close #7
3850 END SUB INAMESIN
3870
3890 SUB INMAS
                                           ITY of the
3900
3910 LET NAIS(1) = DRIVES & NS & side$ & EXT$
3920 CLEAR
3930
                             ERN CAPE
3940 OPEN #1: NAME NAIS(1)
3950 WINDOW #8
3960 set window 0,1,0,1
3970 SET BACK 0
3980 SET #8 :ZONEWIDTH 7
3990 SET COLOR 7
4000 PRINT TAB (1,55),
4010 PRINT NS & SIDES & muS
4020 LET A,T = 0
4030 FOR DA = 1 TO 5
4040
       LINE INPUT #1:DATAS
4050
       IF DA = 2 THEN
4060
      LET TRIALS = DATAS
4070
       END IF
4080
      NEXT DA
4090
      LET MIN = 0
                    ! Finds the vertical zero offset
4100
     LET MINMAS = 100
4110
4120 DO
```

```
4130 PRINT TAB (1.65).
4140 print ;INT( (4000 - A)/100)
4150
        LINE INPUT #1: DATAS
                                        ! UP TO THESE COMAS
4160
         LET CPOS1 = POS(DATAS,",",1)
                                          ! vertical
        LET CPOS2 = POS(DATAS,",",CPOS1+1)
LET CPOS3 = POS(DATAS,",",CPOS2+1)
4170
                                              !ap
4180
                                             !lateral
4190
        LET CPOS4 = POS(DATAS,",",CPOS3+1)
                                             !velo
4200
        LET CPOS5 = POS(DATAS,",",CPOS4+1)
                                             ! R temporalis
4210
        LET CPOS6 = POS(DATAS,",",CPOS5+1)
                                             ! R MASSETER
4220
        LET CPOS7 = POS(DATA$,",",CPOS6+1)
                                             ! L masseter
        LET CPOS8 = POS(DATAS,",",CPOS7+1)
LET CPOS9 = POS(DATAS,",",CPOS8+1)
4230
                                             ! L TEMP
4240
                                             1
4250
        LET CPOS10= POS(DATAS,",",CPOS9+1)
                                             !CH 6
4260
        LET CPOS11= POS(DATA$,",",CPOS10+1)
                                             !CH 7
4270
4280
        let ch1S = dataS[1:(CPOS1-1)]
4290
        let CH2S = dataS[(CPOS1+1):(CPOS2-1)]
4300
        let lat$ = data$[(CPOS2+1):(CPOS3-1)]
4310
        let VELS = data$[(CPOS3+1):(CPOS4-1)]
4320
4330
        let massR$ = data$[(CPOS5+1):(CPOS6-1)]
4340
        let massLS = dataS[(CPOS6+1):(CPOS7-1)]
4350
        let maspoR$ = data$[(CPOS8+1):(CPOS9-1)]
4360
                                              !R POST MASS
4370
        let digR$ = data$[(CPOS9+1):(CPOS10-1)]
4380
        let digL$ = data$[(CPOS10+1):(CPOS11-1)]
4390
        let maspoLS = dataS[(CPOS11+1):(CPOS11+5)]
                                                INO COMMA AFTER LAST VALUE
4400
4410
4420 LET A = A +1
4430 LET VERT(A) = VAL(CH1S)
4440 LET LAT(A) = VAL(latS)
4450
        IF vert(A) < MIN THEN
                               ! TO FIND THE OFFSET FROM ZERO
4460
        LET min = vert(A)
4470
        End If
4480 IF SIDES = "W" THEN
4490 LET AGNrw(A) = VAL(massLS)
4500 LET DIG(A) = VAL(massR$)
4510 LET DIGco(A) = VAL(massL$)
4520 LET AGNco(A) = VAL(massR$)
4530 ELSE IF SIDE$ = "L" THEN
                                         SITY of the
4540 LET AGNrw(A) = VAL(massL$)
4550 LET DIG(A) = VAL(digLS)
4560 LET DIGco(A) = VAL(digR$)
4570 LET AGNco(A) = VAL(massR$)
                                              N CAPE
4580 ELSE IF SIDES = "R" THEN
4590 LET AGNrw(A) = VAL(massRS)
4600 LET DIG(A) = VAL(digR$)
4610 LET DIGco(A) = VAL(digL$)
4620 LET AGNco(A) = VAL(massL$)
4630 END IF
4640 LOOP until a = 4000
4650 CLOSE #1
4660 print
4670 END SUB !INMAS
4690
4710 SUB INTEM
4720
4730 LET NAIS(1) = DRIVES & N$ & side$ & EXT$
4740 CLEAR
4750
4760 OPEN #1: NAME NAIS(1)
```

```
4770
     WINDOW #8
4780
      set window 0,30,0,1
4790 SET BACK 0
4800 SET #8 :ZONEWIDTH 7
4810 SET COLOR 7
4820 PRINT TAB (1,55),
4830 PRINT NS & SIDES & muS
4840 LET A,T = 0
4850
      FOR DA = 1 TO 5
       LINE INPUT #1:DATAS
4860
4870
       IF DA = 2 THEN
4880
       LET TRIALS = DATAS
4890
       END IF
4900
       NEXT DA
4910
4920
      LET MIN = 0
                       ! Finds the vertical zero offset
4930
      LET MINMAS = 100
4940 DO
4950 PRINT TAB (1,65),
4960
      print ;INT( (4000 - A)/100)
        LINE INPUT #1: DATAS
                                        ! UP TO THESE COMAS
4970
        LET CPOS1 = POS(DATAS,",",1)
4980
                                         ! vertical
        LET CPOS2 = POS(DATA$,",",CPOS1+1)
4990
                                               !ap
5000
        LET CPOS3 = POS(DATAS,",",CPOS2+1)
                                              lateral
5010
         LET CPOS4 = POS(DATA$,",",CPOS3+1)
                                              !velo
        LET CPOS5 = POS(DATAS,",",CPOS4+1)
LET CPOS6 = POS(DATAS,",",CPOS5+1)
5020
                                              ! R temporalis
5030
                                              ! R MASSETER
5040
        LET CPOS7 = POS(DATAS,",",CPOS6+1)
                                              ! L masseter
        LET CPOS8 = POS(DATAS,",",CPOS7+1)
LET CPOS9 = POS(DATAS,",",CPOS8+1)
LET CPOS10= POS(DATAS,",",CPOS9+1)
                                              ! L TEMP
5050
5060
                                              !CH 6
5070
5080
        LET CPOS11= POS(DATAS,",",CPOS10+1)
                                              !CH 7
5090
5100
         let tempR$ = data$[(CPOS4+1):(CPOS5-1)]
         let tempL$ = data$[(CPOS7+1):(CPOS8-1)]
5110
5120
5130
5140 LET A = A +1
5150 IF SIDES = "W" THEN
5160 LET AGNrw(A) = VAL(tempL$)
5170 LET AGNco(A) = VAL(tempRS)
                                            SITY of the
5180 ELSE IF SIDE$ = "L" THEN
5190 LET AGNrw(A) = VAL(tempL$)
5200 LET AGNco(A) = VAL(tempR$)
5210 ELSE IF SIDE$ = "R" THEN
                                                       CAPE
5220 LET AGNrw(A) = VAL(tempRS)
5230 LET AGNco(A) = VAL(tempLS)
5240 END IF
5250 LOOP until a = 4000
5260 CLOSE #1
5270 print
5280 END SUB !INTEM
5310 SUB CYCLES
                        Icalled at 2110
5320 DIM OPEN(40)
                     ! an address of maximum opening
                    ! an address of maximum INTERCUSPATION
5330 DIM CLOSE(40)
5340 mat open = 0
5350 mat close = 0
5360
5370 FOR N = 1 TO 4000
5380 LET vert(N) = - (vert(N) - MIN)
                                      !MIN IS TH EOFFSET FROM ZERO
5390 NEXT N
5400 LET SUBMN, OPAV, WIDAV, MX, LATOFSUB = 0
```

```
5410 LET CLOSE(1) = 1
5420 LET CYC = 1
5430 FOR N = zo +1 TO (4000 - zo ) !!!!!!!!!seeking close points
5440
      LET MN = -10
       IF VERT(N) > (VERT(N+zo)+1) AND VERT(N) > VERT(N-zo) THEN
5450
5460
          FOR Q = N TO N+zo
5470
           IF VERT(Q) > MN THEN
5480
           LET CR = Q
5490
            LET LATOFF = LAT(Q)
                                     !The error in lateral offset
            LET MN = VERT(Q)
5500
           END IF
5510
5520
          NEXT Q
             LET CYC = CYC + 1
5530
             LET CLOSE(CYC) = CR !CLOSE is an array of addresses
5540
5550
             LET N = N + 2*ZO
             LET LATOFSUB = LATOFSUB + LATOFF
5560
5570
         END IF
5580 NEXT N
                                  !!!!!!!!!!! seeking open points
5590 LET SUBMX, subd = 0
5600 IF CYC > 0 THEN
5610 FOR PH = 1 TO CYC -1
5620 LET MX = 0
5630 FOR N = CLOSE(PH) TO CLOSE(PH+1)
5640 IF VERT(N) < MX THEN
5650 LET MX = VERT(N)
5660 LET OPEN(PH) = N
                                  !OPEN ia na array of addreses
5670 let d = lat(n) ! the lateral deviation at opening
5680 END IF
5690 NEXT N
5700 let subd = subd + d
5710 LET SUBMX = SUBMX + MX
5720 NEXT PH
5730 LET OPAV = abs(ROUND(SUBMX/(CYC-1),1))
5740 LET DEV = ROUND(SUBD/(CYC-1),1)
5750 1111111111111 Seeking lateral displacements
5760 !! Correcting any error in lateral zero
5770 LET LATOFF = LATOFSUB / CYC
5780 FOR N = 1 TO 4000
5790
        LET lat(N) = lat(N) - latoff !, the offset from centre
5800 NEXT N
5810 LET N,SUBLAT,MAXLAT,MINLAT = 0
                                                     \Gamma \mathrm{Y} of the
5820 FOR L = 1 TO CYC-1
5830 LET MAXLAT = 0
5840 FOR N = CLOSE(L) TO CLOSE(L+1)
5850 if side$ = "L" then
5860 IF LAT (N) > MAXLAT THEN ! negative displacemetns to the left
5870
      LET MAXLAT = LAT(N)
5880 END IF
5890 else if side$ = "R" then
5900 IF LAT (N) < MAXLAT THEN ! POSITIVE DISPL TO THE RIGHT
5910 LET MAXLAT = LAT(N)
5920 END IF
5930 end if ! if side$ =
5940 NEXT N
5950 LET SUBLAT = SUBLAT + ABS(MAXLAT)
5960 NEXT L
5970 LET WIDAV = ROUND(SUBLAT/(CYC-1),1)
5980 END IF ! CYC > 0
5990 set back 0
6000 WINDOW # 9
6010 clear
6020 set window -50,4000,-10,+500
6030 set color 1
6040 box area -50,4000,-10,500
```

```
6050 set color 13
6060 for n = 1 to 4000
6070 plot n,(500 + 10 *vert(n))
6080 next n
6090
      FOR PH = 1 TO CYC-1
6100
       set color 15
       plot close(ph),500 + 10 * vert(close(ph));close(ph),520 + 10 * vert(close(ph))
6110
6120
       set color 15
       plot open(ph),500 + 10 * vert(open(ph));open(ph),520 + 10 * vert(open(ph))
6130
6140
      NEXT ph
6150
      SET COLOR 7
6160 print "widav ";widav
6170 SET COLOR 7
6180 PLOT 0,400;4000,400
6190 set color 11
6200 for n = 1 to 4000
6210 plot n,(400 + 10 *LAT(n))
6220 next n
6230 PRINT tab (1,20),
6240 set color 2
6250 print "OPEN",
6260
      set color 4
6270
       print "CLOSE"
         SET COLOR 7
6280
6290 ! PLOT 0,300;4000,300
6300
      FOR PH = 1 TO CYC
6310
6320
         SET COLOR 7
6330
         PLOT CLOSE(PH),300; CLOSE(PH),100
        SET COLOR 10 !green
6340
6350
        LET C = CLOSE(PH)
      FOR N = CLOSE(PH) TO OPEN(PH)
6360
        PLOT C + 10*LAT(N), 10*VERT(N)+300
6370
6380
      NEXT N
       SET COLOR 12 !red
6390
6400 FOR N = OPEN(PH) TO CLOSE(PH+1)
6410 PLOT C + 10*LAT(N), 10*VERT(N)+300
6420
      NEXT N
      NEXT PH
6430
6440 END SUB ! CYCLES
ERSITY of the
6460
        SUB DIGSMOOTH
6470 window #8
6480 print tab (2,1),
6490 PRINT "SMOOTHING Digastrics"
                                                         CAPE
6500
6510 ! May need to correct zero offset, so ..
6520 LET SUBDig,SUBDco,CD,CDco = 0
6530
        FOR I = 0 TO 500
6540
         LET SUBDig = SUBDig + DIG(T)
6550
        LET SUBDco = SUBDco + DIGco(I)
6560
      NEXT I
6570 LET CD = SUBDig/500
                                  ! C is the zero offset
      LET CDco = SUBDco/500
6580
                                    ! C is the zero offset
6590
6600 LET AV, SUBSQ = 0
     FOR I = 0 TO (4000 -smo/2)
6610
6620 print tab (2,25),
      print ;4000 - i
6630
6640
        LET SUBSQ = 0
6650
         FOR N = 0 TO smo/2
           LET SUBSQ = SUBSQ + (DIG(I+N)-CD)^2
6660
6670
         NEXT N
          LET AV = ROUND( SQR( SUBSQ / (smo/2)) ,2)
6680
```

```
6690
         LET DIG(I) = AV
6700
      NEXT I
6710
6720 set color 6
6730 LET AV, SUBSQ = 0
6740
     FOR I = 0 TO (4000 -smo/2)
6750
     print tab (2,25),
     print ;4000 - i
6760
6770
       LET SUBSQ = 0
6780
        FOR N = 0 TO smo/2
         LET SUBSQ = SUBSQ + (DIGco(I+N)-CDco)^2
6790
6800
        NEXT N
6810
         LET AV = ROUND( SQR( SUBSQ / (smo/2)) ,2)
6820
         LET DIGco(I) = AV
6830
      NEXT I
6840
6850
         LET DRMS,RMS = 0
6860
         FOR CH = 1 TO CYC-1
         LET RMS,N = 0
6870
6880
         FOR PH = CLOSE(CH) TO OPEN(CH)
6890
           LET RMS = RMS +( DIG(PH) ^2)
           let N = N + 1
6900
         NEXT PH
6910
6920
         LET DRMS = DRMS + SQR(RMS/N)
         NEXT CH
6930
6940
         LET DRMS = int(DRMS/(cyc-1))
6950
6960
6970
6980
6990 END SUB IDIGSMOOTH
7020 ! open #9:screen 0, 1, 0, .49
                              !graph
7030
        MAT REDIM AGNsm(0:4000)
        MAT REDIM AGNact(0:4000)
7040
7050 CALL PHASES(AGNsm(), NAOS())
                                  !Act is the number of active values
7060 IF Act > 100 THEN
7070
       ! mat reDIM VERT(1)
       ! mat reDIM LAT(1)
7080
7090
        mat reDIM AGNco(1)
                                              TY of the
7100
        mat redim AGNact(1)
7110
        mat redim AGNsm(1)
7120 CALL WAVEFORM(AGNrw(),Act,D,AVINT,TURNS)
7130 dim fft(500)
7140 LIBRARY "B:FFTLIBE"
7150 !! CALL RUNFFT1(ti, N, NU, AGNrw(), XRE(), XIM(), FFTRE(), FFTIM(), TEMPRE(), TEMPIM())
7160 CALL RUNFFTA(HZF,ti, N, Act, AGNrw,FFT(),MEDFRE,PKFR1,PKFR2,PKFR3,PEAK1,PEAK2,PEAK3)
7170 ! GET KEY ZZ
7180 END IF
7190 END SUB !WAVEANAL
7200
7220 SUB PHASES(AGNsm(),NAO$())
7230 LET SUBM, SUBMco, CM, CD = 0
7240 ! May need to correct zero offset, so ..
7250 FOR I = 0 TO 500
7260 LET SUBM = SUBM + AGNrw(T)
7270 LET SUBMco = SUBMco + AGNco(I)
7280 NEXT I
7290 LET CM = SUBM/500
                             ! C is the zero offset
7300 LET CMco = SUBMco/500
                                 ! C is the zero offset
7310 WINDOW # 8
7320 set color 7
```

7330 print tab (2,1), 7340 PRINT *SMOOTHING Agonists ' 7350 !now the data is rectified and smoothed using a 20 point window 7360 LET AV, SUBSQ = 0 7370 FOR I = 0 TO (4000 -smo) 7380 print tab (2,25), 7390 print ;4000 - i LET SUBSQ = 07400 7410 FOR N = 0 TO smo LET SUBSQ = SUBSQ + abs(AGNrw(I+N)-CM) 7420 NEXT N 7430 7440 LET AV = ROUND(SUBSQ / smo ,1) 7450 LET AGNsm(T) = AV7460 NEXT I 7470 set color 6 7480 LET AV, SUBSQ = 0 7490 FOR I = 0 TO (4000 -smo) 7500 print tab (2,25), 7510 print ;4000 - i LET SUBSQ = 07520 7530 FOR N = 0 TO smo LET SUBSQ = SUBSQ +abs(AGNco(I+N)-CMco) 7540 7550 NEXT N 7560 LET AV = ROUND(SUBSQ / smo ,1) LET AGNco(I) = AV7570 7580 NEXT I 7590 7600 LET MINMAS = 100 FOR I = 0 TO 4* zo !looks for the mean initial resting level 7610 7620 IF AGNsm(I) < MINMAS THEN LET MINMAS = round(AGNsm(I),1) 7630 7640 END IF 7650 NEXT I 7660 set color 7 7670 print tab (2,1), 7680 PRINT "Active EMG 7690 LET Act,R = 0 !phase starts at 1 7700 FOR N = 1 TO 4000 7710 print tab (2,25),
 7720
 print ;4000 - n

 7730
 IF
 AGNsm(N) > MINMAS + 20 THEN
 !ABOVE REST
 of the ! Act counts the active 7740 LET Act = Act + 1 7750 LET AGNact(Act) = N ! an array of active data addreses 7760 LET AGNrw(Act) = AGNrw(N) ! replace the raw with active data 7770 END IF 7780 NEXT N 7790 PRINT TAB (2,40), 7800 PRINT "Act/Cy ";Act/CYC, 7810 !!!!!!!!!!!!!! Agonists - Antagonists; Ipsi - contra !!!!!!!!! 7820 7830 IF Act > 100 THEN LET M_DG,Mco_DG,SUB,SUBco,DIFMMco,SUBINT,MSUB,MRMS,DIFMD,DIFMDCO = 0 7840 7850 FOR N = 1 TO ACT 7860 LET M_DG = AGNsm(AGNact(n)) - DIG(AGNact(n)) 7870 7880 LET Mco DG = AGNco(AGNact(n)) - DIGco(AGNact(N)) 7890 LET SUB = SUB + M_DG LET SUBco = SUBco + Mco_DG 7900 7910 LET DIFMMco = AGNsm(AGNact(n)) - AGNco(AGNact(n)) LET SUBINT = SUBINT + DIFMMco 7920 7930 LET MSUB = MSUB +(AGNsm(AGNact(N)) ^2) 7940 NEXT N 7950 7960 LET MRMS = INT(SQR(MSUB/act))

```
7970
         if sub < 0 then
7980
          let DIFMD = - int (sqr(abs(sub*hzf))/cyc)
7990
         else if sub > 0 then
           LET DIFMD = INT(SQR(SUB*hzf)/cyc)
8000
8010
         end if
8020
         if subco < 0 then
8030
          let DIFMDco = - int (sqr(abs(subco*hzf))/cyc)
8040
         else if subco > 0 then
          LET DIFMDco = INT(SQR(SUBco*hzf)/cyc)
8050
8060
         end if
         if SUBINT > 0 THEN
8070
          LET DIFMMco = INT(SQR(subint*hzf)/CYC)
8080
8090
         else if SUBINT < 0 THEN
          LET DIFMMco = - INT(SQR(abs(subint*hzf))/CYC)
8100
8110
          end if
8120
          LET DGAG, dgagco, Mres = 0
8130
          !!!!!!!!!!! digastric - agonist
       FOR CH = 1 TO CYC-1
8140
          LET SUB,subco,SUBres,CNT = 1
8150
8160
          FOR PH = CLOSE(CH) + 10 TO OPEN(CH) -10
           LET SUB = SUB + DIG(PH) - AGNsm(PH)
8170
            LET SUBco = SUBco + DIGco(ph) - AGNco(PH)
8180
8190
            LET SUBres = SUBres +( AGNsm(PH) ^2)
           LET CNT = CNT +1
8200
8210
          NEXT PH
8220
          LET DGAG = DGAG + SUB
8230
          LET DGAGco = DGAGco + SUBco
8240
          LET Mres = Mres + SQR(SUBres/CNT) ! Total / num
           NEXT CH
8250
8260
          LET MRES = INT(Mres/( cyc-1))
8270
8280
              if dgag > 0 then
          LET DGAG = int( SQR(DGAG*hzf)/(cyc-1)
8290
8300
           else if dgag < 0 then
8310
           LET DGAG = - int( SQR(abs(DGAG)*hzf)/(cyc-1)
                                                       )
8320
                end if
8330
             if DGAGco > 0 then
8340
          LET DGAGco = int( SQR(DGAGco*hzf)/(cyc-1) )
8350
           else if DGAGco < 0 then
           LET DGAGco = - int( SQR(abs(DGAGco*hzf))/(cyc-1) )
8360
8370
           end if
                                                                        the
LET MipSUB, McoSUB, MipPK, McoPK, ipco, Dt, IPint, COint = 0
8390
8400
      FOR CH = 1 to CYC-1
8410
         LET MipMX, McoMX = 0
8420
            LET agint, agcoint, hagint, hagcoint = 0
8430
         FOR PH = OPEN(CH) TO CLOSE(CH+1)
                                             ladds up the integral smoothed AGNsm
            let agint = agint + (AGNsm(ph)*hzf)
8440
          IF AGNsm(PH) > MipMX THEN
8450
             LET MipMX = AGNsm(PH)
8460
8470
           END IF
8480
          let agcoint = agcoint +( AGNco(ph) *hzf)
8490
8500
          IF AGNco(PH) > McoMX THEN
             LET McoMX = AGNco(PH)
8510
          END IF
8520
8530
        NEXT PH
8540
         LET MipSUB = MipSUB + MipMX
8550
8560
         LET McoSUB = McoSUB + McoMX
8570
           !!!!!! find the time point of half the integral
8580
8590
         LET PH = OPEN(CH)
            do until hAGint > AGint / 2
8600
```

```
8610
           let ph = ph + 1
           let hAGint = hAGint + ( AGNsm(PH)*hzf)
8620
8630
         loop
             LET IPt = PH
8640
8650
        LET PH = OPEN(CH)
8660
            do until hAGcoint > agCOint / 2
8670
8680
           let ph = ph + 1
8690
           let hAGcoint = hAGcoint + ( AGNco(PH)*hzf)
8700
          loop
8710
            LET COt = PH
8720
             LET Dt = Dt + IPt-COt
8730
            LET IPint = Ipint + agint
            LET COint = COint + agcoint
8740
8750 NEXT CH
        LET MipPK = int(MipSUB/(CYC-1))
8760
8770
        LET McoPK = int(McoSUB/(CYC-1))
        LET COint = int(sqr(COint/(CYC-1))) !Coint = mean int co-lat rms
8780
        LET IPint = int(sqr(IPint/(CYC-1)))
8790
           LET IPCO = round((Dt/cyc-1),2)
8800
8810
8820 END IF ! if act > 100
       If mus$ = "M" then
8830
8840
        set color 7
8850
        else if mu$ = "T" then
8860
       set color 2
8870
        end if
8880 print tab(3,1),
8890 print MUS&"rst"; Mres,
8900 print muS&"rms";MRMS,
8910 print muS&"int";Coint + Ipint,
8920 print muS&"ip-co";DIFMMco,
8930 PRINT "DRMS" ;DRMS,
8940 print muS&"-D";DIFMD,
8950 print "D-"&mu$;Dgag
8960 WINDOW # 9
8970 set window -10,4000,-10,+500
8980 set color 15
8990 for mv = 1 to 4000-1
9000 plot mv, AGNsm(mv);
9010 next mv
                            VERSITY of the
9020 plot mv,AGNsm(MV)
9030
9040 set color 10
9050 for mv = 1 to 4000-1
                                         RN CAPE
9060 plot mv, DIG(mv);
9070 next mv
9080 plot mv, DIG(mv)
9090
                !Diff between AGNsm and AGNco
9100
9110 for m = 1 to Act
9120 set color 12
9130 plot AGNact(m), AGNco(AGNact(m)); AGNact(m), AGNsm(AGNact(m))
9140 next m
9150 IF chtS = "Y" then
                                   ! AND MU$ = "M" then
9160 CALL CHARTFILE
9170 END IF
9180 plot lines: 1, Mres; 4000, Mres
9190 END SUB !PHASES !!!!!!!!
                9200
9210 SUB WAVEFORM(AGNrw(),Act,D,AVINT,TURNS)
9220
        !! FRACTAL
9230 LET X, L, DD, D1, N, SUBD = 0
9240 LET XI = -1
```

```
9250 LET XO = 0
9260 LET YO = AGNrw(1)
9270 FOR i = 0 TO Act
9280 LET N = N + 1
9290 LET XI = XI + 4
9300 LET X = XI + 4
9310 LET YI = (AGNrw(i))
9320 LET Y = (AGNrw(i+1))
9330 LET D1 = SQR( (X - XO)<sup>2</sup> + (Y - YO)<sup>2</sup>)
9340 IF D1 > DD THEN
9350 LET DD = D1
9360 END IF
9370 LET L = L + SQR( (X - XI)^2 + (Y - YI)^2)
9380 IF N > 1 THEN
9390 LET D = round(LOG(N) / (LOG(N) + LOG(DD / L)),3)
9400 END IF
9410 NEXT i
9420 LET D = ROUND(D,3)
9430
              IIIIIIIIIII TURNS
9440
9450 DIM PEAKS(1500)
9460 LET PK,TU,TURNS,intV,AVINT = 0
 9470 FOR N = 1 TO Act
9480
            IF AGNrw(n) > AGNrw(n-1) AND AGNrw(n) > AGNrw(n+1) THEN
              LET PK = PK + 1
9490
 9500
                LET PEAKS(PK) = AGNrw(N)
 9510
            END IF
 9520 NEXT n
 9530 FOR N = 1 TO PK
 9540 IF ABS(PEAKS(N+1) - PEAKS(N) ) > 25 THEN
 9550
            LET TU = TU +1
 9560 LET INTV = INTV + ABS( PEAKS(N+1) - PEAKS(N))
 9570 END IF
 9580 NEXT N
 9590 LET AVINT = int(INTV/TU)
                                                                       !AVERAGE TURN INTERVAL
 9600 LET TURNS = ROUND( TU /10 ,1) ! 10 SECONDS OF DATA
 9610
 9620 ! The active phases of the data are collected together adjacent to each other
 9630 WINDOW #8
 9640 PRINT TAB (4,1),
 9650 print "avint ":avint,
                                                              ERSITY of the
 9660 print "frac " ;d,
 9670
 9680 MAT PEAKS = 0
 9690 let runt = time - start
9700 END SUB !WAVEFORM
                                                               Internet SUB OUTPUT Internet I
 9710
 9720 SUB OUTPUT(NAOS())
 9730 !let actv = round(act*hzf/cyc)
 9740 LET NAOS(1) = "b:\" & NS & SIDES & muS &".OUT"
 9750 IF outS = "PRINTER" THEN
 9760 open #2: printer
 9770 set #2: zonewidth 7
                                    8
                                                           0 ! P
 9
                   7
                                                                                                              i
                                                                                                                                                                             2
                                                                                           r
                                                                                                                                 n
 N$&SIDES&MUS,cyc,opav,widAV,Mres,MRMS,IPint,MipPK,COint,McoPK,ACTv,DRMS,DIFMD,DIFMMco,dgag,ipco,M
 EDFRE,avint,SWAC,SWANG,CLAC,SWSTDA,CLANG,D
 9790 print #2: NS&SIDES&MU$,opav,dev,SWAC,SWANG,SWSTDA,CLAC,CLANG
 9800 ELSE if outS = "FILE" then
 9810 OPEN #2: NAME NAO$(1), organization text, create new
 9820 set #2: zonewidth 7
 9830 SET # 2: MARGIN 250
 9840 set #2: zonewidth 10
                               5
                                                        0 !
                                                                          Ρ
                                                                                            R
                                                                                                                                                     т
                                                                                                                                                                              2
 9
                8
                                                                                                                I
                                                                                                                                 N
                                                                                                                                                           #
 "File", "cyc". "opav", "wdav", mu&& "rst", MU& "rms", mu&& "int", MU& "mx", Mu& "pint", MU& "pmx", mu& "actv", "drms",
```

```
Appendix
```

```
muS&"-dg",muS&"p_dg", muS&"-mc","dg_"&muS,"dg_p"&muS,muS&"ipco",muS&"mdfr",muS&"turn"
                           0 ! p
                                                                                  2
9
         8
                 6
                                           r
                                                    i
                                                             n
                                                                      t #
NS&SIDES&MU$,cyc,opav,widAV,Mres,MRMS,IPint,MipPK,COint,McoPK,ACTv,DRMS,DIFMD,DIFMDco,DIFMMco,d
gag, DGAGCO, ipco, MEDFRE, avint
9865 PRINT #2: "File", "cyc", "opav", "wdav", "ang", "bimo", "mop"
9870 print #2: NS&SIDES&MUS,cyc,opav,widAV,ANGLE,BIMO,moper
9880 end if
9890
9900 close #2
9910 END SUB !OUTPUT
9930 SUB CHARTFILE
9940 LET NAOS(2) = "c:\emg\cht\" & NS & SIDES & muS & ".CHT"
9950 open # 2:NAME NAOS(2),ORGANIZATION TEXT, CREATE NEW
9960 PRINT #2:"AGNsm","AGNco","DIG","Vert"
9970 FOR N = 1500 TO 2500
9980 PRINT #2:AGNsm(N),AGNco(N),DIG(N), vert(n),LAT(N)
9990 NEXT N
10000 CLOSE #2
10010
10020 END SUB
10040 SUB BIMODE
                    !! MAKING A FREQUENCY MATRIX
10050
10060 DIM LMODE(40)
10070 DIM FMODIS(40,2)
10080 DIM LFRE(0:40,40)
10081 MAT LFRE = 0
10082 MAT LMODE = 0
10083 MAT FMODIS = 0
10090 WINDOW #8
10100 set window -20,60,-30,5
10110 let m = 50
                       1% of the mode
         FOR N = 1 TO 4000
10120
          LET LFRE(INT(ABS(VERT(N))),INT(LAT(N)+20)) = LFRE(INT(ABS(VERT(N))),INT(LAT(N)+20)) + 1
10130
10140
          NEXT N
10150
      LET Z = 3
10160
10170
10180 LET MOPER, BIMO,A = 0
                             ERSITY of the
10190 FOR S = 1 TO 30
             LET DIV, BI = 0
10200
              LET totfre = 0
10210
10220
              LET LOWPT = 0
10230
              LET LOWFRE = 0
                                                 CAPE
             LET LTOTFRE = 0
                                 ы
10240
10250
             LET RTOTFRE = 0
              LET MODE1 = 0
10260
          ! First we calcualte the first mode and the total fre for eacg level
10270
10280
      FOR I = 1 TO 40
10290
          IF LFRE(S,I) > MODE1 THEN
           LET MODE1 = LFRE(S,I)
10300
           LET FMODIS(S,1) = I ! THE position of the mode
10310
10320
          END IF
10330
          LET totfre = totfre + lfre(s,i)
10340
      NEXT I
           IF MODE1 > 0 THEN
10350
10360
             LET A = A + 1
             LET MOPER = MOPER + MODE1/TOTFRE
10370
             LET LMODE(S) = MODE1 ! The mode
10380
10390
           END IF
         IF S < 15 THEN
10400
          LET Z = Z + .33
                           ! Z peaks at 7 at level 15
10410
          ELSE IF S > 15 THEN
10420
```

```
Appendix
```

```
10430
            LET Z = Z -.33
10440
          END IF
10450
10460 FOR I = 1 to 40 ! looking for second mode
         IF LFRE(S,I) > (.5 * MODE1) AND (FMODIS(S,1) + Z) < 1 THEN
10470
10480
            LET FMODIS(S,2) = I
         ELSE IF LFRE(S,I) > (.5 * MODE1) AND (FMODIS(S,1) - Z) > I THEN
10490
10500
            LET FMODIS(S,2) = I
          LET BIMO = BIMO + 1
                                !counts bimode freq
10510
10520
         END IF
10530 NEXT I
10540 NEXT S
10550 LET MOPER = round(MOPER/A * 100,1)
10560 LET BIMO = round(BIMO/A * 100,1)
10570 PRINT "Moper ";moper
10580 PRINT "Bimo ";bimo
10590
10600
                1111111111 ANGLE 11111111111111
10610
          !finding freq centre on chewing side
        LET SUBMOD, X, Y = 0
10620
10630
        IF SIDES ="L" THEN
10640
         LET SI = 20
10650
10660
        ELSE IF SIDES = "R" THEN
10670
10680
         LET SI = 10
        END IF
10690
10700
10710 FOR S = 1 TO 10
       LET MODIS, MODE1 = 0
10720
10730 FOR I = SI TO SI+10
10740
          IF LFRE(S,I) > MODE1 THEN
10750
           LET MODE1 = LFRE(S,I)
10760
           LET MODIS = I ! THE position of the mode
10770
          END IF
       NEXT I
10780
         LET SUBMOD = SUBMOD + MODIS
10790
10800
       NEXT S
10801
         LET X = SUBMOD/10
10802
10820
                               ERSITY of the
          LET SUBMOD = 0
10830
10840 FOR I = SI TO SI+10
          LET MODIS, MODE1 = 0
10850
10860
        FOR S = 1 TO 10
                                                       CAPE
         IF LFRE(S,I) > MODE1 THEN
10870
10880
          LET MODE1 = LFRE(S,I)
           LET MODIS = S ! THE position of the mode
10890
10900
         END IF
        NEXT S
10910
          LET SUBMOD = SUBMOD + MODIS
10920
10930 NEXT I
         LET Y = SUBMOD/10
10940
10960
         10970
         LET Xc = 20
10980 IF X > Xc THEN ! ie on the plus >20 side of centre
         LET ANGLE = INT(ATN(Y/(X-Xc)))
10990
       ELSE IF X < xC THEN
11000
         LET ANGLE = int(ATN(Y/(Xc-X)))
11010
11012
        ELSE IF X = Xc THEN
11013
         LET ANGLE = 90
11020
       END IF
          PRINT "Angle ";angle
11030
11040 !!!!!!!!!!!!!!!!! plotting!!!!!!!!!
```

Appendix

```
11050
            SET COLOR 10
                                        !green
11060
            box LINES -.3, .3, -.3, .3
11070
            box keep -.3, .3, -.3, .3 in box1$
11080
            SET COLOR 4
11090
            BOX AREA -.3,.3,-.3,.3
            BOX KEEP -.3, .3, -.3, .3 in box25
11100
11110
            SET COLOR 15
11120 FOR S = 1 TO 37
11130 FOR I = 1 TO 40
11140
            IF LFRE(S,I) > 0 THEN
11150
               SET COLOR 15
11160
              PLOTI, -S
11170
             END IF
11180
       NEXT I
11190 NEXT S
11210 FOR S = 1 TO 37
11220 FOR I = 1 TO 40
11230
           IF LFRE(S,I) > (LMODE(S) * M/100) THEN
11240
                set color 10
            plot I ,-S
11250
11260
            END IF
11270
       NEXT I
11280
           IF FMODIS(S,1) > 0 THEN
           BOX SHOW BOX2$ AT FMODIS(S,1) ,-S
11290
11300
           END IF
11310 NEXT S
11320
       SET COLOR 7
11330 PLOT 20,-30;20,0
11332 PLOT 15.0:25.0
11335 SET COLOR 15
11340
       plot X,-Y;20,0
11360 END SUB
11370 END ! PROGRAM
                                           ACCELAN
                                    Analysis of acceleration
1010 ! close is defined as pt Q and opcl and clop 1mm open
```

```
1040 !REST IS CLOSE + 100 TO OPEN - 50
1220
                                 RSITY of the
                             2
1230
      DIM XRE (1)
1240
1250
      DIM XIM
              (1)
     DIM FFTIM (1)
DIM FFTIM (1)
1260
                                   RN CAPE
1270
                              H.
1280
1290
      DIM TEMPIM (1)
      DIM IBR (1)
1300
      DIM KOS (1)
1310
1320
      DIM ZIN (1)
      DIM VERT(1)
1330
1340
      DIM pro(1)
1350
      DIM LAT(1)
1360
      DIM OPEN(40)
                    ! an address of maximum opening
1370
      DIM OPCL(40)
                    ! an address of PTS IMM SHORT OF I.C.
                    ! an address "
                                .
1380
      DIM CLOP(40)
1390
      DIM CLOSE(40)
                     ! an address of INTERCUSPATION
1400
      DIM VELO(1)
1410
      DIM ACCL(1)
1420
      DIM ACFFT(1)
1430
1440 DIM NAIS(1)
1450 DIM NAOS(2)
```

```
1460 DIM NAMES(100)
   1480 set mode "ega"
  1490
  1500 DO
  1510 CALL DEFAULTS
  1520 CALL BANNER
  1530 IF defS = "R" then
  1540 CALL SETUP
  1550 IF OUTS = "PRINTER" THEN
  1560
        open#2:printer
  1570
         set #2: zonewidth 7
  1590
         close #2
  1600 end if
  1610 ELSE IF DEFS = "C" THEN
  1620 IF OUTS = "PRINTER" THEN
  1630
        open#2:printer
  1640
         set #2: zonewidth 7
  1650 PRINT #2: "File". "vf", "af", "mac", "stdac", "ma", "stda", "medf", "pkfr"
  1670
         close #2
  1680 end if
  1690 END IF
  1700
                       ! for 22 sec =227 hz so x 4.4
 1710 IF EXTS = ".STD" THEN
 1720 let smo = 10 ! for the length of the smooth window
        let zo = 50 !70 ! 100 for the zone around reversal points
 1730
        let hzf = 3.15 ! 5000 /15 sec = 333 hz so * 2048 = 3.07
 1740
 1750 ELSE IF EXTS = ".TRB" THEN
 1760
        let smo = 20
 1770
        let z_0 = 300
 1780
        let hzf = 1.28 ! 5000 in 6.2 sec = 806 hz so x 2048 = 1.26
 1790 END IF
 1800 CALL NAMESIN
 1820 FOR File = 1 TO NM-1 ! ( THE LAST ONE IS Z!)
 1830 LET NS = NAMES(File)
 1840 ! GET KEY ZZ
 1850 FOR S = 2 TO 3 ! NORMALLY 2 TO 3 DOES LEFT AND RIGHT ONLY
 1860 if s = 1 then
 1870 LET SIDES = "W"
 1880 else if s = 2 then
                                   ERSITY of the
 1890 LET SIDES = "L"
 1900 else if s = 3 then
 1910 LET SIDES = "R"
 1920 END IF
1920 END IF
1930 open #8:screen 0, 1, .49, 1
                                           RN CAPE
                                !text
 1940 open #9:screen 0, 1, 0, .48
                                !graph
1950 set mode "ega"
1960
        LET MUS = "M"
1970 MAT REDIM VERT(0:4096)
1980 MAT REDIM pro(0:4096)
1990 MAT REDIM LAT(0:4096)
2000 CALL INMAS
2010 CALL CYCLES
2020
2030 close #9
2040 close #8
2050
         LET CRSF = 1 ! close train goes open(n) to close(n +1)
2
              0
                            6
                                          0
                                                     C
                                                                   A
                                                                                  L
                                                                                                L
ACCEL(VELO(), ACCL(), ACFFT(), OPEN(), close(), CRSF, LAT(), VERT(), PRO(), DT, HZF, f, CYC, CLmac, CLSTDac, CLma, C
LSTDa, CLpeak1, CLpeak2, CLpeak3, CLfr1, CLfr2, CLfr3, CLmedfr, CLmv, CLmvsd)
2070
         LET CRSF = 0 ! Open train
2
              0
                            8
                                          0
                                                     C
                                                                                  L
                                                                   A
ACCEL(VELO(),ACCL(),ACFFT(),CLOSE(),OPEN(),CRSF,LAT(),VERT(),PRO(),DT,HZF,f,CYC,OPmac,OPSTDac,OPma,
                                                                                                L
```

OPSTDa,OPpeak1,OPpeak2,OPpeak3,OPfr1,OPfr2,OPfr3,OPmedfr,OPmv,OPmvsd) 2090 CALL OUTPUT(NAO\$()) ! AT 9810 2100 ! GET KEY ZZ 2110 NEXT S ISIDE 2120 ! get key zz 2130 NEXT File !FILE 2140 LOOP 2150 2160 2170 2190 SUB DEFAULTS 2200 2210 LET DRIVES = "c:\emg\std\" 2220 LET EXT\$ = ".STD" ! REMENBER MUST BE CAPS! 2230 LET OUTS = "FILE" 2240 let cht\$ = "N" 2250 ! smo 20,40 and zo (60,250) are defined at 1800 2260 LET DT = 40 2270 LET SECT = 0 ! SECT = 0 FOR THE FIRST 4096 DAT POINTS 2280 end sub ! SET FFT AT 7150 2300 SUB BANNER 2310 2320 OPEN #7:SCREEN 0,.91,.45,.95 ! Text 2330 WINDOW #7 2340 set window 0,10,0,10 2350 set zonewidth 7 2360 SET BACK 1 2370 set color 7 2380 plot 2.5,7.5; 2.5,2; 7.5,2; 7.5,7.5; 2.5,7.5 2390 SET COLOR 6 2400 print tab (1,34); 2410 PRINT"EMG ANALYSIS" 2420 print tab (2,25); 2430 print"Wilding/Morrison; May 1994" 2440 print tab (4,35); 2450 PRINT "Defaults"; 2460 print tab (5,20); 2470 print "1. Drive for data = "; DRIVES 2480 print tab (6,20); RSITY of the 2490 PRINT "2. Data will be sent to ";OUTS 2500 print tab (7,20); 2510 PRINT "3. Will chartfile be made ? " ;cht\$ 2520 print tab (8,20); -. . APE 2530 PRINT "4. The EMG sample rate was ";EXT\$ 2540 print tab (11,25); 2550 Input prompt "Press C to continue, R to reset ":def\$ 2560 let def\$ = ucase\$(def\$) 2570 END SUB ! BANNER 2580 2600 SUB SETUP 2610 SET BACK 1 2620 SET COLOR 6 2630 DO 2640 DO 2650 CLEAR 2660 LET X1 = 2 ! left 2670 LET X2 = 9.5 ! left 2680 LET Y1 = 3 ! bottom 2690 LET Y2 = 8 ! top 2700 PLOT X1,Y1 ; X2,Y1 ; X2,Y2 ; X1,Y2 ; X1,Y1 2710 print tab (1,34);

```
2720 PRINT " New defaults ".
  2730 print tab (3,20);
  2740 print "1. Drive for input file ...... "
  2750 print tab (4,20);
  2770 print tab (5,20);
 2780 print "3. Data to printer (P) or file(F) ?.... "
 2790 print tab (6,20);
 2800 print "4. Chartfile ? (Y/N) ...... "
 2810 print tab (7,20);
 2820 !print "5. EMG data "STD"" or ""TRB"" ?.... "
 2830 ! print tab (9,20);
 2840
 2850 print tab (3,60);
 2860 input prompt "":driveS
 2870 print tab (4,60);
 2880 input prompt "":extS
 2890 print tab (5,60);
 2900 input prompt "":ansS
 2910 print tab (6,60);
 2920 input prompt "":chtS
 2930 ! print tab (7,60);
 2940 ! input prompt "":EXTS
 2950 LET ANSS = UCASES( ANSS)
 2960 IF ANSS = "F" THEN
 2970 LET OUTS = "FILE"
 2980 ELSE IF ANSS = "P" THEN
 2990
       LET OUTS = "PRINTER"
 3000 ELSE
 3010 PRINT, "TRY AGAIN!"
 3020 PAUSE 2
 3030 END IF
 3040 LOOP UNTIL ANSS = "P" OR ANSS = "F"
 3050
 3060 LET chtS = UCASES(chtS)
3070 LET MUS = UCASES(MUS)
3080 SET COLOR 14
3090 print tab (10,20);
3100 Input prompt "Press C to continue, R to reset ":er$
3110 let erS = ucaseS(erS)
3120 LOOP UNTIL ERS = "C
                                                                 of the
                                                     1
3130
3140 END SUB !SETUP
                                   ******************************
3150
APE
3180 SUB NAMESIN
3190
3200 CLEAR
3210 SET COLOR 6
3220 PRINT TAB(3,20),
3230 INPUT PROMPT "Data input via the keyboared (Y/N) ? ":DATAS
3240 LET DATAS = UCASES(DATAS)
3250 IF DATAS = "Y" THEN
3260 CLEAR
3270 DO
3280
       LET NM = 0
3290
        PRINT" Type file names (example ""AB1""), without .ext or side and press RETURN"
3300
        PRINT TAB(7,10),
3310
        PRINT "To end press Z, then press C to continue or R to correct"
3320
        DO
3330
        LET NM = NM + 1
3340
        !PRINT TAB ( INT( (12 + NM)/10 ) ,(NM*5));
3350
        PRINT TAB (2.1)
```

3360 OPEN #10: SCREEN .92,1,.96,1 3370 INPUT PROMPT"" :nam\$ 3380 CLOSE #10 3390 print tab (5,10), let nam\$ = ucase\$(nam\$) 3400 3410 LET NAMES(NM) = NAMS 3420 set zonewidth 7 3430 MAT PRINT NAMES 3440 LOOP UNTIL NAMS = "Z" ! space 3450 INPUT PROMPT "Continue ? ":ANS 3460 LET ANS = UCASES(ANS) 3470 LOOP UNTIL ANS = "C" 3480 3490 ELSE IF DATAS = "N" THEN 3500 3510 LET nm = 0 3520 DO WHILE MORE DATA 3530 LET NM = NM + 1 3540 READ NAMS 3550 LET NAMES(NM) = NAMS 3560 LOOP 3570 print tab(5,10) 3580 MAT PRINT NAMES 3590 print tab(9,20), 3600 PRINT " If this is okay, press any key to continue 3610 print tab(10,20), 3620 PRINT " otherwise CTRL BREAK to input names" DATA 11111111111111 3640 ! data kd, cn, bh 3650 ! data BB,cj,et,gdt,gf,je,jt,jw,MK 3660 ! data ms1,msh,nr,rc,rm,rw,ss,tr 3670 ! data rw,ss ! tv,sn 3680 3690 ! data AO11, AO12, AO13, AO21 3700 ! DATA FA11, FA12, FA13, FA21, FA23, GM11 3710 ! data HC11, HC12, HC13, HC21, HC22, HC23, JH11, JH12, JH13, JM11 3720 ! data LM11, RT11, RT12, RT13 3730 ! data PP11, PP12, PP13, RU11 3740 ! data RU13, MS11, MS12, MS13, FA31 3750 ! data vb7 3760 DATA CH,sn,mpl ERSITY of the 3770 DATA Z 3780 END IF !DATAS = ? 3790 close #7 3800 END SUB !NAMESIN RN CAPE 3820 3840 SUB INMAS 3850 3860 LET NAIS(1) = DRIVES & NS & sideS & EXTS 3870 CLEAR 3880 3890 OPEN #1: NAME NAIS(1) 3900 WINDOW #8 3910 set window 0,1,0,1 3920 SET BACK 0 3930 SET #8 :ZONEWIDTH 7 3940 SET COLOR 7 3950 PRINT TAB (1,55), 3960 PRINT N\$ & SIDE\$ & mu\$ 3970 LET an, T, N = 0 3980 FOR DA = 1 TO 5 3990 LINE INPUT #1:DATA\$

```
4000
           IF DA = 2 THEN
   4010
           LET TRIALS = DATAS
   4020
           END IF
   4030
          NEXT DA
   4040
   4050
   4060
          LET minop = 0
                            ! Finds the vertical zero offset
          LET MINMAS = 100
   4070
   4080
          LET A = 0
   4090 DO
   4100 LET N = N + 1
           IF N > SECT * 4096 THEN ! SECT set in setup
  4110
  4120
           LET A = A + 1
  4130
              END IF
  4140
  4150
  4160 PRINT TAB (1.65),
  4170
         print ;INT( (4096 - A)/100)
           LINE INPUT #1: DATAS
  4180
                                             ! UP TO THESE COMAS
  4190
           LET CPOS1 = POS(DATAS,",",1)
                                              ! vertical
  4200
           LET CPOS2 = POS(DATAS,",",CPOS1+1)
                                                    lap
           LET CPOS3 = POS(DATA$,",",CPOS2+1)
  4210
                                                   llateral
  4220
           LET CPOS4 = POS(DATA$,",",CPOS3+1)
                                                   !velo
  4230
           LET CPOS5 = POS(DATA$,",",CPOS4+1)
                                                   ! R temporalis
  4240
           LET CPOS6 = POS(DATAS,",",CPOS5+1)
                                                   ! R MASSETER
  4250
           LET CPOS7 = POS(DATA$,",",CPOS6+1)
                                                   ! L masseter
           LET CPOS8 = POS(DATA$,",",CPOS7+1)
LET CPOS9 = POS(DATA$,",",CPOS8+1)
  4260
                                                   ! L TEMP
  4270
  4280
          LET CPOS10= POS(DATAS,",",CPOS9+1)
                                                   !CH 6
  4290
          LET CPOS11= POS(DATAS,",",CPOS10+1)
                                                   !CH 7
  4300
  4310
          let vert$ = data$[1:(CPOS1-1)]
  4320
          let pro$ = data$[(CPOS1+1):(CPOS2-1)]
 4330
          let latS = dataS[(CPOS2+1):(CPOS3-1)]
 4340
          let VELS = dataS[(CPOS3+1):(CPOS4-1)]
 4350
 4360
           let massRS = data$[(CPOS5+1):(CPOS6-1)]
          let massLS = data$[(CPOS6+1):(CPOS7-1)]
 4370
 4380
 4390
          let maspoRS = data$[(CPOS8+1):(CPOS9-1)]
                                                   IR POST MASS
 4400
          let digR$ = data$[(CPOS9+1):(CPOS10-1)]
 4410
          let digL$ = dataS[(CPOS10+1):(CPOS11-1)]
         let maspoLS = data$[(CPOS11+1):(CPOS11+5)] !NO COMMA AFTER LAST
 4420
 4430 LET VERT(A) = VAL(VERT$)
       LET PRO(A) = VAL(PRO$)
 4440
4450
                                                                                  ы
       LET LAT(A) = VAL(lat$)
4460
         IF vert(A) < minop THEN
                                  ! TO FIND THE OFFSET FROM ZERO
4470
         LET minop = vert(A)
4480
         End If
4490 IF SIDES = "W" THEN
4500 ! LET AGNrw(A) = VAL(massL$)
4510 ! LET DIG(A) = VAL(massR$)
4520 ! LET DIGco(A) = VAL(massL$)
4530 ! LET AGNco(A) = VAL(massR$)
4540 ELSE IF SIDES = "L" THEN
4550 ! LET AGNrw(A) = VAL(massL$)
4560 ! LET DIG(A) = VAL(digL$)
4570 ! LET DIGco(A) = VAL(digR$)
4580 ! LET AGNco(A) = VAL(massR$)
4590 ELSE IF SIDES = "R" THEN
4600 ! LET AGNrw(A) = VAL(massR$)
4610 ! LET DIG(A) = VAL(digR$)
4620 ! LET DIGco(A) = VAL(digL$)
4630 ! LET AGNco(A) = VAL(massL$)
```

```
Appendix
```

```
4640 END IF
4650 LOOP until A = 4096
4660 CLOSE #1
4670 print
4680 END SUB !INMAS
4700
4710
      4720 SUB CYCLES
                     !called at 2110
4730 mat open = 0
4740 mat close = 0
4750
4760 FOR N = 1 TO 4096
4770 LET vert(N) = -(vert(N) - minop)
                                    MIN IS TH EOFFSET FROM ZERO
4780 NEXT N
4790 LET SUBMN.OPAV.WIDAV.MX = 0
4800 LET CLOSE(1) = 1
4810 LET CYC = 0
4820 FOR N = zo +1 TO (4096 - zo ) !!!!!!!!!seeking close points
4830
     LET MN = -10
4840
      IF VERT(N) > (VERT(N+zo)+1) AND VERT(N) > VERT(N-zo) THEN
4850
       FOR Q = N TO N + zo
4860
         IF VERT(Q) > MN THEN
4865
           LET CL = O
          LET MN = VERT(Q)
4870
4890
          END IF
4900
         NEXT Q
           LET N = N + 2*ZO
4940
4942
           LET CYC = CYC + 1
4945
            LET CLOSE(CYC) = CL
                                  !CLOSE is an array of addresses
4960
       END IF
4970 NEXT N
5160
                               IIIIIIIIII seeking open points
5170 LET SUBMX, subd = 0
5180 IF CYC > 0 THEN
5190 FOR PH = 1 TO CYC
5200 LET MX = 0
5210 FOR N = CLOSE(PH) TO CLOSE(PH+1)
5220 IF VERT(N) < MX THEN
5230 LET MX = VERT(N)
5240 LET OPEN(PH) = N
                              !OPEN ia na array of addreses
                                                          of the
5250 let d = lat(n) ! the lateral deviation at opening
5260 END IF
5270 NEXT N
5280 let subd = subd + d
                                      IN CAPE
5290 LET SUBMX = SUBMX + MX
5300 NEXT PH
5310 LET OPAV = abs(ROUND(SUBMX/(CYC),1))
5320 LET DEV = ROUND(SUBD/(CYC),1)
5330 1111111111111 Seeking lateral displacements
5340
5350 LET N, SUBLAT, MAXLAT, MINLAT = 0
5360 FOR L = 1 TO CYC-1
5370 LET MAXLAT = 0
5380 FOR N = CLOSE(L) TO CLOSE(L+1)
5390 if sideS = "L" then
5400 IF LAT (N) > MAXLAT THEN ! negative displacements to the left
5410
      LET MAXLAT = LAT(N)
5420
     END IF
5430 else if side$ = "R" then
5440 IF LAT (N) < MAXLAT THEN ! POSITIVE DISPL TO THE RIGHT
5450 LET MAXLAT = LAT(N)
5460 END IF
5470 end if ! if side$ =
```

```
5480 NEXT N
5490 LET SUBLAT = SUBLAT + ABS(MAXLAT)
5500 NEXT L
5510 LET WIDAV = ROUND(SUBLAT/(CYC),1)
5520 END IF ! CYC > 0
5530 set back 0
5540 WINDOW # 9
5550 clear
5560 set window -10,4096,-10,+500
5570 set color 1
5580 box area -10,4096,-10,500
5590 set color 13
5600 for n = 1 to 4096
5610 plot n.(500 + 20 *vert(n));
                            Idefault is 10
5620 next n
5630 PLOT
5640 SET COLOR 14
5650 for n = 1 to 4096 STEP DT
5660 plot n.(500 + 20 *vert(n))
                             !default is 10
5670 next n
5680 set color 15
5690
       for cy = 1 to cyc
5700
      plot close(cy),(500 +20*vert(close(cy)));close(cy),(500 +20 *vert(close(cy)))
5710
       plot open(cy),(500 +20*vert(open(cy)));open(cy),(550 +20 *vert(open(cy)))
5720
        next cy
5721
5730 PRINT "CYCLES "; CYC
5740 PLOT
5750 SET COLOR 0
5760 PLOT 0,400;4096,400
5770 PLOT
5780 set color 11
5790 for n = 1 to 4096
5800 plot n,(400 + 20 *LAT(n)); ! default is 5
5810 next n
5820 ! GET KEY ZZ
5830 END SUB ! CYCLES
5860 SUB OUTPUT(NAOS())
5870 !let actv = round(act*hzf/cyc)
                                                               of the
5880 LET NAOS(1) = "C:\EMG\" & NS & SIDES & muS & ".OUT"
5890 IF outS = "PRINTER" THEN
5900 open #2: printer
5910 set #2: zonewidth 7
5920 print #2: NS&SIDES&MUS,opav,dev,vf,af,mac,stdac,ma,stda,medfre,PKFR1,pkper
5930 ELSE if out$ = "FILE" then
5940 OPEN #2: NAME NAOS(1), organization text, create new
5950 set #2: zonewidth 7
5960 SET # 2: MARGIN 500
5970 set #2: zonewidth 8
5980 PRINT #2: "File", "a", "asd", "angs", "angsd", "pk1", "pk2", "pk3", "fr1", "fr2", "fr3", "medf", "vel", "velsd",
5990 PRINT #2: "aC", "asdC", "angc", "angsdC", "pk1C", "pk2C", "pk3C", "fr1C", "fr2C", "fr3C", "medfC", "velC", "velsdC"
          0
                    0
                              0
6
                                                                            t #
                                                                                          2
                                    D
                                                        i
                                                                  п
                                               r
NS&SIDES&MUS,OPmac,OPstdac,OPma,OPstda,OPpeak1,OPpeak2,OPpeak3,OPfr1,OPfr2,OPfr3,OPmedfr,OPmv,OPmvsd,
6010 print #2: CLmac,CLstdac,CLma,CLstda,CLpeak1,CLpeak2,CLpeak3,CLfr1,CLfr2,CLfr3,CLmedfr,CLmv,CLmvsd
6020 end if
6030
6040 close #2
6050 END SUB !OUTPUT
6070 SUB CHARTFILE
6080 LET NAOS(2) = "b:" & NS & SIDES & muS & ".CHT"
6090 open # 2:NAME NAOS(2),ORGANIZATION TEXT,CREATE NEW
```

6100 SET # 2: MARGIN 250 6110 PRINT #2:"Ven", "VELO", "ACCL", "ACFFT" 6120 FOR N = 1 TO 4096 6130 PRINT #2: vert(n), VELO(N), ACCL(N), ACFFT(N) 6140 NEXT N 6150 CLOSE #2 6160 6170 END SUB 6180 END ! PROGRAM 6200 6 2 0 U s в ACCEL(VELO(),ACCL(),ACFFT(),START(),FINISH(),CRSF,LAT(),VERT(),PRO(),DT,HZF,F,CYC,mac,STDac,ma,STDa,p eak1.peak2,peak3,PKfr1.PKfr2,PKfr3,medfre,mv,STDv) 6220 OPTION ANGLE DEGREES 6230 OPEN #8:SCREEN 0,1,.49,1 6240 6250 WINDOW #8 6260 clear 6270 set window 0,4096,-400,400 6280 MAT REDIM VELO(0:4096) MAT REDIM ACCL(0:4096) 6290 LET MEANac.MEANa,MEANv,ac,an,V,SUBac,SUBa,SUBv = 0 6300 6310 LET F,C, c120.c60,c5 = 0 6320 FOR PH = 2 TO CYC -2 6330 6340 FOR N = START(PH) TO FINISH(PH+CRSF) !+ 50 LET VX0, VY0, vz0, VXYZ, AX, AY, AZ, AXZ, AXYZ = 0 6350 LET VX1, VY1, vz1, ang, angrat = 0 6360 6370 •LET F = F + 16380 let vX1= ABS(LAT(N+dt) - LAT(N))/(hzf*dt) 6390 let vY1= ABS(VERT(N+dt) - VERT(N))/(hzf*dt) 6400 let vZ1= ABS(PRO(N+dt) - PRO(N))/(hzf*dt) 6410 let vX0 =ABS (LAT(N-dt) - LAT(N))/(hzf*dt) 6420 let vY0 =ABS (VERT(N-dt) - VERT(N))/(hzf*dt) 6430 let vZ0 =ABS (PRO(N-dt) - PRO(N))/(hzf*dt) 6440 let $vXYZ = sqr(vX1^2 + vZ1^2 + vZ1^2)$ 6450 6460 let $aX = (vx1 - vx0)/(hzf^*dt)$ 6470 let $aY = (vY1 - vY0)/(hzf^*dt)$ 6480 of the $let aZ = (vZ1 - vZ0)/(hzf^*dt)$ 6490 IF AX > 0 AND AZ > 0 THEN 6500 let $AXZ = sqr(Ax^2 + AZ^2 + z)$! + .5 6510 let ang = 90 - atn(AZ/(ax))6520 ELSE IF AX < 0 AND AZ > 0 THEN CAPE 6530 IF ABS(AX) > ABS(AZ) THEN 6540 let $AXZ = -sqr(Ax^2 + AZ^2 + z)$! + .5 6550 ELSE 6560 let $AXZ = + sqr(Ax^{2} + AZ^{2} + z) ! + .5$ 6570 END IF 6580 let ang = 270 + atn(AZ/(ax))6590 ELSE IF AX > 0 AND AZ < 0 THEN IF ABS(AX) > ABS(AZ) THEN 6600 6610 let $AXZ = + sqr(Ax^2 + AZ^2 + z) ! + .5$ 6620 ELSE 6630 let $AXZ = -sqr(Ax^2 + AZ^2 + z) ! + .5$ 6640 END IF let ang = 90 + atn(AZ/(ax))6650 6660 ELSE IF AX < 0 AND AZ < 0 THEN 6670 let $AXZ = -sqr(Ax^2 + AZ^2 + z)$ 1 +.5 let ang = 270 - atn(AZ/(ax))6680 6690 ELSE IF AX = 0 AND AZ <> 0 THEN 6700 let AXZ = AZ 6710 let ang = 90
```
ELSE IF AZ = 0 AND AX <> 0 THEN
6720
            let AXZ = AX
6730
6740
            let ang = 0
        END IF ! AX>0 ! was at 7180
6750
6760
6770
       IF AXZ > 0 AND AY > 0 THEN
6780
         let AXYZ = sqr(AxZ^2 + AY^2)
                                                   ! + .5
         let ang = 90 - atn(AY/(axZ))
6790
6800
            LET C = C + 1
                                  !will count ,including zeros
       ELSE IF AXZ < 0 AND AY > 0 THEN
6810
           LET C = C + 1
6820
                                  !will count ,including zeros
                IF ABS(AXZ) > ABS(AY) THEN
6830
6840
              let AXYZ = - sqr(AxZ^2 + AY^2 + z) ! + .5
6850
               ELSE.
6860
             let AXYZ = + sqr(AxZ^2 + AY^2 + z) ! + .5
6870
               END IF
6880
            let ang = 270 + atn(AY/(axZ))
       ELSE IF AXZ > 0 AND AY < 0 THEN
6890
6900
           LET C = C + 1
                                  !will count ,including zeros
6910
               IF ABS(AXZ) > ABS(AY) THEN
6920
             let AXYZ = + sqr(AxZ^2 + AY^2 + z) ! + .5
6930
               ELSE
6940
             let AXYZ = - sqr(AxZ^2 + AY^2 + z) ! + .5
6950
               END IF
            let ang = 90 + atn(AY/(axZ))
6960
6970
        ELSE IF AXZ < 0 AND AY < 0 THEN
6980
           LET C = C + 1
                                  !will count ,including zeros
6990
            let AXYZ = - sqr(AxZ^2 + AY^2 + z)
                                                        ! +.5
7000
            let ang = 270 - atn(AY/(axZ))
7010
        ELSE IF AXZ = 0 AND AY <> 0 THEN
7020
           LET C = C + 1
                                  !will count ,including zeros
            let AXYZ = AY
7030
7040
            let ang = 90
7050
        ELSE IF AY = 0 AND AXZ <> 0 THEN
7060
           LET C = C + 1
                                  will count ,including zeros
7070
            let AXYZ = AXZ
7080
            let ang = 0
        END IF ! AX>0 ! was at 7180
7090
7100
7110 LET angrat = min(abs(ang - OLD),abs(360 - abs(ang-old ) ) ))
                                                                    of the
7120 LET VELO(F) = vxyz
7130 LET ACCL(F) = axyz ! for fft must include time all data pts
            LET An = An + angrat
7140
7150
            LET ac = ac + abs (axyz)
            LET V = V + abs (vxyz)
7160
7170
            let MEANac = ac / F
                                       !running average
7180
            let MEANa = An / F
                                       !running average
7190
            let MEANv = V / F
                                      !running average
7200
            LET SUBac = SUBac + (MEANac-axyz)<sup>2</sup> ! add the diff mean squared
7210
            LET SUBa = SUBa + (MEANa-angrat)<sup>2</sup> ! add the diff mean squared
7220
            LET SUBV = SUBV + (MEANv-vxyz) ^2
7230
        print tab (1,1)
7240 IF N/100 = INT (N/100) THEN
7250
       print "
7260 print tab (1,1)
7270
     print angrat
7280 !get key zz
7290 end if
7300
         set color 15
7310
       plot n ,(vxyz *10^3);n,0
7320
         SET COLOR 14
7330
        plot n,(axyz *10^5 -200);n,-200
7340
7350
            If angrat > 120 then
```

Appendix

```
7360
          let c120 = c120 + 1
7370
          else if angrat > 60 and angrat < 121 then
7380
          let c60 = c60 + 1
          else if angrat > 5 and angrat < 61 then
7390
7400
          let c5 = c5 + 1
7410
          end if
7420 let old = Ang
                               ! plot n,(aXY*1000-200);n,-200
7430
     NEXT N
7450 NEXT PH
7460 LET STDac = round( SQR(SUBac / F)*10^5,2)
7470 LET mac = round( (ac / F) *10^5,4)
7480 LET STDa = round (SQR(SUBa / F),3)
7490 LET ma = round ((an / F),4)
7500
      LET STDv = round (SQR(SUBv / F)*10^5,2)
7510
      LET mv = round ((V / F)*10^5 ,2)
7520
7530
         print "accel (s)",
7540
         print mac,
7550
         set color 15
7560
         print "counts",
7570
         print ma,STDa
7580
         print "velo",
7590
         print mv
7600 OPEN #9:SCREEN 0,1,0,.48
7610
        set color 1
7620 PLOT 0,0;4096,0
                           !zero line
7630
          WINDOW #9
7640
       set color 15
7660 ! GET KEY ZZ
7670 ! MAT REDIM VERT(1)
7680 ! MAT REDIM LAT(1)
7690 ! MAT REDIM PRO(1)
7700 MAT REDIM VELO(1)
7710 MAT REDIM ACFFT(512)
7720 LIBRARY "fftliba"
7730 CALL RUNFFTA(hzf,ti, N, F, ACCL(),ACFFT(),MEDFRE,PKFR1,PKFR2,pkfr3,peak1,peak2,peak3)
7740 ! MAT REDIM ACCL(1)
7750
      MAT REDIM ACFFT(1)
7760 CLOSE #8
         SUB !ACCELsub
7770 END SUB !ACCELsub
7780
```

WESTERN CAPE

Appendix