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## APPENDIX I: Ethical Clearance

**OFFICE OF THE DEAN  
DEPARTMENT OF RESEARCH  
DEVELOPMENT**

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Website: www.nwc.ac.za

18 May 2010

### To Whom It May Concern

I hereby certify that the Senate Research Committee of the University of the Western Cape has approved the methodology and the ethics of the following research project by:  
Ms C Mubekapi (School of Public Health)

Research Project: Nurses' experiences and coping within the context  
of HIV/AIDS care in Geita District Hospital,  
Tanzania

Registration no: 10/4/8

UNIVERSITY of the  
WESTERN CAPE

  
Peter Syster  
Manager: Research Development Office  
University of the Western Cape



**UNIVERSITY of the  
WESTERN CAPE**

A place of quality, a place to grow, from hope to action through knowledge

## APPENDIX II: Participant Information Sheet

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### UNIVERSITY OF THE WESTERN CAPE

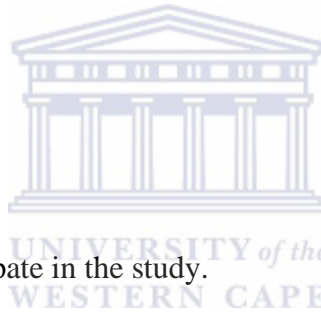
School of Public Health

Private Bag X17 • **BELLVILLE** • 7535 • South Africa

Tel: 021- 959 2809, Fax: 021- 959 2872

#### **Participant information sheet**

Thank you for agreeing to participate in the study.



#### **Interviewer's details**

My name is Constance Mubekapi, a Registered General Nurse by profession. I am currently studying at the University of Western Cape for a degree in Masters in Public Health.

Conducting a Mini-Thesis is one of the requirements that entitle one to the degree aforementioned. Please feel free to contact me if you have any questions and need clarity on certain issues. My contact details and those of my supervisor are found at the end of this memo.

**Research Title:** Nurses Experiences and Coping Strategies within the Context of an HIV/AIDS work Environment in Geita District Hospital, Tanzania.

### **Purpose of the study**

The purpose of the study is to contribute to the growing body of knowledge of health workers' experiences in HIV/AIDS care and the coping strategies to deal with HIV in the context of the workplace. Documentation of the findings will provide empirical data that will enable policymakers to instigate or advocate for better or improved HIV/AIDS support services on health personnel.

### **Interview process**

I will ask questions written down on the interview guide and I will take notes were appropriate which will also add value to the study. In addition, our conversation will be audio tapped this will enable me to transcribe the data accurately. The interview will last approximately 40 minutes.



### **Confidentiality**

Your identity will be kept confidential. All issues discussed will be treated with respect and confidentiality, therefore feel free to respond as accurate as possible to the questions.

However, since I am a student, I shall be liaising with my thesis supervisor throughout the thesis write up. As such she might require me to provide her with some of the data. Records of the interview and the consent form, if you choose to participate will be kept under lock at all times. These will be destroyed once the research process has been completed.

















## APPENDIX V: Key Informant Interview Guide

1. What is your profession?
2. How long have you been working in this facility?
3. In your experience as a facility manager has HIV/AIDS had an effect on service delivery?
4. How has HIV/AIDS had an impact on nurses' performance?
5. As a health manager, how has the nurses' role in HIV/AIDS care changed?
6. How has HIV/AIDS created a unique challenge for nurses?
7. What aspects of HIV/AIDS care stressful do you find stressful?
8. How does the environment of your health facility encourage or discourage stress?
9. Tell me of any nurses' concerns towards HIV/AIDS care stress?
10. Tell me about the measure available to assist nurses in deal with HIV/AIDS stress?
11. Can you tell me about the measures available for health workers to protect themselves from HIV?
12. How prepared are the health managers in addressing health workers' concerns regarding HIV/AIDS?
13. Can you tell me about formal support services for health workers to address their HIV/AIDS concerns?
14. Do you have any comments or concerns you would like to add regarding HIV/AIDS issues in your hospital?