Identification of novel microRNAs as potential biomarkers for the early diagnosis of ovarian cancer using an *in-silico* approach



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"Verily, with every hardship comes ease." (Qur'an 94:6)

Declaration

I declare that "Identification of novel microRNAs as potential biomarkers for the early diagnosis of ovarian cancer using an *in-silico* approach" is my own work, that it has not been submitted for any degree or examination in any other university, and that all the sources I have used or quoted have been indicated and acknowledged by complete references.



Dedication To my family

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Abstract

Ovarian cancer (OC) is the most fatal gynaecologic malignancy that is generally diagnosed in the advanced stages, resulting in a low survival rate of about 40%. This emphasizes the need to identify a biomarker that can allow for accurate diagnosis at stage I. MicroRNAs (miRNAs) are appealing as biomarkers due to their stability, non-invasiveness, and differential expression in tumour tissue compared to healthy tissue. Since they are non-coding, their biological functions can be uncovered by examining their target genes and thus identifying their regulatory pathways and processes.

This study aimed to identify miRNAs and genes as candidate biomarkers for early stage OC diagnosis, through two distinct *in silico* approaches. The first pipeline was based on sequence similarity between miRNAs with a proven mechanism in OC and miRNAs with no known role. This resulted in 9 candidate miRNAs, that have not been previously implicated in OC, that showed 90-99% similarity to a miRNA involved in OC. Following a series of *in silico* experimentations, it was uncovered that these miRNAs share 12 gene targets that are expressed in the ovary and also have proven implications in the disease. Since the miRNAs target genes contribute to OC onset and progression, it strengthens the notion that the miRNAs may be dysregulated as well. Using TCGA, the second pipeline involved analysing patient clinical data along with implementing statistical measures to isolate miRNAs and genes with high expression in OC. This resulted in 26 miRNAs and 25 genes being shortlisted as the potential candidates for OC management. It was also noted that targeting interactions occur between 15 miRNAs and 16 genes identified through this pipeline. In total, 35 miRNAs and 37 genes were identified from both pipelines.

To rank all the identified candidates based on strength and priority, those with targeting interactions were subjected to trident to assess their triplex-forming potential. All candidates had similar triplex scores, except miR-2-14 and ACTB, identified through the second pipeline, which had the strongest interaction and was therefore deemed a top priority candidate.

Since bioinformatics offers a predictive outcome, all identified candidates need to undergo molecular validation to ensure not only their dysregulated expression in OC but also the modulating effect that these miRNAs have on their target genes.

List of abbreviations

2DE	Two-dimensional gel electrophoresis
АСТВ	Actin beta
Ago2	Argonaute protein
ALT	Alternative Lengthening of Telomeres
AP-1	Activating protein 1
BLAST	Basic Local Alignment Search Tool
BLAT	BLAST-like Alignment Tool
CA-125	Cancer antigen 125
CAMs	Cell-cell adhesion molecules
CFL1	Cofilin 1
CLL	Chronic lymphocytic leukaemia
CSCs	Cancer stem cells
CUP	Cancers of unknown primary origin
CYP19A1	Cytochrome P450 Family 19 Subfamily A Member 1
DAVID	Database for Annotation, Visualization and
	Integrated Discovery
DBP	DNA-binding protein
E	Energy score
ECM	Extracellular matrix
EGR2	Early growth response 2
ER	Endoplasmic reticulum

ESKI	Oestrogen receptor 1
E-value	Expect value
FTL	Ferritin light chain
G1	Gap 1
G2	Gap 2
GAD	Genetic Associations Database
н	Heuristic score
HE4	Human Epididymis Protein 4
LH	Luteinizing hormone
LHCGR	Luteinizing hormone/choriogonadotropin receptor
Μ	Mitosis
miRNA	MicroRNA
MS	Mass spectrometry
NIH	National Institute of Health
	UNIVERSITIOJ III
NMR	Nuclear magnetic resonance
NMR OC	Nuclear magnetic resonance Ovarian Cancer
NMR OC P	Nuclear magnetic resonance Ovarian Cancer Genomic position
NMR OC P PaGenBase	Nuclear magnetic resonance Ovarian Cancer Genomic position Pattern gene database
NMR OC P PaGenBase PCR	Nuclear magnetic resonance Ovarian Cancer Genomic position Pattern gene database Polymerase chain reaction
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Pre-miRNA	Precursor miRNA
Pri-miRNA	Primary precursor miRNA
PTEN	Phosphatase and Tensin homologue
qPCR	Quantitative PCR
Rb	Retinoblastoma-associated
RBP	RNA-binding protein
RISC	RNA-induced silencing complex
ROS	Reactive oxygen species
s	Synthesis
S/N	Signal to Noise
SCCO	Small cell carcinoma of the ovary
SPM	Specificity measure
STRING	Search Tool for Recurring Instances of Neighbouring
UNIVE	Genes of the
TCGA	The Cancer Genome Atlas
TFOs	Triplex-forming oligonucleotides
TMBIM6	Transmembrane BAX Inhibitor Motif Containing 6
TTS	Triplex targeting sites
TVS	Transvaginal ultrasonography
UPS	Ubiquitin proteasome system
VEGF	Vascular endothelial growth factor
WNT5a	Wnt Family Member 5

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Chapter 1

Literature review

1.1. Cancer overview

The human body is composed of trillions of cells and cancer can arise when one abnormal cell begins to divide and proliferate uncontrollably. Cancer can develop in any part of the body and while each cancer type has its own distinct characteristics, the overall processes that give rise to cancers are similar. Cells have specific rules on cell division; however, a cancerous cell follows its own program for proliferation. A mass of these abnormal cells forms a tumour which can either stay in its original tissue (benign) or invade other tissues (malignant). The cells from malignant tumours can establish new tumours throughout the body via the blood or lymphatic system, a process called metastasis (National Institutes of Health, 2007).

1.1.1. Cancer and the cell cycle

The cell cycle has four consecutive phases, namely mitosis (M), Gap 1 (G₁), synthesis (S) and Gap 2 (G₂). According to Williams *et al.* (2011), the most important phases are the S phase, when DNA replication takes place and the M phase, when the cell divides to yield two identical daughter cells. Following the M phase is the G₁ phase. This is the period between mitosis and the start of DNA replication, and in this phase the cell is metabolically active and constantly growing. After the G₁ phase is the S phase, followed by the G₂ phase. During the G₂ phase, the cell continues to grow and proteins are produced to prepare for mitosis. A cell cycle checkpoint protects cells by not allowing damaged or incomplete chromosomes to be replicated and passed on to daughter cells. At the checkpoint in G₁ phase, cell cycle arrest is overseen by p53, which is a protein activated in response to DNA damage. In many cancers, the gene that encodes p53 (TP53) is mutated therefore allowing the damaged DNA to be replicated and passed on to daughter cells rather than being corrected (Cooper, 2000).

1.1.2. Tumour biology

Tumours that have become dedifferentiated and lost their tissue-specific traits are anaplastic as it is not possible to use histopathological criteria to determine their origin. These tumours are classified as cancers of unknown primary origin (CUP), showing the difficulty in determining the tumours original site of development in the patient. The progression of tumours is a multi-step process towards increasing aggressive and invasive behaviour. The first step is usually hyperplasia and this is when tissues have growths consisting of an abnormal number of cells. The cells may appear normal and may be in the correct tissue but their proliferation is no longer regulated. Metaplasia is an excessive proliferation of cells that are not normally found in that specific tissue; however, the cells appear to be normal. The next step in tumour progression is dysplasia and this occurs due to proliferation of abnormal cells. The cells giving rise to dysplastic tumours are considered to be abnormal cells as they have undergone changes in size, shape and organization. The last step before a tissue can become cancerous is termed neoplasia, and this is when the abnormal cells divide in the incorrect tissue (Weinberg, 2014).

Cancer cells thrive and proliferate by prolonged growth signals (oncogenes) and avoiding antigrowth signals (tumour suppressors). Proto-oncogenes stimulate growth and a mutation in a proto-oncogene that allows it to be permanently activated leads to the cell growing out of control, and thus giving rise to cancer. The mutated proto-oncogene stimulating prolonged growth and division becomes known as an oncogene. Tumour suppressor genes either halt the cell cycle, repair DNA errors, or induce apoptosis. A mutation in a tumour suppressor gene allows for damaged DNA to be replicated, which could therefore give rise to cancer as well (Chow, 2010). Apoptosis is the process whereby cells follow a course towards death once specific stimuli is received. However, cancer cells avoid apoptosis which contributes to malignant transformation (Wong, 2011). In the 1970s, Kerr *et al.* (1972), connected apoptosis to the removal of "potentially malignant cells, hyperplasia and tumour progression". Therefore, a reduction in apoptosis or resistance to it plays an important role in cancer (Wong, 2011).

Tumours can remain benign or they become malignant through the process of metastasis. A malignant tumour can metastasize by travelling through either the lymphatic system or the blood system (Hejmadi, 2010) and constructing secondary tumours in a distant tissue site (Leber *et al.*, 2009). Cancer cells that are not in close proximity to blood vessels create new

blood vessels, known as angiogenesis, in order to metastasize and invade nearby tissues (Neal and Berry, 2006).

1.1.3. Hallmarks of cancer

The hallmarks of cancer involve six major biological abilities acquired during the multistep advancement of tumours. These steps arise from genetic alterations enabling the transformation of normal cells into malignant cells (Hanahan and Weinberg, 2011). Figure 1.1 shows the six major hallmarks which will be discussed further.



Figure 1.1: The six hallmarks of cancer (Hanahan and Weinberg, 2011).

1.1.3.1. Self-sufficiency in growth signals

Normal cells control the production and release of growth-promoting signals that moves them from a state of dormancy into an active state of proliferation (Hanahan and Weinberg, 2000), guaranteeing homeostasis in cell number and maintenance of tissue function. In cancer cells however, the growth and proliferative signalling pathways contain alterations in their growth ligands, receptors or cytosolic signalling molecules, thus resulting in their uncontrolled growth and proliferation (Fouad and Aanei, 2017).

Without growth signals, healthy cells cannot proliferate thus demonstrating their dependence on these signals. Cancer cells thrive by creating a positive feedback signalling loop in which they synthesize their own growth factors, therefore reducing their dependence on exogenous growth signals and disrupting the crucial homeostatic mechanism (Hanahan and Weinberg, 2000).

In many cancers, growth factor receptors are overexpressed, enabling cancer cells to become hyperresponsive to ambient levels of growth factors that would not usually trigger a response (Hanahan and Weinberg, 2000).

1.1.3.2. Insensitivity to antigrowth signals

Anti-growth signals maintain cellular and tissue homeostasis within healthy tissues. These signals block proliferation by either forcing cells out of their active state of proliferation, whereby they may reoccur if future signals allow, or by permanently relinquishing their ability to proliferate. In order for cancer cells to survive and thrive, they work to avoid and diminish these signals (Hanahan and Weinberg, 2000).

Tumour suppressors limit proliferation and cell growth and are generally deactivated or downregulated in cancer. Two key tumour suppressors in cancer encode the p53 and Rb (retinoblastoma-associated) proteins. The Rb protein receives signals from extracellular and intracellular sources and decides whether a cell will proceed into the cell cycle or not. p53 receives stimuli from stress and abnormality sensors within the cell and will halt the cell cycle if there is excessive DNA damage or unfavourable conditions. The Rb and p53 pathways are flawed in cancer cells therefore allowing uncontrolled proliferation (Hanahan and Weinberg, 2011).

1.1.3.3. Tissue invasion and metastasis

The main aspect of a malignant tumour is the ability to invade nearby and distant tissues to form secondary tumours. For cancer cells to reach distant tissues, they have to (i) invade via

the extracellular matrix (ECM), along with the basement membrane and stromal cells, (ii) invade into blood or lymphatic vessels, (iii) endure transportation in circulation, (iv) exit the blood or lymphatic vessels at the parenchyma of distant tissues, (v) withstand and control foreign environments to form micro-metastases which may (vi) develop into macro-metastases (Fouad and Aanei, 2017).

Invasive and metastatic capabilities of a cell results in the change of proteins that link cells to their surroundings within a tissue. Such proteins include cell-cell adhesion molecules (CAMs) as well as integrins. The most commonly observed cancerous modification in cell-to-environment involves E-cadherin, which is an interaction molecule expressed on epithelial cells. The interaction between E-cadherins on neighbouring cells results in the stimulation of anti-growth signals. In most epithelial cancers, E-cadherin function is absent through various mechanisms that include mutational inactivation and transcriptional repression. This serves as evidence that E-cadherin acts as a tumour suppressor in epithelial cancers by inhibiting invasion and metastasis, thus making its elimination a crucial aspect for cancer cells (Hanahan and Weinberg, 2000).

1.1.3.4. Limitless replicative potential

The ability to replicate infinitely is a phenotype that is acquired during tumour progression and is vital for malignant growth conditions (Hanahan and Weinberg, 2000). This is a clear distinction from healthy cells, that can only pass through a restricted number of consecutive cell cycles due to two proliferation barriers namely (a) senescence, a generally irreversible entry into a viable but non-proliferative form, and (b) cell death when in crisis state (Hanahan and Weinberg, 2011).

The ends of chromosomes, called telomeres, has become a counting device for cell generations. With each cell cycle, telomeric DNA from the ends of all chromosomes are lost, thus making it possible to count the replicative generations. This loss of telomeric DNA is due to the inability of DNA polymerases to fully replicate the 3' ends of the chromosomal DNA during each S phase. Consecutive cycles result in destroyed telomeres and therefore unprotected chromosomal ends, which may result in death of the affected cell. Malignant cells with the potential to replicate limitlessly, protect and maintain their telomeres by one

of two mechanisms. They either upregulate their expression of the telomerase enzyme that adds hexanucleotide repeats onto telomeric DNA ends, or they activate Alternative Lengthening of Telomeres (ALT) which is a mechanism to maintain telomeres via "recombination-based interchromosomal exchanges of sequence information" (Hanahan and Weinberg, 2000).

1.1.3.5. Sustained angiogenesis

Blood vessels supply oxygen and nutrients to the cells which are essential for their function and survival, therefore compelling cells to exist within 100 μ m of a capillary blood vessel. Angiogenesis is the process whereby new blood vessels are produced and is carefully regulated. Cancerous cells originally lack angiogenic abilities (Hanahan and Weinberg, 2000), therefore hindering their motive to expand as they require blood or lymphatic vessels as a transport to invade surrounding tissues. Members from the hypoxia-inducible transcription factor (HIF) family control the expression of genes implicated in angiogenesis, cell survival and metabolism, therefore making hypoxia an angiogenic trigger. Since hypoxia is a trait of tumours, it is understandable that they would have increased levels of HIF, correlating with a poor prognostic outcome (Fouad and Aanei, 2017).

Well known inducers of angiogenesis are members from the vascular endothelial growth factor (VEGF) family. They encode ligands involved in the generation of new blood vessels during stages of growth and postnatal development, as well as in homeostatic survival of endothelial cells. VEGF expression can also be upregulated due to hypoxia, thus further indicating how cancer cells ensure their survival via angiogenesis (Hanahan and Weinberg, 2011).

1.1.3.6. Evading apoptosis

Cell programmed death (apoptosis) is a natural way to ensure cell number and maintain homeostasis. When triggered by various signals, apoptosis takes places in a series of welldefined steps. Cellular membranes are disturbed, nuclear and cytoplasmic skeletons are destroyed, cytosol is released, chromosomes are degenerated and the nucleus is broken down. This entire process takes place within 30-120 minutes. There are two classes that make up the apoptotic machinery, sensors and effectors. Sensors supervise the extracellular and intracellular environments by looking out for normal or abnormal conditions that dictate whether a cell should die or not. These signals regulate effectors which implement apoptosis (Hanahan and Weinberg, 2000).

Tumour cells employ a variety of mechanisms in order to restrict and avoid apoptosis. The most common mechanism relates back to loss of TP53 function, therefore eliminating this important damage sensor from inducing apoptosis (Hanahan and Weinberg, 2011).

1.2. Ovarian cancer

Ovarian cancer (OC) is the most common gynaecologic disease and has a 5-year survival rate of approximately 40% (Whittemore *et al.*, 1992). In 2009, the American Cancer Society stated that out of all gynaecologic malignancies, OC has the highest case-to-fatality ratio. This high fatality rate is mostly due to the fact that OC is usually diagnosed at an advanced stage and at this point the cancer has already metastasized within the peritoneal cavity (Lengyel, 2010). The risk of women developing OC in their lifetime is 1 in 71 and the possibility of dying from it is 1 in 95 (Razi *et al.*, 2016). There is a huge difference in overall cancer survival rates between developed and developing countries. A reason for this could be due to inadequate access to diagnostic and therapeutic procedures because of the expense that these procedures hold (Redaniel *et al.*, 2009). This would thus emphasize the need for cheaper diagnostic methods and therapies.

1.2.1. Physiology and anatomy of the ovary

Females have two ovaries that form part of their reproductive system, as seen in Figure 1.2. The ovaries produce the eggs required in order to conceive a child and are connected to the uterus via the fallopian tubes (Torpy, 2011). The ovaries are located within the pelvic cavity and are approximately 2 to 3 cm in length.

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Figure 1.2: Anterior view of the female reproductive system (Cancer Association of South Africa, 2016).

The ovaries are made up of two different types of cells, namely germ cells and somatic cells. Germ cells give rise to the oocytes (eggs) while somatic cells make up the granulose, thecal and stromal cells (Richards *et al.*, 2010).

1.2.2. Histological subtypes of OC

There are various types of OCs and they can be categorized according to the structures from which the tumours arise (Chen *et al.,* 2003). The four major categories for ovarian tumours are (i) Epithelial carcinomas, (ii) Germ cell carcinomas, (iii) Stromal carcinomas, and (iv) small cell carcinoma. For each category, there are many subcategories however only the main categories will be briefly overviewed.

1.2.2.1. Epithelial carcinoma

Epithelial OC is the most fatal gynaecological malignancy and according to Fagotti *et al.* (2010), patients with this type of OC have a 5-year survival rate of approximately 39%. This type of tumour arises from the cells lining the ovary and is the most common form of OC. As a result of tumour growth, cancerous cells shed into the peritoneal fluid and are able to spread to other parts in the peritoneal cavity.

1.2.2.2. Germ cell carcinoma

Germ cell ovarian tumours originate in the cells forming the eggs. They make up about 20-25% of all ovarian tumours, but only 5% are malignant while the rest are benign (Shaaban *et al.,* 2014).

1.2.2.3. Stromal carcinoma

Ovarian stromal tumours occur in the connective tissue cells inside the ovary and they comprise about 8% of all OCs (Chen *et al.*, 2003). A cancerous stroma produces molecules essential for tumour biology and a large ovarian stroma is linked to low survival rates in advanced stage of the disease (Davidson *et al.*, 2014).

1.2.2.4. Small cell carcinoma

Small cell carcinoma of the ovary (SCCO) is a scarce, malignant and very aggressive tumour. It accounts for 0.1% of all OCs and is linked to a poor prognosis and high fatality rate. SCCO is an undifferentiated neoplasm and its origin is yet unknown (Origoni *et al.,* 2013).

1.2.3. Aetiology of OC

There are various factors associated with OC development; specific factors may increase the chance of a woman getting OC while other factors may reduce the likelihood. Having certain risk factors does not mean that the woman is destined to develop OC and some women who have this disease may have no known risk factors.

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There are various factors believed to reduce the risk of OC, and the biggest preventative strategies are using oral contraceptives and tubal ligation (McLemore *et al.,* 2009). The section that follows will focus on some of the risk factors for OC.

1.2.3.1. Genetic factors and family history

The most crucial genetic risk factor for OC is a genetic mutation in the inherited BRCA1 and/or BRCA2 genes, which are accountable for approximately 85% of hereditary OCs (Toss *et al.,* 2015). Mutations in the BRCA1 and BRCA2 genes are predominantly associated with breast

cancer development, however since mutations in these genes are also involved in OC, it is safe to say that women who have had breast cancer are at increased risk for OC (Pruthi *et al.,* 2010).

Lynch Syndrome is an autosomal dominant condition resulting from errors in the mismatch repair region genes, MLH1, MSH2, MSH6 or PMS2 (Kastrinos, 2009). Mutations in these genes results in an increased susceptibility to cancer, and studies have shown that women with Lynch Syndrome have a high risk of developing OC (Lu *et al.*, 2013).

A study conducted by Negri *et al.* (2002), demonstrated that the risk of a woman developing OC increases if someone in her family has had ovarian or breast cancer. This thus shows that family history also acts as a genetic factor in the development of OC.

1.2.3.2. Reproductive and hormonal factors

In 1971, Fathalla proposed that frequent ovulation increases the risk of DNA mutations due to the rupture and repair cycle of the ovarian surface epithelium. Since pregnancy suppresses ovulation, it lowers the risk of OC (Salehi *et al.*, 2008). According to Hunn and Rodriguez (2012), pregnancy reduces the risk of OC by one-third, with the reduction increasing with each additional pregnancy. It was also proposed by Rostgaard *et al.* (2003) that pregnancy removes premalignant and damaged cells from the ovary.

The risk of OC increases with the use of hormone replacement therapy (HRT). Various studies found a slight increase in OC risk for long-term users of oestrogen replacement therapy and noted that progestins might sporadically further increase the risk (Lacey, 2002; Riman, 2002; Daniilidis and Karagiannis, 2007).

1.2.3.3. Age

Age is considered an important risk factor for OC as it usually affects older women. This disease is most prevalent in women aged between 50 and 70 years old, with 70% of cases being diagnosed in women who are older than 55 years (Sundar *et al.,* 2015).

There is also an increase in risk for women who started menstruating before the age of 12 years (McLemore *et al.,* 2009).

1.2.3.4. Lifestyle and environmental factors

It has been confirmed by Olsen *et al.* (2013) that obesity increases the risk for OC and according to Feng (2015), the risk is increased by 30%. Adipose tissue (fat tissue) produces high levels of oestrogen, which supports growth of ovarian surface epithelial cells. Therefore, an increase in adipose tissue would result in an increase in the production of oestrogen (Leitzmann *et al.*, 2009) and thus an over-proliferation of ovarian surface epithelial cells.

Many studies found a correlation between talcum powder usage and an increase in risk for OC development. The talc particles may either become fixed on the ovarian surface epithelial or it can be absorbed into the pelvic cavity where it is found in inclusion cysts. The foreign body in the inclusion cyst forms a granuloma which starts an inflammatory response. It is proposed that this inflammatory response leads to DNA damage which initiates the events needed for tumorigenesis (McLemore *et al.*, 2009).

There have been many studies attempting to determine dietary factors influencing OC risk, and results have been either conflicting or inconclusive. Therefore, further studies will be needed in order to conclude if dietary factors have an effect on the risk of OC (Hunn and Rodriguez, 2012).

1.2.4. Symptoms of OC

The early symptoms of OC are extremely mild therefore it is usually diagnosed in the advanced stages (Russo *et al.*, 2009). The symptoms are non-specific to OC and these symptoms include abdominal discomfort, nausea, indigestion, fatigue and frequent urination. The absence of early symptoms accounts for the late diagnosis of OC which then results in the low survival rate. This therefore further emphasizes the need for an early diagnostic tool (Burges and Schmalfeldt, 2011).

1.2.5. Stages of OC

There are four main stages in OC. The first stage is when the cancer is still enclosed within the ovaries and the second stage occurs when the cancer involves one or both ovaries and the tumour spreads to other regions within the pelvic cavity. Stage three OCs involve one or both

ovaries and the spread of the tumour to other regions within the peritoneum and/or spread to the lymph nodes. The fourth and final stage of OC involves the tumour spreading to distant regions in the body (Sahdev, 2016).

1.2.6. Global and local prevalence

In 2013, OC was ranked the sixth most common cancer and the seventh cancer-related cause of death amongst women globally. As seen in Figure 1.3.1, the highest incidence rate for OC was reported to be in Europe with more than 8 cases per 100 000, while the lowest incidence rate was said to be in Africa with less than 5 cases per 100 000.





While the incidence rate for OC in African women may be the lowest, the mortality rate is the highest. This is a result of racial-related health disparity as Africa has inadequate access to accurate diagnostic and therapeutic methods (Chornokur *et al.,* 2013).

Death rates per 100 000 individuals in South Africa for OC have increased by 41% from 1990 to 2015 (CNS reporter, 2016). In South Africa, 1 in 460 women have a lifetime risk of developing OC, which is the 9th cancer-related cause of death in South African women (South African Medical Research Council, no date). In 2001, the National Cancer Registry recorded

529 cases of OC in South Africa. Of these 529 cases, 207, 225, 69, and 16 were in white, black, coloured and Asian patients, respectively (Smith and Guidozzi, 2009).

As mentioned earlier, the symptoms for OC are extremely elusive, thus resulting in advancedstage diagnosis and low five-year survival rates. According to Chornokur *et al.* (2013) the survival rates for OC can increase to over 90% if it is caught in stage I. Figure 1.3.2 shows the percentage of cases from 2007 to 2013 and the relative survival rates by stage at diagnosis.



Figure 1.3.2: Percentages of OC cases by stage of diagnosis and their respective 5-year survival rates from 2007 to 2013 (National Cancer Institute, no date).

As observed in Figure 1.3.2, when OC is diagnosed at an early stage, preferably stage I, the survival rate is above 90%. This thus emphasizes the need for early detection of OC which would also positively impact the effectiveness of treatment. The reason for OC usually being diagnosed late is due to the ineffectiveness of current screening methods available.

1.2.7. Screening and diagnosis of OC

The main purpose of OC screening tests is for early detection of the disease or risk factors in seemingly healthy patients that are possibly at risk. Diagnostic tests confirm the existence or absence of OC and are performed on patients who either display the relevant symptoms or patients with a positive screening test result.

1.2.7.1. Screening tests

Transvaginal ultrasonography (TVS) and the cancer antigen 125 (CA-125) are the two most considered methods for OC screening. A clinical trial performed in the United States reported that the usage of these tests did not decrease the mortality risk, whereas a trial performed in the United Kingdom recorded benefits of using these tests (Doubeni *et al.,* 2016).

TVS scans a woman's reproductive organs by using a probe that is inserted into the vagina. The probe emits sound waves that reflect off the body structures while a computer captures the waves and converts them into a picture (Cancer Association of South Africa, 2016). TVS is accurate in identifying abnormalities in the mass and physical structure of the ovaries; however, it is unable to distinguish between benign and malignant tumours. It has sensitivity to OC but a low positive predictive value when used alone for screening; therefore, it is usually used together with serum markers (e.g., CA-125) (Van Nagell and Hoff, 2014).

CA-125 is a glycoprotein of high molecular weight, expressed in large amounts by cancerous ovarian cells. The levels of CA-125 are found to be higher in cancerous cells than in healthy cells, thus it may assist doctors in establishing diagnosis. However, it is common when using CA-125, to obtain a false positive result as it elevated in some benign conditions as well in other cancers (Rauh-Hain *et al.*, 2011). This thus lacks the sensitivity and specificity for OC, but it is still an important means for monitoring OC progression, reoccurrence as well as the effectiveness of treatment (Cancer Association of South Africa, 2016).

Since TVS and CA-125 are insufficient when used as a screening method alone, it has been observed that screening for OC is more effective when these methods are performed together (Van Nagell and Hoff, 2014).

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1.2.7.2. Diagnostic tests

There are various diagnostic tests that can be performed to confirm the presence of OC. These include, imaging tests, blood tests and biopsies.

Imaging tests such as ultrasounds, computed tomography, positron emission tomography and magnetic resonance imaging have the ability to conclude if an abnormal pelvic mass is present, by using waves to generate images of the ovary (Doubeni *et al.*, 2016).

Blood tests have the ability to detect OC at an early stage based on the identification of certain proteins and DNA in a patient's blood, caused by or as a by-product of the cancerous cells (Robertson, 2005). However, some proteins may not be present during early stages of OC.

Surgery is the only way to accurately diagnose OC. This involves removing the ovary completely and analysing the cells. A biopsy of the ovary is not generally performed as the cancer may possibly spread, producing an even more advanced cancer (Chen and Berek, 2017).

There is currently no technology-based diagnostic technique that can accurately diagnose OC, therefore, performing surgery is still the preferred way to establish accurate diagnosis and staging of OC (Burges and Schmalfeldt, 2011).

1.3. Biomarkers

A biomarker is defined as a biological molecule identified in the blood, tissues and body fluids that is an indication of normal or irregular processes (Henry and Hayes, 2012). There are various types of biomarkers such as DNA, RNA, miRNAs, proteins, peptides and chemical modifications (Goossens *et al.*, 2015). They allow for the differentiation of individuals with a disease from those without the disease. The changes could be attributed to mutations, transcriptional alterations, and post-translational modifications. Biomarkers can be noninvasive and easily accessible from circulations, excretions or secretions, or they can be derived from tissues, which would involve biopsies (Henry and Hayes, 2012).

A biomarker can serve many functions in cancer. Biomarkers can either serve as a (i) diagnostic biomarker, which establishes a certain diagnosis and confirms the presence of cancer, (ii) prognostic biomarker, which conveys information about a probable cancer outcome, regardless of treatment used or it can be a (iii) predictive biomarker, which shows the effectiveness of treatment in cancer patients with the biomarker compared to patients without the biomarker (Ballman, 2015).

1.3.1. Applications of biomarkers

Since the development of cancer is an intricate process, it goes without saying that many changes will be made to cells, their contents and specific pathways. Biomarkers allow for the early detection of cancer as well as identifying a patient at risk. Over the years, cancer treatment has become relatively specific and target-oriented, with highly characterized targets in various cancers. Unfortunately, most targets have only been identified in advanced and metastatic cancers therefore restricting the effectiveness of treatment. There is a rationale that if targets can be found preferably in stage I, treatments will most likely be more effective (Negm *et al.,* 2002). Thus, there is a need to identify early stage cancer biomarkers which can serve as targets in treatment.

Biomarkers play important roles: (i) before diagnosis, in risk assessment; (ii) at time of diagnosis, in identifying the stage and progression of disease; and (iii) after diagnosis, in monitoring treatment effects and disease reoccurrence (Ludwig and Weinstein, 2005).

Techniques for OC biomarker discovery can be performed on patient tissue samples, blood, urine, and other body fluids. However, it is impractical to rely on tissues to identify biomarkers for early detection. Asymptotic women who have no reason to believe that they have OC would not deem invasive surgeries, such as biopsies, to be necessary. Therefore, the most efficient approach would be to screen for biomarkers that can be identified from bodily fluids. Since OC is extremely fatal, biomarkers for its early detection must be of high sensitivity and high specificity (Stephen *et al.,* 2013).

1.3.2. The ideal biomarker

The ideal OC biomarker would be used in a general screening process and it would allow for the diagnosis of women without symptoms. It should also have the following qualities:

1.3.2.1. Non-invasive and inexpensive

It would be preferred to identify the biomarker via bodily fluids instead of tissues as it is easily accessible from body fluids and will not require invasive surgery. It should also be performed using an easy laboratory test which reduces the cost compared to surgery (Fathi *et al.,* 2013).

1.3.2.2. High specificity

The biomarker should be highly specific to OC, with a specificity of 99.6% which will allow for a positive predictive value. It would be an even greater advantage if the biomarker is able to differentiate between subtypes and causes of this disease (Fathi *et al.*, 2013; Zhang *et al.*, 2011).

1.3.2.3. High sensitivity

The biomarker should be highly sensitive for OC, which could help in early detection. The sensitivity should be more than 75% to avoid a false-negative result (Fathi *et al.*, 2013; Zhang *et al.*, 2011).

1.3.3. Current OC biomarkers

There is yet no effective screening technique for the early diagnosis of OC (Rastogi *et al.,* 2016). There are various biomarkers used however none of them display the high specificity and the sensitivity required. The biomarkers currently used are discussed below:

1.3.3.1. CA-125

CA-125 is a high molecular weight glycoprotein and is expressed by approximately 80% of OCs. It lacks sensitivity and specificity as it is only elevated in 50-60% of stage I OCs and can be expressed at high levels in some benign conditions, pregnancy, menstruation as well as other cancers (Moore *et al.*, 2010). Regardless, it is still useful in monitoring treatment and cancer reoccurrence. Using CA-125 and TVS together is the standard method for detecting OC (Rastogi *et al.*, 2016).

1.3.3.2. HE4

Human Epididymis Protein 4 (HE4) is an over-expressed protein in OC. When compared to CA-125, HE4 has a higher sensitivity for stage I OC and a lower false-positive result. Many OCs that do not express CA-125, do in fact express HE4 therefore, combining these tests for OC diagnosis is an excellent strategy. While the specific function of HE4 currently remains unknown, it has been shown to be absent from normal ovarian surfaces and highly expressed on OC surfaces (Coticchia *et al.*, 2010).

1.3.3.3. VEGF

VEGF is an angiogenic factor and thus is responsible for producing blood vessels via a process called angiogenesis. Cancers require an increase in blood supply in order to metastasize and invade other areas. VEGF levels are high in OC and also contribute to ascites (build-up of fluid in the peritoneal cavity). Many studies have shown that although high levels of ascites are a prognostic factor for OC, no differences in ascites levels were observed between control, benign and OC samples (Coticchia *et al.*, 2010). Therefore, VEGF is not specific and sensitive to OC.

1.3.3.4. Ova1

Ova1 is a five-biomarker panel composed of second-generation CA-125 and other inflammatory and transport proteins. Even though this test has high sensitivity for OC, it is not used to establish diagnosis but rather for determining the possibility of malignancy in patients with ovarian tumours (Ueland, 2017).

1.3.4. MicroRNAs as biomarkers

MicroRNAs (miRNAs) are short, non-coding, single-stranded RNA molecules, with a length of 17-25 nucleotides that are generally conserved across species. There are various studies establishing that miRNAs are present in different tissues and cell types, and their dysregulation is linked to many diseases, including cancer (Wang *et al.*, 2015). According to MacFarlane and Murphy (2010), miRNAs are predicted to constitute 1 to 5% of the human genome and they regulate approximately 30% of protein-coding genes.

1.3.4.1. Biogenesis and function of miRNAs

MiRNAs are important regulators of gene expression as they control various cellular and metabolic pathways (MacFarlane and Murphy, 2010). Figure 1.4 illustrates the overview of the miRNA biogenesis pathway. In the nucleus, the stem-loop precursors from the transcribed miRNA gene serves as the primary precursor miRNA (pri-miRNA). The 3' poly-A-tail and 5' 7- methylguanosine cap of the pri-miRNA is cleaved by the miRNA processing complex,

comprised of RNase III Drosha along with its cofactor DGCR8, generating the precursor miRNA (pre-miRNA). The pre-miRNA is transported to the cytoplasm via exportin-5 (nuclear transport receptors) and Ran-GTP (nuclear protein), where it is cleaved by Dicer, producing a miRNA duplex (miRNA:miRNA*; with the asterisk denoting the passenger strand). The miRNA duplex is loaded onto an Argonaute protein (Ago2) by the Dicer-TRBP complex, forming the RNA-induced silencing complex (RISC). (Wang *et al.*, 2015). The guide strand separates from the passenger strand which is subsequently degraded. The functional miRNA (guide strand) guides RISC to its target mRNAs and silences it through mRNA cleavage, translational repression or deadenylation. Although this is the standard pathway of miRNA biogenesis, some steps may be left out or replaced for certain miRNAs (Winter *et al.*, 2009).

At the 5' end of the mature miRNA, lies the "seed region" which is a 6-8 nucleotide sequence that has near-perfect complementarity to the mRNA target (Rolle *et al.*, 2016). The level of complementarity doesn't have to be an exact match, which therefore allows for one miRNA to target multiple mRNAs and multiple miRNAs to target a single mRNA (Barca-Mayo *et al.*, 2012).


Figure 1.4: MicroRNA biogenesis overview pathway (Winter et al., 2009).

1.3.4.2. Circulating miRNAs

Although majority of miRNAs have been identified within cells, there are also miRNAs circulating in the extracellular environment. These circulating miRNAs are highly stable, can withstand unfavourable conditions for an extended period of time and have differential expression between cancerous and normal samples (Zhang *et al.*, 2015). Their availability in bodily fluids such as blood, saliva and urine, is appealing as it renders them a non-invasive biomarker (Allegra *et al.*, 2012).

It was recently discovered that these circulating miRNAs are contained within exosomes, along with proteins and nucleic acids, and can be taken up by surrounding or distant cells when exosomes circulate. Exosomes are membrane-bound vesicles present in nearly all biological fluids and play important roles in conveying information between cells. Due to the presence of specific surface proteins, the tissue or cell of origin of the exosome can be determined (Zhang *et al.*, 2015). Exosomes can be released from many different types of cells including T-cells, B-cells, epithelial cells, and tumour cells. For this reason, major interest has been in exosomal miRNAs as diagnostic biomarkers in various diseases (Tian *et al.*, 2017).

1.3.4.3. Suitability of miRNAs as cancer biomarkers

Cell communication is vital for tumour formation as tumour cells need to interact with each other and other healthy cells in order to subsist, thrive and metastasize. Communication between different tumour cells within the same patient (inter-tumour) allows for a heterogeneous population of cells to cooperate and survive in an unreceptive environment. Exosomes play an important role in the communication of cells, making the miRNAs transported and conveyed in tumour-derived exosomes of special interest (Thind and Wilson, 2016).

MiRNA alterations can be attributed to chromosomal abnormalities, genomic mutations, epigenetic changes as well as changes in miRNA biogenesis. Certain miRNA genes may be located at regions known to be mutated in cancer thus changing their function (Lan *et al.,* 2015). Circulating miRNAs released from cancer cells can prompt tumorigenesis in the

recipient cells, by acting as either oncogenes (oncomiRs) or tumour suppressive miRNAs. There have been numerous oncomirs identified, promoting cancer onset, invasion and migration (Wang *et al.*, 2015). OncomiRs are predominantly overexpressed in cancer while tumour suppressive miRNAs are underexpressed (Svoronos *et al.*, 2016). Aberrant levels of miRNA expressions have been evaluated in many cancers and the studies suggest that they serve as good diagnostic biomarkers and predictors of the patient's response to treatment (Cheng, 2015).

MiRNAs are suitable biomarkers as they are easily available in bodily fluids and have a high degree of specificity and sensitivity. They are also incredibly stable and resistant to boiling, pH changes, cycles of freeze-thawing and chemical or enzymatic fragmentation (Larrea *et al.*, 2016). The demand for biomarkers that can accurately diagnose early stage cancers is crucial as the patient's survival and prognosis depends on the tumour stage at the time of detection, with early diagnosis almost always correlating to a better prognosis (Lan *et al.*, 2015).

The first case of miRNA association with a human cancer was discovered in 2002 by Calin and co-workers. They found that in chronic lymphocytic leukaemia (CLL), a commonly deleted chromosomal region (13q14) encodes miR-15 and miR-16. The deletion of the region containing the miRNA-encoding genes resulted in the deletion or downregulation of these miRNAs in CLL and also indicated that these genes are the targets of inactivation by allelic loss in CLL (Calin *et al.*, 2002). Since then, miRNAs have been linked to several other cancers including OC.

1.3.4.4. MiRNAs in OC

Various high-throughput technologies and studies have discovered miRNA upregulation or downregulation in OC when compared to healthy ovaries and the different cell types (Deb *et al.,* 2017). There are many miRNAs dysregulated in OC onset and progression, most of which are downregulated due to genetic and epigenetic processes. Various studies have investigated the potential of miRNAs in OC diagnosis by comparing different expression profiles in the ovarian surface epithelium with cancerous ovaries (Katz *et al.,* 2015).

It was reported that in OC patients, the under-expression of Dicer is strongly associated with advanced stage OC, and decreased expression of Drosha correlates with suboptimal surgery.

These findings imply that the abnormal processing of Dicer and Drosha contributes to tumorigenesis and undesirable clinical outcomes (Nakamura *et al.,* 2016).

As stated in the previous section, miRNAs may either act as oncomiRs or tumour suppressive. miRNAs. As an example, peritoneal dissemination is one of the key characteristics in the metastasis of OC and it has been reported that integrin α 5 is a crucial molecule in this process. Ohyagi-Hara *et al.* (2013) discovered that miR-92a prevents peritoneal dissemination by inhibiting integrin α 5, therefore acting as a tumour suppressor. Table 1.1 shows the current circulating miRNA biomarkers used for the diagnosis of OC, and where the miRNA is sampled from.



Table 1.1: Current diagnostic miRNA biomarkers in OC (Nakamura et al., 2016).

Plasma	miR-205, miR-16, miR-21, miR- 191 (endometriosis associated OC) miR-16, miR-191, miR-4284 (serous OC), miR-191-5p, miR- 206, miR-548a-3p, miR-320a, miR-574-3p, miR-590-5p, miR- 34c-5p, miR-106b-5p, miR- 1274a, miR-625-3p, miR-720, miR-200b	let-7f, miR-19a-3p, miR-30a-5p, miR-645, miR-150-5p, miR- 106b, miR-126, miR-150, miR- 17, miR-20a, miR-92a
Urine	miR-30-5p	

1.3.5. Methods for biomarker discovery

As stated above, there are various types of biomarkers and there are also many different technologies allowing for the evaluation of changes in molecular profiles between healthy and disease samples. The discovery of biomarkers is crucial in clinical research as well as targeted therapies (Hu *et al.*, 2011; Mäbert *et al.*, 2014). There are various approaches to biomarker discovery including genomics, proteomics, metabolomics and bioinformatics. These approaches will be further discussed, with bioinformatics being the main focus of the next section.

1.3.5.1. Genomic approach

Serum/plasma

Genomic approaches for biomarker discovery are based on the measuring of gene expression via various technologies including micro-arrays and polymerase chain reaction (PCR). Micro-

let-7i-5p, miR-122, miR-152,

miR-25-3p

array analysis has uncovered many different biomarkers (Ilyin *et al.*, 2004) and measures gene expression based on the principle that complementary sequences will bind to each other. Since mRNA is less stable, the transcripts are converted to cDNA. The unknown DNA is fragmented, fluorescent markers are attached and they are then allowed to interact with probes of the DNA chip. DNA fragments that are complementary to the probe will bind and they can be identified based on their fluorescent emission. The fluorescence pattern is measured on a computer and certain gene expression levels are thus recorded. Although this method is fast, specific and sensitive, it is limited due to high costs involved (Govindarajan *et al.*, 2012).

1.3.5.2. Proteomic approach

Proteomic approaches attempt to isolate, classify and characterize a range of proteins to obtain information about protein abundance, location, modifications and interactions. For biomarker discovery, proteomic approaches have certain advantages over other methods as it accounts for post-translational modifications with can affect protein function and activity. The final amount of protein can also vary greatly from the amount of mRNA transcribed (Ilyin *et al.,* 2004).

Various separating techniques have been established which can divided into gel-based and non-gel-based categories. Two-dimensional gel electrophoresis (2DE), the most commonly used gel-based technique, separates proteins according to their isoelectric point (pl) and molecular weight. For biomarker discovery, the proteins from healthy and disease samples are stained to allow for the detection and identification of differentially expressed proteins (Hudler *et al.*, 2014).

1.3.5.3. Metabolomic approach

Cancer metabolism has been one of the main areas of focus in biomarker discovery, since 1956 when Otto Warburg showed that cancer cells depend on anaerobic metabolism. The study also proposed that cells have a higher rate of glycolysis as well as an overproduction of lactic acid, even under normal oxygen levels. Altered cancer metabolism results in higher levels of reactive oxygen species (ROS), enabling cell survival and proliferation. Cancer cells develop adaptations enabling them to maintain ROS levels below toxic levels, as excessive ROS production triggers apoptosis (Mäbert *et al.*, 2014).

Metabolomics has developed into an approach that complements genomic and proteomic technologies, as the analysis of metabolites are just as crucial as genome and proteome analyses for understanding cellular functions. Since there is no single technique that can analyse different types of molecules, a combination of techniques is required in this field (Jain, 2010). A metabolomic-based approach for biomarker discovery generally comprises of two platforms; (i) either nuclear magnetic resonance (NMR) or mass spectrometry (MS) along with (ii) separation techniques. Various metabolite biomarkers including fatty acids, amino acids, and lipids, have been discovered for many different types of cancers (Mäbert *et al.*, 2014).

The limitations of using metabolomic approaches arise from the errors in study designs and experimental procedures. Along with the advantages that each technology has for biomarker discovery, they also have their own set of disadvantages. This makes bioinformatics for biomarker discovery more appealing.

1.4. Bioinformatics

The definition of bioinformatics is stated by Luscombe *et al.* (2001) as "a management information system for molecular biology" that has many applications. It uses computational techniques to comprehend and categorize biological information. Since biological data are being produced at an exponential rate, computers allow for the storage of this data as they can handle an immense amount of data. Bioinformatics allows for the access and submission of existing and new work respectively. The information is stored in databases thus making it easily accessible. There are various databases focusing on protein sequences, molecular structures, genomic and nucleotide sequences, gene expression as well as integrated databases which allows for the incorporation of relevant information.

Bioinformatics has been applied many times in OC. For example, Xue *et al.* (2015), used bioinformatics to investigate the molecular interaction of the NSC319726 gene in OC, and discovered that the gene might play an effective role in OC by targeting certain genes implicated in the oocyte meiosis pathway. Another study conducted by Du *et al.* (2015), used

bioinformatics to identify differentially expressed genes as well as OC-related genes acting as potential therapeutic targets.

It is evident that bioinformatics is extremely useful in identifying novel interactions which could aid in OC diagnosis and treatment.

1.4.1. Advantages of bioinformatics

Bioinformatics allows individuals to access, sort out, analyse, predict, and store biological data (Bayat, 2002), making the accessibility of information much easier and cheaper. Before experimental work is performed, bioinformatics can be employed to select candidates that are of priority (Thébault *et al.*, 2015), which is also cost efficient as laboratory reagents will only be bought once the list of potential candidates are narrowed down. Applying bioinformatics in cancer research aids in understanding the mechanisms behind the disease. It also allows for the identification and validation of novel biomarkers (Wu *et al.*, 2012). Bioinformatics also has additional advantages such as fast sequencing abilities and it allows for enormous storage capability (Mishra, 2016).

1.4.2. Biomarker discovery

Biomarker discovery depends on the idea that certain molecular species displaying the highest degree of variation across phenotypes may be identified as potential biomarkers. The traditional method for biomarker discovery involves analysing a particular gene or protein that is aberrantly expressed in disease tissues when compared to normal tissues. Since traditional methods mostly focus on gene expression levels, it does not necessarily provide information on the interactions of these markers, on a gene or protein level. Using bioinformatics for biomarker discovery entails analysing the list of potential markers as well as their signalling and interactions in order to form a deeper understanding and analysis of the proposed biomarkers. Because bioinformatics offers a predictive outcome, the proposed results must be validated molecularly before it can reach the clinical setting (Azuaje, 2013).

With the use of bioinformatics, a vast number of biomarkers have been discovered, but only a small number of them have been established in the clinical setting. This is because most biomarkers discovered are found to be irreproducible (Wang *et al.*, 2015). Bioinformatics is also only a prediction network and cannot replicate the exact conditions within a cell, therefore molecular testing will still need to be performed in order to validate the results obtained.

1.5. Problem identification

OC is the most common gynaecologic malignancy and accounts for approximately 4% of all cancers diagnosed in women (Brain *et al.*, 2014). It is known as the 'silent killer' as the early symptoms are extremely mild and very easy to ignore. More than 70% of women are usually diagnosed in the advanced stages but by this point the cancer has already metastasized to other regions distant from the ovary (Zhang *et al.*, 2011). Due to the absence of early symptoms, the five-year survival rate of this disease is about 40% (Whittemore *et al.*, 1992). Early detection of OC is therefore important as it could help increase survival rates. However, current diagnostic biomarkers are unsuccessful due to the low sensitivity and specificity for OC (Zhang *et al.*, 2011). Since there are no adequate biomarkers for OC diagnosis, it would be of crucial significance to identify a sensitive and specific biomarker for OC to be able to distinguish between normal and cancerous ovaries.

MiRNAs show great promise as biomarkers as they are proven to have differential expression profiles between cancer types according to diagnosis and the developmental stage of the tumour, therefore being highly sensitive and specific. They are extremely stable and easily accessible in body fluids such as the blood, saliva, and urine, thus rendering them non-invasive (Wang *et al.*, 2015).

Due to the importance of this topic, the current study was employed to identify potential miRNAs and their target genes that can serve as biomarkers for the early diagnosis of OC, using *in silico* methodologies. Specific study aims are as follows:

- (i) Identification of miRNAs and their target genes based on a sequence similarity approach.
- (ii) Identification of miRNAs and genes using patient clinical data extracted from TCGA, followed by the implementation of statistical parameters to isolate the candidates.

- (iii) Analysis of triplex-forming potential between candidate miRNAs and target genes identified from each pipeline.
- (iv) Prioritization of candidate list for future experimentation.



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Chapter 2

Identification of miRNAs and target genes as biomarkers for the early stage diagnosis of OC via a sequence similarity approach

2.1 Introduction

OC is a fatal malignancy with a 5-year survival rate of about 40%. This low survival rate arises from the lack of early symptoms which results in an almost always late stage diagnosis. It is proposed that if OC is diagnosed in the early stages, the survival rates will increase to 80% (Burges and Schmalfeldt, 2011). The symptoms of OC are extremely vague and can be confused for something minor. These symptoms include bloating, loss of appetite, pelvic pain and increased urinary frequency (Sundar *et al.*, 2015).

If a patient has these symptoms, they will be required to undergo a full physical examination, to evaluate for pelvic and abdominal masses. This approach however lacks accuracy as a mass could be missed or mistaken for another condition. If a mass is detected, the patient would then be recommended to undergo transvaginal ultrasonography to determine the ovarian architecture and vascularity, differentiate between cystic and solid masses, and identify ascites (Doubeni *et al.*, 2016).

Biomarkers are also commonly used to diagnose and detect OC, however due to their lack of sensitivity and specificity to OC, they are failing. This emphasizes the need to identify more sensitive and specific biomarkers. As stated in the previous chapter, miRNA dysregulation has been linked to a variety of diseases including OC, thus making them and their sequences appealing for diagnostic purposes (Fathi *et al.*, 2013).

Roughly 60% of human genes are governed by miRNAs, involved in crucial processes such as the immune system, cell cycle, development, differentiation, proliferation, metabolism and inflammation. It is proposed that overexpressed miRNAs may act as oncogenes by downregulating tumour suppressor genes, and underexpressed miRNAs function as tumour suppressors by negatively regulating its oncogenes. For example, the *RAS* oncogenes (*H-, K-,*

and *N-RAS*) contain binding sites in their 3'UTR for miRNAs from the let-7 family. These miRNAs are generally downregulated in various tumours and were shown to negatively regulate the *RAS* oncogenes, therefore acting as tumour suppressors (Kinose *et al.,* 2014).

Since miRNAs exert their function by regulating target genes, identifying the functions of these targets are crucial in understanding their biological role (Wong and Wang, 2014; Hammond, 2015).

Functional genomics comprises of genome-wide methods to annotate functions of genes and proteins as well as their interactions. The data from DNA sequencing, gene expression and protein functions are combined to model powerful networks that control gene expression, cell differentiation, and cell cycle progression. Technological advancements such as the accessibility of full genome sequences allows for studying cells at a systems level. Knowledge regarding gene function and regulatory pathways can be expanded by identifying the abundance of transcripts in diverse cell types under a variety of conditions (Bunnik and Le Roch, 2013).

Approximately one-fifth of all OC cases are due to hereditary conditions, with 65-85% of these cases resulting from a germline mutation in the BRCA genes causing defective DNA repair. Carriers with a BRCA1 or BRCA2 mutation have a 54% and 84% increased lifetime risk of developing OC and breast cancer respectively. Currently, there are at least 16 genes known to be implicated in the hereditary OC mechanism (Toss *et al.*, 2015). Sporadic OCs arise from genetic mutations that are not inherited, in genes such as p53, Ki-*ras* and *erb*B-2 (Angioli *et al.*, 1998). Identifying mutations in genes linked to OC is a crucial step for diagnostic and therapeutic potential (Toss *et al.*, 2015).

MiRNA loci that are clustered together may contain members of either the same or different families. The cluster of sequences, even from different families, all share similar targeting properties and therefore share a similar sequence (Marco *et al.*, 2013). In 2008, Lu *et al.* discovered evidence that miRNAs deriving from clustered miRNA genes are more inclined to share similar functional roles and disease implications. This finding is fundamental in identifying novel disease-associated miRNAs (Lu *et al.*, 2008; Kamanu *et al.*, 2013), and serves as the basis behind employing a sequence similarity approach in this chapter. The understanding is that if a novel miRNA with no links to OC shares a certain degree of similarity

in sequence to a miRNA proven to have implications in OC, then it will most likely have the same dysregulated function.

Due to the large amounts of biological data stored online, many bioinformatic approaches implement data mining to discover novel compounds and molecules (Zaki et al., 2007). Data mining involves the process of extracting knowledge from great amounts of data. In bioinformatics, this is employed to identify novel significant patterns and relationships. A few applications of data mining in bioinformatics includes gene identification, detecting protein functional domains and disease diagnosis and prognosis. The results from data mining falls into one of two categories: (i) supervised learning and (ii) unsupervised learning (Raza, 2012). In supervised learning, the sample data is analysed from a source with the correct classification already assigned (Sathya and Abraham, 2013). Classification, estimation and prediction are examples of tasks in supervised learning. Classification organizes data into various predefined classes, estimation provides a value for an unknown continuous variable, and prediction is similar to classification and estimation however, data is classified according to future estimated behaviour. Unsupervised learning involves no variable being selected as the target, instead the aim is to establish an association between all variables. Examples of unsupervised learning are: (i) association rules, (ii) clustering and (iii) description and visualization. Association rules group certain variables together, clustering gathers a population into clusters or subgroups, and description and visualization represents the data through visual techniques (Raza, 2012).

Databases are crucial for storing the vast amounts of data generated, while still being constantly updated and compared to other data. Databases comprising of gene sequences are split into two types: primary databases and secondary databases. Primary databases contain direct experimental results whereas secondary databases combine data from primary databases as well as other data such as gene variants and sequences information. There are various types of databases containing information on genetic diseases, gene sequence, mutations and gene and protein expression levels (Bianco *et al.*, 2013).

2.1.1 Biological databases

A biological database comprises of organized data that can be accessed, maintained and updated. Sequence and structure databases are two of the broad categories, with sequence databases applying to both nucleic acids and proteins, and structure databases being applicable to proteins only. There are various databases available for both study and research by industries and academic institutions (Babu, 1997).

Since the discovery of miRNAs, a variety of bioinformatic tools have been created to study their physiological roles and predict their regulated targets (Stępień *et al.,* 2018). There are many different online databases to recover not only miRNAs expressed in different species, but also differentially expressed miRNAs in a variety of diseases, including OC.

2.1.1.1 MiRNA discovery databases

2.1.1.1.1 MiRBase

MiRBase is a publicly available online database containing information on all published mature miRNAs, such as miRNA sequence data, annotation, as well as predicted gene targets. MiRBase is the dominant repository for miRNA information, thus making it a reliable and efficient source of obtaining both precursor and mature miRNAs in various species (Griffiths-Jones *et al.*, 2006). The database was created in 2002 and was previously called the miRNA registry. It collects data submitted from authors as well as publications identifying novel miRNAs (Kozomara and Griffiths-Jones, 2011).

2.1.1.1.2 DbDEMC 2.0

DbDEMC 2.0 is an integrated database that presents miRNAs differentially expressed in human cancers, validated via high-throughput approaches (Yang *et al.*, 2016). This database combined expression profiles from 48 miRNA microarray data sets in peer-reviewed articles to provide insight into the differential expression levels of disease-linked miRNAs. DbDEMC is also preferred as it provides data on miRNA expression for a variety of cancer cell lines (Yang *et al.*, 2010).

2.1.1.1.3 Mir2disease

Mir2disease is a manually curated database containing miRNAs that are dysregulated in many different human cancers. To establish this database, over 600 literature papers were consulted and 1939 associations between 299 miRNAs and 94 diseases were reported. Mir2disease also provides the approach employed to detect the miRNAs respective expression patterns, including qRT-PCR, microarrays or northern blotting (Jiang *et al.,* 2009).

2.1.1.1.4 MiRandola

MiRandola is a manually curated database comprising of extracellular circulating miRNAs, with an option for users to contribute submissions. Depending on their extracellular form, miRandola classifies these circulating/extracellular miRNAs into four categories: (i) miRNA-Ago2, (ii) miRNA-exosome, (iii) miRNA- High-density lipoprotein and (iv) miRNA-circulating (Russo *et al.*, 2012).

2.1.1.1.5 MiRCancer

MiRCancer is an online database consisting of miRNA-cancer associations identified through textmining, followed by manual validation. The database works by implementing 75 constructed rules to identify the miRNA-cancer associations in PubMed. In 2013, miRCancer recognized 878 relationships between 236 miRNAs and 78 human cancers through consulting more than 26 000 PubMed articles (Xie *et al.*, 2013).

2.1.1.2 Tools for sequence similarity analysis

2.1.1.2.1 CD-HIT

Due to large scale genome projects, the sizes of databases that contain biological sequences are increasing at a rapid rate. This strengthens the call for bioinformatic tools that can organize and analyse data effectively. Since biological sequences are related and may share homology, clustering and determining a representative sequence is an efficient way to solve many sequence analysis problems (Huang *et al.*, 2010).

CD-HIT-EST is a tool that clusters either DNA or RNA according to a user-specified sequence identity level, based on a greedy incremental clustering algorithm. This algorithm involves the sorting of sequences in order of decreasing length, with the longest sequence becoming the representative of the first cluster (Li and Godzik, 2006). The remaining sequences are compared to the representative sequence and if their similarity is above a specified threshold, it is grouped in that cluster as a duplicate and if not, that sequence becomes the representative of a new cluster (Manconi, *et al.*, 2016).

CD-HIT-EST-2D compares two nucleotide datasets, db1 and db2. The sequences in db1 are arranged in order of decreasing length and each sequence in db2 is compared to each sequence in db1, starting with the longest one. If the similarity is greater than a given threshold, the sequence is grouped with its similar one in db1. At the end of the search, CD-HIT produces two files; (i) a report of the similar sequences between db1 and db2, and (ii) a list of sequences in db2 that are not comparable to any sequence in db1 (Li and Godzik, 2006).

2.1.1.2.2 BLAST

Basic Local Alignment Search Tool (BLAST) is a program that can be used online or as standalone tool to search sequence similarities. It works by identifying short matches between two sequences and seeks to perform alignments from these matches. BLAST also provides statistical information to interpret the biological significance of the data, in the form of an Evalue (expect value). There are various different types of BLAST programs to compare protein and/or nucleotide sequences (McGinnis and Madden, 2004) and according to Babu (1997), all have been "designed for speed, with a minimal sacrifice of sensitivity".

2.1.1.3 MiRNA gene target database

2.1.1.3.1 MiRDip

Algorithms for miRNA target gene prediction, usually pair the miRNA seed region to a similar mRNA sequence. Many factors complicate this binding, especially the imperfect miRNA-mRNA binding that occurs, therefore single base-pair mismatches should be considered. MiRDip is a free online data portal with combined data from various databases, that allows

for the visualization and interpretation of miRNA-target gene networks. Databases predicting miRNA target genes consider various traits of miRNA:mRNA target binding. These traits include seed sequence match, conservation, site accessibility, free energy of the miRNA:mRNA duplex, contribution of multiple binding sites, local ALU content, local mRNA sequence, ribosomal shadow, position effects and 3' pairing (Shirdel *et al.*, 2011).

Since miRNAs fall under non-coding RNAs and therefore do not get transcribed into proteins, their biological function is examined through the identification of their gene targets along with their function (Ling *et al.*, 2013). The general pipeline employed in miRNA research involves identifying their gene targets using various prediction tools, such MiRDip. MiRDip contains approximately 152 million human miRNA predicted target genes retrieved from 30 independent sources. It provides an integrative score allocated to each target to increase accuracy of the predicted interaction (Tokar *et al.*, 2017).

2.1.1.4 Gene annotation databases

2.1.1.4.1 PAGENBASE

Pattern gene database (PaGenBase) combines gene patterns from literature and data mining. Pattern genes can be defined as a group of genes exhibiting specific expression patterns under various physiological conditions. Housekeeping, selective/specific, and repressed genes are three categories currently attracting great attention. Housekeeping genes are believed to preserve basal cellular functions as they are ever-present in all tissues under all types of physiological conditions and developmental stages. Specific/selective genes are expressed preferentially under certain conditions, whereas repressed genes are unanimously expressed except under specific conditions. Identifying gene patterns serves as a gateway to understanding gene functions and exploring molecular mechanisms leading to pathogenesis. PaGenBase comprises of pattern genes identified through the comparison of their expression levels under serial conditions, including in various tissues or developmental stages (Pan *et al.*, 2013).

2.1.1.4.2 DAVID

Database for Annotation, Visualization and Integrated Discovery (DAVID) is a publicly available tool, established in 2003, that annotates biological meaning and function to large genes lists (Huang *et al.*, 2009). This database originally comprised of four core elements; annotation tools, GoCharts, KeggCharts, and DomainCharts. (i) Annotation Tools are used to assign functions to the input list of genes. (ii) GoCharts presents differentially expressed genes according to their biological processes, molecular functions and cellular component functions. Biological processes entail various extensive functions, whereas molecular functions define tasks achieved by individual gene products. Cellular component functions comprise of genes with functions in subcellular structures and locations. (iii) KeggCharts exhibits the distribution of differentially expressed genes between various KEGG biochemical pathways. This function enables for the implication of genes in various diseases through identifying and analysing the pathways linked to the specific disease. (iv) DomainCharts depicts the distribution of differentially expressed genes between families of protein domains (Dennis *et al.*, 2003).

Currently, the DAVID annotation tool has over 40 categories including protein-protein interactions, functional domains, disease links, homologies, gene tissue expression, and many more. The expanded annotation tool allows for a more comprehensive analysis due to various biological features being available in a single space. The clustering tool, a new feature in functional annotation, runs on a novel algorithm that evaluates the relationships between the annotated terms based on the degrees of their co-association genes, with the intent to group similar, redundant and heterogenous annotation content from the same or different resources into annotation groups (Huang *et al.*, 2007).

2.1.1.5 Protein network database

2.1.1.5.1 STRING

Search tool for recurring instances of neighbouring genes (STRING) is an online web-server that identifies interacting genes/proteins to the query gene/protein. STRING also retrieves all genes occurring within potential operons for the query gene, as it is noted that genes constantly occurring in each other's vicinity in potential operons within the genome tend to encode functionally interacting proteins (Snel *et al.,* 2000).

Protein-protein interactions may occur (i) directly through physical binding, or (ii) indirectly due to a shared substrate in a metabolic pathway, by controlling each other transcriptionally, or by interacting in bigger multi-protein assemblies. Methods predicting these functional associations are based on the notion that functionally associated proteins are encoded by genes sharing common selection pressures (Von Mering *et al.*, 2003).

While most of the protein interactions in STRING are imported from other databases, a large amount predicted interactions are also produced *de novo*, based on systematic genome comparisons. Fully sequenced genomes are imported and searched for three types of associations; namely conserved genomic neighbourhood, gene fusion events, and co-occurrence of genes across genomes. The goal is to discover pairs of genes which seem to be under similar selective pressures during evolution, so that they may be deemed as functionally associated (Von Mering *et al.*, 2005).

2.1.2 Aims

The aim of this chapter is to identify novel miRNAs via a sequence similarity approach, followed by the identification and characterization of their target genes to serve as biomarkers for the early diagnosis of OC, using various *in silico* approaches.

2.1.3 Objectives

- Retrieve miRNAs implicated in OC along with their sequences to create db1
- Retrieve all human mature miRNAs and their sequences to create db2
- Sequence similarity analysis via local BLAST and CD-HIT programs, using db1 and db2
- Create a list of miRNAs with high similarity to miRNAs already linked to OC
- Curation through textmining of the list of miRNAs to ensure no implication in OC
- Identify the target genes of the potentially novel miRNAs using mirDIP
- Extraction of all ovary-specific genes from PaGenBase
- Venn diagram construction for each miRNA's target genes that intersect with those expressed in the ovary
- Functional annotation to prioritize genes with direct links to OC and determining of their function using DAVID

- Discover protein interactions of the prioritized genes with each other using STRING
- Create a final list of miRNAs and their target genes as candidate biomarkers for OC diagnosis



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2.2 Methodology



Figure 2.1: Flow chart representing the outline of the *in-silico* methodology employed for miRNA identification in this chapter.

2.2.1 Data mining

To identify all mature miRNAs expressed in the human body, miRBase was utilized. For the extraction of OC-implicated miRNAs, dbDEMC, mir2disease, miRandola and miRCancer was employed.

2.2.1.1 MiRBase

MiRBase was launched using the URL www.mirbase.org/, and the "browse" tab was selected with *Homo sapiens* being specified. The option to view high confidence miRNAs was selected, and all mature sequences were downloaded. The miRNAs were stored in fasta format as "allmirna.fasta".

2.2.1.2 dbDEMC 2.0

Under the "browse" tab on the dbDEMC homepage (http://www.picb.ac.cn/dbDEMC/), OC was selected, all experiment IDs were ticked, and the miRNA sequences were downloaded.

2.2.1.3 MiR2Disease

On the mir2disease homepage (http://www.mir2disease.org/), OC was searched under "search by disease name", "malignant neoplasm of the ovary" was selected, and the sequences were downloaded.

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2.2.1.4 MiRandola

The full MiRandola database (http://mirandola.iit.cnr.it/index.php) was downloaded and only miRNA sequences linked to OC were kept.

2.2.1.5 MiRCancer

Under the "download" tab on the MiRCancer homepage (http://mircancer.ecu.edu/index.jsp), the "miRCancerOctober2017" dataset was downloaded, and miRNAs implicated in OC were kept.

The miRNA sequences from all four databases with implications in OC were combined and duplications were removed in excel. The miRNAs were stored in fasta format as "ovmirnas.fasta".

2.2.2 Duplication removal via CD-HIT

CD-HIT-EST was used to remove duplicates by clustering query datasets that met a specified similarity threshold. On the CD-HIT web server homepage (http://weizhonglilab.org/cdhit_suite/cgi-bin/index.cgi?cmd=Server%20home), the CD-HIT-EST tab was selected and "allmirna.fasta" was uploaded as the query. The sequence identity was set to 0.99 and all other parameters were left as default. The output fasta file and cluster file were downloaded.

The page was then reset and "ovmirnas.fasta" was uploaded as the query. The parameters specified were the same as before.

2.2.3 Sequence similarity analysis

2.2.3.1 CD-HIT

In order to identify sequences that share similarity, CD-HIT-EST-2D was run on Ubuntu software with the following command line:

cdhit-est-2d -i ovmirna \fasta.txt -i2 allmirna \fasta.txt - O result - c0.9 -n8

Where: "-*i*" is db1 with the validated OC miRNAs, "-*i*2" is db2 with all human mature miRNAs, "-O" is the output name, "-c" is the sequence identity threshold set to 0.9 and "-n" is the word size specified as 8.

2.2.3.2 BLAST

BLASTN was used in this section to search nucleotide-nucleotide similarity. The ncbi-blast-2.7.1+win64.exe program was downloaded from NCBI and installed. A database was created out of the "allmirna.fasta" file using the following command line:

makeblastdb.exe -in allmirna.fasta.txt -parse_seqids -dbtype nucl -input_type fasta -out C:\blast\allmirna.out

Where: "- in" is the input file, "-parse_seqids" enables parsing of the sequence id and "- dbtypenucl" is the particular type of input, which in this case is nucleotides.

The OC miRNAs were queried against the newly created database of all human mature miRNAs, using the following command line with a specified e-value of 1e-3 and word size of 7:

blastn.exe -db C:\blast\allmirna.out -evalue 1e-3 -word_size 7 -query ovmirna.fasta.txt out C:\blast\result.out

Where: "-db" is the database created by previous command line, "-evalue" describes the number of hits expected to be seen by chance within the database and was set to 1e-3, "word_size" is specified to 7, meaning that there should be at least 7 identical nucleotides between two sequences for it to be deemed as similar, "-query" is the input file to be queried against the database created, and "-out" is the output result file name and destination.

The results from and CD-HIT-EST-2D and BLAST were analysed and the miRNAs in common were kept for further analysis.

2.2.2 Text-mining

To determine if any of the miRNAs common to the BLAST and CD-HIT-EST-2D results had known implications in OC, literature papers were consulted. Those miRNAs with clear implications were eliminated while the ones that showed no association with OC were kept as candidates for further analysis.



Figure 2.2: Flow chart depicting the outline of the *in-silico* methodology employed for prioritising the miRNA target genes.

2.2.5 Gene identification

2.2.5.1 miRNA target genes

To identify the gene targets of each miRNA, the miRDip database was utilized. On the miRDip homepage (http://ophid.utoronto.ca/mirDIP/) under the miRNA-gene matrix tab, the option to search miRNAs was selected. The novel candidate miRNA along with its corresponding validated miRNA were inputted into the search box and a score class of medium was selected. The gene targets shared between the validated and candidate miRNAs were kept for further analysis. This process was repeated for each candidate miRNA and its validated reference.

2.2.5.2 Ovary-specific genes

PaGenBase was used to extract the genes with expression specific to the ovary. On the PaGenBase homepage (http://bioinf.xmu.edu.cn/PaGenBase/index.jsp), under the search tab; *Homo sapiens*, tissue and specific genes were selected as the conditions and "ovary" was typed in as the sample. The Specificity Measure (SPM) was left on default as 0.9. Once the query was submitted "ovary" was selected as the sample once more and the results were downloaded.

2.2.6 Intersecting genes

To identify if the miRNAs target any genes expressed in the ovary, Venn diagrams of the miRNA target genes and ovary expressed genes were constructed using a bioinformatics intersection tool (http://bioinformatics.psb.ugent.be/webtools/Venn/). The miRNA target genes and ovary genes were uploaded separately and the result was downloaded. This was performed for each miRNA's target genes. All intersecting genes for each miRNA targets were combined with duplications being removed and the common genes kept for further analysis.

2.2.7 Functional annotation

2.2.7.1 Disease

The DAVID database was employed to shortlist the common genes that have a proven mechanism in OC. The genes were copied and pasted into the DAVID database (https://david.ncifcrf.gov/) using their official gene symbols and selecting *Homo sapiens* for both the input list and background species. The "disease tab" was expanded and the results for "Genetic Associations Database (GAD) disease" were analysed. Only the genes with implications in OC were kept for further analysis.

2.2.7.2 Gene function

The shortlisted genes were once again inputted into the DAVID database for functional analysis, using the same parameters as before. The functional annotation clustering file was downloaded and all biological processes, molecular functions and cellular components that the shortlisted genes are involved in were identified and kept for further analysis. Literature papers were consulted to identify the roles that these processes play in cancer onset and progression.

2.2.8 Protein-protein interactions

To identify the protein-protein interactions between the shortlisted genes, STRING was used. On the homepage (https://string-db.org/), the option to query multiple proteins was selected and the shortlisted genes were pasted into the space provided, with *Homo sapiens* selected as the organism. All parameters were left as default and the protein network was downloaded and analysed.

2.3 Results and discussion

2.3.1 Data mining

Table 2.1.1: Number of mature human miRNAs obtained from miRBase.

Database name	Number of miRNAs
miRBase	2634

As the table above indicates, there were 2634 mature human miRNAs extracted from miRBase that were deemed to have been identified with high confidence. Accuracy of the sequences needed to be ensured since the basis of the algorithms employed, rely on sequence similarity. A miRNA is said to be of "high confidence" when it has multiple sequencing reads, which serves as validation and support for its sequence being accurate (Kozomara *et al.*, 2018).

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Database name	Number of miRNAs
dbDEMC 2.0	188
miR2 disease miRandola	8
miRCancer	12
	212

Table 2.1.2: Number of miRNAs implicated in OC obtained from multiple databases.

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To increase the number of miRNAs with implications in OC, four different databases were used. Table 2.1.2 shows the number of miRNAs with dysregulations in OC obtained from each database. All four databases obtained their miRNAs via data mining and are updated by constantly consulting new literature (Jiang *et al.*, 2009; Russo *et al.*, 2012; Xie *et al.*, 2013; Yang *et al.*, 2016). All miRNAs were combined to a total of 212 and duplications were removed

in excel to eliminate multiple records of the same miRNA housed in more than one database. This reduced the total to 201 non-redundant miRNAs implicated in OC.

2.3.2 Duplication removal via CD-HIT

While the previous section 2.3.1 removed duplicates in excel based on the name of the OClinked miRNA, this section focused to remove duplicates based on sequence as it is known that miRNAs arising from various precursors may share identical sequences (Griffiths-Jones *et al.*, 2006).

0	Before duplication removal	After duplication removal
Mature miRNAs	2634	2593
OC-implicated miRNAs	201	198

Table 2.2: Number of miRNAs before and after the removal of duplicates via CD-HIT.

Many databases may contain multiple records of identical sequences. These duplicates impair data quality and lead to both redundancies and inconsistencies. This therefore makes the removal of duplicates a fundamental process. CD-HIT-EST uses a sequence similarity threshold to identify duplicates (Chen *et al.*, 2017), which was set to 99% to remove miRNAs that share identical sequences. As can be seen from Table 2.2 above, 41 mature miRNAs and 3 OC-linked miRNAs shared identical sequences to other miRNAs in their respective datasets and were thus termed as duplicates and clustered under their representative sequence. The 198 unique OC-implicated miRNAs are shown in Table A.1 Appendix A.

2.3.3 Sequence similarity analysis

Table 2.3: Clusters of similar miRNA sequences with the percentage of similarity calculated by CD-HIT and BLAST. MiRNAs in bold are validated with implications in OC, and the miRNAs below them share more than 90% similarity.

MiRNA		_		MiRNA	_	_	
family	Clusters	Percent s	imilarity	family	Clusters	Percent s	imilarity
		CD-HIT	BLAST			CD-HIT	BLAST
1	>miR-1-1			10	>miR-1-10		
-	>miR-1-1a	+/91.30%	+/+ 91%	10	>miR-1-10a	+/95.65%	+/+ 96%
	>miR-1-2			11	>miR-1-11		
	>miR-1-2a	+/90.91%	+/+ 95%		>miR-1-11a	+/90.91%	+/+ 95%
2	>miR-1-2b	+/90.91%	+/+ 90%				
	>miR-1-2c	+/95.45%	+/+ 95%	12	>miR-1-12		
	>miR-1-2d	+/95.45%	+/+ 95%		>miR-1-12a	+/90.91%	+/+ 91%
	>miR-1-2e	+/90.91%	+/+ 91%				
				13	>miR-1-13		
	>miR-1-3				>miR-1-13a	+/90.91%	+/+ 95%
	>miR-1-3a	+/95.24%	+/+ 95%				
3	>miR-1-3b	+/95.00%	+/+ 95%	14	>miR-1-14		
	>miR-1-3c	+/94.74%	+/+ 95%		>miR-1-14a	+/95.45%	+/+ 95%
	>miR-1-3d	+/90.48%	+/+ 94%				
	>miR-1-3e	+/90.91%	+/+ 91%	15	>miR-1-15		
					>miR-1-15a	+/90.91%	+/+ 95%
4	>miR-1-4						
	>miR-1-4a	+/90.48%	+/+ 95%		>miR-1-16		
				16	>miR-1-16a	+/95.45%	+/+ 95%
5	>miR-1-5	A E S	IEF		>miR-1-16b	+/90.91%	+/+ 91%
	>miR-1-5a	+/91.30%	+/+ 95%				
				17	>miR-1-17		
6	>miR-1-6				>miR-1-17a	+/95.45%	+/+ 95%
•	>miR-1-6a	+/95.65%	+/+ 96%				
				18	>miR-1-18		
7	>miR-1-7			10	>miR-1-18a	+/95.45%	+/+ 95%
	>miR-1-7a	+/90.91%	+/+ 95%				
				19	>let-1-19		
8	>miR-1-8			15	>let-1-19a	+/90.91%	+/+ 95%
	>miR-8a	+/95.65%	+/+ 96%				
9	>miR-1-9						
5	>miR-9a	+/95.65%	+/+ 96%				

Table 2.3 above indicates only the results that were produced by both the CD-HIT and BLAST algorithms. The analysis identified 28 miRNAs clustered under 19 OC miRNAs with similarities between 90-99%. The nomenclature employed for miRNAs identified in this chapter relates to: $\underline{miR} - \min$ RNA; $\underline{1} - identified$ through sequence similarity (pipeline 1); $\underline{1a to 19a} -$ numerical order of identification, with the letters differentiating between miRNAs identified from the same cluster.

Incorporating various methods to conduct sequence similarity analysis is integral for exploratory research in bioinformatics (Eser *et al.*, 2014). BLAST and CD-HIT produce clusters based on different alignment criteria, therefore the miRNAs in common to both algorithms results are deemed to have a higher level of accuracy since both programs state they are more than 90% similar to their validated reference miRNA.

The "+/" and "+/+" symbols in front of each percentage indicates similarity between the forward strand of the query sequence, whereas "-/" and "+/-" depicts similarity involving the reverse complement of the query sequence (Wheeler and Bhagwat, 2007). For this reason, only the miRNAs with forward strand similarity were analysed and shown in Table 2.3. MiRNAs that had similarity involving their reverse complement were ignored in this study since that is not the genuine sequence of the miRNA.

Since the identified miRNAs share high similarity to sequences proven to have implications in OC, it is highly plausible that they will have the same dysregulated function in the abovementioned disease. In 2013, Pearson stated that this type of analysis is important in identifying novel molecules. These miRNAs were text-mined to discover their potential novelty in the pathogenesis of OC.

2.3.4 Text-mining

Literature papers were consulted and it was found that 19 out of the 28 miRNAs had implications in OC, and the remaining 9 miRNAs with no implications became the candidate miRNAs for this chapter to be implicated in the disease. The text-mining results are tabulated in Table 2.4 below.

MiRNA	Clustors	Implicated?	MiRNA	Clusters	Implicated?
family	Clusters	implicateu:	family	Clusters	implicateu:
1	>miR-1-1		10	>miR-1-10	
	>miR-1-1a	No		>miR-1-10a	Yes
	>miR_1_2			\miR_1_11	
	>miR_1_2	No	11	>miR-1-11	Voc
	>miR_1_2h	No			103
2	>miR-1-20	No		>miP 1 12	
	>miR-1-20	Vos	12	>miP_1_12	Voc
	>miR-1-20	Voc		>IIIIK-1-12d	163
	>11117-1-26	Tes		SmiD 1 12	
	SmiD 1 2		13	>miR 1 122	Voc
	>miR-1-3	No		2111IK-1-15d	res
	>IIIIR-1-3d	No		SmiD 1 14	
3	>IIIIR-1-3D	No	14	>miR-1-14	Vee
	>miR-1-30	NO		>mik-1-14a	res
	>miR-1-30	NO		b m 10 4 4 5	
	>miR-1-3e	Yes	15	>mik-1-15	Vee
				>mik-1-129	res
4	>miR-1-4				
	>miR-1-4a	NO	16	>mik-1-16	
	10112 2 2 2			>miR-1-16a	Yes
5	>miR-1-5	5 I E E		>miR-1-16b	Yes
	>m1R-1-5a	Yes			
			17	>miR-1-17	
6	>miR-1-6			>miR-1-17a	Yes
	>m1R-1-6a	Yes			
			18	>miR-1-18	
7	>miR-1-7			>m1R-1-18a	Yes
	>miR-1-7a	Yes			
			19	>let-1-19	
8	>miR-1-8			>let-1-19a	Yes
	>miR-1-8a	Yes			
9	>miR-1-9				
	>miR-1-9a	Yes			

Table 2.4: Shows the miRNAs implicated in OC, after literature mining. The miRNAs in bold

 indicate OC-implicated and the normal text relates to the potential novel OC miRNAs.

Annotating function to a sequence is commonly based on their similarity to sequences of known function (Klasberg *et al.*, 2016). As mentioned in section 2.1.8, miRNA biological functions and target pathways can be deduced by identifying the functions of their gene targets (Ling *et al.*, 2013). The 9 novel OC miRNAs were carried forward to identify and analyse their target genes.

2.3.5 Gene identification

The identified miRNAs are novel for OC and to determine their potential function, their target genes were functionally annotated. If the target genes are implicated in OC, by virtue of this, the regulating miRNA can also be implicated, in the absence of experimental evidence for the miRNA. Identifying target genes expressed specifically in the ovary, as their dysregulation would most likely lead to OC, was of interest as it provides additional support in the regulating miRNA's potential.

2.3.5.1 miRNA target genes

Table 2.5.1: Number of gene targets shared between each of the potentially novel miRNAs

 (in normal text) and their respective similar OC-implicated miRNA (in bold).

	miRNA	Number of target genes shared
Cluster 1	>miR-1-1	
	>miR-1-1a	17957
	>miR-1-2	
Cluster 2	>miR-1-2a	12645
	>miR-1-2b	14419
	>miR-1-2c	14285
	>miR-1-3	
Cluster 3	>miR-1-3a	9822
	>miR-1-3b	10654
	>miR-1-3c	10337

	>miR-1-3d	10121
Cluster 4	>miR-1-4	
	>miR-1-4a	17892

The Table above indicates the relative target genes shared between the novel miRNAs and their respective OC-implicated miRNA reference. Gene targets in common to both the novel candidate miRNA and their reference miRNA were specified based on the notion that if two miRNAs share the same set of target genes, they will most likely be involved in the same pathways (Bhajun *et al.,* 2015).

From the results obtained, a high number of gene targets were identified for each miRNA cluster, with cluster 1 having the highest. The high number of gene targets is accounted for by the fact that one miRNA can target thousands of genes and one gene can be targeted by a large number of different miRNAs. This also arises in overlapping of gene targets between miRNAs, with different miRNAs exerting diverse functions on the same target gene (Peter, 2010). MiRNAs may act as either oncogenes or tumour suppressors based on their effects on target genes (Makondi *et al.*, 2019).

MiRDip has four specific confidence classes; *very high, high, medium* and *low* confidence, corresponding to the results from the top 1%, top 5%, top 1/3 and the remaining predictions, respectively (Tokar *et al.*, 2017). Medium score was selected in this section to increase the number of genes used for identifying overlapping genes in the next section.

2.3.5.2 Ovary-specific genes

Table 2.5.2: Number of	genes expressed	specifically in the ovary	۰.
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Database used	Number of ovary-specific genes
PaGenBase	245

One of the many uses of the PaGenBase database is to identify tissue-specific genes that can serve as potential biomarkers for specific diseases/conditions (Pan *et al.,* 2013), hence the

selection of ovary-specific genes. According to the database, there are 245 genes specifically expressed in the ovary. The SPM (specificity measure) was set to 0.9 and more and is a parameter that measures the specificity of a gene's expression in a certain sample, with a higher SPM indicating more sample specificity (Pan *et al.*, 2013).



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2.3.6. Intersecting genes





Figure 2.3: Venn diagrams depicting the intersection of the ovary-specific genes with each miRNAs' target genes.

Figure 2.3 displays Venn diagrams depicting the intersection of genes for each of the 9 miRNAs identified target genes, with the ovary-specific genes. From the results obtained, it is evident that there are candidate miRNA target genes expressed in the ovary. Various studies have demonstrated that many genes with either specific or preferential expression in the ovary govern crucial molecular elements of ovarian function (Hennebold *et al.,* 2000). This motivates that these miRNAs could be putative biomarkers for OC, as their dysregulation
could result in the alteration of the target gene's expression (Paranjape *et al.,* 2009) which could potentially lead to OC.

The total combined number of intersecting genes was 1035 and once duplications were removed, this total was reduced to 158. These 158 genes, shown in Table A.2 Appendix A, were taken to DAVID to identify the ones with OC associations, i.e. onset and/or progression.

2.3.7 DAVID Functional annotation

2.3.7.1 Disease

EGR2

ESR1

ESR2

LHCGR

PDGFB

PGR

Gene name	Disease
FOS	OC, alcohol consumption, Alzheimer's Disease
WISP1	OC, asthma, Bone Mineral Density
WNT5A	OC, amyotrophic Lateral Sclerosis Anoxia
AMHR2	OC, estradiol, female infertility
BNC2	OC, diabetes, type 1, Tobacco Use Disorder
CYP19A1	OC, abortion, habitual Infertility

OC, alzheimer's disease, Bone Mineral Density...

OC, abdominal aortic aneurysm, abortion...

OC abdominal aortic aneurysm, Abortion...

OC, amyotrophic Lateral Sclerosis | Anoxia...

OC, abdominal aortic aneurysm, Abortion...

OC, abortion, habitual | Infertility...

Table 2.6: Genes with implications in OC.

Out of the 158 genes targets expressed in the ovary, 12 genes were returned from DAVID as having implication in OC as well as showing high expression in the ovary based on their SPM value. The fact that the candidate miRNAs target these genes strongly suggests these miRNAs may have mechanisms in OC as well.

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The table below indicates the targeting interactions between the regulating novel OC miRNA and its target genes.



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	Target genes											
	FOS	WISP1	WNT5A	AMHR2	BNC2	CYP19A1	EGR2	ESR1	ESR2	LHCGR	PDGFB	PGR
miR-1-1a	~	\checkmark	✓	√	\checkmark	~	√	\checkmark	\checkmark	\checkmark	\checkmark	✓
miR-1-2a	\checkmark	\checkmark	\checkmark	✓	\checkmark	✓	\checkmark	\checkmark	\checkmark	✓	\checkmark	\checkmark
miR-1-2b	~	✓	~		\checkmark	~	\checkmark	\checkmark	\checkmark	✓	~	\checkmark
miR-1-2c	\checkmark	\checkmark	\checkmark		\checkmark							
miR-1-3a		✓	~	~	\checkmark			\checkmark	\checkmark			\checkmark
miR-1-3b		\checkmark	\checkmark	~	\checkmark			\checkmark	\checkmark	✓	\checkmark	\checkmark
miR-1-3c		✓	~	~	\checkmark			\checkmark	\checkmark			\checkmark
miR-1-3d		\checkmark	\checkmark		\checkmark			\checkmark	\checkmark			\checkmark
miR-1-4a	\checkmark											

 Table 2.7: Targeting interactions between the novel OC miRNAs and target genes.

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In order to understand the roles of these gene within a cell, their functions need to be uncovered.

2.3.7.2 Gene function



Figure 2.4: Biological processes, molecular functions and cellular components that the candidate genes are involved in. Yellow blocks indicate the functions of the respective genes.

From the results shown in Figure 2.4, most of the genes are involved in protein binding. Proteins may bind either DNA or RNA, and are involved in a variety of crucial processes including DNA packing, transcription, replication, modification and repair (Hudson and Ortlund, 2014; Peled *et al.*, 2016). DNA binding proteins (DBPs) holds an essential role as transcription factors governing gene expression, and alterations within these DBPs contributes greatly to tumorigenesis (Liu *et al.*, 2001). RNA binding proteins (RBPs) plays a fundamental part in gene regulation, and act as important coordinators in maintaining genome integrity. They are key players in many post-

transcriptional events including mRNA splicing, stability, localization and polyadenylation, which ultimately affects gene expression levels within each cell (Wang *et al.*, 2019). Their dysregulation has become clear in various cancer types thus influencing the function and expression of oncoproteins and tumour suppressor proteins (Pereira *et al.*, 2017).

Early growth response 2 (EGR2) and Progesterone receptor (PGR), genes regulated by the identified miRNAs, are transcription factors with proven mechanisms in OC. EGR2 is upregulated in response to hormones, growth factors, cytokines and environmental stimulants and is highly associated with OC survival and recurrence. It has also been implicated in the Phosphatase and Tensin homologue (PTEN) - induced apoptotic pathway (Delfino and Rodriguez-Zas, 2013; Jin *et al.*, 2017). Progesterone supresses ovulation, which not only decreases the proliferative effect of oestrogen, but also inhibits inflammation and cancer infiltration. It has also been proven to initiate apoptosis in tumour cells. PGR expression is reported to be significantly lower in tumour ovarian tissues when compared to healthy tissues and serves as a prognostic biomarker in OC (Mungenast and Thalhammer, 2014).

Luteinizing hormone/choriogonadotropin receptor (LHCGR) regulates ovulation by binding luteinizing hormone (LH) and hCG. Its expression is reported to be downregulated in a cancerous ovary and also correlates to a poor overall survival (Zhong *et al.,* 2019).

Some of the candidate genes are localized to the cell membrane. Membrane proteins are an essential component of biological membranes mediating vital cellular functions (Kampen, 2011). Cell membrane proteins are altered throughout normal cellular processes as well as during tumorigenesis. Membrane proteins present in normal cells may partially or completely disappear in cancer cells, while over expressed or newly synthesized proteins may be present (Grimm *et al.*, 2011). Cytochrome P450 Family 19 Subfamily A Member 1 (CYP19A1) is localized to the membrane and involved in the synthesis of oestrogen (Khayeka-Wandabwa *et al.*, 2019). In 2008, a study by Goodman *et al.*, revealed that variants of CYP19A1 influences susceptibility to OC.

It is clear that the candidate genes are not only implicated in OC, as seen in the literature, but also involved in processes leading to cancer onset and metastasis, as seen from the DAVID

analysis. Since the candidate miRNAs target these genes and therefore control these processes, it strengthens their potential as being promising biomarkers for early stage OC diagnosis.



2.3.8 Protein-protein interactions

Figure 2.5: Network from STRING depicting the interactions of the candidate proteins with each other.

Out of the twelve candidate proteins, eight have evidence-based interactions with each other. Oestrogen Receptor 1 (ESR1), the central gene in the network, is known to be highly expressed in OC (Giannopoulou *et al.*, 2018). Oestrogen provides signalling systems for cell division and differentiation by binding to its receptor, leading to transcriptional activation of oestrogenresponsive genes. Included in these genes are proto-oncogenes such as c-fos (Mungenast and Thalhammer, 2014). FOS protein forms the transcription factor activating protein (AP-1) along with Jun protein. Each protein is differentially expressed and regulated; therefore, each cell type has a complex mixture of AP-1 dimers with slightly dissimilar functions (Hess, 2004; Hein *et al.*, 2009). Numerous studies have implicated AP-1 transcription factors in major cancer-related pathways including inflammation, differentiation, cell migration, metastasis and angiogenesis. Depending on the cellular context, both the upregulated and downregulation of AP-1 promotes tumorigenesis (Garces de los Fayos Alonso *et al.*, 2018).

The proteins not involved in the network were still considered to be candidates, due to several other lines of evidence. Lack of interactions between these proteins could possibly be attributed to the need for studies yet to characterize such interactions. It is also likely that the proteins may interact through another intermediary protein not part of the input list and network. One of the proteins not connected to the network is Wnt Family Member 5 (WNT5a), which is known to have high expression in OC when compared to healthy, borderline and benign controls (Ford *et al.*, 2014). The Wnt signalling pathway is involved in both the development and homeostasis of tissues by regulating their endogenous stem cells. Abnormal Wnt signalling is a key contributor to cancer onset and progression through affecting the behaviour of cancer stem cells (CSCs). CSCs are responsible for tumour establishment as well as disease relapse due to their drug-resistant properties (Duchartre *et al.*, 2016). Various lines of evidence have indicated interactions between the Wnt signalling pathway and miRNAs in cancer development. MiRNAs were found to activate or inhibit the Wnt pathway at several steps. Conversely, Wnt activation increases miRNA expression by binding to its promoter and initiating transcription (Peng *et al.*, 2016).

MiRNAs regulating the same gene are expected to consequently regulate the same target pathway (Kehl *et al.,* 2017). This further strengthens the potential of these miRNAs as all of their candidate target genes are implicated in OC, with eight out of twelve having interactions with each other.

2.4 Conclusion

It has been proven that miRNAs serve crucial functions such as RNA silencing, post-transcriptional regulation and gene regulation (Cai *et al.*, 2018). They act as suitable biomarkers for both diagnosis and prognosis due to their differential expression across various cancer stages and types (Zhang *et al.*, 2017; Du *et al.*, 2018).

This chapter identified nine novel OC miRNAs based on a sequence similarity analysis as well as twelve target genes that are expressed within the ovary. The candidate miRNAs were produced by both BLAST and CD-HIT as having 90-99% similarity to their validated references, and were further deemed as novel candidates based on their lack of involvement in OC.

The candidate target genes of these miRNAs were reduced and characterized based on them having, (i) selective expression in the ovary, and (ii) clear implications in OC. The candidate genes are involved in various molecular functions, biological processes and cellular components including protein, chromatin, enzyme and zinc binding, plasma and integral membrane components, regulating transcription and signal transduction. This indirectly indicates the various pathways that the novel miRNAs target and control, all of which could contribute to cancer onset and metastasis (Liu *et al.*, 2014). STRING analysis indicated that more than 50% of the candidate genes interact with each other, and since each candidate miRNA targets the same gene as another, they most likely target the same dysregulated OC pathway (Kehl *et al.*, 2017).

MiRNAs comprise a complex regulatory network due to the fact that multiple miRNAs can target the same gene, and therefore determine the expression levels of the gene (Peter, 2010). Based on the shared targeting interactions involving multiple candidate miRNAs and a single gene, it is highly plausible that the combination of miRNAs is what drives the target genes into carcinogenesis.

Chapter 3

Identification of miRNAs and genes as biomarkers for the early stage diagnosis of OC using patient clinical data from TCGA

3.1 Introduction

Cancer comprises of dynamic genomic aberrations in the form of somatic mutations, copy number variations, epigenetic alterations, and altered gene expression levels. Due to tumour heterogeneity, each cancer type has its own different molecular profile, thus requiring unique diagnostic and therapeutic strategies (Tomczak *et al.*, 2015; Wang *et al.*, 2016).

Clinical data acts as a central resource in healthcare progression, by allowing for the development of novel knowledge based on individual clinical experiences (Grossmann, 2010). Many investigators have incorporated The Cancer Genome Atlas (TCGA) as a resource to not only support their studies, but also to aid in interpreting molecular testing of individual patients in a clinical setting (Liu *et al.,* 2018).

Launched by the National Institute of Health (NIH), TCGA is a comprehensive atlas of genomic cancer profiles that helps in producing new cancer therapies, diagnostic techniques, and preventative strategies. TCGA involves various centres responsible for the collection and processing of samples, followed by high-throughput and accurate bioinformatics analysis. It utilizes various platforms to generate many data types, including gene, exon, and miRNA expression, single nucleotide polymorphisms, and loss of heterozygosity for more than 30 cancer types and 10 cancer tissues (Chu *et al.*, 2015; Tomczak *et al.*, 2015). Since TCGA has a large amount of clinical data stored, statistical measures are important in filtering data and identifying those that are statistically significant. From there, biologically relevant data can be uncovered (Antunović *et al.*, 2011).

As mentioned previously, using miRNAs and genes as biomarkers for OC diagnostics offers great promise (Wang *et al.*, 2015). The immense knowledge and potential that clinical data provides in identifying such biomarkers, was the reason behind clinical data being the basis of this chapter.

3.1.2 Aim

The aim of this chapter is to identify miRNAs and genes, extracted from TCGA clinical data, with the potential to serve as biomarkers for early stage OC diagnosis.

3.1.3 Objectives

- Extract patient clinical OC cases of miRNA expression from TCGA
- Identify top 100 highly expressed miRNAs according to statistical measures
- Finalize a candidate miRNA list
- Extract patient clinical cases of gene expression from TCGA
- Identify top 100 highly expressed gene according to statistical measures
- Finalize candidate gene list
- Observe any targeting interactions between candidate miRNAs and genes

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3.2 Methodology





Figure 3.1: Flow charts representing the outline of the *in-silico* methodology employed for both miRNA and gene identification in this chapter.



3.2.1. MiRNA data extraction

To extract miRNAs expressed in OC cases, the TCGA data portal (available at https://cancergenome.nih.gov/) was launched and the repository tab was selected. "Ovary" was selected as the primary site, with "TCGA-OV" being the project of focus. "Transcriptome profiling" was selected under data category and "miRNA quantification" was specified as the data type. The files were extracted and analysed in Microsoft Excel.

3.2.1.1. Statistical parameters to isolate candidates

To identify and isolate the candidate miRNAs, Reads Per Million Mapped was used as the expression level of each miRNA and averages across all patient samples were calculated. The miRNA averages were ranked from highest to lowest expression. The top 100 highly expressed miRNAs were selected and their standard deviations and signal to noise (S/N) ratios were calculated. To ensure that the signal to noise values are in fact stable and accurate, a distribution curve was constructed. Using the signal to noise values, a box plot was created and miRNAs falling in the upper whisker were selected as the candidate miRNAs.

3.2.2. Gene data extraction

То expressed extract genes in OC, the TCGA data portal (available at https://cancergenome.nih.gov/) was launched and the repository tab was selected. "Ovary" was selected as the primary site, with "TCGA-OV" being the project of focus. "Transcriptome profiling" was selected under data category and "Gene expression quantification" was specified as the data type. The files were extracted and analysed in Microsoft Excel.

3.2.2.1. Statistical parameters to isolate candidates

To identify and isolate the candidate genes, Reads Per Million Mapped was used as the expression level of each gene and averages were calculated across all patient cases. The gene averages were ranked from highest to lowest expression. The top 100 highly expressed genes

were selected and their standard deviations and signal to noise ratios were calculated. To ensure that the signal to noise values are in fact stable and accurate, a distribution curve was constructed. Using the signal to noise values, a box plot was created and genes falling in the upper whisker were selected as the candidate genes.

3.2.3 MiRNA-gene targeting interactions

To determine if any of the candidate miRNAs target the candidate genes identified, miRDip (available at http://ophid.utoronto.ca/mirDIP/) was launched and the bidirectional search tool was utilized. The miRNAs and genes that have interactions with each other were used for the subsequent chapter of this study.



3.3 Results and discussion

3.3.1 MiRNA data extraction and candidate identification

A total of 499 patient cases with expression level records for 1881 miRNAs were extracted from TCGA and analysed. The top 100 highly expressed miRNAs had average expression levels ranging from 274270,4552 to 277,3424168. This is notably a huge gap and as can be seen in Figure 3.2, the distribution curve of the top 100 miRNA's S/N ratios prove that the data is stable and accurate, based on the bell-shaped curve produced.





Many statistical tools assume that random variation in data follows normal distribution. "Normal" is the term given to continuous data distributed on either side of the mean as given by the standard deviation, that follows a bell-shape (Krithikadatta, 2014; Maltenfort, 2015). S/N values for each miRNA was calculated according to the formula "S/N = \bar{X}/s ", where " \bar{X} " is the mean and "s" is the standard deviation (Busch and Busch, 2018). Because a higher S/N value correlates to a higher level of accuracy (Mazziotta, 2002), Figure 3.2.1 depicts the box plot constructed to identify and isolate miRNAs with S/N values residing in the upper whisker.



Figure 3.2.1: Box plot of the top 100 miRNAs, based on their S/N values.

A total of 26 miRNAs had S/N values in the upper whisker of the box plot, with the range identified to be 1.51 to 2.5. These miRNAs are the candidates deemed to have accurate and reproducible expression levels in OC, which can be found in Table 3.1 along with their average expression and S/N values.

Box plots provide a graphical summary of data (Schlattmann and Dirnagl, 2010), based on the minimum value, the median of the first half of the data (Q1), the median (Q2), the median of the second half of the data (Q3) and the maximum value (Marmolejo-Ramos and Siva Tian, 2010). The upper whisker was chosen to identify candidates with highest levels of expression in OC as it contains the top 25% of data.

miRNA	Average expression	Standard deviation	S/N
miR-2-1	4458,889373	2938,323243	1,517495
miR-2-2	4634,98713	1860,490687	2,491271
miR-2-3	1809,124095	1190,141792	1,520091
miR-2-4	1892,036496	1110,02132	1,704505
miR-2-5	2341,187127	1385,781261	1,689435
miR-2-6	94559,1116	52486,06122	1,801604
miR-2-7	1611,565932	1060,816006	1,519176
miR-2-8	18095,54756	10045,29476	1,801395
miR-2-9	1060,270432	691,26301	1,533816
miR-2-10	5543,778875	2559,821627	2,16569
miR-2-11	15755,83122	10153,83577	1,551712
miR-2-12	965,5993532	482,0611749	2,003064
miR-2-13	795,9024507	392,31845	2,028715
miR-2-14	6741,021503	4190,369678	1,608694
miR-2-15	274270,4552	130406,8453	2,103191
miR-2-16	54006,50543	28130,87368	1,91983
miR-2-17	59196,81886	30860,19656	1,918226
miR-2-18	26174,26004	13998,73795	1,869759

Table 3.1: Candidate miRNAs identified in this study, with their relative expression data.

miR-2-19	26033,19381	13937,59924	1,867839
miR-2-20	26043,70234	13959,39537	1,865676
miR-2-21	771,4991879	487,3704161	1,582983
miR-2-22	9433,434034	5966,506702	1,581065
miR-2-23	9419,006612	5964,843608	1,579087
miR-2-24	2519,998189	1621,584784	1,554034
miR-2-25	641,9281163	416,4159963	1,541555
miR-2-26	4324,040628	2837,130532	1,524089

The nomenclature employed for miRNAs identified in this chapter relates to: \underline{miR} – miRNA; $\underline{2}$ – identified from TCGA expression data (pipeline 2); $\underline{1 \text{ to } 26}$ – numerical order of identification.





3.3.2 Gene data extraction and candidate identification



The distribution curve in Figure 3.3 proves that the S/N values for the top 100 genes are stable and accurate, therefore allowing for them to be taken further in this study. In Figure 3.3.1 below, the box plot has an upper whisker starting point of 1.73. This indicates that the top 25% of the genes with high expression have a S/N value of \geq 1.73.

A total of 25 genes with S/N values of 1.73 and higher were identified and finalized as the candidate genes of this chapter. These genes are tabulated in Table 3.2 along with their average expression, standard deviation and S/N values.



Figure 3.3.1: Box plot of the top 100 genes, based on their S/N values.



Gene	Average expression	Standard deviation	S/N
ΡΤΜΑ	96127,20899	41419,54247	2,320818
АСТВ	344376,4339	154014,9449	2,235994
CALR	74623,56614	34730,766	2,14863
CFL1	75154,06085	35857,30681	2,09592
MT-CO1	941874,9048	454346,8453	2,073031
HSP90AB1	97081,5	48063,50267	2,019859
MT-ND4	732800,5397	369430,8529	1,983593
TMBIM6	70141,12169	35738,85403	1,962601
MT-ATP6	236967,9841	121668,1398	1,947658
ACTG1	233980,4709	121570,2148	1,924653
MT-ND2	342401,9577	179211,1074	1,910607
TWES	156460,1455	82380,60824	1,899235
GNAS	113802,4021	60190,01033	1,890719
TUBB	76076,05556	40456,71676	1,880431
MT-CO3	440762,4339	240515,669	1,832573
RPL15	111229,2884	61468,23281	1,809541
MT-RNR2	832386,6693	460253,4606	1,80854
MT-ND5	169919,2884	93959,32637	1,808435

Table 3.2: Candidate genes identified in this chapter, as well as their expression information.

RPL3	114091,5767	63119,55505	1,807547
MT-CO2	405573,963	226899,4167	1,787461
PSAP	79962,5291	45078,27248	1,77386
ALDOA	109488,7989	62281,82887	1,757957
RPL7A	72758,38095	41587,67802	1,749518
MT-ND1	379320,0979	217706,7267	1,742344
RPL4	120127,7354	69255,61162	1,734556



3.3.3 MiRNA-gene targeting interactions

 Table 3.3: Candidate miRNAs that target the candidate genes identified.

Candidate target genes	
------------------------	--

	ACTB	ACTG1	ALDOA	CALR	CFL1	FTL	GNAS	HSP90AB1	PSAP	PTMA	RPL15	RPL3	RPL4	RPL7A	TMBIM6	TUBB
miR-2-1	√	√		\checkmark	√		\checkmark		√		\checkmark				✓	√
miR-2-2		√	~	✓	✓		✓		✓						✓	
miR-2-3	✓	✓		✓	~							✓	✓		\checkmark	
miR-2-4	√	~	\checkmark				✓		√	✓	√				\checkmark	✓
miR-2-5		~	\checkmark	✓	✓		✓		√		✓				\checkmark	✓
miR-2-6		~					✓									✓
miR-2-7	✓	~		✓			✓		√		✓		~	√	\checkmark	
miR-2-8	✓						✓		√		✓				\checkmark	
miR-2-9			\checkmark	✓	✓		✓		✓						\checkmark	
miR-2-10	√			√		√	✓		√		√				\checkmark	✓

Candidate miRNAs



Out of the 26 miRNAs and 25 genes identified in this chapter, there are targeting interactions between 15 miRNAs and 16 genes.

It was to be expected that not all miRNAs and genes would interact with each other, since the gene identification was not based on using the miRNAs as input, as in chapter 2. Solely for the purpose of the following chapter, was the targeting interactions between the candidate miRNAs and genes scrutinized. Both miRNA and gene lists were identified as candidates for diagnostic purposes based on their specific expression levels in OC clinical cases.

Cofilin 1 (CFL1) is a small ubiquitous protein involved in cytokinesis, endocytosis, apoptosis, cell migration and cell mobility (Mousavi *et al.*, 2018). The activity status of CFL1 is directly associated with invasion, intravasation and metastasis of tumours. It was reported that increased CFL1 expression results in the progression of OC, and that targeting the activities of this gene is sufficient to significantly inhibit tumour invasiveness. Additional studies are still required to further elucidate the clinical outcomes of CFL1 in OC (Zhou *et al.*, 2012).

Ferritin light chain (FTL) is a key protein involved in iron metabolism (Wu *et al.,* 2016). The regulation of iron metabolism in OC plays a crucial role in promoting cell proliferation and a study published in 2019 by Wang *et al.* revealed that high expression levels of FTL correlates to a poor prognostic outcome in patients with OC.

Transmembrane BAX Inhibitor Motif Containing 6 (TMBIM6) is an endoplasmic reticulum (ER) protein that regulates apoptosis in response to ER-stress triggers. Overexpression of TMBIM6 has been implicated in OC (Liu, 2017).

3.4 Conclusion

TCGA is a huge repository containing patient clinical data for various cancer types, resulting in studies that have significantly advanced the understanding of cancer biology (Mounir *et al.,* 2019). Using expression data extracted from TCGA as well as distribution curves and box plots as statistical measures, 26 miRNAs and 25 genes were identified as candidate biomarkers for OC diagnosis.

Out of the 25 genes, 16 are involved in protein binding which is known to be a vital cellular process.

While all 26 miRNAs and 25 genes are still considered the candidate biomarkers identified in this chapter, only the 15 miRNAs and 16 genes that interact with each other, will be carried forward to the next chapter to assess their triplex-forming abilities.



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Chapter 4

Prioritization of candidate miRNAs and genes based on the triplex-forming potential between interacting miRNAs and genes.

4.1 Introduction

MiRNA-gene interactions are dynamic and depend on various factors, including subcellular location of miRNA, abundancy of miRNA and target genes, and the affinity of their interactions. MiRNAs commonly interact with the 3'-UTR of target mRNAs, inducing mRNA degradation and translational inhibition. However, miRNAs are also capable of interacting with other sites in the target mRNA, such as the 5'-UTR, coding sequence as well as promoter regions. They have also been shown to upregulate gene expression in response to certain cellular conditions, sequences and co-factors. Binding of miRNA to the target gene's 3'-UTR, 5'-UTR and coding regions induces silencing effects on gene expression, whereas binding to the promoter region has been reported to induce transcription, thus stimulating gene expression (Valinezhad *et al.*, 2014; O'Brien *et al.*, 2018).

Eukaryotic promoters have a complex structure and several different sequence motifs. Transcription factors are required to bind to specific DNA sequences before RNA polymerase II can bind to the promoter and initiate transcription (Bhagavan and Ha, 2011). Commonly found in the promoter region of many genes are CpG islands which are an important feature of promoters as their methylation leads to silenced gene expression (Lim and Maher, 2010; Tollefsbol, 2011). With that being said, it is also known that approximately 45% of human gene promoters, particularly those of tissue-specific genes, do not contain CpG islands however, these genes are still transcriptionally silenced via methylation (Han *et al.*, 2011). Since promoter regions are significant regulatory sites, their sequences are of importance as well. Such sequences can be obtained from genome browsers which allow users to search, browse, extract and analyse genomic sequences (Wang *et al.*, 2012).

Two popular systems annotating and displaying genomic information are Ensembl Genome Browser and UCSC Genome Browser (Birney, 2004). Both browsers display gene annotations from various sources regarding sequence variation, conserved regions, CpG islands, as well as regulatory and promoter sequences (Furey, 2006; Spudich *et al.*, 2010). Ensembl imports manually curated datasets, however if such evidence is not available, it annotates the gene set using a gene prediction pathway (Spudich *et al.*, 2007). UCSC produces several annotations based on mRNA alignments. mRNA and EST sequences are extracted from GenBank and aligned against the genome using a fast sequence alignment tool, BLAT (BLAST-like Alignment Tool). Data is filtered based on identity percentage as well as alignments that best match the sequence (Karolchik, 2003). BLAT is commonly used to locate sequences in a reference genome, identify homologous sequences from the genomes of closely related species, recognize exon-intron boundaries, determine gene structures, as well as aid in assembling and annotating genomic and transcriptomic sequences (Wang and Kong, 2019).

It has been postulated that miRNAs are capable of forming triplexes with the major groove of duplex DNA through either Hoogsteen or reverse Hoogsteen hydrogen bonds. Triplex formation involves a run of purines on one strand of the duplex. Purine bases contain more than one face from which they can form hydrogen bonds, which allows them to simultaneously participate in Watson-Crick pairing and either Hoogsteen or reverse Hoogsteen pairings (Paugh *et al.*, 2016). Bioinformatic analyses have uncovered enrichment of potential triplex targeting sites (TTS) in regulatory regions, primarily in promoters and enhancers. This direct interaction results in an altered gene function. As shown in Figure 4.1 below, triplex-forming oligonucleotides (TFOs) rich in pyrimidines interact with polypurine sequences via Hoogsteen base-pairing forming a parallel alignment whereas purine rich TFOs interact with polypurine sequences via reverse Hoogsteen base-pairing in an anti-parallel manner (Maldonado *et al.*, 2017).



Figure 4.1: Triplex forming interactions between TFOs and DNA polypurine strand. Solid lines indicate Watson-Crick hydrogen bonding whereas dotted lines represent either Hoogsteen or reverse Hoogsteen hydrogen bonding (Maldonado *et al.,* 2017).

Trident is a computational algorithm that assesses the landscape of potential miRNA triplexbinding sites in genomic DNA. It searches for triplex-forming units and Hoogsteen interactions according to the format of "XY:Z", with "Z" representing the miRNA nucleotide. For example, TA:U and CG:C represents Hoogsteen interactions, whereas TA:A and CG:G indicates reverse Hoogsteen bonds. For each triplex binding site identified, Trident determines a thermodynamic binding energy as well as a heuristic score, with a higher heuristic score and lower thermodynamic energy relating to a stronger interaction (Paugh *et al.*, 2016).

The candidate miRNAs and genes from chapter 2 and 3 were identified through two distinct methodologies. Each chapter yielded a great number of candidates and since there was no overlap between the results, the candidates need to be ranked in order of priority. From there, candidates to be carried forward for future investigation can be distinguished. The Trident tool was implemented to prioritize the candidates for molecular validation, based on favourable thermodynamic interactions between a miRNA and its target genes. The motivation behind utilizing Trident to prioritize the candidates stem from the fact that: (a) it provides an additional line of evidence for an interaction between the miRNA and target

genes, and (b) triplex structures have been implicated in cancer due to its regulation of gene expression levels (Wang *et al.*, 2018).

Since the purpose of this chapter was to rank and prioritize the candidates, the miRNAs and genes not involved in targeting interactions were still considered to part of the finalized candidate list. These miRNAs and genes were deemed to be of low priority.

4.1.2 Aims

The aim of this chapter is to determine the potential of the candidate miRNAs identified in chapter 2 and 3, to form triplexes with the promoter regions of their respective target genes.

4.1.3 Objectives

- Extract sequences of the miRNAs identified in chapter 2 and 3 from miRBase
- Extract true promoter sequences of target genes of the identified miRNAs and verify its authenticity
- Determine triplex forming abilities of the miRNAs and their target genes, using Trident tool
- Determine if any binding takes places between the antisense miRNA strand and the target gene's promoter

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• Highlight list of miRNAs and genes for further validation

4.2 Methodology



Figure 4.2: Flow chart depicting the outline of the *in-silico* methodology employed for identifying the candidates capable of triplex-formations.

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4.2.1 MiRNA sequence extraction

The candidate miRNAs and their target genes identified in both chapter 2 and chapter 3 were kept separate so their trident results could be compared.

MiRBase was employed to extract the mature sequence of each candidate miRNA by pasting the miRNA name into the search box. The mature sequences were saved in FASTA format and used for the Trident tool.

4.2.2 Promoter sequence extraction of miRNA target genes

To ensure and verify that each gene's promoter sequence was authentic, both Ensembl Genome Browser and UCSC genome browser were used. Ensembl Genome Browser (available at https://www.ensembl.org/index.html) was launched and "Human" was specified as the species, with the gene name being pasted in the search box below. The query was submitted and the returned result with the correct gene name and species was selected. On the left tab of the gene result, "sequence" was selected and all configurations were left on default with the upstream flanking region, containing the promoter, being 600bp. This 600bp before the first exon was selected as the promoter region.

To verify that this sequence was in fact the true promoter, UCSC Genome Browser (available at https://genome.ucsc.edu/) was launched. The "BLAT" tool was utilized and the sequence extracted from Ensembl was pasted in the search box, with "Human" being specified and "Dec 2013" as the selected assembly. All other parameters were left on default and the query was submitted. The result with "100%" identity was analysed by selecting it's "browser" link. Under the "Regulation" setting, CpG islands were selected to identify if it was present within the promoter region, however if no CpG islands were present, the promoter sequence was still deemed to be true based on the 100% identity between two different genome browsers.

4.2.3 Trident tool

To predict triplex binding sites, Trident (available at http://trident.stjude.org/) was used. Under the "tools" tab, the miRNA sequence was pasted in the first search box with the specific target gene's promoter sequence in the second search box. "MiRanda Rules" was ticked and "Homo sapiens" was specified. The query was submitted and if any results were returned, it was recorded and saved.

To serve as a negative control for this chapter, the reverse-complement of each miRNA sequence was generated using DNA Reverse Complement Sequence Generator Tool (available at http://www.bugaco.com/calculators/dna_reverse_complement.php). RNA was specified as the sequence mode and each miRNA sequence was submitted as the input sequence. The reverse complementary sequence for each candidate miRNA was retained and used in the Trident tool along with its target gene's promoter sequence, to determine if anti-sense binding can occur.



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4.3 Results and discussion

Gene promoter sequences are enriched with potential miRNA target sites in both sense and antisense directions (Catalanotto *et al.,* 2016), however the antisense miRNA has less potential to form favourable Hoogsteen bonds (Paugh *et al.,* 2016). Because of this, the antisense strand was used as a negative control to prioritize the miRNAs with triplex formations involving their sense strand only, thus resulting in a more enriched and validated interaction.

When searching for binding site pairs, Trident not only shares some similarities with MiRanda's miRNA-mRNA binding site algorithm but also incorporates its own rule adaptations. Trident binding rules assign a thermodynamic energy when searching for Hoogsteen (C:G and U:A) and Reverse Hoogsteen (G:G and A:A) binding (Paugh *et al.*, 2016).

Table 4.1 indicates the triplex-forming abilities of the candidate miRNAs and target genes identified in chapter 2. As can be seen there are a total of nine triplex interactions, involving seven sense-strand miRNAs and the promoters of five genes. For the antisense results, a total of five triplexes were returned involving four miRNAs and three genes. There is no overlap between the sense and antisense results except for miR-1-3a which binds to AMHR2 in both a sense and antisense manner. These interactions are tabulated in Table 4.1.1 along with their energy and heuristic scores, genomic position, and hit structure.

As mentioned previously, a higher heuristic score and lower thermodynamic energy correlates to a stronger interaction. The six miRNAs with only sense stand interactions have similar scores and are therefore, based on their favoured triplex formation abilities, equally prioritized. Due to the fact that miR-1-3a is capable of both sense and antisense bindings to AMHR2, it was deemed to be of low priority.

The five genes involved in sense triplexes (WISP1, WNT5A, AMHR2, EGR2 and PGR) are, as depicted in section 2.3.7.2 of chapter 2, linked to positive regulation of transcription from RNA polymerase II promoter, signal transduction, Wnt signalling pathway, and cell-cell signalling. Implication of the Wnt signalling pathway in cancer has been discussed in chapter 2, and it should be noted that when dysregulated, all other pathways mentioned here

contribute to tumorigenesis as well (Martin, 2003; Villicaña *et al.,* 2014; Sever and Brugge, 2015).



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WNT5A Binding type WISP1 AMHR2 EGR2 ESR1 LHCGR PGR \checkmark \checkmark Sense miR-1-2a \checkmark Anti-sense ✓ Sense miR-1-2b Anti-sense Sense miR-1-2c Anti-sense \checkmark Sense \checkmark miR-1-3a VERSITY of the Anti-sense UNI Sense \checkmark \checkmark miR-1-3b Anti-sense Sense \checkmark miR-1-3c Anti-sense

Table 4.1: Candidate miRNAs and target genes identified in chapter 2 that have triplex forming abilities.
	Sense	✓	
miR-1-4a			
	Anti-sense		



Table 4.1.1: Triplex interactions identified between each candidate miRNA and its target genes for both sense and antisense strands using

 Trident. Table indicates the Energy score (E), Heuristic score (H), Genomic position (P) and binding structure.









Table 4.2 indicates triplex-forming interactions between candidate miRNAs and target genes identified in chapter 3. A total of eleven sense-strand triplexes were formed between seven miRNAs and five genes. For the antisense results, a total of six triplexes were produced between four miRNAs and five genes. Once more, there is only one overlapping result namely miR-2-14 that binds to TMBIM6 in both a sense and antisense manner. The information regarding these interactions can be found in Table 4.2.1.

All sense strand interaction scores are relatively similar and equally prioritized, with miR-2-14 and ACTB having the strongest interaction and therefore being of highest priority.

The five genes (ACTB, CALR, GNAS, PTMA and TMBIM6) that are involved in sense-binding triplexes have roles in protein binding, with CALR and TMBIM6 also having roles in ubiquitin protein ligase binding. As previously discussed, protein binding is a process that when altered, contributes greatly to cancer onset and progression (Pereira *et al.*, 2017). Ubiquitin ligases are vital components of the ubiquitin proteasome system (UPS) which governs crucial processes regulating cellular homeostasis, cell cycle and metabolism in response to DNA damage and stress signals. Dysregulation of ubiquitin ligases results in alterations of substrate availability and activity, thereby promoting cellular transformation and tumorigenesis (Qi and Ronai, 2015).

Actin beta (ACTB) is a cytoskeleton structural protein that plays pivotal roles in cell development and migration, embryonic development, and gene expression. It is generally regarded as a housekeeping gene with an assumption that its expression is unaffected by experimental or physiological conditions, however it was found to be differentially expressed in a variety of cancers, including OC. ACTB expression is reported to be upregulated in OC samples when compared to healthy ovarian tissues (Guo *et al.*, 2013). This is especially interesting since triplex formation between a miRNA and its target gene is said to increase gene expression (Paugh *et al.*, 2016). This allows for the assumption that since miR-2-14 forms triplexes with ACTB and hence upregulates its expression, it directly leads to OC onset and progression.



Table 4.2: Candidate miRNAs and target genes identified in chapter 3 that have triplex forming abilities.



Table 4.2.1: Triplex interactions identified between each candidate miRNA and its target genes for both sense and antisense strands using trident.

 Table indicates the Energy score (E), Heuristic score (H), Genomic position (P) and binding structure.



			miR-2-3		
Sense	CALR	E: -26.84	H: 142	P: 137-160	gucgGAUACCUUAAG-UCAAGAGu : :: : gcagCAGTGGGGTGCTGGTTCTCa cgtcGTCACCCCACGACCAAGAGt
			miR-2-4		
Antisense	TMBIM6	E: -13.13	H: 141	P: 356-377	aucguCGUGUAGUACCAAAUGu : : taattGCATACCTGGGTTTGCc attaaCGTATGGACCCAAACGg
	miR-2-5				
Sense	TMBIM6	E: -18.79	RSITY	P: 799-819	ugaCCCUGAAACAUCCGGUCAa : cgaGGCGGTTGGT-GGCCAGTa gctCCGCCAACCA-CCGGTCAt
miR-2-7					
Antisense	GNAS	E: -14.54	H: 140	P: 538-560	uaguguaACGGUCCCUAAUGGUg : taatggcTGCCCGAAGTTACCAt attaccgACGGGCTTCAATGGTa

			miR-2-8		
Sense	TMBIM6	E: -25.48	H: 140	P: 75-98	agucuGGCUCUGUUCACGUUAc : : : tgtctCCCAGGCTGGAGTGCAGTg acagaGGGTCCGACCTCACGTCAc
			miR-2-11		
Sense	ΡΤΜΑ	E: -13.72	H: 140	P: 21-42	gaaggucagccccuACAAAUGu gcgctctgtccccTGTTTACg cgcgagacagggggACAAATGc
			miR-2-13		
Antisense	ACTG1	E: -26.37	H: 148	P: 218-241	ucGAGCCAGA-CUCCGGGGAGUCa : gcCTCGGCCTCCATCCCTCTCAGt cgGAGCCGGAGGTAGGGAGAGTCa
		E: -24.55	H: 143	P: 300-326	ucGAG-CCAGACUCCGGGGAGUCa : : ccCTCAGGTTTCCCGAGAGCCCTTAGg ggGAGTCCAAAGGGCTCTCGGGAATCc





4.4 Conclusion

Through regulating their target genes, miRNAs influence a broad spectrum of biological processes. Triplex structures involving miRNAs and gene promoter regions, formed in the major groove of duplex DNA, is a potential mechanism whereby miRNAs directly modify gene transcription. The ability of miRNAs to form triplexes depends on their length and sequence (Paugh *et al.*, 2016).

All triplex interactions identified in this chapter involve genes that govern crucial pathways and processes, which further prioritizes the miRNAs involved. This also indicates the strength that both pipelines offer in identifying miRNAs with significant triplex interactions. The candidate miRNAs with no triplex bindings are not disregarded in this study as it is possible that their triplex forming potential is yet to be uncovered and characterized through further studies.

Out of the set of miRNAs identified from the first pipeline and second pipeline, six and seven miRNAs respectively are enriched for strong triplex formations and additional investigations concerning them should be conducted. Due to the strong interaction between miR-2-14 and ACTB, based on them having the lowest energy binding and one of the highest heuristic scores, it is prioritized before all other candidates. All other miRNA-gene triplex interactions have similar binding scores and are equally prioritized after miR-2-14. Additional support for the great potential that ACTB offers, is its role in fundamental cellular pathways (Guo *et al.,* 2013).

Uncovering Hoogsteen and reverse Hoogsteen bonds is a task that can be performed by molecular simulations in the future, as the purpose of this chapter was to determine enriched triplex interactions between the candidate miRNAs and their target gene's promoter. Based on proven gene interactions in the form of triplexes, the prioritized miRNAs are deemed to be suitable biomarkers for OC diagnosis.

Chapter 5

General discussion and future prospects

With a 5-year survival rate of around 40%, OC is the most common gynaecologic malignancy. Accounting for this low survival rate, is the fact that it is often diagnosed in the advanced stages due to the lack of early symptoms. It is anticipated that if OC is diagnosed in the early stages, survival rates will increase to 80% (Burges and Schmalfeldt, 2011). This stresses the urgency for identifying sensitive and specific biomarkers that can aid in the early diagnosis of this disease.

MiRNAs are appealing as biomarkers due to their roles in fundamental cellular processes as well as their proven dysregulation in cancer (Wang *et al.*, 2015). Since miRNAs are non-coding, they exert their function through the regulation of their target genes. For this reason, their target genes are equally appealing (Wong and Wang, 2014; Hammond, 2015). The discovery of biomarkers can be achieved through various techniques, with bioinformatics playing a pivotal role. Bioinformatics allows one to generate, store, annotate and analyse biological data, while remaining cost effective (Chowdhary *et al.*, 2016).

This study has relied on two bioinformatic techniques to separately identify miRNAs and genes with strong potential as diagnostic biomarkers for early stage OC.

V E K O I

The first pipeline incorporated a sequence similarity approach whereby novel miRNAs with no links to OC were identified as candidate biomarkers based on their similarity in sequence to miRNAs with a validated mechanism in OC. This is based on the notion that two sequences sharing a high degree of similarity, will most likely share a similar function (Lu *et al.*, 2008). In this study, a similarity range of 90-99% was set when using two similarity programs, namely BLAST and CD-HIT. In common to both programs, were 28 miRNAs with similarities to 19 miRNAs that have a proven dysregulation in OC. Following textmining, 9 miRNAs had no mechanism in OC to date and were finalized as the candidates for further study. Gene targets of the candidate miRNAs were extracted and those expressed in the ovary were identified and retained for further analysis. Functional annotation from DAVID returned 12 genes that have direct links in OC, with them being involved in processes related to cancer when dysregulated. Since the 9 candidate miRNAs target 12 genes, including FOS, WISP1, WNT5a,

EGR2 and PGR, with clear links to OC, it strengthens their potential in being suitable diagnostic biomarkers.

The second pipeline dealt with patient clinical data extracted from TCGA, a comprehensive atlas of genomic cancer profiles (Chu *et al.,* 2015). Distribution curves for both the miRNAs and genes proved that the extracted data was accurate and stable. Using box plots, the top 25% highly expressed miRNAs and genes were identified, resulting in 26 miRNAs and 25 genes shortlisted as the candidates of chapter 3. Out of this, it was noted that targeting interactions occur between 15 miRNAs and 16 genes, which were carried over to chapter 4 of this study.

The candidate miRNAs and genes with targeting interactions identified in each pipeline were subjected to the trident tool to further prioritize them based on their triplex-forming abilities. Triplexes, which directly alter gene function, can be formed between miRNAs and the major groove of duplex DNA (Paugh et al., 2016). Out of the 9 miRNAs and 12 genes identified from the first pipeline, 6 miRNAs and the promoter regions of 5 genes were predicted to form sense triplexes. With a higher heuristic score and lower thermodynamic energy indicating a stronger interaction, all triplexes had similar scores and were thus equally prioritized. Out of the 15 miRNAs and 16 genes with targeting interactions identified in the second pipeline, 7 miRNAs and 5 genes are capable of forming sense triplexes. The triplex interaction between miR-2-14 and ACTB had the strongest interaction and was deemed as a top priority candidate, with the rest being equally prioritized. This interaction is especially interesting since ACTB is said to be upregulated in OC and it has been proposed that triplex formations increase a genes expression level (Guo et al., 2013; Paugh et al., 2016). This allows for the assumption that miR-2-14 directly causes the upregulation and dysregulation of ACTB which leads to OC onset and progression. The candidate miRNAs and genes not involved in any targeting interactions and triplex formations were still noted as candidates, just of low priority. Ranking of the candidates according to their priority can be found in Table 5.1 below.

Table 5.1: Prioritization of all candidate miRNAs based on their ability to form triplexes withtheir target genes.

	MiRNAs	Genes
Top priority	miR-2-14	АСТВ
	miR-1-2a	WISP1
	miR-1-2b	WNT5A
	miR-1-2c	AMHR2
	miR-1-3b	EGR2
	miR-1-3c	PGR
Equally prioritized	miR-1-4a	CALR
	miR-2-1	GNAS
	miR-2-2	ΡΤΜΑ
	miR-2-3	TMBIM6
	miR-2-5	
	miR-2-8	CAPE
	miR-2-11	
	miR-1-1a	FOS
	miR-1-3a	BNC2
Low priority	miR-1-3d	CYP19A1
	miR-2-4	ESR1
	miR-2-6	ESR2
	miR-2-7	LHCGR

miR-2-9	PDGFB
miR-2-10	CFL1
miR-2-12	MT-CO1
miR-2-13	HSP90AB1
miR-2-15	MT-ND4
miR-2-16	MT-ATP6
miR-2-17	ACTG1
miR-2-18	MT-ND2
miR-2-19	FTL
miR-2-20	TUBB
miR-2-21	MT-CO3
miR-2-22	RPL15
miR-2-23	MT-RNR2
miR-2-24	MT-ND5
miR-2-25	CAP RPL3
miR-2-26	MT-CO2
	PSAP
	ALDOA
	RPL7A
	MT-ND1
	RPL4

From the two approaches employed in this study, one relying on sequence similarity and the other based on patient clinical data, no overlapping results were obtained. The reason for each pipeline yielding its own distinct set of results could be attributed to the fact that the two pipelines share no underlying resemblance. The sequence similarity approach is a prediction methodology based purely on biological knowledge, whereas the TCGA approach is based on patient clinical data that depicts the confirmed miRNA/gene expression levels in OC patients.

This study has identified candidate miRNAs and genes that offer promising potential in being suitable diagnostic biomarkers for early stage OC. Future work regarding these candidates would entail molecular validation, followed by the development of a lateral flow device for diagnostic purposes.

In order to prove their dysregulated expression in OC, quantitative PCR (qPCR) should be performed on the candidate miRNAs and genes. qPCR involves monitoring DNA amplification in real time by tracking fluorescence. After each cycle, fluorescence is measured with the intensity of the fluorescent signal indicating the amount of DNA amplicons in the sample at that specific time. In terms of gene expression studies, qPCR is an extensively applied technique (Kralik and Ricchi, 2017). This would confirm the candidate genes dysregulated expression levels in OC samples when compared to healthy ovarian tissue. Possible OC cell lines that could be utilized are CaoV-3, Ovcar-3 and OAW28.

To determine the effect of the candidate miRNAs on their target genes, luciferase assays would need to be performed. A luciferase reporter gene assay is a common application used to examine the regulation of transcriptional activities by promoters and transcription factors. Adaptations to this assay allows for exploring the post-transcriptional regulation of miRNAs on their target genes. This can be attained by engineering a luciferase gene construct containing the predicted miRNA targeting sequence from the target gene (Jin *et al.*, 2013). Cells are co-transfected with the miRNA as well as a plasmid containing a luciferase coding sequence upstream of the mRNA gene of interest. If the miRNA targets the mRNA, the luminescence variation will be altered, thus reflecting the changes in the transcript's stability and/or translation efficiency (Campos-Melo *et al.*, 2014). This assay will offer confirmation of the predicted targeting interaction between the miRNAs and genes identified in this study.

Once all the predicted results from this *in silico* study has been validated, the end goal would be to construct a Point of Care (POC) device, such as a lateral flow assay, using nanotechnology. This device offers great potential due to its ease of use, and being robust and inexpensive (de Puig *et al.*, 2017). Since current OC biomarkers are failing, there is a great demand to identify ones that can offer an accurate diagnosis. If the identified candidate miRNAs and genes are validated to be sensitive and specific biomarkers for OC diagnosis, using them to construct a lateral flow device provides a promising and cost-effective means for early diagnosis of OC.



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Appendix A

Chapter 2 supplementary information

Table A.1: List of 198 OC validated miRNAs, after duplication removal.

hsa-miR-200a-3p
hsa-miR-301a-3p
hsa-miR-513a-3p
hsa-miR-548d-5p
hsa-miR-181c-5p
hsa-miR-146b-5p
hsa-miR-135b-5p
hsa-miR-302c-3p
hsa-miR-516a-3p
hsa-miR-1915-3p
hsa-miR-378a-3p
hsa-miR-200c-3p
hsa-miR-193b-3p
hsa-miR-1185-5p
hsa-miR-374b-5p
hsa-miR-302a-3p
hsa-miR-130b-3p
hsa-miR-135a-5p
hsa-miR-1307-3p
hsa-miR-519c-3p
hsa-miR-302b-3p
hsa-miR-199b-5p
hsa-miR-181b-5p
hsa-miR-1277-3p
hsa-miR-548b-3p
hsa-miR-517c-3p

hsa-miR-548a-5p
hsa-miR-548b-5p
hsa-miR-1224-3p
hsa-miR-1225-3p
hsa-miR-520d-5p
hsa-miR-518a-5p
hsa-miR-520a-3p
hsa-miR-519b-3p
hsa-miR-516a-5p
hsa-miR-518d-3p
hsa-miR-548a-3p
hsa-miR-885-5p
hsa-miR-362-5p
hsa-miR-502-3p
hsa-miR-532-5p
hsa-miR-574-3p
hsa-miR-532-3p
hsa-miR-501-3p
hsa-miR-542-5p
hsa-miR-188-5p
hsa-miR-362-3p
hsa-miR-509-5p
hsa-miR-486-5p
hsa-miR-342-5p
hsa-miR-34c-3p
hsa-miR-34c-5p

hsa-miR-324-3p
hsa-miR-501-5p
hsa-miR-508-3p
hsa-miR-508-5p
hsa-miR-296-3p
hsa-miR-127-5p
hsa-miR-127-3p
hsa-miR-140-3p
hsa-miR-485-5p
hsa-miR-299-3p
hsa-miR-337-5p
hsa-miR-654-3p
hsa-miR-140-5p
hsa-miR-509-3p
hsa-miR-371-5p
hsa-miR-769-5p
hsa-miR-340-5p
hsa-miR-221-3p
hsa-miR-425-5p
hsa-miR-30d-5p
hsa-miR-27a-3p
hsa-miR-183-5p
hsa-miR-30b-5p
hsa-miR-92a-3p
hsa-miR-342-3p
hsa-miR-30c-5p
hsa-miR-18a-5p
hsa-miR-411-5p
hsa-miR-223-3p
hsa-miR-205-5p
hsa-miR-142-3p

S

hsa-miR-26a-5p
hsa-miR-367-3p
hsa-miR-486-3p
hsa-miR-30e-5p
hsa-miR-141-3p
hsa-miR-660-5p
hsa-miR-625-5p
hsa-miR-664-3p
hsa-miR-767-5p
hsa-miR-542-3p
hsa-miR-454-3p
hsa-miR-339-3p
hsa-miR-576-3p
hsa-miR-20a-5p
hsa-miR-192-5p
hsa-miR-10b-5p
hsa-miR-502-5p
hsa-miR-369-3p
hsa-miR-150-5p
hsa-miR-770-5p
hsa-miR-483-3p
hsa-miR-338-3p
hsa-miR-576-5p
hsa-miR-23a-3p
hsa-miR-337-3p
hsa-miR-659-3p
hsa-miR-409-5p
hsa-miR-34a-5p
hsa-miR-182-5p
hsa-miR-382-5p
hsa-miR-493-3p

hsa-miR-100-5p
hsa-miR-485-3p
hsa-miR-766-3p
hsa-miR-29a-3p
hsa-miR-361-5p
hsa-miR-455-3p
hsa-miR-541-3p
hsa-miR-144-3p
hsa-miR-23b-3p
hsa-miR-330-5p
hsa-miR-187-3p
hsa-miR-29c-3p
hsa-miR-185-5p
hsa-miR-34b-3p
hsa-miR-33b-5p
hsa-miR-331-3p
hsa-miR-154-5p
hsa-miR-101-3p
hsa-miR-214-3p
hsa-miR-143-3p
hsa-miR-139-3p
hsa-miR-126-3p
hsa-miR-483-5p
hsa-miR-888-5p
hsa-miR-188-3p
hsa-miR-615-5p
hsa-miR-525-5p
hsa-miR-875-5p
hsa-miR-139-5p
hsa-miR-628-3p
hsa-miR-769-3p

hsa-miR-490-5p
hsa-miR-409-3p
hsa-miR-490-3p
hsa-miR-142-5p
hsa-miR-574-5p
hsa-miR-219a-5p
hsa-miR-628-5p
hsa-miR-875-3p
hsa-miR-876-5p

hsa-miR-590-5p
hsa-miR-129-5p
hsa-miR-876-3p
hsa-miR-339-5p
hsa-miR-491-5p
hsa-miR-93-5p
hsa-miR-96-5p
hsa-let-7d-5p
hsa-miR-21-5p

hsa-let-7i-5p
hsa-miR-17-5p
hsa-miR-516-5p
hsa-miR-30a-5p
hsa-mir-135a-3p
hsa-mir-200b-3p
hsa-mir-551b-3p
hsa-mir-224-5p
hsa-mir-28-5p



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 Table A.2: Ovary-specific genes extracted, following duplication removal.

ACSM1	COL6A2		GOT1L1		MUM1L1
ADAMTS16	COL6A3		GSTM2		NPC1L1
ADRB3	CPZ		GSTM5		NR2F2
AMHR2	CRYGD		GTF2A1L		NR4A2
ANGPTL2	CSF2		HAS1		NRK
ANGPTL5	CYP11A1		HS3ST1		OGN
AQR	CYP19A1		HSD11B1		OR4D10
ARMS2	CYP2W1		HSD3B2		OR5K1
ARX	DDX17	\sim	IQCH		OTOR
ASMT	DISC1		KCNK7		OVGP1
ATP4B	ECEL1		KERA		P2RX2
BAIAP3	EGR1		KLHDC8A		PAEP
BCL2L2	EGR2		KRT32		PDGFB
BMP6	EGR3		KRTAP10-12		PDLIM4
BNC2	EML5		LCN1		PDZK1
C12orf71	EPHB2	<u> </u>	LDHAL6A		PEG3
C6	EPYC		LEFTY2		PGR
CCBE1	ESR1	RS	LHCGR	f the	PHACTR3
CCDC17	ESR2		LHX9		PKNOX2
CCDC94	ETV7	ERI	LPAR4	PE	POU1F1
CDC42BPA	FAM153A		LRRC17		PRPS2
CDH11	FAM19A3		LTBP4		PRSS35
CDH3	FOS		MAMLD1		PUS7L
CDON	FOSB		MAP4K1		RBMS3
CELF5	FOXL2		MDFI		RBP1
CHRNA4	FOXO1		MDK		REN
CHST9	GABRB2		MEX3A		RHBG
CLSTN2	GLI3		MGA		RPP25
CLUL1	GNGT1		MMP11		RRS1

SCGB1D4	SPATA5L1	UBXN8	ZNF469
SCGB2A2	SPRR2F	USH1G	ZNF540
SCML1	SSTR3	VWCE	ZNF549
SEMA6D	STIP1	WFIKKN2	ZNF556
SIGLEC11	ТАВЗ	WISP1	ZNF660
SLC22A1	TCF23	WNT4	ZNF714
SLC24A2	TMEM190	WNT5A	ZNF83
SLC25A41	TRPC1	XCR1	ZNF837
SLC7A8	TSHZ3	ZFPM2	ZP4
SNCAIP	UBA6	ZNF268	
SOX4	UBAP1	ZNF30	
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